

Weber School District Child Nutrition

Aug 21, 2018 thru Aug 31, 2018

Base Menu Spreadsheet

Elementary Lunch-1

Portion Values - Detailed

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Generated on: 8/3/2018 8:03:44 AM

	Portion Size	Reimb Qty	Sodm (mg)
Tue - 08/21/2018			
Elementary Lunch-1	Total	10630	
Menu #2	1	0	0
Hawaiian Haystacks	1/2 CUP	10630	337
Rice, Br & Wh 50/50 Ckd, 1/2 c	1/2 CUP	10000	2
Rolls 51%/ 2oz	1 EACH	5000	205
Salad, Side-Elem	1/2 CUP	4000	6
Tomato Grape	1/4 CUP	2000	2
Peas: frozen,warmed,1/4 c	1/4 CUP	4000	34
Pineapple Chunks:canned,lt syr	1/2 CUP	4000	12
Banana, 1/2	1/2 each	4000	0
Milk, Chocolate Fat Free	HALF PINT	3000	180
Milk,1% Lowfat	HALF PINT	3000	125
JUICE FRUITABLE	1 EACH	1000	20
Ranch Dressing: yogurt	1 FL OZ	1000	178
Cheese Combo (Chdr & Mozz)	1 OZ	8500	115
Chow Mein Noodles	1/8 cup	6000	82
Chocolate Chip Cookie	1 EACH	8000	82
Weighted Daily Average			759
% of Calories			
Nutrient Guideline			1230

	Portion Size	Reimb Qty	Sodm (mg)
Wed - 08/22/2018			
Elementary Lunch-1	Total	10630	
Menu #3	1	0	0
Chicken Sandwich 51%	1 EACH	10630	605
Potato Wedges, 1/2 c	1/2 CUP	6000	39
Salad, Side-Elem	1/2 CUP	5000	6
Cucumber, Raw	1/4 CUP	2000	1
Carrots Baby Fresh	1/4 CUP	2000	20
Beans Baked, 1/2 c	1/2 CUP	2000	452
Peaches: canned,ex light syrup	1/2 CUP	5000	10
Banana, 1/2	1/2 each	2000	0
Milk, Chocolate Fat Free	HALF PINT	3000	180
Milk,1% Lowfat	HALF PINT	3000	125
JUICE FRUITABLE	1 EACH	1000	20
Ranch Dressing: yogurt	1 FL OZ	1000	178
Ketchup	1 OZ	1000	267
Mayonnaise, PC Packet	1 EACH	1000	82
Tomatoes,Fresh,Sliced	1 EACH	1000	0
Lettuce,Shred, 1/8 c	1/8 CUP	1000	1
Weighted Daily Average			861
% of Calories			
Nutrient Guideline			1230

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	Portion Size	Reimb Qty	Sodm (mg)
Thu - 08/23/2018			
Elementary Lunch-1	Total	10630	
Menu #4	1	1	0
Popcorn Chicken	10 Each	10630	380
Rolls 51%/ 2oz	1 EACH	9000	205
Salad, Side--Elem Green	1/2 CUP	5000	8
Tomato Grape	1/4 CUP	2000	2
Green Beans: canned,ckd 1/4 c	1/4 cup	5000	8
Pears: canned,light syrup	1/2 CUP	4000	10
Craisins, Strawberry	packet	2000	0
Milk, Chocolate Fat Free	HALF PINT	3000	180
Milk,1% Lowfat	HALF PINT	3000	125
JUICE FRUITABLE	1 EACH	1000	20
Ranch Dressing: yogurt	1 FL OZ	1000	178
Ketchup	1 OZ	5000	267
Barbecue Sauce BULL'S EYE	1 OZ	5000	205
Snickerdoodles	1 EACH	8000	72
Weighted Daily Average			946
% of Calories			
Nutrient Guideline			1230

	Portion Size	Reimb Qty	Sodm (mg)
Fri - 08/24/2018			
Elementary Lunch-1	Total	10630	
Menu #5	1	1	0
Pizza, Cheese, Primo (10 cut)	slice	8000	480
Pizza, Pepp, Primo (10 cut)	slice	2630	530
Bread Sticks 51% 2 oz	1 EACH	7500	205
Salad, Side--Elem Green	1/2 CUP	3500	8
Corn: frzn, yellow ckd, 1/4 c	1/4 CUP	2000	2
Mandarin Oranges	1/2 CUP	4000	21
Kiwifruit, Fresh	1 EACH	2000	2
Milk, Chocolate Fat Free	HALF PINT	4000	180
Milk,1% Lowfat	HALF PINT	4000	125
JUICE FRUITABLE	1 EACH	1000	20
Ranch Dressing: yogurt	1 FL OZ	2500	178
Creamie Variety: ban, choc	1 EACH	9000	39
Weighted Daily Average			840
% of Calories			
Nutrient Guideline			1230

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	Portion Size	Reimb Qty	Sodm (mg)
Mon - 08/27/2018			
Elementary Lunch-1	Total	10630	
Menu #6	1	0	0
Corn Dog Chicken	1 EACH	10630	390
Tater Tots, 1/2 CUP	1/2 CUP	10000	330
Salad, Side-Elem	1/2 CUP	6000	6
Carrots Baby Fresh	1/4 CUP	4000	20
Applesauce Cup, Cinnamon	1/2 CUP	6000	15
Orange Fresh, 1/2	1/2 EACH	6000	0
Milk, Chocolate Fat Free	HALF PINT	3000	180
Milk, 1% Lowfat	HALF PINT	1000	125
JUICE FRUITABLE	1 EACH	3000	20
Ranch Dressing: yogurt	1 FL OZ	6000	178
Ketchup	1 OZ	10000	267
Mustard: individual PC	1 EACH	8000	69
Weighted Daily Average % of Calories			1192
Nutrient Guideline			1230

Tue - 08/28/2018			
Elementary Lunch-1	Total	10630	
Menu #7	1	0	0
Taco Crisp Elementary	1 each	10630	464
Tater Tots, 1/2 CUP	1/2 CUP	10000	330
Salad, Side-Elem	1/2 CUP	3500	6
Tomato Grape	1/4 CUP	2000	2
Mandarin Oranges	1/2 CUP	4000	21
Apples, Fresh 1/2 each	1/2 each	3000	0
Milk, Chocolate Fat Free	HALF PINT	3000	180
Milk, 1% Lowfat	HALF PINT	1000	125
JUICE FRUITABLE	1 EACH	3000	20
Ranch Dressing: yogurt	1 FL OZ	2000	178
Ketchup	1 OZ	2000	267
Tomatoes, Fresh, diced, 1/8 c	1/8 CUP	2000	1
Cheese Combo (Chdr & Mozz)	1 OZ	2000	115
Lettuce, Shred, 1/8 c	1/8 CUP	2000	1
Sour Cream	1 OZ	2000	47
Salsa	1 OZ	2000	68
CINNAMON ROLLS	1 EACH	8000	305
Weighted Daily Average % of Calories			1210
Nutrient Guideline			1230

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	Portion Size	Reimb Qty	Sodm (mg)
Wed - 08/29/2018			
Elementary Lunch-1	Total	10630	
Menu #8	1	0	0
Cheese Burger Wheat 51%	1 EACH	10630	664
French Fries: ovn bkd, 1/2c	1/2 CUP	10000	20
Salad, Side-Elem	1/2 CUP	3500	6
Carrots Baby Fresh	1/4 CUP	2000	20
Celery Sticks	1/4 CUP	2000	26
Green Beans: canned,ckd 1/4 c	1/4 cup	3000	8
Peaches: canned,ex light syrup	1/2 CUP	4000	10
Banana, 1/2	1/2 each	2000	0
Milk, Chocolate Fat Free	HALF PINT	3000	180
Milk,1% Lowfat	HALF PINT	1000	125
JUICE FRUITABLE	1 EACH	3000	20
Ranch Dressing: yogurt	1 FL OZ	3500	178
Ketchup	1 OZ	1000	267
Mustard: individual PC	EACH	1000	69
Mayonnaise, PC Packet	1 EACH	1000	82
Tomatoes,Fresh,Sliced	1 EACH	1000	0
Lettuce,Shred, 1/8 c	1/8 CUP	1000	1
Weighted Daily Average % of Calories			866
Nutrient Guideline			1230

Thu - 08/30/2018			
Elementary Lunch-1	Total	10630	
Menu #9	1	1	0
Meaty Nachos- Beef	Serving	10630	778
Salad, Side-Elem	1/2 CUP	2500	6
Corn: frzn, yellow ckd, 1/4 c	1/4 CUP	2000	2
Beans, Black, 1/2 c	1/2 CUP	2000	383
Pears: canned,light syrup	1/2 CUP	2000	10
Craisins, Strawberry	packet	1500	0
Milk, Chocolate Fat Free	HALF PINT	3000	180
Milk,1% Lowfat	HALF PINT	1000	125
JUICE FRUITABLE	1 EACH	3000	20
Ranch Dressing: yogurt	1 FL OZ	1000	178
Tomatoes,Fresh,Sliced	1 EACH	1000	0
Lettuce,Shred, 1/8 c	1/8 CUP	1000	1
Sour Cream	1 OZ	2000	47
Salsa	1 OZ	2000	68
Rice Krispy Treat	1 each	5000	45
Weighted Daily Average % of Calories			981
Nutrient Guideline			1230

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	Portion Size	Reimb Qty	Sodm (mg)
Fri - 08/31/2018			
Elementary Lunch-1	Total	10630	
Menu #10	1	1	0
Mandarin Orange Chicken	serving	10630	311
Rice, Br & Wh 50/50 Ckd, 1/2 c	1/2 CUP	10000	2
Rolls 51%/ 2oz	1 EACH	8000	205
Salad, Side--Elem Green	1/2 CUP	7000	8
Peas: frozen,warmed,1/4 c	1/4 CUP	5000	34
Pineapple Chunks:canned,lt syr	1/2 CUP	5000	12
Kiwifruit, Fresh	1 EACH	2000	2
Milk, Chocolate Fat Free	HALF PINT	3000	180
Milk,1% Lowfat	HALF PINT	1000	125
JUICE FRUITABLE	1 EACH	3000	20
Ranch Dressing: yogurt	1 FL OZ	7000	178
Jello	1/2 cup	10000	90
Weighted Daily Average			765
% of Calories			
Nutrient Guideline			1230

Weighted Average			936
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Sodium (mg)	936		1230					

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