

Weber School District Child Nutrition

Mar 1, 2019 thru Mar 29, 2019

Base Menu Spreadsheet

Elementary Lunch-1

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Fri - 03/01/2019			
Elementary Lunch-1	Total	10630	
Menu #40	1	1	*N/A*
Teriyaki Chicken 4.5 oz	4.5 oz	10630	10.38
Rice, Br & Wh 50/50 Ckd, 1/2 c	1/2 CUP	10000	24.51
Rolls 51%/ 2oz	1 EACH	9000	30.79
Salad, Side--Elem Green	1/2 CUP	3500	0.76
Tomato Grape	1/4 CUP	2000	0.99
Broccoli: fresh, steamed, 1/4c	1/4 CUP	2000	1.63
Pineapple Chunks:canned,lt syr	1/2 CUP	4000	13.22
Kiwifruit, Fresh	1 EACH	2000	11.14
Milk, Chocolate Fat Free	HALF PINT	3000	20.0
Milk,1% Lowfat	HALF PINT	1000	12.0
JUICE FRUITABLE	1 EACH	3000	22.0
Ranch Dressing: yogurt	1 FL OZ	3500	3.31
Rice Krispies Treat -Large	1 Each	10000	30.0
Weighted Daily Average			109.63
% of Calories			64.8%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Mon - 03/04/2019			
Elementary Lunch-1	Total	10630	
Menu #41	1	1	*N/A*
Chicken Nuggets Gold Kist, 5 e	5 each	10630	13.0
Rolls 51%/ 2oz	1 EACH	8000	30.79
French Fries: ovn bkd, 1/2c	1/2 CUP	10000	17.0
Salad, Side--Elem Green	1/2 CUP	3500	0.76
Tomato Grape	1/4 CUP	2000	0.99
Applesauce cup, plain	1/2	4000	30.0
Orange Fresh, 1/2	1/2 EACH	2000	5.64
Milk, Chocolate Fat Free	HALF PINT	3000	20.0
Milk,1% Lowfat	HALF PINT	1000	12.0
JUICE FRUITABLE	1 EACH	3000	22.0
Ranch Dressing: yogurt	1 FL OZ	1000	3.31
Barbecue Sauce BULL'S EYE	1 OZ	5000	10.24
Ketchup	1 OZ	10000	8.34
Creamie Variety: ban, choc	1 EACH	10000	14.0
Weighted Daily Average			104.08
% of Calories			58.0%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Tue - 03/05/2019			
Elementary Lunch-1	Total	10630	
Menu #42	1	0	*N/A*
Taco Crisp Elementary	1 each	10630	10.09
Rolls 51%/ 2oz	1 EACH	10000	30.79
Salad, Side--Elem Green	1/2 CUP	3500	0.76
Refried Beans Seasoned	1/2 CUP	2000	18.02
Corn: frzn, yellow ckd, 1/4 c	1/4 CUP	2000	9.07
Pineapple Chunks:canned,lt syr	1/2 CUP	4000	13.22
Apples,Fresh 1/2 each	1/2 each	2000	9.53
Milk, Chocolate Fat Free	HALF PINT	3000	20.0
Milk,1% Lowfat	HALF PINT	1000	12.0
JUICE FRUITABLE	1 EACH	3000	22.0
Ranch Dressing: yogurt	1 FL OZ	1000	3.31
Cheese Combo (Chdr & Mozz)	1 OZ	10000	0.25
Sour Cream	1 OZ	1500	1.89
Salsa	1 OZ	1500	1.96
Tomatoes,Fresh,diced, 1/8 c	1/8 CUP	1000	1.01
Lettuce,Shred, 1/8 c	1/8 CUP	1000	0.32
Pudding Chocolate	1 EACH	4500	20.05
Pudding Vanilla	1 EACH	4500	18.04
Weighted Daily Average			81.49
% of Calories			46.9%
Nutrient Guideline			

Wed - 03/06/2019			
Elementary Lunch-1	Total	10630	
Menu #43	1	1	*N/A*
Chicken Sandwich 51%	1 EACH	10630	46.79
Potato Wedges, 1/2 c	1/2 CUP	10000	27.35
Salad, Side--Elem Green	1/2 CUP	3500	0.76
Tomato Grape	1/4 CUP	2000	0.99
Green Beans: canned,ckd 1/4 c	1/4 cup	2000	0.08
Peaches: canned,ex light syrup	1/2 CUP	4000	13.31
Banana, 1/2	1/2 each	2000	15.0
Milk, Chocolate Fat Free	HALF PINT	3000	20.0
Milk,1% Lowfat	HALF PINT	1000	12.0
JUICE FRUITABLE	1 EACH	3000	22.0
Ranch Dressing: yogurt	1 FL OZ	1000	3.31
Ketchup	1 OZ	1000	8.34
Mustard: individual PC	1 EACH	1000	0.35
Mayonnaise, PC Packet	1 EACH	1000	0.97
Tomatoes,Fresh,Sliced	1 EACH	1000	0.37
Lettuce,Shred, 1/8 c	1/8 CUP	1000	0.32
Weighted Daily Average			95.08
% of Calories			57.1%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Thu - 03/07/2019			
Elementary Lunch-1	Total	10630	
Menu #44	1	0	*N/A*
Pancakes WG	1 EACH	10630	12.67
SCRAMBLED EGGS	1/4 cup	5000	0.63
Hash Brown Potatoes	1/2 CUP	10000	20.41
Sausage Link, 2	2 EACH	5000	1.14
Pears: canned,light syrup	1/2 CUP	5000	13.57
Craisins, Strawberry	packet	4000	28.0
Milk, Chocolate Fat Free	HALF PINT	4000	20.0
Milk,1% Lowfat	HALF PINT	2000	12.0
JUICE FRUITABLE	1 EACH	4000	22.0
SYRUP, MAPLE CHEF'S MARK	1 EACH	10000	30.66
Ketchup	1 OZ	1000	8.34
Weighted Daily Average			97.31
% of Calories			75.4%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Fri - 03/08/2019			
Elementary Lunch-1	Total	10630	
Menu #45	1	0	*N/A*
Pizza, Cheese, Primo (10 cut)	slice	8000	28.0
Pizza, Pepp, Primo (10 cut)	slice	2630	28.0
Bread Sticks 51% 2 oz	1 EACH	8000	30.79
Salad, Side--Elem Green	1/2 CUP	3500	0.76
Tomato Grape	1/4 CUP	1000	0.99
Cucumber, Raw	1/4 CUP	5000	1.18
Mandarin Oranges	1/2 CUP	4000	21.26
Kiwifruit, Fresh	1 EACH	2000	11.14
Milk, Chocolate Fat Free	HALF PINT	3000	20.0
Milk,1% Lowfat	HALF PINT	1000	12.0
JUICE FRUITABLE	1 EACH	3000	22.0
Ranch Dressing: yogurt	1 FL OZ	2500	3.31
Sugar Cookies	1 EACH	8000	15.76
Weighted Daily Average			87.79
% of Calories			55.0%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Mon - 03/11/2019			
Elementary Lunch-1	Total	10630	
Menu #46	1	0	*N/A*
Pretzel Bites	4	10630	25.0
Queso Blanco Sauce	2 oz	5000	2.0
Cheddar Cheese Sauce	2 oz	5000	2.2
Salad, Side--Elem Green	1/2 CUP	3500	0.76
Carrots Baby Fresh	1/4 CUP	5000	4.0
Celery Sticks	1/4 CUP	2000	1.18
Applesauce Cup, Cinnamon	1/2 CUP	5000	14.0
Orange Fresh, 1/2	1/2 EACH	2000	5.64
Milk, Chocolate Fat Free	HALF PINT	3000	20.0
Milk, 1% Lowfat	HALF PINT	1000	12.0
JUICE FRUITABLE	1 EACH	3000	22.0
Ranch Dressing: yogurt	1 FL OZ	3500	3.31
SideKicks BlueRasp-Lemon Fruit	Container	5000	19.64
SideKicks Fruit Cup Kiwi-Straw	Container	5000	19.64
Weighted Daily Average			69.53
% of Calories			64.7%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Tue - 03/12/2019			
Elementary Lunch-1	Total	10630	
Menu #47	1	0	*N/A*
Burrito, Bean & Cheese, 5 oz	1 EACH	10630	43.25
French Fries: ovn bkd, 1/2c	1/2 CUP	10000	17.0
Salad, Side--Elem Green	1/2 CUP	3500	0.76
Tomato Grape	1/4 CUP	2000	0.99
Green Beans: canned,ckd 1/4 c	1/4 cup	5000	0.08
Mandarin Oranges	1/2 CUP	5000	21.26
Apples,Fresh 1/2 each	1/2 each	2000	9.53
Milk, Chocolate Fat Free	HALF PINT	3000	20.0
Milk, 1% Lowfat	HALF PINT	1000	12.0
JUICE FRUITABLE	1 EACH	3000	22.0
Ranch Dressing: yogurt	1 FL OZ	1000	3.31
Ketchup	1 OZ	1000	8.34
Sour Cream	1 OZ	3000	1.89
Salsa	1 OZ	3000	1.96
Jello	1/2 cup	10000	17.39
Weighted Daily Average			103.04
% of Calories			65.9%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Wed - 03/13/2019			
Elementary Lunch-1	Total	10630	
Menu #48	1	0	*N/A*
Cheese Burger Wheat 51%	1 EACH	10630	33.1
Tater Tots, 1/2 CUP	1/2 CUP	10000	17.04
Salad, Side--Elem Green	1/2 CUP	3500	0.76
Peas: frozen,warmed,1/4 c	1/4 CUP	2000	6.79
Peaches: canned,ex light syrup	1/2 CUP	4000	13.31
Banana, 1/2	1/2 each	2000	15.0
Milk, Chocolate Fat Free	HALF PINT	3000	20.0
Milk,1% Lowfat	HALF PINT	1000	12.0
JUICE FRUITABLE	1 EACH	3000	22.0
Ranch Dressing: yogurt	1 FL OZ	2000	3.31
Ketchup	1 OZ	1000	8.34
Mustard: individual PC	1 EACH	1000	0.35
Mayonnaise, PC Packet	1 EACH	1000	0.97
Lettuce,Shred, 1/8 c	1/8 CUP	1000	0.32
Tomatoes.Fresh,Sliced	1 EACH	1000	0.37
Weighted Daily Average			73.06
% of Calories			45.3%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Thu - 03/14/2019			
Elementary Lunch-1	Total	10630	
Menu #49	1	0	*N/A*
Chicken Strips: Goldkist 3 ea	3 each	10630	13.0
Rolls 51%/ 2oz	1 EACH	10000	30.79
Salad, Side-Elem	1/2 CUP	3500	0.8
Tomato Grape	1/4 CUP	2000	0.99
Corn: frzn, yellow ckd, 1/4 c	1/4 CUP	5000	9.07
Beans Baked, 1/2 c	1/2 CUP	2000	29.2
Pears: canned,light syrup	1/2 CUP	2000	13.57
Craisins, Strawberry	packet	2000	28.0
Milk, Chocolate Fat Free	HALF PINT	3000	20.0
Milk,1% Lowfat	HALF PINT	1000	12.0
JUICE FRUITABLE	1 EACH	3000	22.0
Ranch Dressing: yogurt	1 FL OZ	1000	3.31
Ketchup	1 OZ	10000	8.34
Barbecue Sauce BULL'S EYE	1 OZ	3500	10.24
Creamie Variety: ban, choc	1 EACH	9000	14.0
Weighted Daily Average			96.36
% of Calories			58.4%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Fri - 03/15/2019			
Elementary Lunch-1	Total	10630	
Menu #50	1	0	*N/A*
Mandarin Orange Chicken	3.92 serving	10630	21.11
Rice, Br & Wh 50/50 Ckd, 1/2 c	1/2 CUP	10000	24.51
Rolls 51%/ 2oz	1 EACH	10000	30.79
Salad, Side--Elem Green	1/2 CUP	3500	0.76
Tomato Grape	1/4 CUP	2000	0.99
Broccoli: fresh, steamed, 1/4c	1/4 CUP	2500	1.63
Pineapple Chunks:canned,lt syr	1/2 CUP	4000	13.22
Kiwifruit, Fresh	1 EACH	2000	11.14
Milk, Chocolate Fat Free	HALF PINT	3000	20.0
Milk,1% Lowfat	HALF PINT	1000	12.0
JUICE FRUITABLE	1 EACH	3000	22.0
Ranch Dressing: yogurt	1 FL OZ	4000	3.31
Cookie, Holiday Frosted	1 each	9000	27.0
Weighted Daily Average			118.12
% of Calories			67.3%
Nutrient Guideline			

Mon - 03/18/2019			
Elementary Lunch-1	Total	10630	
Menu #1	1	0	0.0
Grill Cheese Sandwich	1 EACH	10630	30.96
Tater Tots, 1/2 CUP	1/2 CUP	10000	17.04
Salad, Side-Elem	1/2 CUP	3000	0.8
Corn: frzn, yellow ckd, 1/4 c	1/4 CUP	2000	9.07
Mandarin Oranges	1/2 CUP	2500	21.26
Apples,Fresh 1/2 each	1/2 each	2000	9.53
Milk, Chocolate Fat Free	HALF PINT	3000	20.0
Milk,1% Lowfat	HALF PINT	1000	12.0
JUICE FRUITABLE	1 EACH	3000	22.0
Ranch Dressing: yogurt	1 FL OZ	1000	3.31
Ketchup	1 OZ	1000	8.34
Pudding Chocolate	1 EACH	4500	20.05
Pudding Vanilla	1 EACH	4500	18.04
Weighted Daily Average			85.91
% of Calories			58.3%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Tue - 03/19/2019			
Elementary Lunch-1	Total	10630	
Menu #2	1	0	0.0
Hawaiian Haystacks	1/2 CUP	10630	8.73
Rice, Br & Wh 50/50 Ckd, 1/2 c	1/2 CUP	10000	24.51
Rolls 51%/ 2oz	1 EACH	5000	30.79
Salad, Side-Elem	1/2 CUP	4000	0.8
Tomato Grape	1/4 CUP	2000	0.99
Peas: frozen,warmed,1/4 c	1/4 CUP	4000	6.79
Pineapple Chunks:canned,lt syr	1/2 CUP	4000	13.22
Banana, 1/2	1/2 each	4000	15.0
Milk, Chocolate Fat Free	HALF PINT	3000	20.0
Milk,1% Lowfat	HALF PINT	3000	12.0
JUICE FRUITABLE	1 EACH	1000	22.0
Ranch Dressing: yogurt	1 FL OZ	1000	3.31
Cheese Combo (Chdr & Mozz)	1 OZ	8500	0.25
Chow Mein Noodles	1/8 cup	6000	6.48
Chocolate Chip Cookie	1 EACH	8000	18.26
Weighted Daily Average			88.95
% of Calories			56.2%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Wed - 03/20/2019			
Elementary Lunch-1	Total	10630	
Menu #3	1	0	0.0
Chicken Sandwich 51%	1 EACH	10630	46.79
Potato Wedges, 1/2 c	1/2 CUP	6000	27.35
Salad, Side-Elem	1/2 CUP	5000	0.8
Cucumber, Raw	1/4 CUP	2000	1.18
Carrots Baby Fresh	1/4 CUP	2000	4.0
Beans Baked, 1/2 c	1/2 CUP	2000	29.2
Peaches: canned,ex light syrup	1/2 CUP	5000	13.31
Banana, 1/2	1/2 each	2000	15.0
Milk, Chocolate Fat Free	HALF PINT	3000	20.0
Milk,1% Lowfat	HALF PINT	3000	12.0
JUICE FRUITABLE	1 EACH	1000	22.0
Ranch Dressing: yogurt	1 FL OZ	1000	3.31
Ketchup	1 OZ	1000	8.34
Mustard: individual PC	1 EACH	1000	0.35
Mayonnaise, PC Packet	1 EACH	1000	0.97
Tomatoes,Fresh,Sliced	1 EACH	1000	0.37
Lettuce,Shred, 1/8 c	1/8 CUP	1000	0.32
Weighted Daily Average			90.55
% of Calories			55.1%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Thu - 03/21/2019			
Elementary Lunch-1	Total	10630	
Menu #4	1	1	0.0
Meaty Nachos- Beef	Serving	10630	40.47
Salad, Side-Elem	1/2 CUP	2500	0.8
Corn: frzn, yellow ckd, 1/4 c	1/4 CUP	2000	9.07
Beans, Black, 1/2 c	1/2 CUP	2000	17.01
Pears: canned,light syrup	1/2 CUP	2000	13.57
Craisins, Strawberry	packet	1500	28.0
Milk, Chocolate Fat Free	HALF PINT	3000	20.0
Milk,1% Lowfat	HALF PINT	1000	12.0
JUICE FRUITABLE	1 EACH	3000	22.0
Ranch Dressing: yogurt	1 FL OZ	1000	3.31
Sour Cream	1 OZ	2000	1.89
Salsa	1 OZ	2000	1.96
Rice Krispy Treat	1 each	5000	9.0
Weighted Daily Average			70.32
% of Calories			41.5%
Nutrient Guideline			

Fri - 03/22/2019			
Elementary Lunch-1	Total	10630	
Menu #5	1	1	0.0
Pizza, Cheese, Primo (10 cut)	slice	8000	28.0
Pizza, Pepp, Primo (10 cut)	slice	2630	28.0
Bread Sticks 51% 2 oz	1 EACH	7500	30.79
Salad, Side--Elem Green	1/2 CUP	3500	0.76
Corn: frzn, yellow ckd, 1/4 c	1/4 CUP	2000	9.07
Mandarin Oranges	1/2 CUP	4000	21.26
Kiwifruit, Fresh	1 EACH	2000	11.14
Milk, Chocolate Fat Free	HALF PINT	3000	20.0
Milk,1% Lowfat	HALF PINT	1000	12.0
JUICE FRUITABLE	1 EACH	3000	22.0
Ranch Dressing: yogurt	1 FL OZ	2500	3.31
Creamie Variety: ban, choc	1 EACH	9000	14.0
Weighted Daily Average			87.40
% of Calories			56.2%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Mon - 03/25/2019			
Elementary Lunch-1	Total	10630	
Menu #6	1	0	0.0
Corn Dog Chicken	1 EACH	10630	30.0
Tater Tots, 1/2 CUP	1/2 CUP	10000	17.04
Salad, Side-Elem	1/2 CUP	6000	0.8
Carrots Baby Fresh	1/4 CUP	4000	4.0
Applesauce Cup, Cinnamon	1/2 CUP	6000	14.0
Orange Fresh, 1/2	1/2 EACH	6000	5.64
Milk, Chocolate Fat Free	HALF PINT	3000	20.0
Milk, 1% Lowfat	HALF PINT	1000	12.0
JUICE FRUITABLE	1 EACH	3000	22.0
Ranch Dressing: yogurt	1 FL OZ	6000	3.31
Ketchup	1 OZ	10000	8.34
Mustard: individual PC	1 EACH	8000	0.35
Weighted Daily Average			82.03
% of Calories			60.0%
Nutrient Guideline			

Tue - 03/26/2019			
Elementary Lunch-1	Total	10630	
Menu #7	1	0	0.0
Taco Crisp Elementary	1 each	10630	10.09
Tater Tots, 1/2 CUP	1/2 CUP	10000	17.04
Salad, Side-Elem	1/2 CUP	3500	0.8
Tomato Grape	1/4 CUP	2000	0.99
Mandarin Oranges	1/2 CUP	4000	21.26
Apples, Fresh 1/2 each	1/2 each	3000	9.53
Milk, Chocolate Fat Free	HALF PINT	3000	20.0
Milk, 1% Lowfat	HALF PINT	1000	12.0
JUICE FRUITABLE	1 EACH	3000	22.0
Ranch Dressing: yogurt	1 FL OZ	2000	3.31
Ketchup	1 OZ	2000	8.34
Tomatoes, Fresh, diced, 1/8 c	1/8 CUP	2000	1.01
Cheese Combo (Chdr & Mozz)	1 OZ	2000	0.25
Lettuce, Shred, 1/8 c	1/8 CUP	2000	0.32
Sour Cream	1 OZ	2000	1.89
Salsa	1 OZ	2000	1.96
CINNAMON TWIST	1 EACH	8000	61.26
Weighted Daily Average			99.56
% of Calories			50.5%
Nutrient Guideline			

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Weber School District Child Nutrition

Mar 1, 2019 thru Mar 29, 2019

Base Menu Spreadsheet

Elementary Lunch-1

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Wed - 03/27/2019			
Elementary Lunch-1	Total	10630	
Menu #8	1	0	0.0
Cheese Burger Wheat 51%	1 EACH	10630	33.1
French Fries: ovn bkd, 1/2c	1/2 CUP	10000	17.0
Salad, Side-Elem	1/2 CUP	3500	0.8
Carrots Baby Fresh	1/4 CUP	2000	4.0
Celery Sticks	1/4 CUP	2000	1.18
Green Beans: canned,ckd 1/4 c	1/4 cup	3000	0.08
Peaches: canned,ex light syrup	1/2 CUP	4000	13.31
Banana, 1/2	1/2 each	2000	15.0
Milk, Chocolate Fat Free	HALF PINT	3000	20.0
Milk,1% Lowfat	HALF PINT	1000	12.0
JUICE FRUITABLE	1 EACH	3000	22.0
Ranch Dressing: yogurt	1 FL OZ	3500	3.31
Ketchup	1 OZ	1000	8.34
Mustard: individual PC	EACH	1000	0.35
Mayonnaise, PC Packet	1 EACH	1000	0.97
Tomatoes,Fresh,Sliced	1 EACH	1000	0.37
Lettuce,Shred, 1/8 c	1/8 CUP	1000	0.32
Weighted Daily Average			73.23
% of Calories			47.1%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Thu - 03/28/2019			
Elementary Lunch-1	Total	10630	
Menu #9	1	1	0.0
Popcorn Chicken-Tyson	10 Each	10630	13.99
French Fries: ovn bkd, 1/2c	1/2 CUP	8000	17.0
Rolls 51%/ 2oz	1 EACH	9000	30.79
Salad, Side--Elem Green	1/2 CUP	5000	0.76
Green Beans: canned,ckd 1/4 c	1/4 cup	5000	0.08
Pears: canned,light syrup	1/2 CUP	4000	13.57
Craisins, Strawberry	packet	2000	28.0
Milk, Chocolate Fat Free	HALF PINT	3000	20.0
Milk,1% Lowfat	HALF PINT	1000	12.0
JUICE FRUITABLE	1 EACH	3000	22.0
Ranch Dressing: yogurt	1 FL OZ	1000	3.31
Ketchup	1 OZ	5000	8.34
Barbecue Sauce BULL'S EYE	1 OZ	5000	10.24
Snickerdoodles	1 EACH	8000	19.73
Weighted Daily Average			100.51
% of Calories			53.6%
Nutrient Guideline			

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Weber School District Child Nutrition

Mar 1, 2019 thru Mar 29, 2019

Base Menu Spreadsheet

Elementary Lunch-1

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Fri - 03/29/2019			
Elementary Lunch-1	Total	10630	
Menu #10	1	1	0.0
Mandarin Orange Chicken	3.92 serving	10630	21.11
Rice, Br & Wh 50/50 Ckd, 1/2 c	1/2 CUP	10000	24.51
Rolls 51%/ 2oz	1 EACH	8000	30.79
Salad, Side--Elem Green	1/2 CUP	7000	0.76
Peas: frozen,warmed,1/4 c	1/4 CUP	5000	6.79
Pineapple Chunks:canned,lt syr	1/2 CUP	5000	13.22
Kiwifruit, Fresh	1 EACH	2000	11.14
Milk, Chocolate Fat Free	HALF PINT	3000	20.0
Milk,1% Lowfat	HALF PINT	1000	12.0
JUICE FRUITABLE	1 EACH	3000	22.0
Ranch Dressing: yogurt	1 FL OZ	7000	3.31
Jello	1/2 cup	10000	17.39
Weighted Daily Average			110.88
% of Calories			71.2%
Nutrient Guideline			

Weighted Average			91.66
			57.1%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	91.66	57.10%						

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