

Weber School District Child Nutrition

Jan 1, 2019 thru Jan 31, 2019

Base Menu Spreadsheet

Elementary Lunch-1

Portion Values - Detailed

Page 1

Generated on: 12/21/2018 8:41:45 AM

	Portion Size	Reimb Qty	Carb (g)
Thu - 01/03/2019			
Elementary Lunch-1	Total	10630	
Menu #49	1	0	*N/A*
Chicken Strips: Brakebush	4 each	10630	15.0
Rolls 51%/ 2oz	1 EACH	10000	30.79
Salad, Side-Elem	1/2 CUP	3500	0.8
Tomato Grape	1/4 CUP	2000	0.99
Corn: frzn, yellow ckd, 1/4 c	1/4 CUP	5000	9.07
Beans Baked, 1/2 c	1/2 CUP	2000	29.2
Pears: canned,light syrup	1/2 CUP	2000	13.57
Craisins, Strawberry	packet	2000	28.0
Milk, Chocolate Fat Free	HALF PINT	3000	20.0
Milk,1% Lowfat	HALF PINT	1000	12.0
JUICE FRUITABLE	1 EACH	3000	22.0
Ranch Dressing: yogurt	1 FL OZ	1000	3.31
Ketchup	1 OZ	10000	8.34
Barbecue Sauce BULL'S EYE	1 OZ	3500	10.24
Creamie Variety: ban, choc	1 EACH	9000	14.0
Weighted Daily Average			98.36
% of Calories			57.6%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Fri - 01/04/2019			
Elementary Lunch-1	Total	10630	
Menu #50	1	0	*N/A*
Mandarin Orange Chicken	3.92 serving	10630	21.11
Rice, Br & Wh 50/50 Ckd, 1/2 c	1/2 CUP	10000	24.51
Rolls 51%/ 2oz	1 EACH	10000	30.79
Salad, Side--Elem Green	1/2 CUP	3500	0.76
Tomato Grape	1/4 CUP	2000	0.99
Broccoli: fresh, boiled, 1/4c	1/4 CUP	2500	1.63
Pineapple Chunks:canned,lt syr	1/2 CUP	4000	13.22
Kiwifruit, Fresh	1 EACH	2000	11.14
Milk, Chocolate Fat Free	HALF PINT	3000	20.0
Milk,1% Lowfat	HALF PINT	1000	12.0
JUICE FRUITABLE	1 EACH	3000	22.0
Ranch Dressing: yogurt	1 FL OZ	4000	3.31
Pumpkin Chocolate Chip Cookies	1 Each	9000	16.59
Weighted Daily Average			109.31
% of Calories			67.5%
Nutrient Guideline			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Weber School District Child Nutrition

Jan 1, 2019 thru Jan 31, 2019

Base Menu Spreadsheet

Elementary Lunch-1

Portion Values - Detailed

Page 2

Generated on: 12/21/2018 8:41:45 AM

	Portion Size	Reimb Qty	Carb (g)
Mon - 01/07/2019			
Elementary Lunch-1	Total	10630	
Menu #1	1	0	0.0
Grill Cheese Sandwich Wheat	1 EACH	10630	28.69
Tater Tots, 1/2 CUP	1/2 CUP	10000	17.04
Salad, Side-Elem	1/2 CUP	3000	0.8
Corn: frzn, yellow ckd, 1/4 c	1/4 CUP	2000	9.07
Mandarin Oranges	1/2 CUP	2500	21.26
Apples,Fresh 1/2 each	1/2 each	2000	9.53
Milk, Chocolate Fat Free	HALF PINT	3000	20.0
Milk,1% Lowfat	HALF PINT	1000	12.0
JUICE FRUITABLE	1 EACH	3000	22.0
Ranch Dressing: yogurt	1 FL OZ	1000	3.31
Ketchup	1 OZ	1000	8.34
Pudding Chocolate	1 EACH	4500	20.05
Pudding Vanilla	1 EACH	4500	18.04
Weighted Daily Average			83.64
% of Calories			60.7%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Tue - 01/08/2019			
Elementary Lunch-1	Total	10630	
Menu #2	1	0	0.0
Hawaiian Haystacks	1/2 CUP	10630	8.73
Rice, Br & Wh 50/50 Ckd, 1/2 c	1/2 CUP	10000	24.51
Rolls 51%/ 2oz	1 EACH	5000	30.79
Salad, Side-Elem	1/2 CUP	4000	0.8
Tomato Grape	1/4 CUP	2000	0.99
Peas: frozen,warmed,1/4 c	1/4 CUP	4000	6.79
Pineapple Chunks:canned,lt syr	1/2 CUP	4000	13.22
Banana, 1/2	1/2 each	4000	15.0
Milk, Chocolate Fat Free	HALF PINT	3000	20.0
Milk,1% Lowfat	HALF PINT	3000	12.0
JUICE FRUITABLE	1 EACH	1000	22.0
Ranch Dressing: yogurt	1 FL OZ	1000	3.31
Cheese Combo (Chdr & Mozz)	1 OZ	8500	0.25
Chow Mein Noodles	1/8 cup	6000	6.48
Chocolate Chip Cookie	1 EACH	8000	18.26
Weighted Daily Average			88.95
% of Calories			56.2%
Nutrient Guideline			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Weber School District Child Nutrition

Base Menu Spreadsheet

Portion Values - Detailed

Page 3

Jan 1, 2019 thru Jan 31, 2019

Elementary Lunch-1

Generated on: 12/21/2018 8:41:45 AM

	Portion Size	Reimb Qty	Carb (g)
Wed - 01/09/2019			
Elementary Lunch-1	Total	10630	
Menu #3	1	0	0.0
Chicken Sandwich 51%	1 EACH	10630	46.79
Potato Wedges, 1/2 c	1/2 CUP	6000	27.35
Salad, Side-Elem	1/2 CUP	5000	0.8
Cucumber, Raw	1/4 CUP	2000	1.18
Carrots Baby Fresh	1/4 CUP	2000	4.0
Beans Baked, 1/2 c	1/2 CUP	2000	29.2
Peaches: canned,ex light syrup	1/2 CUP	5000	13.31
Banana, 1/2	1/2 each	2000	15.0
Milk, Chocolate Fat Free	HALF PINT	3000	20.0
Milk, 1% Lowfat	HALF PINT	3000	12.0
JUICE FRUITABLE	1 EACH	1000	22.0
Ranch Dressing: yogurt	1 FL OZ	1000	3.31
Ketchup	1 OZ	1000	8.34
Mustard: individual PC	1 EACH	1000	0.35
Mayonnaise, PC Packet	1 EACH	1000	0.97
Tomatoes,Fresh,Sliced	1 EACH	1000	0.37
Lettuce,Shred, 1/8 c	1/8 CUP	1000	0.32
Weighted Daily Average			90.55
% of Calories			55.1%
Nutrient Guideline			

Thu - 01/10/2019			
Elementary Lunch-1	Total	10630	
Menu #7	1	0	0.0
Taco Crisp Elementary	1 each	10630	10.09
Tater Tots, 1/2 CUP	1/2 CUP	10000	17.04
Salad, Side-Elem	1/2 CUP	3500	0.8
Tomato Grape	1/4 CUP	2000	0.99
Mandarin Oranges	1/2 CUP	4000	21.26
Apples,Fresh 1/2 each	1/2 each	3000	9.53
Milk, Chocolate Fat Free	HALF PINT	3000	20.0
Milk, 1% Lowfat	HALF PINT	1000	12.0
JUICE FRUITABLE	1 EACH	3000	22.0
Ranch Dressing: yogurt	1 FL OZ	2000	3.31
Ketchup	1 OZ	2000	8.34
Cheese Combo (Chdr & Mozz)	1 OZ	2000	0.25
Tomatoes,Fresh,diced, 1/8 c	1/8 CUP	2000	1.01
Lettuce,Shred, 1/8 c	1/8 CUP	2000	0.32
Sour Cream	1 OZ	2000	1.89
Salsa	1 OZ	2000	1.96
CINNAMON ROLLS	1 EACH	8000	50.41
Weighted Daily Average			91.39
% of Calories			48.7%
Nutrient Guideline			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Weber School District Child Nutrition

Jan 1, 2019 thru Jan 31, 2019

Base Menu Spreadsheet

Elementary Lunch-1

Portion Values - Detailed

Page 4

Generated on: 12/21/2018 8:41:45 AM

	Portion Size	Reimb Qty	Carb (g)
Mon - 01/14/2019			
Elementary Lunch-1	Total	10630	
Menu #6	1	0	0.0
Corn Dog Chicken	1 EACH	10630	30.0
Tater Tots, 1/2 CUP	1/2 CUP	10000	17.04
Salad, Side-Elem	1/2 CUP	6000	0.8
Carrots Baby Fresh	1/4 CUP	4000	4.0
Applesauce Cup, Cinnamon	1/2 CUP	6000	14.0
Orange Fresh, 1/2	1/2 EACH	6000	5.64
Milk, Chocolate Fat Free	HALF PINT	3000	20.0
Milk, 1% Lowfat	HALF PINT	1000	12.0
JUICE FRUITABLE	1 EACH	3000	22.0
Ranch Dressing: yogurt	1 FL OZ	6000	3.31
Ketchup	1 OZ	10000	8.34
Mustard: individual PC	1 EACH	8000	0.35
Weighted Daily Average			82.03
% of Calories			60.0%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Tue - 01/15/2019			
Elementary Lunch-1	Total	10630	
Menu #4	1	1	0.0
Meaty Nachos- Beef	Serving	10630	40.47
Salad, Side-Elem	1/2 CUP	2500	0.8
Corn: frzn, yellow ckd, 1/4 c	1/4 CUP	2000	9.07
Beans, Black, 1/2 c	1/2 CUP	2000	17.01
Pears: canned, light syrup	1/2 CUP	2000	13.57
Craisins, Strawberry	packet	1500	28.0
Milk, Chocolate Fat Free	HALF PINT	3000	20.0
Milk, 1% Lowfat	HALF PINT	1000	12.0
JUICE FRUITABLE	1 EACH	3000	22.0
Ranch Dressing: yogurt	1 FL OZ	1000	3.31
Sour Cream	1 OZ	2000	1.89
Salsa	1 OZ	2000	1.96
Rice Krispy Treat	1 each	5000	9.0
Weighted Daily Average			70.32
% of Calories			41.5%
Nutrient Guideline			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Weber School District Child Nutrition

Jan 1, 2019 thru Jan 31, 2019

Base Menu Spreadsheet

Elementary Lunch-1

Portion Values - Detailed

Page 5

Generated on: 12/21/2018 8:41:45 AM

	Portion Size	Reimb Qty	Carb (g)
Wed - 01/16/2019			
Elementary Lunch-1	Total	10630	
Menu #8	1	0	0.0
Cheese Burger Wheat 51%	1 EACH	10630	33.1
French Fries: ovn bkd, 1/2c	1/2 CUP	10000	17.0
Salad, Side-Elem	1/2 CUP	3500	0.8
Carrots Baby Fresh	1/4 CUP	2000	4.0
Celery Sticks	1/4 CUP	2000	1.18
Green Beans: canned,ckd 1/4 c	1/4 cup	3000	0.08
Peaches: canned,ex light syrup	1/2 CUP	4000	13.31
Banana, 1/2	1/2 each	2000	15.0
Milk, Chocolate Fat Free	HALF PINT	3000	20.0
Milk,1% Lowfat	HALF PINT	1000	12.0
JUICE FRUITABLE	1 EACH	3000	22.0
Ranch Dressing: yogurt	1 FL OZ	3500	3.31
Ketchup	1 OZ	1000	8.34
Mustard: individual PC	EACH	1000	0.35
Mayonnaise, PC Packet	1 EACH	1000	0.97
Tomatoes,Fresh,Sliced	1 EACH	1000	0.37
Lettuce,Shred, 1/8 c	1/8 CUP	1000	0.32
Weighted Daily Average			73.23
% of Calories			47.1%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Thu - 01/17/2019			
Elementary Lunch-1	Total	10630	
Menu #9	1	1	0.0
Popcorn Chicken-Tyson	10 Each	10630	9.33
French Fries: ovn bkd, 1/2c	1/2 CUP	8000	17.0
Rolls 51%/ 2oz	1 EACH	9000	30.79
Salad, Side--Elem Green	1/2 CUP	5000	0.76
Green Beans: canned,ckd 1/4 c	1/4 cup	5000	0.08
Pears: canned,light syrup	1/2 CUP	4000	13.57
Craisins, Strawberry	packet	2000	28.0
Milk, Chocolate Fat Free	HALF PINT	3000	20.0
Milk,1% Lowfat	HALF PINT	1000	12.0
JUICE FRUITABLE	1 EACH	3000	22.0
Ranch Dressing: yogurt	1 FL OZ	1000	3.31
Ketchup	1 OZ	5000	8.34
Barbecue Sauce BULL'S EYE	1 OZ	5000	10.24
Snickerdoodles	1 EACH	8000	19.73
Weighted Daily Average			95.85
% of Calories			57.8%
Nutrient Guideline			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Weber School District Child Nutrition

Base Menu Spreadsheet

Portion Values - Detailed

Page 6

Jan 1, 2019 thru Jan 31, 2019

Elementary Lunch-1

Generated on: 12/21/2018 8:41:45 AM

	Portion Size	Reimb Qty	Carb (g)
Fri - 01/18/2019			
Elementary Lunch-1	Total	10630	
Menu #10	1	1	0.0
Mandarin Orange Chicken	3.92 serving	10630	21.11
Rice, Br & Wh 50/50 Ckd, 1/2 c	1/2 CUP	10000	24.51
Rolls 51%/ 2oz	1 EACH	8000	30.79
Salad, Side--Elem Green	1/2 CUP	7000	0.76
Peas: frozen,warmed,1/4 c	1/4 CUP	5000	6.79
Pineapple Chunks:canned,lt syr	1/2 CUP	5000	13.22
Kiwifruit, Fresh	1 EACH	2000	11.14
Milk, Chocolate Fat Free	HALF PINT	3000	20.0
Milk,1% Lowfat	HALF PINT	1000	12.0
JUICE FRUITABLE	1 EACH	3000	22.0
Ranch Dressing: yogurt	1 FL OZ	7000	3.31
Jello	1/2 cup	10000	17.39
Weighted Daily Average			110.88
% of Calories			71.2%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Tue - 01/22/2019			
Elementary Lunch-1	Total	10630	
Menu #12	1	1	0.0
Navajo Taco	1 EACH	10630	57.58
Salad, Side-Elem	1/2 CUP	3500	0.8
Corn: frzn, yellow ckd, 1/4 c	1/4 CUP	5000	9.07
Pineapple Chunks:canned,lt syr	1/2 CUP	4000	13.22
Apples,Fresh 1/2 each	1/2 each	2000	9.53
Milk, Chocolate Fat Free	HALF PINT	3000	20.0
Milk,1% Lowfat	HALF PINT	1000	12.0
JUICE FRUITABLE	1 EACH	3000	22.0
Ranch Dressing: yogurt	1 FL OZ	1000	3.31
Cheese Combo (Chdr & Mozz)	1 OZ	10000	0.25
Sour Cream	1 OZ	2500	1.89
Salsa	1 OZ	2500	1.96
Tomatoes,Fresh,diced, 1/8 c	1/8 CUP	2000	1.01
Lettuce,Shred, 1/8 c	1/8 CUP	2000	0.32
Sugar Cookies	1 EACH	6500	15.76
Weighted Daily Average			93.20
% of Calories			54.7%
Nutrient Guideline			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Weber School District Child Nutrition

Base Menu Spreadsheet

Portion Values - Detailed

Page 7

Jan 1, 2019 thru Jan 31, 2019

Elementary Lunch-1

Generated on: 12/21/2018 8:41:45 AM

	Portion Size	Reimb Qty	Carb (g)
Wed - 01/23/2019			
Elementary Lunch-1	Total	10630	
Menu #13	1	1	0.0
Chicken Sandwich 51%	1 EACH	10630	46.79
French Fries: ovn bkd, 1/2c	1/2 CUP	10000	17.0
Salad, Side--Elem Green	1/2 CUP	3500	0.76
Tomato Grape	1/4 CUP	2000	0.99
Broccoli: fresh, boiled, 1/4c	1/4 CUP	2000	1.63
Beans Baked, 1/2 c	1/2 CUP	2000	29.2
Peaches: canned,ex light syrup	1/2 CUP	4000	13.31
Banana, 1/2	1/2 each	2000	15.0
Milk, Chocolate Fat Free	HALF PINT	3000	20.0
Milk,1% Lowfat	HALF PINT	1000	12.0
JUICE FRUITABLE	1 EACH	3000	22.0
Ranch Dressing: yogurt	1 FL OZ	3000	3.31
Ketchup	1 OZ	1000	8.34
Mustard: individual PC	1 EACH	1000	0.35
Mayonnaise, PC Packet	1 EACH	1000	0.97
Tomatoes,Fresh,Sliced	1 EACH	1000	0.37
Lettuce,Shred, 1/8 c	1/8 CUP	1000	0.32
Weighted Daily Average			91.75
% of Calories			53.1%
Nutrient Guideline			

Thu - 01/24/2019			
Elementary Lunch-1	Total	10630	
Menu #14	1	1	0.0
Chicken Alfredo Sauce-3/4 C	3/4 Cup	10630	15.01
Penne Pasta 1/2 Cup	1/2 CUP	10000	20.25
Rolls 51%/ 2oz	1 EACH	8000	30.79
Salad, Side--Elem Green	1/2 CUP	3500	0.76
Carrots Baby Fresh	1/4 CUP	2000	4.0
Cucumber, Raw	1/4 CUP	2000	1.18
Pears: canned,light syrup	1/2 CUP	3500	13.57
Craisins, Strawberry	packet	2000	28.0
Milk, Chocolate Fat Free	HALF PINT	3000	20.0
Milk,1% Lowfat	HALF PINT	1000	12.0
JUICE FRUITABLE	1 EACH	3000	22.0
Ranch Dressing: yogurt	1 FL OZ	1000	3.31
Weighted Daily Average			81.49
% of Calories			52.0%
Nutrient Guideline			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Weber School District Child Nutrition

Jan 1, 2019 thru Jan 31, 2019

Base Menu Spreadsheet

Elementary Lunch-1

Portion Values - Detailed

Page 8

Generated on: 12/21/2018 8:41:45 AM

	Portion Size	Reimb Qty	Carb (g)
Fri - 01/25/2019			
Elementary Lunch-1	Total	10630	
Menu #15	1	1	0.0
Pizza, Pepp, Primo (10 cut)	slice	2630	28.0
Pizza, Cheese, Primo (10 cut)	slice	8000	28.0
Bread Sticks 51% 2 oz	1 EACH	8000	30.79
Salad, Side--Elem Green	1/2 CUP	3500	0.76
Tomato Grape	1/4 CUP	2000	0.99
Green Beans: canned,ckd 1/4 c	1/4 cup	2000	0.08
Mandarin Oranges	1/2 CUP	4000	21.26
Kiwifruit, Fresh	1 EACH	2000	11.14
Milk, Chocolate Fat Free	HALF PINT	3000	20.0
Milk, 1% Lowfat	HALF PINT	1000	12.0
JUICE FRUITABLE	1 EACH	3000	22.0
Ranch Dressing: yogurt	1 FL OZ	5000	3.31
Chocolate Chip Cookie	EACH	8000	18.26
Weighted Daily Average			90.01
% of Calories			55.1%
Nutrient Guideline			

Mon - 01/28/2019			
Elementary Lunch-1	Total	10630	
Menu #16	1	1	0.0
Ham & Cheese Sub Wheat 51%	1 EACH	10630	31.64
Sun Chips Original	Package	10000	18.0
Salad, Side--Elem Green	1/2 CUP	3500	0.76
Tomato Grape	1/4 CUP	2000	0.99
Applesauce cup, plain	1/2	4000	*N/A*
Orange Fresh, 1/2	1/2 EACH	2000	5.64
Milk, Chocolate Fat Free	HALF PINT	3000	20.0
Milk, 1% Lowfat	HALF PINT	1000	12.0
JUICE FRUITABLE	1 EACH	3000	22.0
Ranch Dressing: yogurt	1 FL OZ	1000	3.31
Mayonnaise, PC Packet	1 EACH	1000	0.97
Mustard: individual PC	1 EACH	1000	0.35
Tomatoes, Fresh, Sliced	1 EACH	1000	0.37
Lettuce, Shred, 1/8 c	1/8 CUP	1000	0.32
SideKicks BlueRasp-Lemon Fruit	Container	5000	19.64
SideKicks Fruit Cup Kiwi-Straw	Container	5000	19.64
Weighted Daily Average			82.04
% of Calories			54.8%
Nutrient Guideline			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Weber School District Child Nutrition

Jan 1, 2019 thru Jan 31, 2019

Base Menu Spreadsheet

Elementary Lunch-1

Portion Values - Detailed

Page 9

Generated on: 12/21/2018 8:41:45 AM

	Portion Size	Reimb Qty	Carb (g)
Tue - 01/29/2019			
Elementary Lunch-1	Total	10630	
Menu #17	1	0	0.0
Taco Crisp Elementary	1 each	10630	10.09
Rolls 51%/ 2oz	1 EACH	10000	30.79
Salad, Side--Elem Green	1/2 CUP	3500	0.76
Refried Beans Seasoned	1/2 CUP	2000	18.02
Corn: frzn, yellow ckd, 1/4 c	1/4 CUP	2000	9.07
Mandarin Oranges	1/2 CUP	4000	21.26
Apples,Fresh 1/2 each	1/2 each	2000	9.53
Milk, Chocolate Fat Free	HALF PINT	3000	20.0
Milk,1% Lowfat	HALF PINT	1000	12.0
JUICE FRUITABLE	1 EACH	3000	22.0
Ranch Dressing: yogurt	1 FL OZ	1000	3.31
Cheese Combo (Chdr & Mozz)	1 OZ	1000	0.25
Sour Cream	1 OZ	1500	1.89
Salsa	1 OZ	1500	1.96
Tomatoes,Fresh,diced, 1/8 c	1/8 CUP	1000	1.01
Lettuce,Shred, 1/8 c	1/8 CUP	1000	0.32
Pudding Chocolate	1 EACH	4500	20.05
Pudding Vanilla	1 EACH	4500	18.04
Weighted Daily Average			84.31
% of Calories			53.6%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Wed - 01/30/2019			
Elementary Lunch-1	Total	10630	
Menu #18	1	1	0.0
Cheese Burger Wheat 51%	1 EACH	10630	33.1
Tater Tots, 1/2 CUP	1/2 CUP	10000	17.04
Salad, Side--Elem Green	1/2 CUP	3500	0.76
Carrots Baby Fresh	1/4 CUP	2000	4.0
Celery Sticks	1/4 CUP	2000	1.18
Peaches: canned,ex light syrup	1/2 CUP	4000	13.31
Banana, 1/2	1/2 each	2000	15.0
Milk, Chocolate Fat Free	HALF PINT	3000	20.0
Milk,1% Lowfat	HALF PINT	1000	12.0
JUICE FRUITABLE	1 EACH	3000	22.0
Ranch Dressing: yogurt	1 FL OZ	1000	3.31
Ketchup	1 OZ	1000	8.34
Mustard: individual PC	1 EACH	1000	0.35
Mayonnaise, PC Packet	1 EACH	1000	0.97
Tomatoes,Fresh,Sliced	1 EACH	1000	0.37
Lettuce,Shred, 1/8 c	1/8 CUP	1000	0.32
Weighted Daily Average			72.45
% of Calories			45.4%
Nutrient Guideline			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Weber School District Child Nutrition

Jan 1, 2019 thru Jan 31, 2019

Base Menu Spreadsheet

Elementary Lunch-1

Portion Values - Detailed

Page 10

Generated on: 12/21/2018 8:41:45 AM

	Portion Size	Reimb Qty	Carb (g)
Thu - 01/31/2019			
Elementary Lunch-1	Total	10630	
Menu #19	1	0	0.0
French Toast Sticks BC/WG	serving	10630	42.8
Hash Brown Potatoes	1/2 CUP	5000	20.41
SCRAMBLED EGGS	1/4 cup	5000	0.63
Sausage Link, 2	2 EACH	4000	1.14
Pears: canned,light syrup	1/2 CUP	5000	13.57
Craisins, Strawberry	packet	4000	28.0
Milk, Chocolate Fat Free	HALF PINT	3000	20.0
Milk, 1% Lowfat	HALF PINT	1000	12.0
JUICE FRUITABLE	1 EACH	3000	22.0
SYRUP, MAPLE CHEF'S MARK	1 EACH	10000	30.66
Ketchup	1 OZ	2000	8.34
Weighted Daily Average			113.43
% of Calories			71.9%
Nutrient Guideline			

Weighted Average			89.64
			55.8%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	89.64	55.81%						

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.