

# Weber School District Child Nutrition

Aug 26, 2020 thru Aug 31, 2020

Base Menu Spreadsheet

Sec Moderate/Enhanced/Intense

Portion Values - Detailed

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Generated on: 7/28/2020 1:17:52 PM

	Portion Size	Reimb Qty	Carb (g)
Wed - 08/26/2020			
Sec Moderate/Enhanced/Inte	Total	4800	
Menu #3	1	1	0.0
Chicken Sandwich 51%	1 EACH	2400	46.79
Potato Wedges, 1c	1 CUP	2400	54.7
Turkey Club Sandwich wheat 51%	1 EACH	2400	30.79
Sun Chips Original	Package	2400	18.0
Cheese Stick, Mozzarella Strin	Stick	3400	1.01
Carrots:frzn, boiled, 1/2 c	1/2 CUP	2000	6.49
Beans Baked, 1/2 c	1/2 CUP	1000	29.2
Applesauce Cup, Cinnamon	1/2 CUP	2000	17.0
Apples,Fresh	1 EACH	1000	19.06
Orange Fresh	1 EACH	650	11.28
Bananas	1 EACH	1000	30.0
Milk, Chocolate Fat Free	HALF PINT	2000	20.0
Milk, 1% Lowfat	HALF PINT	800	12.0
JUICE FRUITABLE	1 EACH	2000	21.0
Ranch Dressing: yogurt	1 FL OZ	4000	3.31
Barbecue Sauce BULL'S EYE	1 OZ	1000	10.24
Buffalo Sauce Mild	1 OZ	1000	2.48
Tomatoes,Fresh,Sliced	1 EACH	300	0.37
Lettuce,Shred, 1/8 c	1/8 CUP	300	0.32
Ketchup	1 OZ	2000	8.34
Mustard: individual PC	1 EACH	500	0.35
Mayonnaise, PC Packet	1 EACH	500	0.97
Creamie Variety: ban, choc	1 EACH	4800	14.0
9th offered more fruit/veggie	1 Each	1	*N/A*
Weighted Daily Average			145.63
% of Calories			54.5%
Nutrient Guideline			

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Thu - 08/27/2020			
Sec Moderate/Enhanced/Inte	Total	4800	
Menu #4	1	1	0.0
Chicken Sandwich 51%	1 EACH	2400	46.79
Chicken Tenders-Tyson	3 tenders	2400	12.0
Rolls 51%/ 2oz	1 EACH	2400	30.79
French Fries: oven bkd, 1c	1 CUP	4800	33.43
Celery Sticks	1/4 CUP	1000	1.18
Peas: frozen,warmed,1/2 c	1/2 CUP	1500	13.58
Pears: canned,light syrup	1/2 CUP	2000	13.57
Apples,Fresh	1 EACH	1000	19.06
Orange Fresh	1 EACH	650	11.28
Bananas	1 EACH	1000	30.0
Milk, Chocolate Fat Free	HALF PINT	2000	20.0
Milk,1% Lowfat	HALF PINT	800	12.0
JUICE FRUITABLE	1 EACH	2000	21.0
Ranch Dressing: yogurt	1 FL OZ	3000	3.31
Barbecue Sauce BULL'S EYE	1 OZ	1000	10.24
Buffalo Sauce Mild	1 OZ	1000	2.48
Tomatoes,Fresh,Sliced	1 EACH	300	0.37
Lettuce,Shred, 1/8 c	1/8 CUP	300	0.32
Ketchup	1 OZ	500	8.34
Mustard: individual PC	1 EACH	500	0.35
Mayonnaise, PC Packet	1 EACH	500	0.97
SideKicks BlueRasp-Lemon Fruit	Container	2000	19.64
SideKicks Fruit Cup Kiwi-Straw	Container	2000	19.64
9th offered more fruit/veggie	1 Each	0	*N/A*
Weighted Daily Average			141.34
% of Calories			58.4%
Nutrient Guideline			

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Fri - 08/28/2020			
Sec Moderate/Enhanced/Inte	Total	4800	
Menu #5	1	1	0.0
Chicken Sandwich 51%	1 EACH	2400	46.79
Tater Tots, 1 CUP	1 CUP	2400	34.07
Pizza, Cheese, Primo (8 cut)	slice	1200	34.0
Pizza, Pepp, Primo, (8 cut )	slice	1200	34.0
Bread Sticks 51% 2 oz	1 EACH	2400	30.79
Salad, Side-Secondary	1 CUP	2500	1.6
Tomato Grape	1/4 CUP	1000	0.99
Green Beans: canned,ckd, 1/2 c	1/2 cup	1500	0.17
Mandarin Oranges	1/2 CUP	2500	21.26
Apples,Fresh	1 EACH	1000	19.06
Orange Fresh	1 EACH	650	11.28
Bananas	1 EACH	1000	30.0
Milk, Chocolate Fat Free	HALF PINT	2000	20.0
Milk,1% Lowfat	HALF PINT	800	12.0
JUICE FRUITABLE	1 EACH	2000	21.0
Ranch Dressing: yogurt	1 FL OZ	2000	3.31
Barbecue Sauce BULL'S EYE	1 OZ	1000	10.24
Buffalo Sauce Mild	1 OZ	1000	2.48
Tomatoes,Fresh,Sliced	1 EACH	300	0.37
Lettuce,Shred, 1/8 c	1/8 CUP	300	0.32
Ketchup	1 OZ	500	8.34
Mustard: individual PC	1 EACH	500	0.35
Mayonnaise, PC Packet	1 EACH	500	0.97
Chocolate Chip Cookie	1 EACH	4500	18.26
9th offered more fruit/veggie	1 Each	1	*N/A*
Weighted Daily Average			138.03
% of Calories			55.6%
Nutrient Guideline			

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Mon - 08/31/2020			
Sec Moderate/Enhanced/Inte	Total	4800	
Menu #6	1	1	0.0
Chicken Sandwich 51%	1 EACH	2400	46.79
Potato Wedges, 1c	1 CUP	2400	54.7
Meaty Nachos- Beef	Serving	2400	40.47
Celery Sticks	1/4 CUP	1000	1.18
Carrots Baby Fresh	1/4 CUP	1000	4.0
Refried Beans Seasoned	1/2 CUP	1000	18.02
Mixed Vegetables	1/2 cup	1000	16.01
Peaches: canned,ex light syrup	1/2 CUP	2000	13.31
Apples,Fresh	1 EACH	650	19.06
Orange Fresh	1 EACH	650	11.28
Bananas	1 EACH	650	30.0
Milk, Chocolate Fat Free	HALF PINT	2000	20.0
Milk,1% Lowfat	HALF PINT	800	12.0
JUICE FRUITABLE	1 EACH	2000	21.0
Ranch Dressing: yogurt	1 FL OZ	2000	3.31
Barbecue Sauce BULL'S EYE	1 OZ	1000	10.24
Buffalo Sauce Mild	1 OZ	1000	2.48
Tomatoes,Fresh,Sliced	1 EACH	300	0.37
Lettuce,Shred, 1/8 c	1/8 CUP	300	0.32
Tomatoes,Fresh,diced, 1/8 c	1/8 CUP	300	1.01
Ketchup	1 OZ	500	8.34
Mustard: individual PC	1 EACH	500	0.35
Mayonnaise, PC Packet	1 EACH	500	0.97
Salsa	1 OZ	300	1.96
Sour Cream	1 OZ	300	1.89
Rice Krispies Treat -Large	1 Each	4800	30.0
9th offered more fruit/veggie	1 Each	0	*N/A*
Weighted Daily Average			147.34
% of Calories			58.5%
Nutrient Guideline			

Weighted Average			143.08
			56.7%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	143.08	56.74%						

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