

# Weber School District Child Nutrition

Aug 21, 2018 thru Aug 31, 2018

Base Menu Spreadsheet

Elementary Breakfast

Portion Values - Detailed

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|                                  | Portion Size | Reimb Qty | Carb (g) |
|----------------------------------|--------------|-----------|----------|
| <b>Tue - 08/21/2018</b>          |              |           |          |
| Elementary Breakfast             | Total        | 2000      |          |
| Menu #2                          | 1            | 0         | 0.0      |
| French Toast Sticks, 4 each      | 4 EACH       | 1000      | 36.0     |
| Cereal, Frosted Mini-Wheats, Bow | BOWL         | 500       | 45.76    |
| Cereal, Marshmallow Mateys       | 1 Each       | 500       | 48.0     |
| Sausage Link                     | 1 EACH       | 1000      | 0.57     |
| Yogurt, strawberry               | 1 EACH       | 1500      | 20.0     |
| Mandarin Oranges                 | 1/2 CUP      | 800       | 21.26    |
| Apples, Fresh 1/2 each           | 1/2 each     | 500       | 9.53     |
| Milk, Chocolate Fat Free         | HALF PINT    | 1000      | 20.0     |
| Milk, 1% Lowfat                  | HALF PINT    | 500       | 12.0     |
| JUICE FRUITABLE                  | 1 EACH       | 500       | 22.0     |
| SYRUP, MAPLE CHEF'S MARK         | 1 EACH       | 1000      | 30.66    |
| Weighted Daily Average           |              |           | 101.44   |
| % of Calories                    |              |           | 79.0%    |
| Nutrient Guideline               |              |           |          |

|                                  | Portion Size | Reimb Qty | Carb (g) |
|----------------------------------|--------------|-----------|----------|
| <b>Wed - 08/22/2018</b>          |              |           |          |
| Elementary Breakfast             | Total        | 2000      |          |
| Menu #3                          | 1            | 0         | 0.0      |
| Muffin Blueberry                 | 1 EACH       | 500       | 30.0     |
| Muffin Chocolate Choc Chip       | 1 EACH       | 1000      | 27.0     |
| Cereal, Frosted Mini-Wheats, Bow | BOWL         | 250       | 45.76    |
| Cereal, Marshmallow Mateys       | 1 Each       | 250       | 48.0     |
| SCRAMBLED EGGS                   | 1/4 cup      | 1500      | 0.63     |
| Yogurt, strawberry               | 1 EACH       | 1500      | 20.0     |
| Peaches: canned, ex light syrup  | 1/2 cup      | 1500      | 13.31    |
| Banana, 1/2                      | 1/2 each     | 1500      | 15.0     |
| Milk, Chocolate Fat Free         | HALF PINT    | 1000      | 20.0     |
| Milk, 1% Lowfat                  | HALF PINT    | 500       | 12.0     |
| JUICE FRUITABLE                  | 1 EACH       | 500       | 22.0     |
| SYRUP, MAPLE CHEF'S MARK         | 1 EACH       | 400       | 30.66    |
| Ketchup                          | 1 OZ         | 250       | 8.34     |
| Weighted Daily Average           |              |           | 95.10    |
| % of Calories                    |              |           | 70.5%    |
| Nutrient Guideline               |              |           |          |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

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|                                  | Portion Size | Reimb Qty | Carb (g) |
|----------------------------------|--------------|-----------|----------|
| <b>Thu - 08/23/2018</b>          |              |           |          |
| Elementary Breakfast             | Total        | 2000      |          |
| Menu #4                          | 1            | 0         | 0.0      |
| Waffle Snack'n Cinnamon          | 1 EACH       | 500       | 36.84    |
| Waffle Snack'n Maple             | 1 EACH       | 500       | 37.74    |
| Cereal, Frosted Mini-Wheats, Bow | BOWL         | 500       | 45.76    |
| Cereal, Marshmallow Mateys       | 1 Each       | 500       | 48.0     |
| Sausage Link                     | 1 EACH       | 1000      | 0.57     |
| Yogurt, strawberry               | 1 EACH       | 1500      | 20.0     |
| Pineapple Chunks:canned,lt syr   | 1/2 CUP      | 800       | 13.22    |
| Orange Fresh, 1/2                | 1/2 EACH     | 500       | 5.64     |
| Milk, Chocolate Fat Free         | HALF PINT    | 1000      | 20.0     |
| Milk, 1% Lowfat                  | HALF PINT    | 500       | 12.0     |
| JUICE FRUITABLE                  | 1 EACH       | 500       | 22.0     |
| SYRUP, MAPLE CHEF'S MARK         | 1 EACH       | 400       | 30.66    |
| Ketchup                          | 1 OZ         | 1000      | 8.34     |
| Weighted Daily Average           |              |           | 92.87    |
| % of Calories                    |              |           | 77.5%    |
| Nutrient Guideline               |              |           |          |

|                                  |           |      |       |
|----------------------------------|-----------|------|-------|
| <b>Fri - 08/24/2018</b>          |           |      |       |
| Elementary Breakfast             | Total     | 2000 |       |
| Menu #5                          | 1         | 0    | 0.0   |
| Pancake 'n Sausage               | 1 EACH    | 1000 | 17.0  |
| Cereal, Frosted Mini-Wheats, Bow | BOWL      | 500  | 45.76 |
| Cereal, Marshmallow Mateys       | 1 Each    | 500  | 48.0  |
| SCRAMBLED EGGS                   | 1/4 cup   | 1000 | 0.63  |
| Yogurt, strawberry               | 1 EACH    | 1000 | 20.0  |
| Pears: canned, light syrup       | 1/2 CUP   | 800  | 13.57 |
| Apples, Fresh 1/2 each           | 1/2 each  | 500  | 9.53  |
| Milk, Chocolate Fat Free         | HALF PINT | 1000 | 20.0  |
| Milk, 1% Lowfat                  | HALF PINT | 500  | 12.0  |
| JUICE FRUITABLE                  | 1 EACH    | 500  | 22.0  |
| SYRUP, MAPLE CHEF'S MARK         | 1 EACH    | 1000 | 30.66 |
| Ketchup                          | 1 OZ      | 250  | 8.34  |
| Weighted Daily Average           |           |      | 84.94 |
| % of Calories                    |           |      | 68.7% |
| Nutrient Guideline               |           |      |       |

|                                  |           |      |       |
|----------------------------------|-----------|------|-------|
| <b>Mon - 08/27/2018</b>          |           |      |       |
| Elementary Breakfast             | Total     | 2000 |       |
| Menu #6                          | 1         | 0    | 0.0   |
| French Toast Sticks BC/WG        | serving   | 1000 | 42.8  |
| Cereal, Frosted Mini-Wheats, Bow | BOWL      | 500  | 45.76 |
| Cereal, Marshmallow Mateys       | 1 Each    | 500  | 48.0  |
| Sausage Link                     | 1 EACH    | 500  | 0.57  |
| Yogurt, strawberry               | 1 EACH    | 1500 | 20.0  |
| Applesauce, canned: Sweet        | 1/2 CUP   | 1500 | 17.78 |
| Orange Fresh, 1/2                | 1/2 EACH  | 1000 | 5.64  |
| Milk, Chocolate Fat Free         | HALF PINT | 1000 | 20.0  |
| Milk, 1% Lowfat                  | HALF PINT | 500  | 12.0  |
| JUICE FRUITABLE                  | 1 EACH    | 500  | 22.0  |
| SYRUP, MAPLE CHEF'S MARK         | 1 EACH    | 1000 | 30.66 |

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|                        | Portion Size | Reimb Qty | Carb (g) |
|------------------------|--------------|-----------|----------|
| Weighted Daily Average |              |           | 109.96   |
| % of Calories          |              |           | 79.2%    |
| Nutrient Guideline     |              |           |          |

| Tue - 08/28/2018               |           |      |       |
|--------------------------------|-----------|------|-------|
| Elementary Breakfast           | Total     | 2000 |       |
| Menu #7                        | 1         | 0    | 0.0   |
| POPTART, BROWN SUGAR CINN      | PACKAGE   | 500  | 17.46 |
| POPTART, STRAWBERRY            | PACKAGE   | 500  | 18.96 |
| Cereal,Frosted Mini-Wheats,Bow | BOWL      | 500  | 45.76 |
| Cereal, Marshmallow Mateys     | 1 Each    | 500  | 48.0  |
| Yogurt, strawberry             | 1 EACH    | 500  | 20.0  |
| SCRAMBLED EGGS                 | 1/4 cup   | 1500 | 0.63  |
| Mandarin Oranges               | 1/2 CUP   | 800  | 21.26 |
| Apples,Fresh 1/2 each          | 1/2 each  | 500  | 9.53  |
| Milk, Chocolate Fat Free       | HALF PINT | 1000 | 20.0  |
| Milk,1% Lowfat                 | HALF PINT | 500  | 12.0  |
| JUICE FRUITABLE                | 1 EACH    | 500  | 22.0  |
| Ketchup                        | 1 OZ      | 1500 | 8.34  |
| Weighted Daily Average         |           |      | 73.66 |
| % of Calories                  |           |      | 71.6% |
| Nutrient Guideline             |           |      |       |

| Wed - 08/29/2018               |           |      |       |
|--------------------------------|-----------|------|-------|
| Elementary Breakfast           | Total     | 2000 |       |
| Menu #8                        | 1         | 0    | 0.0   |
| Muffin Blueberry               | 1 EACH    | 500  | 30.0  |
| Muffin Chocolate Choc Chip     | 1 EACH    | 1000 | 27.0  |
| Cereal,Frosted Mini-Wheats,Bow | BOWL      | 250  | 45.76 |
| Cereal, Marshmallow Mateys     | 1 Each    | 250  | 48.0  |
| Sausage Link                   | 1 EACH    | 500  | 0.57  |
| Yogurt, strawberry             | 1 EACH    | 1500 | 20.0  |
| Peaches: canned,ex light syrup | 1/2 cup   | 1500 | 13.31 |
| Banana, 1/2                    | 1/2 each  | 1500 | 15.0  |
| Milk, Chocolate Fat Free       | HALF PINT | 1000 | 20.0  |
| Milk,1% Lowfat                 | HALF PINT | 500  | 12.0  |
| JUICE FRUITABLE                | 1 EACH    | 500  | 22.0  |
| Weighted Daily Average         |           |      | 87.60 |
| % of Calories                  |           |      | 75.2% |
| Nutrient Guideline             |           |      |       |

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|                                  | Portion Size | Reimb Qty | Carb (g) |
|----------------------------------|--------------|-----------|----------|
| Thu - 08/30/2018                 |              |           |          |
| Elementary Breakfast             | Total        | 2000      |          |
| Menu #9                          | 1            | 0         | 0.0      |
| POPTART, BROWN SUGAR CINN        | PACKAGE      | 500       | 17.46    |
| POPTART, STRAWBERRY              | PACKAGE      | 500       | 18.96    |
| Cereal, Frosted Mini-Wheats, Bow | BOWL         | 500       | 45.76    |
| Cereal, Marshmallow Mateys       | 1 Each       | 500       | 48.0     |
| Yogurt, strawberry               | 1 EACH       | 1500      | 20.0     |
| SCRAMBLED EGGS                   | 1/4 cup      | 1500      | 0.63     |
| Pineapple Chunks:canned,lt syr   | 1/2 CUP      | 1500      | 13.22    |
| Orange Fresh, 1/2                | 1/2 EACH     | 500       | 5.64     |
| Milk, Chocolate Fat Free         | HALF PINT    | 1000      | 20.0     |
| Milk, 1% Lowfat                  | HALF PINT    | 500       | 12.0     |
| JUICE FRUITABLE                  | 1 EACH       | 500       | 22.0     |
| Weighted Daily Average           |              |           | 77.84    |
| % of Calories                    |              |           | 71.5%    |
| Nutrient Guideline               |              |           |          |

|                                  |           |      |       |
|----------------------------------|-----------|------|-------|
| Fri - 08/31/2018                 |           |      |       |
| Elementary Breakfast             | Total     | 2000 |       |
| Menu #10                         | 1         | 0    | 0.0   |
| Pancake 'n Sausage               | 1 EACH    | 1000 | 17.0  |
| Cereal, Frosted Mini-Wheats, Bow | BOWL      | 500  | 45.76 |
| Cereal, Marshmallow Mateys       | 1 Each    | 500  | 48.0  |
| Sausage Link                     | 1 EACH    | 1500 | 0.57  |
| Yogurt, strawberry               | 1 EACH    | 1000 | 20.0  |
| Pears: canned, light syrup       | 1/2 CUP   | 800  | 13.57 |
| Apples, Fresh 1/2 each           | 1/2 each  | 500  | 9.53  |
| Milk, Chocolate Fat Free         | HALF PINT | 1000 | 20.0  |
| Milk, 1% Lowfat                  | HALF PINT | 500  | 12.0  |
| JUICE FRUITABLE                  | 1 EACH    | 500  | 22.0  |
| SYRUP, MAPLE CHEF'S MARK         | 1 EACH    | 1000 | 30.66 |
| Weighted Daily Average           |           |      | 84.01 |
| % of Calories                    |           |      | 69.6% |
| Nutrient Guideline               |           |      |       |

|                  |  |  |       |
|------------------|--|--|-------|
| Weighted Average |  |  | 89.71 |
|                  |  |  | 73.8% |

| Nutrient         | Menu AVG | % of Cals | Weekly Target | % of Target | Miss Data | Shortfall | Overage | Error Messages (if any) |
|------------------|----------|-----------|---------------|-------------|-----------|-----------|---------|-------------------------|
| Carbohydrate (g) | 89.71    | 73.75%    |               |             |           |           |         |                         |

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