

Weber School District Child Nutrition

May 1, 2018 thru May 25, 2018

Base Menu Spreadsheet

High School Breakfast

Portion Values - Detailed

Page 1

Generated on: 4/30/2018 9:28:52 AM

	Portion Size	Reimb Qty	Carb (g)
Tue - 05/01/2018			
High School Breakfast	Total	400	
Menu #2	1	0	0.0
French Toast Sticks, 4 each	4 EACH	100	36.0
NUTRI-GRAIN BARS Blueberry	2 Each	50	59.76
NUTRI-GRAIN BARS Strawberry	2 EACH	50	59.76
Muffin Blueberry	1 EACH	50	30.0
Muffin Chocolate Choc Chip	1 EACH	50	27.0
Cereal, Marshmallow Mateys	1 Each	50	48.0
Cereal,Frosted Mini-Wheats,Bow	BOWL	50	45.76
Sausage,Pork,Patty frz 2 ea	2 EACH	225	0.75
Yogurt, strawberry	1 EACH	200	20.0
Pears: canned,light syrup	1/2 CUP	200	13.57
Craisins, Strawberry	packet	200	28.0
Apples,Fresh	1 EACH	100	19.06
Bananas	1 EACH	100	30.0
Orange Fresh	1 EACH	60	11.28
Milk, Chocolate Fat Free	HALF PINT	150	20.0
Milk,1% Lowfat	HALF PINT	100	12.0
JUICE FRUITABLE	1 EACH	150	22.0
SYRUP,PANCAKE	1 EACH	100	19.01
Weighted Daily Average			111.45
% of Calories			73.4%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Wed - 05/02/2018			
High School Breakfast	Total	400	
Menu #3	1	0	0.0
Eggo Waffle-2	2	100	34.96
POPART, BROWN SUGAR CINN	PACKAGE	50	34.93
POPART, STRAWBERRY	PACKAGE	50	37.91
Muffin Blueberry	1 EACH	50	30.0
Muffin Chocolate Choc Chip	1 EACH	50	27.0
Cereal, Marshmallow Mateys	1 Each	50	48.0
Cereal,Frosted Mini-Wheats,Bow	BOWL	50	45.76
SCRAMBLED EGGS	1/4 cup	225	0.63
Yogurt, strawberry	1 EACH	225	20.0
Craisins, Strawberry	packet	200	28.0
Applesauce, canned: Sweet	1/2 CUP	200	17.78
Apples,Fresh	1 EACH	100	19.06
Bananas	1 EACH	100	30.0
Orange Fresh	1 EACH	60	11.28
Milk, Chocolate Fat Free	HALF PINT	150	20.0
Milk,1% Lowfat	HALF PINT	100	12.0
JUICE FRUITABLE	1 EACH	150	22.0
SYRUP,PANCAKE	1 EACH	100	19.01
Ketchup	1 OZ	100	8.34
Weighted Daily Average			110.72
% of Calories			77.2%
Nutrient Guideline			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Weber School District Child Nutrition

May 1, 2018 thru May 25, 2018

Base Menu Spreadsheet

High School Breakfast

Portion Values - Detailed

Page 2

Generated on: 4/30/2018 9:28:52 AM

	Portion Size	Reimb Qty	Carb (g)
Thu - 05/03/2018			
High School Breakfast	Total	400	
Menu #4	1	0	0.0
French Toast Sticks, 4 each	4 EACH	100	36.0
NUTRI-GRAIN BARS Blueberry	2 Each	50	59.76
NUTRI-GRAIN BARS Strawberry	2 EACH	50	59.76
Muffin Blueberry	1 EACH	50	30.0
Muffin Chocolate Choc Chip	1 EACH	50	27.0
Cereal, Marshmallow Mateys	1 Each	50	48.0
Cereal,Frosted Mini-Wheats,Bow	BOWL	50	45.76
Sausage,Pork,Patty frz 2 ea	2 EACH	200	0.75
Yogurt, strawberry	1 EACH	200	20.0
Mandarin Oranges	1/2 CUP	200	21.26
Craisins, Strawberry	packet	200	28.0
Apples,Fresh	1 EACH	100	19.06
Bananas	1 EACH	100	30.0
Orange Fresh	1 EACH	60	11.28
Milk, Chocolate Fat Free	HALF PINT	150	20.0
Milk,1% Lowfat	HALF PINT	100	12.0
JUICE FRUITABLE	1 EACH	150	22.0
SYRUP,PANCAKE	1 EACH	100	19.01
Weighted Daily Average			115.25
% of Calories			75.2%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Fri - 05/04/2018			
High School Breakfast	Total	400	
Menu #5	1	0	0.0
Pancakes, Cinnamon Glazed	1 EACH	100	35.0
POPART, BROWN SUGAR CINN	PACKAGE	50	34.93
POPART, STRAWBERRY	PACKAGE	50	37.91
Muffin Blueberry	1 EACH	50	30.0
Muffin Chocolate Choc Chip	1 EACH	50	27.0
Cereal, Marshmallow Mateys	1 Each	50	48.0
Cereal,Frosted Mini-Wheats,Bow	BOWL	50	45.76
SCRAMBLED EGGS	1/4 cup	225	0.63
Yogurt, strawberry	1 EACH	225	20.0
Pineapple Chunks:canned,lt syr	1/2 CUP	300	13.22
Craisins, Strawberry	packet	200	28.0
Apples,Fresh	1 EACH	100	19.06
Bananas	1 EACH	100	30.0
Orange Fresh	1 EACH	60	11.28
Milk, Chocolate Fat Free	HALF PINT	150	20.0
Milk,1% Lowfat	HALF PINT	100	12.0
JUICE FRUITABLE	1 EACH	150	22.0
SYRUP,PANCAKE	1 EACH	100	19.01
Ketchup	1 OZ	200	8.34
Weighted Daily Average			113.85
% of Calories			77.9%
Nutrient Guideline			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Weber School District Child Nutrition

May 1, 2018 thru May 25, 2018

Base Menu Spreadsheet

High School Breakfast

Portion Values - Detailed

Page 3

Generated on: 4/30/2018 9:28:53 AM

	Portion Size	Reimb Qty	Carb (g)
Mon - 05/07/2018			
High School Breakfast	Total	400	
Menu #1	1	0	0.0
Pancake 'n Sausage	1 EACH	100	17.0
POPART, BROWN SUGAR CINN	PACKAGE	50	34.93
POPART, STRAWBERRY	PACKAGE	50	37.91
Muffin Blueberry	1 EACH	50	30.0
Muffin Chocolate Choc Chip	1 EACH	50	27.0
Cereal, Marshmallow Mateys	1 Each	50	48.0
Cereal, Frosted Mini-Wheats, Bow	BOWL	50	45.76
SCRAMBLED EGGS	1/4 cup	225	0.63
Yogurt, strawberry	1 EACH	225	20.0
Peaches: canned, ex light syrup	1/2 CUP	200	13.31
Craisins, Strawberry	packet	250	28.0
Apples, Fresh	1 EACH	100	19.06
Bananas	1 EACH	100	30.0
Orange Fresh	1 EACH	60	11.28
Milk, Chocolate Fat Free	HALF PINT	150	20.0
Milk, 1% Lowfat	HALF PINT	100	12.0
JUICE FRUITABLE	1 EACH	150	22.0
SYRUP, PANCAKE	1 EACH	100	19.01
Ketchup	1 OZ	200	8.34
Weighted Daily Average			109.59
% of Calories			74.8%
Nutrient Guideline			

Tue - 05/08/2018			
High School Breakfast	Total	400	
Menu #2	1	0	0.0
French Toast Sticks, 4 each	4 EACH	100	36.0
NUTRI-GRAIN BARS Blueberry	2 Each	50	59.76
NUTRI-GRAIN BARS Strawberry	2 EACH	50	59.76
Muffin Blueberry	1 EACH	50	30.0
Muffin Chocolate Choc Chip	1 EACH	50	27.0
Cereal, Marshmallow Mateys	1 Each	50	48.0
Cereal, Frosted Mini-Wheats, Bow	BOWL	50	45.76
Sausage, Pork, Patty frz 2 ea	2 EACH	225	0.75
Yogurt, strawberry	1 EACH	200	20.0
Pears: canned, light syrup	1/2 CUP	200	13.57
Craisins, Strawberry	packet	200	28.0
Apples, Fresh	1 EACH	100	19.06
Bananas	1 EACH	100	30.0
Orange Fresh	1 EACH	60	11.28
Milk, Chocolate Fat Free	HALF PINT	150	20.0
Milk, 1% Lowfat	HALF PINT	100	12.0
JUICE FRUITABLE	1 EACH	150	22.0
SYRUP, PANCAKE	1 EACH	100	19.01
Weighted Daily Average			111.45
% of Calories			73.4%
Nutrient Guideline			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Weber School District Child Nutrition

May 1, 2018 thru May 25, 2018

Base Menu Spreadsheet

High School Breakfast

Portion Values - Detailed

Page 4

Generated on: 4/30/2018 9:28:53 AM

	Portion Size	Reimb Qty	Carb (g)
Wed - 05/09/2018			
High School Breakfast	Total	400	
Menu #3	1	0	0.0
Eggo Waffle-2	2	100	34.96
POPART, BROWN SUGAR CINN	PACKAGE	50	34.93
POPART, STRAWBERRY	PACKAGE	50	37.91
Muffin Blueberry	1 EACH	50	30.0
Muffin Chocolate Choc Chip	1 EACH	50	27.0
Cereal, Marshmallow Mateys	1 Each	50	48.0
Cereal,Frosted Mini-Wheats,Bow	BOWL	50	45.76
SCRAMBLED EGGS	1/4 cup	225	0.63
Yogurt, strawberry	1 EACH	225	20.0
Craisins, Strawberry	packet	200	28.0
Applesauce, canned: Sweet	1/2 CUP	200	17.78
Apples,Fresh	1 EACH	100	19.06
Bananas	1 EACH	100	30.0
Orange Fresh	1 EACH	60	11.28
Milk, Chocolate Fat Free	HALF PINT	150	20.0
Milk,1% Lowfat	HALF PINT	100	12.0
JUICE FRUITABLE	1 EACH	150	22.0
SYRUP,PANCAKE	1 EACH	100	19.01
Ketchup	1 OZ	100	8.34
Weighted Daily Average			110.72
% of Calories			77.2%
Nutrient Guideline			

Thu - 05/10/2018			
High School Breakfast	Total	400	
Menu #4	1	0	0.0
French Toast Sticks, 4 each	4 EACH	100	36.0
NUTRI-GRAIN BARS Blueberry	2 Each	50	59.76
NUTRI-GRAIN BARS Strawberry	2 EACH	50	59.76
Muffin Blueberry	1 EACH	50	30.0
Muffin Chocolate Choc Chip	1 EACH	50	27.0
Cereal, Marshmallow Mateys	1 Each	50	48.0
Cereal,Frosted Mini-Wheats,Bow	BOWL	50	45.76
Sausage,Pork,Patty frz 2 ea	2 EACH	200	0.75
Yogurt, strawberry	1 EACH	200	20.0
Mandarin Oranges	1/2 CUP	200	21.26
Craisins, Strawberry	packet	200	28.0
Apples,Fresh	1 EACH	100	19.06
Bananas	1 EACH	100	30.0
Orange Fresh	1 EACH	60	11.28
Milk, Chocolate Fat Free	HALF PINT	150	20.0
Milk,1% Lowfat	HALF PINT	100	12.0
JUICE FRUITABLE	1 EACH	150	22.0
SYRUP,PANCAKE	1 EACH	100	19.01
Weighted Daily Average			115.25
% of Calories			75.2%
Nutrient Guideline			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Weber School District Child Nutrition

May 1, 2018 thru May 25, 2018

Base Menu Spreadsheet

High School Breakfast

Portion Values - Detailed

Page 5

Generated on: 4/30/2018 9:28:53 AM

	Portion Size	Reimb Qty	Carb (g)
Fri - 05/11/2018			
High School Breakfast	Total	400	
Menu #5	1	0	0.0
Pancakes, Cinnamon Glazed	1 EACH	100	35.0
POPART, BROWN SUGAR CINN	PACKAGE	50	34.93
POPART, STRAWBERRY	PACKAGE	50	37.91
Muffin Blueberry	1 EACH	50	30.0
Muffin Chocolate Choc Chip	1 EACH	50	27.0
Cereal, Marshmallow Mateys	1 Each	50	48.0
Cereal, Frosted Mini-Wheats, Bow	BOWL	50	45.76
SCRAMBLED EGGS	1/4 cup	225	0.63
Yogurt, strawberry	1 EACH	225	20.0
Pineapple Chunks:canned,lt syr	1/2 CUP	300	13.22
Craisins, Strawberry	packet	200	28.0
Apples,Fresh	1 EACH	100	19.06
Bananas	1 EACH	100	30.0
Orange Fresh	1 EACH	60	11.28
Milk, Chocolate Fat Free	HALF PINT	150	20.0
Milk, 1% Lowfat	HALF PINT	100	12.0
JUICE FRUITABLE	1 EACH	150	22.0
SYRUP,PANCAKE	1 EACH	100	19.01
Ketchup	1 OZ	200	8.34
Weighted Daily Average			113.85
% of Calories			77.9%
Nutrient Guideline			

Mon - 05/14/2018			
High School Breakfast	Total	400	
Menu #1	1	0	0.0
Pancake 'n Sausage	1 EACH	100	17.0
POPART, BROWN SUGAR CINN	PACKAGE	50	34.93
POPART, STRAWBERRY	PACKAGE	50	37.91
Muffin Blueberry	1 EACH	50	30.0
Muffin Chocolate Choc Chip	1 EACH	50	27.0
Cereal, Marshmallow Mateys	1 Each	50	48.0
Cereal, Frosted Mini-Wheats, Bow	BOWL	50	45.76
SCRAMBLED EGGS	1/4 cup	225	0.63
Yogurt, strawberry	1 EACH	225	20.0
Peaches: canned,ex light syrup	1/2 CUP	200	13.31
Craisins, Strawberry	packet	250	28.0
Apples,Fresh	1 EACH	100	19.06
Bananas	1 EACH	100	30.0
Orange Fresh	1 EACH	60	11.28
Milk, Chocolate Fat Free	HALF PINT	150	20.0
Milk, 1% Lowfat	HALF PINT	100	12.0
JUICE FRUITABLE	1 EACH	150	22.0
SYRUP,PANCAKE	1 EACH	100	19.01
Ketchup	1 OZ	200	8.34
Weighted Daily Average			109.59
% of Calories			74.8%
Nutrient Guideline			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Weber School District Child Nutrition

May 1, 2018 thru May 25, 2018

Base Menu Spreadsheet

High School Breakfast

Portion Values - Detailed

Page 6

Generated on: 4/30/2018 9:28:53 AM

	Portion Size	Reimb Qty	Carb (g)
Tue - 05/15/2018			
High School Breakfast	Total	400	
Menu #2	1	0	0.0
French Toast Sticks, 4 each	4 EACH	100	36.0
NUTRI-GRAIN BARS Blueberry	2 Each	50	59.76
NUTRI-GRAIN BARS Strawberry	2 EACH	50	59.76
Muffin Blueberry	1 EACH	50	30.0
Muffin Chocolate Choc Chip	1 EACH	50	27.0
Cereal, Marshmallow Mateys	1 Each	50	48.0
Cereal,Frosted Mini-Wheats,Bow	BOWL	50	45.76
Sausage,Pork,Patty frz 2 ea	2 EACH	225	0.75
Yogurt, strawberry	1 EACH	200	20.0
Pears: canned,light syrup	1/2 CUP	200	13.57
Craisins, Strawberry	packet	200	28.0
Apples,Fresh	1 EACH	100	19.06
Bananas	1 EACH	100	30.0
Orange Fresh	1 EACH	60	11.28
Milk, Chocolate Fat Free	HALF PINT	150	20.0
Milk,1% Lowfat	HALF PINT	100	12.0
JUICE FRUITABLE	1 EACH	150	22.0
SYRUP,PANCAKE	1 EACH	100	19.01
Weighted Daily Average			111.45
% of Calories			73.4%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Wed - 05/16/2018			
High School Breakfast	Total	400	
Menu #3	1	0	0.0
Eggo Waffle-2	2	100	34.96
POPART, BROWN SUGAR CINN	PACKAGE	50	34.93
POPART, STRAWBERRY	PACKAGE	50	37.91
Muffin Blueberry	1 EACH	50	30.0
Muffin Chocolate Choc Chip	1 EACH	50	27.0
Cereal, Marshmallow Mateys	1 Each	50	48.0
Cereal,Frosted Mini-Wheats,Bow	BOWL	50	45.76
SCRAMBLED EGGS	1/4 cup	225	0.63
Yogurt, strawberry	1 EACH	225	20.0
Craisins, Strawberry	packet	200	28.0
Applesauce, canned: Sweet	1/2 CUP	200	17.78
Apples,Fresh	1 EACH	100	19.06
Bananas	1 EACH	100	30.0
Orange Fresh	1 EACH	60	11.28
Milk, Chocolate Fat Free	HALF PINT	150	20.0
Milk,1% Lowfat	HALF PINT	100	12.0
JUICE FRUITABLE	1 EACH	150	22.0
SYRUP,PANCAKE	1 EACH	100	19.01
Ketchup	1 OZ	100	8.34
Weighted Daily Average			110.72
% of Calories			77.2%
Nutrient Guideline			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Weber School District Child Nutrition

May 1, 2018 thru May 25, 2018

Base Menu Spreadsheet

High School Breakfast

Portion Values - Detailed

Page 7

Generated on: 4/30/2018 9:28:53 AM

	Portion Size	Reimb Qty	Carb (g)
Thu - 05/17/2018			
High School Breakfast	Total	400	
Menu #4	1	0	0.0
French Toast Sticks, 4 each	4 EACH	100	36.0
NUTRI-GRAIN BARS Blueberry	2 Each	50	59.76
NUTRI-GRAIN BARS Strawberry	2 EACH	50	59.76
Muffin Blueberry	1 EACH	50	30.0
Muffin Chocolate Choc Chip	1 EACH	50	27.0
Cereal, Marshmallow Mateys	1 Each	50	48.0
Cereal,Frosted Mini-Wheats,Bow	BOWL	50	45.76
Sausage,Pork,Patty frz 2 ea	2 EACH	200	0.75
Yogurt, strawberry	1 EACH	200	20.0
Mandarin Oranges	1/2 CUP	200	21.26
Craisins, Strawberry	packet	200	28.0
Apples,Fresh	1 EACH	100	19.06
Bananas	1 EACH	100	30.0
Orange Fresh	1 EACH	60	11.28
Milk, Chocolate Fat Free	HALF PINT	150	20.0
Milk,1% Lowfat	HALF PINT	100	12.0
JUICE FRUITABLE	1 EACH	150	22.0
SYRUP,PANCAKE	1 EACH	100	19.01
Weighted Daily Average			115.25
% of Calories			75.2%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Fri - 05/18/2018			
High School Breakfast	Total	400	
Menu #5	1	0	0.0
Pancakes, Cinnamon Glazed	1 EACH	100	35.0
POPTART, BROWN SUGAR CINN	PACKAGE	50	34.93
POPTART, STRAWBERRY	PACKAGE	50	37.91
Muffin Blueberry	1 EACH	50	30.0
Muffin Chocolate Choc Chip	1 EACH	50	27.0
Cereal, Marshmallow Mateys	1 Each	50	48.0
Cereal,Frosted Mini-Wheats,Bow	BOWL	50	45.76
SCRAMBLED EGGS	1/4 cup	225	0.63
Yogurt, strawberry	1 EACH	225	20.0
Pineapple Chunks:canned,lt syr	1/2 CUP	300	13.22
Craisins, Strawberry	packet	200	28.0
Apples,Fresh	1 EACH	100	19.06
Bananas	1 EACH	100	30.0
Orange Fresh	1 EACH	60	11.28
Milk, Chocolate Fat Free	HALF PINT	150	20.0
Milk,1% Lowfat	HALF PINT	100	12.0
JUICE FRUITABLE	1 EACH	150	22.0
SYRUP,PANCAKE	1 EACH	100	19.01
Ketchup	1 OZ	200	8.34
Weighted Daily Average			113.85
% of Calories			77.9%
Nutrient Guideline			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Weber School District Child Nutrition

May 1, 2018 thru May 25, 2018

Base Menu Spreadsheet

High School Breakfast

Portion Values - Detailed

Page 8

Generated on: 4/30/2018 9:28:53 AM

	Portion Size	Reimb Qty	Carb (g)
Mon - 05/21/2018			
High School Breakfast	Total	400	
Menu #1	1	0	0.0
Pancake 'n Sausage	1 EACH	100	17.0
POPART, BROWN SUGAR CINN	PACKAGE	50	34.93
POPART, STRAWBERRY	PACKAGE	50	37.91
Muffin Blueberry	1 EACH	50	30.0
Muffin Chocolate Choc Chip	1 EACH	50	27.0
Cereal, Marshmallow Mateys	1 Each	50	48.0
Cereal, Frosted Mini-Wheats, Bow	BOWL	50	45.76
SCRAMBLED EGGS	1/4 cup	225	0.63
Yogurt, strawberry	1 EACH	225	20.0
Peaches: canned, ex light syrup	1/2 CUP	200	13.31
Craisins, Strawberry	packet	250	28.0
Apples, Fresh	1 EACH	100	19.06
Bananas	1 EACH	100	30.0
Orange Fresh	1 EACH	60	11.28
Milk, Chocolate Fat Free	HALF PINT	150	20.0
Milk, 1% Lowfat	HALF PINT	100	12.0
JUICE FRUITABLE	1 EACH	150	22.0
SYRUP, PANCAKE	1 EACH	100	19.01
Ketchup	1 OZ	200	8.34
Weighted Daily Average			109.59
% of Calories			74.8%
Nutrient Guideline			

Tue - 05/22/2018			
High School Breakfast	Total	400	
Menu #2	1	0	0.0
French Toast Sticks, 4 each	4 EACH	100	36.0
NUTRI-GRAIN BARS Blueberry	2 Each	50	59.76
NUTRI-GRAIN BARS Strawberry	2 EACH	50	59.76
Muffin Blueberry	1 EACH	50	30.0
Muffin Chocolate Choc Chip	1 EACH	50	27.0
Cereal, Marshmallow Mateys	1 Each	50	48.0
Cereal, Frosted Mini-Wheats, Bow	BOWL	50	45.76
Sausage, Pork, Patty frz 2 ea	2 EACH	225	0.75
Yogurt, strawberry	1 EACH	200	20.0
Pears: canned, light syrup	1/2 CUP	200	13.57
Craisins, Strawberry	packet	200	28.0
Apples, Fresh	1 EACH	100	19.06
Bananas	1 EACH	100	30.0
Orange Fresh	1 EACH	60	11.28
Milk, Chocolate Fat Free	HALF PINT	150	20.0
Milk, 1% Lowfat	HALF PINT	100	12.0
JUICE FRUITABLE	1 EACH	150	22.0
SYRUP, PANCAKE	1 EACH	100	19.01
Weighted Daily Average			111.45
% of Calories			73.4%
Nutrient Guideline			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Weber School District Child Nutrition

May 1, 2018 thru May 25, 2018

Base Menu Spreadsheet

High School Breakfast

Portion Values - Detailed

Page 9

Generated on: 4/30/2018 9:28:53 AM

	Portion Size	Reimb Qty	Carb (g)
Wed - 05/23/2018			
High School Breakfast	Total	400	
Menu #3	1	0	0.0
Eggo Waffle-2	2	100	34.96
POPART, BROWN SUGAR CINN	PACKAGE	50	34.93
POPART, STRAWBERRY	PACKAGE	50	37.91
Muffin Blueberry	1 EACH	50	30.0
Muffin Chocolate Choc Chip	1 EACH	50	27.0
Cereal, Marshmallow Mateys	1 Each	50	48.0
Cereal,Frosted Mini-Wheats,Bow	BOWL	50	45.76
SCRAMBLED EGGS	1/4 cup	225	0.63
Yogurt, strawberry	1 EACH	225	20.0
Craisins, Strawberry	packet	200	28.0
Applesauce, canned: Sweet	1/2 CUP	200	17.78
Apples,Fresh	1 EACH	100	19.06
Bananas	1 EACH	100	30.0
Orange Fresh	1 EACH	60	11.28
Milk, Chocolate Fat Free	HALF PINT	150	20.0
Milk,1% Lowfat	HALF PINT	100	12.0
JUICE FRUITABLE	1 EACH	150	22.0
SYRUP,PANCAKE	1 EACH	100	19.01
Ketchup	1 OZ	100	8.34
Weighted Daily Average			110.72
% of Calories			77.2%
Nutrient Guideline			

Thu - 05/24/2018			
High School Breakfast	Total	400	
Menu #4	1	0	0.0
French Toast Sticks, 4 each	4 EACH	100	36.0
NUTRI-GRAIN BARS Blueberry	2 Each	50	59.76
NUTRI-GRAIN BARS Strawberry	2 EACH	50	59.76
Muffin Blueberry	1 EACH	50	30.0
Muffin Chocolate Choc Chip	1 EACH	50	27.0
Cereal, Marshmallow Mateys	1 Each	50	48.0
Cereal,Frosted Mini-Wheats,Bow	BOWL	50	45.76
Sausage,Pork,Patty frz 2 ea	2 EACH	200	0.75
Yogurt, strawberry	1 EACH	200	20.0
Mandarin Oranges	1/2 CUP	200	21.26
Craisins, Strawberry	packet	200	28.0
Apples,Fresh	1 EACH	100	19.06
Bananas	1 EACH	100	30.0
Orange Fresh	1 EACH	60	11.28
Milk, Chocolate Fat Free	HALF PINT	150	20.0
Milk,1% Lowfat	HALF PINT	100	12.0
JUICE FRUITABLE	1 EACH	150	22.0
SYRUP,PANCAKE	1 EACH	100	19.01
Weighted Daily Average			115.25
% of Calories			75.2%
Nutrient Guideline			

Weighted Average			112.22
			75.6%

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Weber School District Child Nutrition

May 1, 2018 thru May 25, 2018

Base Menu Spreadsheet

High School Breakfast

Portion Values - Detailed

Page 10

Generated on: 4/30/2018 9:28:53 AM

Portion Size Reimb Qty Carb (g)

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	112.22	75.62%						

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

** - denotes combined nutrient totals with either missing or incomplete nutrient data*

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.