

# Weber School District Child Nutrition

Aug 21, 2018 thru Aug 31, 2018

Base Menu Spreadsheet

Elementary Lunch-1

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Tue - 08/21/2018			
Elementary Lunch-1	Total	10630	
Menu #2	1	0	0.0
Hawaiian Haystacks	1/2 CUP	10630	8.73
Rice, Br & Wh 50/50 Ckd, 1/2 c	1/2 CUP	10000	24.51
Rolls 51%/ 2oz	1 EACH	5000	30.79
Salad, Side-Elem	1/2 CUP	4000	0.8
Tomato Grape	1/4 CUP	2000	0.99
Peas: frozen,warmed,1/4 c	1/4 CUP	4000	6.79
Pineapple Chunks:canned,lt syr	1/2 CUP	4000	13.22
Banana, 1/2	1/2 each	4000	15.0
Milk, Chocolate Fat Free	HALF PINT	3000	20.0
Milk,1% Lowfat	HALF PINT	3000	12.0
JUICE FRUITABLE	1 EACH	1000	22.0
Ranch Dressing: yogurt	1 FL OZ	1000	3.31
Cheese Combo (Chdr & Mozz)	1 OZ	8500	0.25
Chow Mein Noodles	1/8 cup	6000	6.48
Chocolate Chip Cookie	1 EACH	8000	18.26
Weighted Daily Average			88.95
% of Calories			56.2%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Wed - 08/22/2018			
Elementary Lunch-1	Total	10630	
Menu #3	1	0	0.0
Chicken Sandwich 51%	1 EACH	10630	46.79
Potato Wedges, 1/2 c	1/2 CUP	6000	27.35
Salad, Side-Elem	1/2 CUP	5000	0.8
Cucumber, Raw	1/4 CUP	2000	1.18
Carrots Baby Fresh	1/4 CUP	2000	4.0
Beans Baked, 1/2 c	1/2 CUP	2000	29.2
Peaches: canned,ex light syrup	1/2 CUP	5000	13.31
Banana, 1/2	1/2 each	2000	15.0
Milk, Chocolate Fat Free	HALF PINT	3000	20.0
Milk,1% Lowfat	HALF PINT	3000	12.0
JUICE FRUITABLE	1 EACH	1000	22.0
Ranch Dressing: yogurt	1 FL OZ	1000	3.31
Ketchup	1 OZ	1000	8.34
Mayonnaise, PC Packet	1 EACH	1000	0.97
Tomatoes,Fresh,Sliced	1 EACH	1000	0.37
Lettuce,Shred, 1/8 c	1/8 CUP	1000	0.32
Weighted Daily Average			90.52
% of Calories			55.1%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Thu - 08/23/2018			
Elementary Lunch-1	Total	10630	
Menu #4	1	1	0.0
Popcorn Chicken	10 Each	10630	13.01
Rolls 51%/ 2oz	1 EACH	9000	30.79
Salad, Side--Elem Green	1/2 CUP	5000	0.76
Tomato Grape	1/4 CUP	2000	0.99
Green Beans: canned,ckd 1/4 c	1/4 cup	5000	0.08
Pears: canned,light syrup	1/2 CUP	4000	13.57
Craisins, Strawberry	packet	2000	28.0
Milk, Chocolate Fat Free	HALF PINT	3000	20.0
Milk,1% Lowfat	HALF PINT	3000	12.0
JUICE FRUITABLE	1 EACH	1000	22.0
Ranch Dressing: yogurt	1 FL OZ	1000	3.31
Ketchup	1 OZ	5000	8.34
Barbecue Sauce BULL'S EYE	1 OZ	5000	10.24
Snickerdoodles	1 EACH	8000	19.73
Weighted Daily Average			85.03
% of Calories			59.6%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Fri - 08/24/2018			
Elementary Lunch-1	Total	10630	
Menu #5	1	1	0.0
Pizza, Cheese, Primo (10 cut)	slice	8000	28.0
Pizza, Pepp, Primo (10 cut)	slice	2630	28.0
Bread Sticks 51% 2 oz	1 EACH	7500	30.79
Salad, Side--Elem Green	1/2 CUP	3500	0.76
Corn: frzn, yellow ckd, 1/4 c	1/4 CUP	2000	9.07
Mandarin Oranges	1/2 CUP	4000	21.26
Kiwifruit, Fresh	1 EACH	2000	11.14
Milk, Chocolate Fat Free	HALF PINT	4000	20.0
Milk,1% Lowfat	HALF PINT	4000	12.0
JUICE FRUITABLE	1 EACH	1000	22.0
Ranch Dressing: yogurt	1 FL OZ	2500	3.31
Creamie Variety: ban, choc	1 EACH	9000	14.0
Weighted Daily Average			88.52
% of Calories			55.0%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Mon - 08/27/2018			
Elementary Lunch-1	Total	10630	
Menu #6	1	0	0.0
Corn Dog Chicken	1 EACH	10630	30.0
Tater Tots, 1/2 CUP	1/2 CUP	10000	17.04
Salad, Side-Elem	1/2 CUP	6000	0.8
Carrots Baby Fresh	1/4 CUP	4000	4.0
Applesauce Cup, Cinnamon	1/2 CUP	6000	14.0
Orange Fresh, 1/2	1/2 EACH	6000	5.64
Milk, Chocolate Fat Free	HALF PINT	3000	20.0
Milk, 1% Lowfat	HALF PINT	1000	12.0
JUICE FRUITABLE	1 EACH	3000	22.0
Ranch Dressing: yogurt	1 FL OZ	6000	3.31
Ketchup	1 OZ	10000	8.34
Mustard: individual PC	1 EACH	8000	0.35
Weighted Daily Average			82.03
% of Calories			60.0%
Nutrient Guideline			

Tue - 08/28/2018			
Elementary Lunch-1	Total	10630	
Menu #7	1	0	0.0
Taco Crisp Elementary	1 each	10630	10.09
Tater Tots, 1/2 CUP	1/2 CUP	10000	17.04
Salad, Side-Elem	1/2 CUP	3500	0.8
Tomato Grape	1/4 CUP	2000	0.99
Mandarin Oranges	1/2 CUP	4000	21.26
Apples, Fresh 1/2 each	1/2 each	3000	9.53
Milk, Chocolate Fat Free	HALF PINT	3000	20.0
Milk, 1% Lowfat	HALF PINT	1000	12.0
JUICE FRUITABLE	1 EACH	3000	22.0
Ranch Dressing: yogurt	1 FL OZ	2000	3.31
Ketchup	1 OZ	2000	8.34
Tomatoes, Fresh, diced, 1/8 c	1/8 CUP	2000	1.01
Cheese Combo (Chdr & Mozz)	1 OZ	2000	0.25
Lettuce, Shred, 1/8 c	1/8 CUP	2000	0.32
Sour Cream	1 OZ	2000	1.89
Salsa	1 OZ	2000	1.96
CINNAMON ROLLS	1 EACH	8000	50.41
Weighted Daily Average			91.39
% of Calories			48.7%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Wed - 08/29/2018			
Elementary Lunch-1	Total	10630	
Menu #8	1	0	0.0
Cheese Burger Wheat 51%	1 EACH	10630	33.1
French Fries: ovn bkd, 1/2c	1/2 CUP	10000	17.0
Salad, Side-Elem	1/2 CUP	3500	0.8
Carrots Baby Fresh	1/4 CUP	2000	4.0
Celery Sticks	1/4 CUP	2000	1.18
Green Beans: canned,ckd 1/4 c	1/4 cup	3000	0.08
Peaches: canned,ex light syrup	1/2 CUP	4000	13.31
Banana, 1/2	1/2 each	2000	15.0
Milk, Chocolate Fat Free	HALF PINT	3000	20.0
Milk,1% Lowfat	HALF PINT	1000	12.0
JUICE FRUITABLE	1 EACH	3000	22.0
Ranch Dressing: yogurt	1 FL OZ	3500	3.31
Ketchup	1 OZ	1000	8.34
Mustard: individual PC	EACH	1000	0.35
Mayonnaise, PC Packet	1 EACH	1000	0.97
Tomatoes,Fresh,Sliced	1 EACH	1000	0.37
Lettuce,Shred, 1/8 c	1/8 CUP	1000	0.32
Weighted Daily Average			73.23
% of Calories			47.1%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Thu - 08/30/2018			
Elementary Lunch-1	Total	10630	
Menu #9	1	1	0.0
Meaty Nachos- Beef	Serving	10630	40.47
Salad, Side-Elem	1/2 CUP	2500	0.8
Corn: frzn, yellow ckd, 1/4 c	1/4 CUP	2000	9.07
Beans, Black, 1/2 c	1/2 CUP	2000	17.01
Pears: canned,light syrup	1/2 CUP	2000	13.57
Craisins, Strawberry	packet	1500	28.0
Milk, Chocolate Fat Free	HALF PINT	3000	20.0
Milk,1% Lowfat	HALF PINT	1000	12.0
JUICE FRUITABLE	1 EACH	3000	22.0
Ranch Dressing: yogurt	1 FL OZ	1000	3.31
Tomatoes,Fresh,Sliced	1 EACH	1000	0.37
Lettuce,Shred, 1/8 c	1/8 CUP	1000	0.32
Sour Cream	1 OZ	2000	1.89
Salsa	1 OZ	2000	1.96
Rice Krispy Treat	1 each	5000	9.0
Weighted Daily Average			70.38
% of Calories			41.5%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Fri - 08/31/2018			
Elementary Lunch-1	Total	10630	
Menu #10	1	1	0.0
Mandarin Orange Chicken	serving	10630	21.11
Rice, Br & Wh 50/50 Ckd, 1/2 c	1/2 CUP	10000	24.51
Rolls 51%/ 2oz	1 EACH	8000	30.79
Salad, Side--Elem Green	1/2 CUP	7000	0.76
Peas: frozen,warmed,1/4 c	1/4 CUP	5000	6.79
Pineapple Chunks:canned,lt syr	1/2 CUP	5000	13.22
Kiwifruit, Fresh	1 EACH	2000	11.14
Milk, Chocolate Fat Free	HALF PINT	3000	20.0
Milk,1% Lowfat	HALF PINT	1000	12.0
JUICE FRUITABLE	1 EACH	3000	22.0
Ranch Dressing: yogurt	1 FL OZ	7000	3.31
Jello	1/2 cup	10000	17.39
Weighted Daily Average			110.88
% of Calories			71.2%
Nutrient Guideline			

Weighted Average			86.77
			54.6%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	86.77	54.56%						

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