Name of Student: ___________________________ Grade: _______ Date: __________

Referred by:
- Self (student) ___________________________
- Parent/Guardian _________________________
- Friend/Peer ______________________________
- Teacher _________________________________
- Other ____________________________________

**Warning Signs for Suicide:** (this does not list all possible warning signs)

- Threatening to hurt or kill himself, or talking of wanting to hurt or kill himself.
- Looking for ways to kill herself by seeking access to firearms, available pills, or other means.
- Has verbalized or written about death, dying or suicide, when these actions are out of the ordinary for the person.
- Has made a previous attempt.
- Has had another immediate family member or friend who has attempted or died by suicide.

**Warning signs** are the earliest detectable signs that indicate heightened risk for suicide in the near term. Note that aside from direct statements or behaviors threatening suicide, it is often a constellation of signs that raises concern, rather than one or two symptoms alone. The previous signs are presented in a hierarchical manner, organized by degree of risk, and were developed by an expert working group convened by the American Association of Suicidology.

I, ________________________, understand that my child has warning signs of suicidal behavior, as checked above.

**Signs & Symptoms for Self-Harm:** (this does not list all possible warning signs)

- Scars, fresh cuts, scratches, bruises or other wounds.
- Wearing long sleeves or long pants, even in hot weather.
- Keeping sharp objects on hand.
- Difficulties in interpersonal relationships.

I, ________________________, understand that my child has warning signs of self-harm behavior, as checked above.

**Release to Parent:**

I have been informed by school personnel about their concern for ______________________’s safety. I understand that I am responsible for taking action necessary to save my child’s life. This may include calling 9-1-1 or seeking immediate help from a mental health provider or going to an emergency room.

Parent’s Signature: ___________________________ Date: ______________________

School Counselor or School Official, give a signed copy to the parent/guardian and keep one for the school in a sealed envelope, in confidential file in your office.
Release to Law Enforcement (LE) or DCFS:
I, __________________________, am taking ______________________ into custody and will assume responsibility.
Signature: __________________________
LE Agency or DCFS: __________________________
Badge or ID #: __________________________
If LE or DCFS does not have time to complete the above information, school personnel completes the information and signs below.
School Counselor/Official verifying information: __________________________

Release to other responsible adult:
If a child is released to an adult, other than the legal guardian, LE or DCFS, list the reason for this action. Include administration in the decision making process for this action. (This action would be rare).

__________________________________________________________________________________________
__________________________________________________________________________________________

Responsible Adult Signature: __________________________
Relationship to student: __________________________

Additional action by the counselor:
- If you are worried that a student may be in immediate or imminent risk, convey your concerns to the parent and encourage them to seek out help at a local emergency department.
- Encourage parent to follow up with their primary medical provider. When contacting parents, it should be done preferably in the presence of the student. This reflects the focus on clear, open, and unambiguous communication.
- Encourage parent to check with their insurance carrier for providers covered under their plan. Many insurance providers have an Employee Assistance Program (EAP) they can turn to for direction as well.
- Provided parent with list of resources. See Student Services Webpage. This includes: Warning Signs of Suicide; Talking with Your Child about Suicide; Frequently Asked Questions about Youth Suicide and Community Resources.
- Follow-up with student when they return to school.

Flowchart:
- Identify who, what, where, when, why
- Inform administrator and another counselor
- Assess Suicide/Self-Harm Plan & Release Form
- Intervene- Call parent/guardian or if appropriate LE/DCFS
- Release-have responsible party sign the appropriate line on the Suicide Plan & Release Form