

# Weber School District Child Nutrition

Sep 1, 2020 thru Sep 30, 2020

Base Menu Spreadsheet

Sec Moderate/Enhanced/Intense

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Tue - 09/01/2020			
Sec Moderate/Enhanced/Inte	Total	4800	
Menu #7	1	1	0.0
Chicken Sandwich 51%	1 EACH	2400	46.79
Tater Tots, 1 CUP	1 CUP	2400	34.07
Teriyaki Chicken 4.5 oz	4.5 oz	2400	10.38
Rice, Br & Wh 50/50 Ckd, 1/2 c	1/2 CUP	2400	24.51
Rolls 51%/ 2oz	1 EACH	2400	30.79
Salad, Side-Secondary	1 CUP	2500	1.6
Tomato Grape	1/4 CUP	1000	0.99
Broccoli Normandy 1/2 C	1/2 cup	1200	4.72
Pineapple Chunks:canned,lt syr	1/2 CUP	2000	13.22
Apples,Fresh	1 EACH	650	19.06
Orange Fresh	1 EACH	650	11.28
Bananas	1 EACH	650	30.0
Milk, Chocolate Fat Free	HALF PINT	2000	20.0
Milk,1% Lowfat	HALF PINT	800	12.0
JUICE FRUITABLE	1 EACH	2000	21.0
Ranch Dressing: yogurt	1 FL OZ	2000	3.31
Barbecue Sauce BULL'S EYE	1 OZ	1000	10.24
Buffalo Sauce Mild	1 OZ	1000	2.48
Tomatoes,Fresh,Sliced	1 EACH	300	0.37
Lettuce,Shred, 1/8 c	1/8 CUP	300	0.32
Ketchup	1 OZ	500	8.34
Mustard: individual PC	1 EACH	500	0.35
Mayonnaise, PC Packet	1 EACH	500	0.97
Pudding Chocolate	1 EACH	1500	20.05
Pudding Vanilla	1 EACH	1500	18.04
9th offered more fruit/veggie	1 Each	1	*N/A*
Weighted Daily Average			125.24
% of Calories			59.6%
Nutrient Guideline			

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Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Wed - 09/02/2020			
Sec Moderate/Enhanced/Inte Menu #8	Total	4800	
Chicken Sandwich 51%	1 EACH	2400	46.79
Cheese Burger Wheat 51%	1 EACH	2400	33.1
French Fries: oven bkd, 1c	1 CUP	4600	33.43
Cucumber, Raw	1/4 CUP	1500	1.18
Carrots:frzn, boiled, 1/2 c	1/2 CUP	1500	6.49
Applesauce Cup, Cinnamon	1/2 CUP	2000	17.0
Apples,Fresh	1 EACH	900	19.06
Orange Fresh	1 EACH	650	11.28
Bananas	1 EACH	900	30.0
Milk, Chocolate Fat Free	HALF PINT	2000	20.0
Milk, 1% Lowfat	HALF PINT	800	12.0
JUICE FRUITABLE	1 EACH	2000	21.0
Ranch Dressing: yogurt	1 FL OZ	2500	3.31
Barbecue Sauce BULL'S EYE	1 OZ	1000	10.24
Buffalo Sauce Mild	1 OZ	1000	2.48
Tomatoes,Fresh,Sliced	1 EACH	300	0.37
Lettuce,Shred, 1/8 c	1/8 CUP	300	0.32
Ketchup	1 OZ	500	8.34
Mustard: individual PC	1 EACH	500	0.35
Mayonnaise, PC Packet	1 EACH	500	0.97
Creamie Variety: ban, choc	1 EACH	4800	14.0
9th offered more fruit/veggie	1 Each	1	*N/A*
Weighted Daily Average			130.70
% of Calories			54.7%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Thu - 09/03/2020			
Sec Moderate/Enhanced/Inte	Total	4800	
Menu #9	1	1	0.0
Chicken Sandwich 51%	1 EACH	2400	46.79
Popcorn Chicken-Tyson	10 Each	2400	13.94
Rolls 51%/ 2oz	1 EACH	2400	30.79
Tater Tots, 1 CUP	1 CUP	4800	34.07
Celery Sticks	1/4 CUP	1000	1.18
Peas: frozen,warmed,1/2 c	1/2 CUP	1500	13.58
Pears: canned,light syrup	1/2 CUP	2000	13.57
Apples,Fresh	1 EACH	1000	19.06
Orange Fresh	1 EACH	650	11.28
Bananas	1 EACH	1000	30.0
Milk, Chocolate Fat Free	HALF PINT	2000	20.0
Milk,1% Lowfat	HALF PINT	800	12.0
JUICE FRUITABLE	1 EACH	2000	21.0
Ranch Dressing: yogurt	1 FL OZ	1000	3.31
Barbecue Sauce BULL'S EYE	1 OZ	1000	10.24
Buffalo Sauce Mild	1 OZ	1000	2.48
Tomatoes,Fresh,Sliced	1 EACH	300	0.37
Lettuce,Shred, 1/8 c	1/8 CUP	300	0.32
Ketchup	1 OZ	500	8.34
Mustard: individual PC	1 EACH	500	0.35
Mayonnaise, PC Packet	1 EACH	500	0.97
SideKicks BlueRasp-Lemon Fruit	Container	2000	19.64
SideKicks Fruit Cup Kiwi-Straw	Container	2000	19.64
9th offered more fruit/veggie	1 Each	1	*N/A*
Weighted Daily Average			141.57
% of Calories			56.1%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Fri - 09/04/2020			
Sec Moderate/Enhanced/Inte	Total	4800	
Menu #10	1	1	0.0
Chicken Sandwich 51%	1 EACH	2400	46.79
Tater Tots, 1 CUP	1 CUP	2400	34.07
Pizza, Cheese, Primo (8 cut)	slice	1200	34.0
Pizza, Pepp, Primo, (8 cut )	slice	1200	34.0
Bread Sticks 51% 2 oz	1 EACH	2400	30.79
Salad, Side-Secondary	1 CUP	2500	1.6
Tomato Grape	1/4 CUP	1000	0.99
Green Beans: canned,ckd, 1/2 c	1/2 cup	1500	0.17
Mandarin Oranges	1/2 CUP	1000	21.26
Apples,Fresh	1 EACH	650	19.06
Orange Fresh	1 EACH	400	11.28
Bananas	1 EACH	650	30.0
Milk, Chocolate Fat Free	HALF PINT	2000	20.0
Milk,1% Lowfat	HALF PINT	800	12.0
JUICE FRUITABLE	1 EACH	2000	21.0
Ranch Dressing: yogurt	1 FL OZ	2000	3.31
Barbecue Sauce BULL'S EYE	1 OZ	1000	10.24
Buffalo Sauce Mild	1 OZ	1000	2.48
Tomatoes,Fresh,Sliced	1 EACH	300	0.37
Lettuce,Shred, 1/8 c	1/8 CUP	300	0.32
Ketchup	1 OZ	500	8.34
Mustard: individual PC	1 EACH	500	0.35
Mayonnaise, PC Packet	1 EACH	500	0.97
Pumpkin Chocolate Chip Cookies	1 Each	4000	16.59
9th offered more fruit/veggie	1 Each	1	*N/A*
Weighted Daily Average			123.92
% of Calories			54.0%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Tue - 09/08/2020			
Sec Moderate/Enhanced/Inte	Total	4800	
Menu #12	1	1	0.0
Chicken Sandwich 51%	1 EACH	2400	46.79
Potato Wedges, 1c	1 CUP	2400	54.7
Sweet N' Sour Chicken	3.92 Serving	2400	20.0
Rice, Br & Wh 50/50 Ckd, 1/2 c	1/2 CUP	2400	24.51
Rolls 51%/ 2oz	1 EACH	2400	30.79
Salad, Side-Secondary	1 CUP	2500	1.6
Tomato Grape	1/4 CUP	1000	0.99
Broccoli: frzn, boiled, 1/2 c	1/2 CUP	1500	5.1
Pineapple Chunks:canned,lt syr	1/2 CUP	2000	13.22
Apples,Fresh	1 EACH	1000	19.06
Orange Fresh	1 EACH	650	11.28
Bananas	1 EACH	1000	30.0
Milk, Chocolate Fat Free	HALF PINT	2000	20.0
Milk,1% Lowfat	HALF PINT	800	12.0
JUICE FRUITABLE	1 EACH	2000	21.0
Ranch Dressing: yogurt	1 FL OZ	2000	3.31
Barbecue Sauce BULL'S EYE	1 OZ	1000	10.24
Buffalo Sauce Mild	1 OZ	1000	2.48
Tomatoes,Fresh,Sliced	1 EACH	300	0.37
Lettuce,Shred, 1/8 c	1/8 CUP	300	0.32
Ketchup	1 OZ	500	8.34
Mustard: individual PC	1 EACH	500	0.35
Mayonnaise, PC Packet	1 EACH	500	0.97
Pudding Chocolate	1 EACH	1500	20.05
Pudding Vanilla	1 EACH	1500	18.04
9th offered more fruit/veggie	1 Each	1	*N/A*
Weighted Daily Average			144.36
% of Calories			68.9%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Wed - 09/09/2020			
Sec Moderate/Enhanced/Inte	Total	4800	
Menu #13	1	1	0.0
Chicken Sandwich 51%	1 EACH	2400	46.79
Chicken Bacon Wrap	1 each	2400	28.07
Rolls 51%/ 2oz	1 EACH	2400	30.79
Tater Tots, 1 CUP	1 CUP	4800	34.07
Beans Baked, 1/2 c	1/2 CUP	1500	29.2
Cucumber, Raw	1/4 CUP	1500	1.18
Carrots:frzn, boiled, 1/2 c	1/2 CUP	1500	6.49
Applesauce cup, plain	1/2	2000	35.98
Apples,Fresh	1 EACH	1000	19.06
Orange Fresh	1 EACH	900	11.28
Bananas	1 EACH	1000	30.0
Milk, Chocolate Fat Free	HALF PINT	2000	20.0
Milk, 1% Lowfat	HALF PINT	800	12.0
JUICE FRUITABLE	1 EACH	2000	21.0
Ranch Dressing: yogurt	1 FL OZ	2000	3.31
Barbecue Sauce BULL'S EYE	1 OZ	1000	10.24
Buffalo Sauce Mild	1 OZ	1000	2.48
Tomatoes,Fresh,Sliced	1 EACH	300	0.37
Lettuce,Shred, 1/8 c	1/8 CUP	300	0.32
Ketchup	1 OZ	500	8.34
Mustard: individual PC	1 EACH	500	0.35
Mayonnaise, PC Packet	1 EACH	500	0.97
Creamie Variety: ban, choc	1 EACH	4800	14.0
9th offered more fruit/veggie	1 Each	1	*N/A*
Weighted Daily Average			163.91
% of Calories			58.9%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Thu - 09/10/2020			
Sec Moderate/Enhanced/Inte	Total	4800	
Menu #14	1	1	0.0
Chicken Sandwich 51%	1 EACH	2400	46.79
Chicken Nuggets-Tyson	5 nuggets	2400	11.28
French Fries: oven bkd, 1c	1 CUP	4800	33.43
Rolls 51%/ 2oz	1 EACH	1375	30.79
Celery Sticks	1/4 CUP	1000	1.18
Peas: frozen,warmed,1/2 c	1/2 CUP	1500	13.58
Pears: canned,light syrup	1/2 CUP	2000	13.57
Apples,Fresh	1 EACH	1000	19.06
Orange Fresh	1 EACH	650	11.28
Bananas	1 EACH	1000	30.0
Milk, Chocolate Fat Free	HALF PINT	2000	20.0
Milk,1% Lowfat	HALF PINT	800	12.0
JUICE FRUITABLE	1 EACH	2000	21.0
Ranch Dressing: yogurt	1 FL OZ	2000	3.31
Barbecue Sauce BULL'S EYE	1 OZ	1000	10.24
Buffalo Sauce Mild	1 OZ	1000	2.48
Tomatoes,Fresh,Sliced	1 EACH	300	0.37
Lettuce,Shred, 1/8 c	1/8 CUP	300	0.32
Ketchup	1 OZ	500	8.34
Mustard: individual PC	1 EACH	500	0.35
Mayonnaise, PC Packet	1 EACH	500	0.97
SideKicks BlueRasp-Lemon Fruit	Container	2000	19.64
SideKicks Fruit Cup Kiwi-Straw	Container	2000	19.64
9th offered more fruit/veggie	1 Each	1	*N/A*
Weighted Daily Average			133.71
% of Calories			59.7%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Fri - 09/11/2020			
Sec Moderate/Enhanced/Inte	Total	4800	
Menu #15	1	1	0.0
Chicken Sandwich 51%	1 EACH	2400	46.79
Potato Wedges, 1c	1 CUP	2400	54.7
Pizza, Cheese, Primo (8 cut)	slice	1200	34.0
Pizza, Pepp, Primo, (8 cut )	slice	1200	34.0
Bread Sticks 51% 2 oz	1 EACH	2400	30.79
Salad, Side-Secondary	1 CUP	2000	1.6
Tomato Grape	1/4 CUP	1000	0.99
Green Beans: canned,ckd, 1/2 c	1/2 cup	2000	0.17
Mandarin Oranges	1/2 CUP	4000	21.26
Apples,Fresh	1 EACH	650	19.06
Orange Fresh	1 EACH	650	11.28
Bananas	1 EACH	650	30.0
Milk, Chocolate Fat Free	HALF PINT	2000	20.0
Milk,1% Lowfat	HALF PINT	800	12.0
JUICE FRUITABLE	1 EACH	2000	21.0
Ranch Dressing: yogurt	1 FL OZ	1500	3.31
Barbecue Sauce BULL'S EYE	1 OZ	1000	10.24
Buffalo Sauce Mild	1 OZ	1000	2.48
Ketchup	1 OZ	2000	8.34
Mustard: individual PC	1 EACH	500	0.35
Mayonnaise, PC Packet	1 EACH	1500	0.97
Tomatoes,Fresh,Sliced	1 EACH	500	0.37
Lettuce,Shred, 1/8 c	1/8 CUP	500	0.32
Chocolate Chip Cookie	1 EACH	2050	18.26
9th offered more fruit/veggie	1 Each	1	*N/A*
Weighted Daily Average			144.43
% of Calories			61.8%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Mon - 09/14/2020			
Sec Moderate/Enhanced/Inte	Total	4800	
Menu #16	1	1	0.0
Chicken Sandwich 51%	1 EACH	2400	46.79
Rib-B-Q Sandwich wheat 51%	1 EACH	2400	44.63
French Fries: oven bkd, 1c	1 CUP	2400	33.43
Carrots Baby Fresh	1/4 CUP	1500	4.0
Celery Sticks	1/4 CUP	1500	1.18
Mixed Vegetables	1/2 cup	2500	16.01
Peaches: canned,ex light syrup	1/2 CUP	1000	13.31
Apples,Fresh	1 EACH	1000	19.06
Orange Fresh	1 EACH	650	11.28
Bananas	1 EACH	1000	30.0
Milk, Chocolate Fat Free	HALF PINT	2000	20.0
Milk,1% Lowfat	HALF PINT	800	12.0
JUICE FRUITABLE	1 EACH	2000	21.0
Ranch Dressing: yogurt	1 FL OZ	2000	3.31
Barbecue Sauce BULL'S EYE	1 OZ	1000	10.24
Buffalo Sauce Mild	1 OZ	1000	2.48
Tomatoes,Fresh,Sliced	1 EACH	300	0.37
Lettuce,Shred, 1/8 c	1/8 CUP	300	0.32
Ketchup	1 OZ	500	8.34
Mustard: individual PC	1 EACH	500	0.35
Mayonnaise, PC Packet	1 EACH	500	0.97
Rice Krispies Treat -Large	1 Each	4500	30.0
9th offered more fruit/veggie	1 Each	1	*N/A*
Weighted Daily Average			139.19
% of Calories			60.2%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Tue - 09/15/2020			
Sec Moderate/Enhanced/Inte	Total	4800	
Menu #17	1	1	0.0
Chicken Sandwich 51%	1 EACH	2400	46.79
Potato Wedges, 1c	1 CUP	2400	54.7
Hawaiian Haystacks	1/2 CUP	2400	8.27
Rice Combo, Br & Wh 50/50 Ckd	1 CUP	2400	42.48
Rolls 51%/ 2oz	1 EACH	2400	30.79
Cheese Combo (Chdr & Mozz)	1 OZ	2000	0.25
Chow Mein Noodles	1/8 cup	2000	6.48
Tomatoes,Fresh,diced, 1/8 c	1/8 CUP	800	1.01
Celery Chopped 1/8 cup	1/8 cup	800	0.55
Salad, Side--Green	1 CUP	2500	1.52
Tomato Grape	1/4 CUP	1500	0.99
Peas: frozen,warmed,1/2 c	1/2 CUP	1000	13.58
Pineapple Chunks:canned,lt syr	1/2 CUP	2000	13.22
Apples,Fresh	1 EACH	1000	19.06
Orange Fresh	1 EACH	650	11.28
Bananas	1 EACH	1000	30.0
Milk, Chocolate Fat Free	HALF PINT	2000	20.0
Milk,1% Lowfat	HALF PINT	800	12.0
JUICE FRUITABLE	1 EACH	2000	21.0
Ranch Dressing: yogurt	1 FL OZ	2000	3.31
Barbecue Sauce BULL'S EYE	1 OZ	1000	10.24
Buffalo Sauce Mild	1 OZ	1000	2.48
Tomatoes,Fresh,Sliced	1 EACH	300	0.37
Lettuce,Shred, 1/8 c	1/8 CUP	300	0.32
Ketchup	1 OZ	500	8.34
Mustard: individual PC	1 EACH	500	0.35
Mayonnaise, PC Packet	1 EACH	500	0.97
Pudding Chocolate	1 EACH	1500	20.05
Pudding Vanilla	1 EACH	1500	18.04
9th offered more fruit/veggie	1 Each	1	*N/A*
Weighted Daily Average			151.84
% of Calories			65.6%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Wed - 09/16/2020			
Sec Moderate/Enhanced/Inte	Total	4800	
Menu #18	1	1	0.0
Chicken Sandwich 51%	1 EACH	2400	46.79
Tater Tots, 1 CUP	1 CUP	2400	34.07
Turkey Club Sandwich wheat 51%	1 EACH	2400	30.79
Sun Chips Original	Package	2400	18.0
Cheese Stick, Mozzarella Strin	Stick	3400	1.01
Tomato Grape	1/4 CUP	1000	0.99
Beans Baked, 1/2 c	1/2 CUP	500	29.2
Carrots:frzn, boiled, 1/2 c	1/2 CUP	1000	6.49
Applesauce Cup, Strawberry	1/2 CUP	1000	14.0
Apples,Fresh	1 EACH	650	19.06
Orange Fresh	1 EACH	650	11.28
Bananas	1 EACH	650	30.0
Milk, Chocolate Fat Free	HALF PINT	2000	20.0
Milk,1% Lowfat	HALF PINT	0	12.0
JUICE FRUITABLE	1 EACH	2000	21.0
Ranch Dressing: yogurt	1 FL OZ	2000	3.31
Barbecue Sauce BULL'S EYE	1 OZ	1000	10.24
Buffalo Sauce Mild	1 OZ	1000	2.48
Tomatoes,Fresh,Sliced	1 EACH	300	0.37
Lettuce,Shred, 1/8 c	1/8 CUP	300	0.32
Ketchup	1 OZ	300	8.34
Mustard: individual PC	1 EACH	300	0.35
Mayonnaise, PC Packet	1 EACH	300	0.97
Creamie Variety: ban, choc	1 EACH	4800	14.0
9th offered more fruit/veggie	1 Each	1	*N/A*
Weighted Daily Average			117.00
% of Calories			47.3%
Nutrient Guideline			

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# Weber School District Child Nutrition

Sep 1, 2020 thru Sep 30, 2020

Base Menu Spreadsheet

Sec Moderate/Enhanced/Intense

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Thu - 09/17/2020			
Sec Moderate/Enhanced/Inte	Total	4800	
Menu #19	1	1	0.0
Chicken Sandwich 51%	1 EACH	2400	46.79
Cheese Burger Wheat 51%	1 EACH	2400	33.1
French Fries: oven bkd, 1c	1 CUP	4800	33.43
Cucumber, Raw	1/4 CUP	1000	1.18
Broccoli Normandy 1/2 C	1/2 cup	1500	4.72
Pears: canned, light syrup	1/2 CUP	2000	13.57
Apples, Fresh	1 EACH	650	19.06
Orange Fresh	1 EACH	600	11.28
Bananas	1 EACH	650	30.0
Milk, Chocolate Fat Free	HALF PINT	2000	20.0
Milk, 1% Lowfat	HALF PINT	800	12.0
JUICE FRUITABLE	1 EACH	2000	21.0
Ranch Dressing: yogurt	1 FL OZ	2000	3.31
Barbecue Sauce BULL'S EYE	1 OZ	1000	10.24
Buffalo Sauce Mild	1 OZ	1000	2.48
Tomatoes, Fresh, Sliced	1 EACH	300	0.37
Lettuce, Shred, 1/8 c	1/8 CUP	300	0.32
Ketchup	1 OZ	500	8.34
Mustard: individual PC	1 EACH	500	0.35
Mayonnaise, PC Packet	1 EACH	500	0.97
SideKicks BlueRasp-Lemon Fruit	Container	1500	19.64
SideKicks Fruit Cup Kiwi-Straw	Container	1500	19.64
9th offered more fruit/veggie	1 Each	1	*N/A*
Weighted Daily Average			125.24
% of Calories			55.3%
Nutrient Guideline			

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# Weber School District Child Nutrition

Sep 1, 2020 thru Sep 30, 2020

Base Menu Spreadsheet

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	Portion Size	Reimb Qty	Carb (g)
Fri - 09/18/2020			
Sec Moderate/Enhanced/Inte	Total	4800	
Menu #20	1	1	0.0
Chicken Sandwich 51%	1 EACH	2400	46.79
Tater Tots, 1 CUP	1 CUP	2400	34.07
Pizza, Cheese, Primo (8 cut)	slice	1200	34.0
Pizza, Pepp, Primo, (8 cut )	slice	1200	34.0
Bread Sticks 51% 2 oz	1 EACH	2400	30.79
Salad, Side-Secondary	1 CUP	2500	1.6
Tomato Grape	1/4 CUP	1000	0.99
Green Beans: canned,ckd, 1/2 c	1/2 cup	1500	0.17
Mandarin Oranges	1/2 CUP	2000	21.26
Apples,Fresh	1 EACH	1000	19.06
Orange Fresh	1 EACH	650	11.28
Bananas	1 EACH	1000	30.0
Milk, Chocolate Fat Free	HALF PINT	2000	20.0
Milk,1% Lowfat	HALF PINT	800	12.0
JUICE FRUITABLE	1 EACH	2000	21.0
Ranch Dressing: yogurt	1 FL OZ	2000	3.31
Barbecue Sauce BULL'S EYE	1 OZ	1000	10.24
Buffalo Sauce Mild	1 OZ	1000	2.48
Tomatoes,Fresh,Sliced	1 EACH	300	0.37
Lettuce,Shred, 1/8 c	1/8 CUP	300	0.32
Ketchup	1 OZ	500	8.34
Mustard: individual PC	1 EACH	500	0.35
Mayonnaise, PC Packet	1 EACH	500	0.97
Pumpkin Chocolate Chip Cookies	1 Each	4000	16.59
9th offered more fruit/veggie	1 Each	1	*N/A*
Weighted Daily Average			132.52
% of Calories			55.7%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Mon - 09/21/2020			
Sec Moderate/Enhanced/Inte	Total	4800	
Menu #21	1	1	*N/A*
Chicken Sandwich 51%	1 EACH	2400	46.79
Corn Dog Chicken	1 EACH	2400	30.0
Potato Wedges, 1c	1 CUP	4500	54.7
Carrots Baby Fresh	1/4 CUP	1000	4.0
Mixed Vegetables	1/2 cup	1500	16.01
Peaches: canned,ex light syrup	1/2 CUP	1000	13.31
Apples,Fresh	1 EACH	650	19.06
Orange Fresh	1 EACH	650	11.28
Bananas	1 EACH	1000	30.0
Milk, Chocolate Fat Free	HALF PINT	2000	20.0
Milk, 1% Lowfat	HALF PINT	800	12.0
JUICE FRUITABLE	1 EACH	2000	21.0
Ranch Dressing: yogurt	1 FL OZ	2000	3.31
Barbecue Sauce BULL'S EYE	1 OZ	1000	10.24
Buffalo Sauce Mild	1 OZ	1000	2.48
Tomatoes,Fresh,Sliced	1 EACH	300	0.37
Lettuce,Shred, 1/8 c	1/8 CUP	300	0.32
Ketchup	1 OZ	500	8.34
Mustard: individual PC	1 EACH	500	0.35
Mayonnaise, PC Packet	1 EACH	500	0.97
Rice Krispies Treat -Large	1 Each	4800	30.0
9th offered more fruit/veggie	1 Each	1	*N/A*
Weighted Daily Average			162.81
% of Calories			68.4%
Nutrient Guideline			

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# Weber School District Child Nutrition

Sep 1, 2020 thru Sep 30, 2020

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	Portion Size	Reimb Qty	Carb (g)
Tue - 09/22/2020			
Sec Moderate/Enhanced/Inte	Total	4800	
Menu #22	1	1	*N/A*
Chicken Sandwich 51%	1 EACH	2400	46.79
French Fries: oven bkd, 1c	1 CUP	2400	33.43
Mandarin Orange Chicken	3.92 serving	2400	21.11
Rice, Br & Wh 50/50 Ckd, 1/2 c	1/2 CUP	2400	24.51
Rolls 51%/ 2oz	1 EACH	1400	30.79
Salad, Side-Secondary	1 CUP	2500	1.6
Tomato Grape	1/4 CUP	1000	0.99
Broccoli: frzn, boiled, 1/2 c	1/2 CUP	1500	5.1
Pineapple Chunks:canned,lt syr	1/2 CUP	1000	13.22
Apples,Fresh	1 EACH	1000	19.06
Orange Fresh	1 EACH	650	11.28
Bananas	1 EACH	650	30.0
Milk, Chocolate Fat Free	HALF PINT	2000	20.0
Milk,1% Lowfat	HALF PINT	800	12.0
JUICE FRUITABLE	1 EACH	2000	21.0
Ranch Dressing: yogurt	1 FL OZ	2000	3.31
Barbecue Sauce BULL'S EYE	1 OZ	1000	10.24
Buffalo Sauce Mild	1 OZ	1000	2.48
Tomatoes,Fresh,Sliced	1 EACH	300	0.37
Lettuce,Shred, 1/8 c	1/8 CUP	300	0.32
Ketchup	1 OZ	500	8.34
Mustard: individual PC	1 EACH	500	0.35
Mayonnaise, PC Packet	1 EACH	500	0.97
Pudding Chocolate	1 EACH	2000	20.05
Pudding Vanilla	1 EACH	2000	18.04
9th offered more fruit/veggie	1 Each	1	*N/A*
Weighted Daily Average			126.88
% of Calories			63.5%
Nutrient Guideline			

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# Weber School District Child Nutrition

Sep 1, 2020 thru Sep 30, 2020

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	Portion Size	Reimb Qty	Carb (g)
Wed - 09/23/2020			
Sec Moderate/Enhanced/Inte	Total	4800	
Menu #23	1	1	*N/A*
Chicken Sandwich 51%	1 EACH	2400	46.79
French Fries: oven bkd, 1c	1 CUP	2400	33.43
Breakfast Casserole	1 cup	2400	24.78
Waffle, Maple	2.8 oz	2400	30.0
Carrots:frzn, boiled, 1/2 c	1/2 CUP	1500	6.49
Applesauce Cup, Strawberry	1/2 CUP	2000	14.0
Apples,Fresh	1 EACH	1000	19.06
Orange Fresh	1 EACH	650	11.28
Bananas	1 EACH	1000	30.0
Milk, Chocolate Fat Free	HALF PINT	1500	20.0
Milk, 1% Lowfat	HALF PINT	1500	12.0
JUICE FRUITABLE	1 EACH	500	21.0
Ranch Dressing: yogurt	1 FL OZ	2000	3.31
Barbecue Sauce BULL'S EYE	1 OZ	1000	10.24
Buffalo Sauce Mild	1 OZ	1000	2.48
Tomatoes,Fresh,Sliced	1 EACH	300	0.37
Lettuce,Shred, 1/8 c	1/8 CUP	300	0.32
Ketchup	1 OZ	500	8.34
Mayonnaise, PC Packet	1 EACH	500	0.97
Mustard: individual PC	1 EACH	500	0.35
SYRUP, MAPLE CHEF'S MARK	1 EACH	2000	30.66
Salsa	1 OZ	1200	1.96
Creamie Variety: ban, choc	1 EACH	4800	14.0
9th offered more fruit/veggie	1 Each	0	*N/A*
Weighted Daily Average			131.64
% of Calories			57.2%
Nutrient Guideline			

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Sep 1, 2020 thru Sep 30, 2020

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	Portion Size	Reimb Qty	Carb (g)
Thu - 09/24/2020			
Sec Moderate/Enhanced/Inte	Total	4800	
Menu #24	1	1	*N/A*
Chicken Sandwich 51%	1 EACH	2400	46.79
French Fries: oven bkd, 1c	1 CUP	2400	33.43
Chicken, Roasted 8 piece	2 oz serving	2400	0.0
Potatoes Whipped	1/2 CUP	2000	18.33
Chicken Gravy	1/2 CUP	2000	8.27
Rolls 51%/ 2oz	1 EACH	2400	30.79
Celery Sticks	1/4 CUP	1500	1.18
Beans Baked, 1/2 c	1/2 CUP	750	29.2
Peas: frozen,warmed,1/2 c	1/2 CUP	1000	13.58
Pears: canned,light syrup	1/2 CUP	1500	13.57
Apples,Fresh	1 EACH	1000	19.06
Orange Fresh	1 EACH	650	11.28
Bananas	1 EACH	1000	30.0
Milk, Chocolate Fat Free	HALF PINT	1500	20.0
Milk,1% Lowfat	HALF PINT	1500	12.0
JUICE FRUITABLE	1 EACH	500	21.0
Ranch Dressing: yogurt	1 FL OZ	2000	3.31
Barbecue Sauce BULL'S EYE	1 OZ	1000	10.24
Buffalo Sauce Mild	1 OZ	1000	2.48
Tomatoes,Fresh,Sliced	1 EACH	300	0.37
Lettuce,Shred, 1/8 c	1/8 CUP	800	0.32
Ketchup	1 OZ	500	8.34
Mustard: individual PC	1 EACH	500	0.35
Mayonnaise, PC Packet	1 EACH	500	0.97
SideKicks BlueRasp-Lemon Fruit	Container	1500	19.64
SideKicks Fruit Cup Kiwi-Straw	Container	1500	19.64
9th offered more fruit/veggie	1 Each	1	*N/A*
Weighted Daily Average			119.92
% of Calories			59.9%
Nutrient Guideline			

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# Weber School District Child Nutrition

Sep 1, 2020 thru Sep 30, 2020

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	Portion Size	Reimb Qty	Carb (g)
Fri - 09/25/2020			
Sec Moderate/Enhanced/Inte	Total	4800	
Menu #25	1	1	*N/A*
Chicken Sandwich 51%	1 EACH	2400	46.79
Potato Wedges, 1c	1 CUP	2400	54.7
Pizza, Cheese, Primo (8 cut)	slice	1200	34.0
Pizza, Pepp, Primo, (8 cut )	slice	1200	34.0
Bread Sticks 51% 2 oz	1 EACH	2400	30.79
Salad, Side--Green	1 CUP	2500	1.52
Tomato Grape	1/4 CUP	500	0.99
Cucumber, Raw	1/4 CUP	500	1.18
Green Beans: canned,ckd, 1/2 c	1/2 cup	1500	0.17
Mandarin Oranges	1/2 CUP	3000	21.26
Apples,Fresh	1 EACH	1000	19.06
Orange Fresh	1 EACH	650	11.28
Bananas	1 EACH	1000	30.0
Milk, Chocolate Fat Free	HALF PINT	1500	20.0
Milk, 1% Lowfat	HALF PINT	1500	12.0
JUICE FRUITABLE	1 EACH	500	21.0
Ranch Dressing: yogurt	1 FL OZ	2000	3.31
Barbecue Sauce BULL'S EYE	1 OZ	1000	10.24
Buffalo Sauce Mild	1 OZ	1000	2.48
Tomatoes,Fresh,Sliced	1 EACH	300	0.37
Lettuce,Shred, 1/8 c	1/8 CUP	300	0.32
Ketchup	1 OZ	500	8.34
Mustard: individual PC	1 EACH	500	0.35
Mayonnaise, PC Packet	1 EACH	500	0.97
Chocolate Chip Cookie	1 EACH	2300	18.26
9th offered more fruit/veggie	1 Each	1	*N/A*
Weighted Daily Average			135.27
% of Calories			60.2%
Nutrient Guideline			

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Sep 1, 2020 thru Sep 30, 2020

Base Menu Spreadsheet

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	Portion Size	Reimb Qty	Carb (g)
<b>Mon - 09/28/2020</b>			
Sec Moderate/Enhanced/Inte	Total	4800	
Menu #1	1	1	0.0
Chicken Sandwich 51%	1 EACH	2400	46.79
Taco Crisp	2 each	2400	18.11
Cheese Combo (Chdr & Mozz)	1 OZ	1250	0.25
Tater Tots, 1 CUP	1 CUP	4800	34.07
Mixed Vegetables	1/2 cup	2400	16.01
Refried Beans Seasoned	1/2 CUP	2400	18.02
Carrots Baby Fresh	1/4 CUP	2500	4.0
Peaches: canned,ex light syrup	1/2 CUP	1500	13.31
Apples,Fresh	1 EACH	1000	19.06
Orange Fresh	1 EACH	650	11.28
Bananas	1 EACH	1000	30.0
Milk, Chocolate Fat Free	HALF PINT	2000	20.0
Milk,1% Lowfat	HALF PINT	800	12.0
JUICE FRUITABLE	1 EACH	2000	21.0
Ranch Dressing: yogurt	1 FL OZ	4000	3.31
Barbecue Sauce BULL'S EYE	1 OZ	500	10.24
Buffalo Sauce Mild	1 OZ	500	2.48
Tomatoes,Fresh,diced, 1/8 c	1/8 CUP	300	1.01
Lettuce,Shred, 1/8 c	1/8 CUP	300	0.32
Tomatoes,Fresh,Sliced	1 EACH	1000	0.37
Ketchup	1 OZ	500	8.34
Mustard: individual PC	1 EACH	500	0.35
Mayonnaise, PC Packet	1 EACH	500	0.97
Salsa	1 OZ	500	1.96
Sour Cream	1 OZ	500	1.89
CINNAMON TWIST	1 EACH	4500	44.97
9th offered more fruit/veggie	1 Each	0	*N/A*
Weighted Daily Average			168.49
% of Calories			52.6%
Nutrient Guideline			

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Base Menu Spreadsheet

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	Portion Size	Reimb Qty	Carb (g)
Tue - 09/29/2020			
Sec Moderate/Enhanced/Inte	Total	4800	
Menu #2	1	1	0.0
Chicken Sandwich 51%	1 EACH	2400	46.79
French Fries: oven bkd, 1c	1 CUP	2400	33.43
Mandarin Orange Chicken	3.92 serving	2400	21.11
Rice, Br & Wh 50/50 Ckd, 1/2 c	1/2 CUP	2400	24.51
Rolls 51%/ 2oz	1 EACH	2400	30.79
Salad, Side-Secondary	1 CUP	2500	1.6
Tomato Grape	1/4 CUP	1000	0.99
Cucumber, Raw	1/4 CUP	1000	1.18
Broccoli Normandy 1/2 C	1/2 cup	1500	4.72
Pineapple Chunks:canned,lt syr	1/2 CUP	2000	13.22
Apples,Fresh	1 EACH	1000	19.06
Orange Fresh	1 EACH	650	11.28
Bananas	1 EACH	1000	30.0
Milk, Chocolate Fat Free	HALF PINT	2000	20.0
Milk,1% Lowfat	HALF PINT	800	12.0
JUICE FRUITABLE	1 EACH	2000	21.0
Ranch Dressing: yogurt	1 FL OZ	4000	3.31
Barbecue Sauce BULL'S EYE	1 OZ	500	10.24
Buffalo Sauce Mild	1 OZ	500	2.48
Tomatoes,Fresh,Sliced	1 EACH	300	0.37
Lettuce,Shred, 1/8 c	1/8 CUP	300	0.32
Ketchup	1 OZ	650	8.34
Mustard: individual PC	1 EACH	500	0.35
Mayonnaise, PC Packet	1 EACH	500	0.97
Pudding Chocolate	1 EACH	1500	20.05
Pudding Vanilla	1 EACH	1500	18.04
9th offered more fruit/veggie	1 Each	0	*N/A*
Weighted Daily Average			134.72
% of Calories			63.4%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Wed - 09/30/2020			
Sec Moderate/Enhanced/Inte Menu #3	Total	4800	
Chicken Sandwich 51%	1 EACH	2400	46.79
Potato Wedges, 1c	1 CUP	2400	54.7
Turkey Club Sandwich wheat 51%	1 EACH	2400	30.79
Sun Chips Original	Package	2400	18.0
Cheese Stick, Mozzarella Strin	Stick	3400	1.01
Carrots:frzn, boiled, 1/2 c	1/2 CUP	2000	6.49
Beans Baked, 1/2 c	1/2 CUP	1000	29.2
Applesauce Cup, Cinnamon	1/2 CUP	2000	17.0
Apples,Fresh	1 EACH	1000	19.06
Orange Fresh	1 EACH	650	11.28
Bananas	1 EACH	1000	30.0
Milk, Chocolate Fat Free	HALF PINT	2000	20.0
Milk,1% Lowfat	HALF PINT	800	12.0
JUICE FRUITABLE	1 EACH	2000	21.0
Ranch Dressing: yogurt	1 FL OZ	4000	3.31
Barbecue Sauce BULL'S EYE	1 OZ	1000	10.24
Buffalo Sauce Mild	1 OZ	1000	2.48
Tomatoes,Fresh,Sliced	1 EACH	300	0.37
Lettuce,Shred, 1/8 c	1/8 CUP	300	0.32
Ketchup	1 OZ	2000	8.34
Mustard: individual PC	1 EACH	500	0.35
Mayonnaise, PC Packet	1 EACH	500	0.97
Creamie Variety: ban, choc	1 EACH	4800	14.0
9th offered more fruit/veggie	1 Each	1	*N/A*
Weighted Daily Average			145.63
% of Calories			54.5%
Nutrient Guideline			

Weighted Average			138.05
			58.6%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	138.05	58.64%						

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