

# Weber School District Child Nutrition

Feb 1, 2018 thru Feb 28, 2018

Base Menu Spreadsheet

Elementary Lunch

Portion Values - Detailed

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|                               | Portion Size | Carb (g) |
|-------------------------------|--------------|----------|
| Thu - 02/01/2018              |              |          |
| Elementary Lunch              | Total        |          |
| Menu #19                      | 1            | 0.0      |
| Spaghetti Meat Sauce, 1/2 c   | 1/2 Cup      | 12.89    |
| Spaghetti Noodles Ckd, 1/2 c  | 1/2 CUP      | 20.76    |
| Cheese Combo (Chdr & Mozz)    | 1 OZ         | 0.25     |
| Rolls 51%/ 2oz                | 1 EACH       | 30.79    |
| Pulled Pork Sandwich, Elem    | 1 EACH       | 40.15    |
| Tater Tots, 1/2 CUP           | 1/2 CUP      | 17.04    |
| Salad, Side--Elem S/R/C       | 1/2 CUP      | 0.8      |
| Carrots Baby Fresh            | 1/4 CUP      | 4.0      |
| Green Beans: canned,ckd 1/4 c | 1/4 cup      | 0.08     |
| Pears: canned,light syrup     | 1/2 CUP      | 13.57    |
| Craisins, Strawberry          | packet       | 28.0     |
| Milk, Chocolate Fat Free      | HALF PINT    | 20.0     |
| Milk,1% Lowfat                | HALF PINT    | 12.0     |
| JUICE FRUITABLE               | 1 EACH       | 22.0     |
| Ranch Dressing: yogurt        | 1 FL OZ      | 3.31     |
| Ketchup                       | 1 OZ         | 8.34     |
| Mayonnaise, PC Packet         | 1 EACH       | 0.97     |
| Snickerdoodles                | 1 EACH       | 20.01    |
| Weighted Daily Average        |              | 94.35    |
| % of Calories                 |              | 58.3%    |
| Nutrient Guideline            |              |          |

|                                | Portion Size | Carb (g) |
|--------------------------------|--------------|----------|
| Fri - 02/02/2018               |              |          |
| Elementary Lunch               | Total        |          |
| Menu #20                       | 1            | 0.0      |
| Pizza, Cheese, Primo (10 cut)  | slice        | 28.0     |
| Pizza, Pepp, Primo (10 cut)    | slice        | 28.0     |
| Navajo Taco                    | 1 EACH       | 57.58    |
| Cheese Combo (Chdr & Mozz)     | 1 OZ         | 0.25     |
| Salad, Side--Elem Green        | 1/2 CUP      | 0.76     |
| Tomato Grape                   | 1/4 CUP      | 0.99     |
| Broccoli Normandy 1/4 Cup      | 1/4 Cup      | 2.22     |
| Pineapple Chunks:canned,lt syr | 1/2 CUP      | 13.22    |
| Kiwifruit, Fresh               | 1 EACH       | 11.14    |
| Milk, Chocolate Fat Free       | HALF PINT    | 20.0     |
| Milk,1% Lowfat                 | HALF PINT    | 12.0     |
| JUICE FRUITABLE                | 1 EACH       | 22.0     |
| Ranch Dressing: yogurt         | 1 FL OZ      | 3.31     |
| Tomatoes,Fresh,diced, 1/8 c    | 1/8 CUP      | 1.01     |
| Lettuce,Shred, 1/8 c           | 1/8 CUP      | 0.32     |
| Sour Cream                     | 1 OZ         | 1.89     |
| Salsa                          | 1 OZ         | 1.96     |
| SideKicks BlueRasp-Lemon Fruit | Container    | 19.64    |
| SideKicks Fruit Cup Kiwi-Straw | Container    | 19.64    |
| Weighted Daily Average         |              | 78.67    |
| % of Calories                  |              | 54.7%    |
| Nutrient Guideline             |              |          |

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|                                | Portion Size | Carb (g) |
|--------------------------------|--------------|----------|
| Mon - 02/05/2018               |              |          |
| Elementary Lunch               | Total        |          |
| Menu #21                       | 1            | *N/A*    |
| Sweet N' Sour Chicken          | Serving      | 20.0     |
| Rice, Br & Wh 50/50 Ckd, 1/2 c | 1/2 CUP      | 24.51    |
| Chili Con Carne and Beans      | 1 CUP        | 35.72    |
| Cheese Combo (Chdr & Mozz)     | 1 OZ         | 0.25     |
| Salad, Side--Elem Green        | 1/2 CUP      | 0.76     |
| Rolls 51%/ 2oz                 | 1 EACH       | 30.79    |
| Tomato Grape                   | 1/4 CUP      | 0.99     |
| Cucumber, Raw                  | 1/4 CUP      | 1.18     |
| Carrots:frzn, boiled, 1/4 c    | 1/4 CUP      | 3.25     |
| Mandarin Oranges               | 1/2 CUP      | 21.26    |
| Apples,Fresh 1/2 each          | 1/2 each     | 9.53     |
| Milk, Chocolate Fat Free       | HALF PINT    | 20.0     |
| Milk,1% Lowfat                 | HALF PINT    | 12.0     |
| JUICE FRUITABLE                | 1 EACH       | 22.0     |
| Ranch Dressing: yogurt         | 1 FL OZ      | 3.31     |
| Weighted Daily Average         |              | 85.83    |
| % of Calories                  |              | 59.3%    |
| Nutrient Guideline             |              |          |

|                                | Portion Size | Carb (g) |
|--------------------------------|--------------|----------|
| Tue - 02/06/2018               |              |          |
| Elementary Lunch               | Total        |          |
| Menu #22                       | 1            | *N/A*    |
| Taco Crisp Elementary          | 1 each       | 10.09    |
| Cheese Combo (Chdr & Mozz)     | 1 OZ         | 0.25     |
| Rolls 51%/ 2oz                 | 1 EACH       | 30.79    |
| Wrap Chicken Strip             | 1 EACH       | 36.12    |
| Potato Wedges, 1/2 c           | 1/2 CUP      | 27.35    |
| Salad, Side--Elem Green        | 1/2 CUP      | 0.76     |
| Carrots Baby Fresh             | 1/4 CUP      | 4.0      |
| Beans Baked, 1/2 c             | 1/2 CUP      | 30.42    |
| Corn: frzn, yellow ckd, 1/4 c  | 1/4 CUP      | 9.07     |
| Peaches: canned,ex light syrup | 1/2 CUP      | 13.31    |
| Banana, 1/2                    | 1/2 each     | 15.0     |
| Milk, Chocolate Fat Free       | HALF PINT    | 20.0     |
| Milk,1% Lowfat                 | HALF PINT    | 12.0     |
| JUICE FRUITABLE                | 1 EACH       | 22.0     |
| Ranch Dressing: yogurt         | 1 FL OZ      | 3.31     |
| Ketchup                        | 1 OZ         | 8.34     |
| Tomatoes,Fresh,Sliced          | 1 EACH       | 0.37     |
| Lettuce,Shred, 1/8 c           | 1/8 CUP      | 0.32     |
| Tomatoes,Fresh,diced, 1/8 c    | 1/8 CUP      | 1.01     |
| Sour Cream                     | 1 OZ         | 1.89     |
| Salsa                          | 1 OZ         | 1.96     |
| Sugar Cookies                  | 1 EACH       | 16.02    |
| Weighted Daily Average         |              | 74.26    |
| % of Calories                  |              | 45.9%    |
| Nutrient Guideline             |              |          |

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|                             | Portion Size | Carb (g) |
|-----------------------------|--------------|----------|
| <b>Wed - 02/07/2018</b>     |              |          |
| Elementary Lunch            | Total        |          |
| Menu #23                    | 1            | *N/A*    |
| Chicken Sandwich 51%        | 1 EACH       | 46.79    |
| French Fries: ovn bkd, 1/2c | 1/2 CUP      | 17.0     |
| Cajun Chicken Pasta         | 1.5 cups     | 14.4     |
| Rolls 51%/ 2oz              | 1 EACH       | 30.79    |
| Salad, Side--Elem Green     | 1/2 CUP      | 0.76     |
| Tomato Grape                | 1/4 CUP      | 0.99     |
| Peas: frozen,warmed,1/4 c   | 1/4 CUP      | 6.79     |
| Applesauce Cup, Strawberry  | 1/2 CUP      | 14.0     |
| Orange Fresh, 1/2           | 1/2 EACH     | 5.64     |
| Milk, Chocolate Fat Free    | HALF PINT    | 20.0     |
| Milk,1% Lowfat              | HALF PINT    | 12.0     |
| JUICE FRUITABLE             | 1 EACH       | 22.0     |
| Ranch Dressing: yogurt      | 1 FL OZ      | 3.31     |
| Ketchup                     | 1 OZ         | 8.34     |
| Mustard: individual PC      | 1 EACH       | 0.35     |
| Mayonnaise, PC Packet       | 1 EACH       | 0.97     |
| Lettuce,Shred, 1/8 c        | 1/8 CUP      | 0.32     |
| Tomatoes,Fresh,Sliced       | 1 EACH       | 0.37     |
| Jello                       | 1/2 cup      | 17.39    |
| Weighted Daily Average      |              | 85.27    |
| % of Calories               |              | 55.4%    |
| Nutrient Guideline          |              |          |

|                               | Portion Size | Carb (g) |
|-------------------------------|--------------|----------|
| <b>Thu - 02/08/2018</b>       |              |          |
| Elementary Lunch              | Total        |          |
| Menu #24                      | 1            | *N/A*    |
| Pork Roast                    | 2 OZ         | 0.0      |
| Potatoes Whipped              | 1/2 CUP      | 18.2     |
| Gravy, Chicken, 1/4 c         | 1/4 CUP      | 4.13     |
| Rolls 51%/ 2oz                | 1 EACH       | 30.79    |
| Corn Dog Chicken              | 1 EACH       | 30.0     |
| Potato Wedges, 1/2 c          | 1/2 CUP      | 27.35    |
| Salad, Side--Elem S/R/C       | 1/2 CUP      | 0.8      |
| Carrots Baby Fresh            | 1/4 CUP      | 4.0      |
| Beans Baked, 1/2 c            | 1/2 CUP      | 30.42    |
| Green Beans: canned,ckd 1/4 c | 1/4 cup      | 0.08     |
| Pears: canned,light syrup     | 1/2 CUP      | 13.57    |
| Craisins, Strawberry          | packet       | 28.0     |
| Milk, Chocolate Fat Free      | HALF PINT    | 20.0     |
| Milk,1% Lowfat                | HALF PINT    | 12.0     |
| JUICE FRUITABLE               | 1 EACH       | 22.0     |
| Ranch Dressing: yogurt        | 1 FL OZ      | 3.31     |
| Ketchup                       | 1 OZ         | 8.34     |
| Mustard: individual PC        | 1 EACH       | 0.35     |
| Creamie Variety: ban, choc    | 1 EACH       | 14.0     |
| Weighted Daily Average        |              | 93.28    |
| % of Calories                 |              | 61.1%    |
| Nutrient Guideline            |              |          |

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|                                | Portion Size | Carb (g) |
|--------------------------------|--------------|----------|
| Fri - 02/09/2018               |              |          |
| Elementary Lunch               | Total        |          |
| Menu #25                       | 1            | *N/A*    |
| Pizza, Cheese, Primo (10 cut)  | slice        | 28.0     |
| Pizza, Pepp, Primo (10 cut)    | slice        | 28.0     |
| FISH FILET SANDWICH Wheat 51%  | 1 EACH       | 48.81    |
| Tater Tots, 1/2 CUP            | 1/2 CUP      | 17.04    |
| Salad, Side--Elem Green        | 1/2 CUP      | 0.76     |
| Tomato Grape                   | 1/4 CUP      | 0.99     |
| Broccoli: fresh, boiled, 1/4c  | 1/4 CUP      | 1.12     |
| Pineapple Chunks:canned,lt syr | 1/2 CUP      | 13.22    |
| Kiwifruit, Fresh               | 1 EACH       | 11.14    |
| Milk, Chocolate Fat Free       | HALF PINT    | 20.0     |
| Milk,1% Lowfat                 | HALF PINT    | 12.0     |
| JUICE FRUITABLE                | 1 EACH       | 22.0     |
| Ranch Dressing: yogurt         | 1 FL OZ      | 3.31     |
| Ketchup                        | 1 OZ         | 8.34     |
| Mayonnaise, PC Packet          | 1 EACH       | 0.97     |
| Pumpkin Chocolate Chip Cookies | 1 Each       | 16.79    |
| Weighted Daily Average         |              | 82.39    |
| % of Calories                  |              | 51.3%    |
| Nutrient Guideline             |              |          |

|                             |           |       |
|-----------------------------|-----------|-------|
| Mon - 02/12/2018            |           |       |
| Elementary Lunch            | Total     |       |
| Menu #1                     | 1         | 0.0   |
| Chicken Tetrizzini          | 1 cup     | 24.52 |
| Rolls 51%/ 2oz              | 1 EACH    | 30.79 |
| Meatball Sub                | 1 EACH    | 39.51 |
| Tater Tots, 1/2 CUP         | 1/2 CUP   | 17.04 |
| Salad, Side--Elem S/R/C     | 1/2 CUP   | 0.8   |
| Tomato Grape                | 1/4 CUP   | 0.99  |
| Carrots:frzn, boiled, 1/4 c | 1/4 CUP   | 3.25  |
| Cucumber, Raw               | 1/4 CUP   | 1.18  |
| Mandarin Oranges            | 1/2 CUP   | 21.26 |
| Apples,Fresh 1/2 each       | 1/2 each  | 9.53  |
| Milk, Chocolate Fat Free    | HALF PINT | 20.0  |
| Milk,1% Lowfat              | HALF PINT | 12.0  |
| JUICE FRUITABLE             | 1 EACH    | 22.0  |
| Ranch Dressing: yogurt      | 1 FL OZ   | 3.31  |
| Ketchup                     | 1 OZ      | 8.34  |
| Pudding Chocolate           | 1 EACH    | 20.05 |
| Pudding Vanilla             | 1 EACH    | 18.04 |
| Weighted Daily Average      |           | 78.29 |
| % of Calories               |           | 48.7% |
| Nutrient Guideline          |           |       |

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|                                | Portion Size | Carb (g) |
|--------------------------------|--------------|----------|
| Tue - 02/13/2018               |              |          |
| Elementary Lunch               | Total        |          |
| Menu #2                        | 1            | 0.0      |
| Sweet N' Sour Chicken          | Serving      | 20.0     |
| Rice, Br & Wh 50/50 Ckd, 1/2 c | 1/2 CUP      | 24.51    |
| Rolls 51%/ 2oz                 | 1 EACH       | 30.79    |
| Hot Dog on Wheat Bun 51 %      | 1 EACH       | 34.79    |
| Potato Wedges, 1/2 c           | 1/2 CUP      | 27.35    |
| Salad, Side--Elem S/R/C        | 1/2 CUP      | 0.8      |
| Carrots Baby Fresh             | 1/4 CUP      | 4.0      |
| Celery Sticks                  | 1/4 CUP      | 1.18     |
| Beans Baked, 1/2 c             | 1/2 CUP      | 30.42    |
| Corn: frzn, yellow ckd, 1/4 c  | 1/4 CUP      | 9.07     |
| Peaches: canned,ex light syrup | 1/2 CUP      | 13.31    |
| Banana, 1/2                    | 1/2 each     | 15.0     |
| Milk, Chocolate Fat Free       | HALF PINT    | 20.0     |
| Milk,1% Lowfat                 | HALF PINT    | 12.0     |
| JUICE FRUITABLE                | 1 EACH       | 22.0     |
| Ranch Dressing: yogurt         | 1 FL OZ      | 3.31     |
| Ketchup                        | 1 OZ         | 8.34     |
| Mustard: individual PC         | 1 EACH       | 0.35     |
| Weighted Daily Average         |              | 90.91    |
| % of Calories                  |              | 66.2%    |
| Nutrient Guideline             |              |          |

|                             | Portion Size | Carb (g) |
|-----------------------------|--------------|----------|
| Wed - 02/14/2018            |              |          |
| Elementary Lunch            | Total        |          |
| Menu #3                     | 1            | 0.0      |
| Chicken Sandwich 51%        | 1 EACH       | 46.79    |
| French Fries: ovn bkd, 1/2c | 1/2 CUP      | 17.0     |
| Breakfast Casserole         | 1 cup        | 24.78    |
| Rolls 51%/ 2oz              | 1 EACH       | 30.79    |
| Salad, Side--Elem S/R/C     | 1/2 CUP      | 0.8      |
| Tomato Grape                | 1/4 CUP      | 0.99     |
| Peas: frozen,warmed,1/4 c   | 1/4 CUP      | 6.79     |
| Applesauce, canned: Plain   | 1/2 CUP      | 21.26    |
| Orange Fresh, 1/2           | 1/2 EACH     | 5.64     |
| Milk, Chocolate Fat Free    | HALF PINT    | 20.0     |
| Milk,1% Lowfat              | HALF PINT    | 12.0     |
| JUICE FRUITABLE             | 1 EACH       | 22.0     |
| Ranch Dressing: yogurt      | 1 FL OZ      | 3.31     |
| Ketchup                     | 1 OZ         | 8.34     |
| Mustard: individual PC      | 1 EACH       | 0.35     |
| Mayonnaise, PC Packet       | 1 EACH       | 0.97     |
| Tomatoes,Fresh,Sliced       | 1 EACH       | 0.37     |
| Lettuce,Shred, 1/8 c        | 1/8 CUP      | 0.32     |
| Cookie, Holiday Frosted     | 1 each       | 27.0     |
| Weighted Daily Average      |              | 95.82    |
| % of Calories               |              | 52.8%    |
| Nutrient Guideline          |              |          |

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|                               | Portion Size | Carb (g) |
|-------------------------------|--------------|----------|
| Thu - 02/15/2018              |              |          |
| Elementary Lunch              | Total        |          |
| Menu #4                       | 1            | 0.0      |
| Hamburger Gravy               | 1/2 CUP      | 7.56     |
| Potatoes Whipped              | 1/2 CUP      | 18.2     |
| Rolls 51%/ 2oz                | 1 EACH       | 30.79    |
| Rib-B-Q Sandwich wheat 51%    | 1 EACH       | 44.63    |
| Tater Tots, 1/2 CUP           | 1/2 CUP      | 17.04    |
| Salad, Side--Elem Green       | 1/2 CUP      | 0.76     |
| Carrots Baby Fresh            | 1/4 CUP      | 4.0      |
| Green Beans: canned,ckd 1/4 c | 1/4 cup      | 0.08     |
| Pears: canned,light syrup     | 1/2 CUP      | 13.57    |
| Craisins, Strawberry          | packet       | 28.0     |
| Milk, Chocolate Fat Free      | HALF PINT    | 20.0     |
| Milk,1% Lowfat                | HALF PINT    | 12.0     |
| JUICE FRUITABLE               | 1 EACH       | 22.0     |
| Ranch Dressing: yogurt        | 1 FL OZ      | 3.31     |
| Ketchup                       | 1 OZ         | 8.34     |
| Weighted Daily Average        |              | 81.28    |
| % of Calories                 |              | 57.9%    |
| Nutrient Guideline            |              |          |

|                                | Portion Size | Carb (g) |
|--------------------------------|--------------|----------|
| Tue - 02/20/2018               |              |          |
| Elementary Lunch               | Total        |          |
| Menu #7                        | 1            | 0.0      |
| Italian Dunkers                | 1/2 CUP      | 8.95     |
| Teriyaki Chicken 4.5 oz        | 4.5 oz       | 10.38    |
| Rice, Br & Wh 50/50 Ckd, 1/2 c | 1/2 CUP      | 24.51    |
| Rolls 51%/ 2oz                 | 1 EACH       | 30.79    |
| Salad, Side--Elem S/R/C        | 1/2 CUP      | 0.8      |
| Carrots Baby Fresh             | 1/4 CUP      | 4.0      |
| Broccoli Normandy 1/2          | 1/2 cup      | 2.67     |
| Applesauce Cup, Cinnamon       | 1/2 CUP      | 14.0     |
| Banana, 1/2                    | 1/2 each     | 15.0     |
| Milk, Chocolate Fat Free       | HALF PINT    | 20.0     |
| Milk,1% Lowfat                 | HALF PINT    | 12.0     |
| JUICE FRUITABLE                | 1 EACH       | 22.0     |
| Ranch Dressing: yogurt         | 1 FL OZ      | 3.31     |
| Pudding Chocolate              | 1 EACH       | 20.05    |
| Pudding Vanilla                | 1 EACH       | 18.04    |
| Weighted Daily Average         |              | 88.87    |
| % of Calories                  |              | 63.4%    |
| Nutrient Guideline             |              |          |

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|                                | Portion Size | Carb (g) |
|--------------------------------|--------------|----------|
| Wed - 02/21/2018               |              |          |
| Elementary Lunch               | Total        |          |
| Menu #8                        | 1            | 0.0      |
| Chicken Sandwich 51%           | 1 EACH       | 46.79    |
| French Fries: ovn bkd, 1/2c    | 1/2 CUP      | 17.0     |
| Hawaiian Haystacks             | 1/2 CUP      | 8.73     |
| Rice, Br & Wh 50/50 Ckd, 1/2 c | 1/2 CUP      | 24.51    |
| Rolls 51%/ 2oz                 | 1 EACH       | 30.79    |
| Cheese Combo (Chdr & Mozz)     | 1 OZ         | 0.25     |
| Chow Mein Noodles              | 1/8 cup      | 6.48     |
| Tomatoes,Fresh,diced, 1/8 c    | 1/8 CUP      | 1.01     |
| Celery Chopped 1/8 cup         | 1/8 cup      | 0.55     |
| Salad, Side--Elem S/R/C        | 1/2 CUP      | 0.8      |
| Tomato Grape                   | 1/4 CUP      | 0.99     |
| Beans Baked, 1/2 c             | 1/2 CUP      | 30.42    |
| Peas: frozen,warmed,1/4 c      | 1/4 CUP      | 6.79     |
| Pineapple Chunks:canned,lt syr | 1/2 CUP      | 13.22    |
| Orange Fresh, 1/2              | 1/2 EACH     | 5.64     |
| Milk, Chocolate Fat Free       | HALF PINT    | 20.0     |
| Milk,1% Lowfat                 | HALF PINT    | 12.0     |
| JUICE FRUITABLE                | 1 EACH       | 22.0     |
| Ranch Dressing: yogurt         | 1 FL OZ      | 3.31     |
| Ketchup                        | 1 OZ         | 8.34     |
| Mustard: individual PC         | EACH         | 0.35     |
| Mayonnaise, PC Packet          | 1 EACH       | 0.97     |
| Tomatoes,Fresh,Sliced          | 1 EACH       | 0.37     |
| Lettuce,Shred, 1/8 c           | 1/8 CUP      | 0.32     |
| Weighted Daily Average         |              | 85.29    |
| % of Calories                  |              | 54.9%    |
| Nutrient Guideline             |              |          |

|                               |           |       |
|-------------------------------|-----------|-------|
| Thu - 02/22/2018              |           |       |
| Elementary Lunch              | Total     |       |
| Menu #9                       | 1         | 0.0   |
| Cheese Burger Wheat 51%       | 1 EACH    | 33.1  |
| Tater Tots, 1/2 CUP           | 1/2 CUP   | 17.04 |
| Baked Ziti                    | 1.25 cup  | 31.21 |
| Rolls 51%/ 2oz                | 1 EACH    | 30.79 |
| Salad, Side--Elem S/R/C       | 1/2 CUP   | 0.8   |
| Carrot Sticks                 | 1/4 cup   | 2.9   |
| Green Beans: canned,ckd 1/4 c | 1/4 cup   | 0.08  |
| Pears: canned,light syrup     | 1/2 CUP   | 13.57 |
| Craisins, Strawberry          | packet    | 28.0  |
| Milk, Chocolate Fat Free      | HALF PINT | 20.0  |
| Milk,1% Lowfat                | HALF PINT | 12.0  |
| JUICE FRUITABLE               | 1 EACH    | 22.0  |
| Ranch Dressing: yogurt        | 1 FL OZ   | 3.31  |
| Ketchup                       | 1 OZ      | 8.34  |
| Mustard: individual PC        | 1 EACH    | 0.35  |
| Mayonnaise, PC Packet         | 1 EACH    | 0.97  |
| Tomatoes,Fresh,Sliced         | 1 EACH    | 0.37  |
| Lettuce,Shred, 1/8 c          | 1/8 CUP   | 0.32  |
| Rice Krispies Treat -Large    | 1 Each    | 30.0  |

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# Weber School District Child Nutrition

Feb 1, 2018 thru Feb 28, 2018

Base Menu Spreadsheet

Elementary Lunch

Portion Values - Detailed

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|                        | Portion Size | Carb (g) |
|------------------------|--------------|----------|
| Weighted Daily Average |              | 82.99    |
| % of Calories          |              | 51.4%    |
| Nutrient Guideline     |              |          |

| Fri - 02/23/2018               |           |        |
|--------------------------------|-----------|--------|
| Elementary Lunch               | Total     |        |
| Menu #10                       | 1         | 0.0    |
| Pizza, Cheese, Primo (10 cut)  | slice     | 28.0   |
| Pizza, Pepp, Primo (10 cut)    | slice     | 28.0   |
| Burrito, Bean & Cheese, 5 oz   | 1 EACH    | 43.25  |
| Potato Wedges, 1/2 c           | 1/2 CUP   | 27.35  |
| Salad, Side--Elem Green        | 1/2 CUP   | 0.76   |
| Carrots Baby Fresh             | 1/4 CUP   | 4.0    |
| Broccoli Normandy 1/4 Cup      | 1/4 Cup   | 2.22   |
| Peaches: canned,ex light syrup | 1/2 CUP   | 13.31  |
| Banana, 1/2                    | 1/2 each  | 15.0   |
| Kiwifruit, Fresh               | 1 EACH    | 11.14  |
| Milk, Chocolate Fat Free       | HALF PINT | 20.0   |
| Milk, 1% Lowfat                | HALF PINT | 12.0   |
| JUICE FRUITABLE                | 1 EACH    | 22.0   |
| Ranch Dressing: yogurt         | 1 FL OZ   | 3.31   |
| Sour Cream                     | 1 OZ      | 1.89   |
| Salsa                          | 1 OZ      | 1.96   |
| Jello                          | 1/2 cup   | 17.39  |
| Weighted Daily Average         |           | 101.29 |
| % of Calories                  |           | 62.6%  |
| Nutrient Guideline             |           |        |

| Mon - 02/26/2018             |           |       |
|------------------------------|-----------|-------|
| Elementary Lunch             | Total     |       |
| Menu #11                     | 1         | 0.0   |
| Popcorn Chicken, Adv. Pierre | 10 Each   | 12.12 |
| Tater Tots, 1/2 CUP          | 1/2 CUP   | 17.04 |
| Mac & Cheese SEC             | 8 oz      | 36.29 |
| Salad, Side--Elem S/R/C      | 1/2 CUP   | 0.8   |
| Rolls 51%/ 2oz               | 1 EACH    | 30.79 |
| Tomato Grape                 | 1/4 CUP   | 0.99  |
| Carrots:frzn, boiled, 1/4 c  | 1/4 CUP   | 3.25  |
| Mandarin Oranges             | 1/2 CUP   | 21.26 |
| Apples,Fresh 1/2 each        | 1/2 each  | 9.53  |
| Milk, Chocolate Fat Free     | HALF PINT | 20.0  |
| Milk, 1% Lowfat              | HALF PINT | 12.0  |
| JUICE FRUITABLE              | 1 EACH    | 22.0  |
| Ranch Dressing: yogurt       | 1 FL OZ   | 3.31  |
| Ketchup                      | 1 OZ      | 8.34  |
| Barbecue Sauce BULL'S EYE    | 1 OZ      | 10.24 |
| Weighted Daily Average       |           | 83.75 |
| % of Calories                |           | 51.6% |
| Nutrient Guideline           |           |       |

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|                                | Portion Size | Carb (g) |
|--------------------------------|--------------|----------|
| <b>Tue - 02/27/2018</b>        |              |          |
| Elementary Lunch               | Total        |          |
| Menu #12                       | 1            | 0.0      |
| Breakfast Casserole            | 1 cup        | 24.78    |
| Rolls 51%/ 2oz                 | 1 EACH       | 30.79    |
| Ham & Cheese Sub Wheat 51%     | 1 EACH       | 32.78    |
| Potato Wedges, 1/2 c           | 1/2 CUP      | 27.35    |
| Salad, Side--Elem S/R/C        | 1/2 CUP      | 0.8      |
| Carrots Baby Fresh             | 1/4 CUP      | 4.0      |
| Corn: frzn, yellow ckd, 1/4 c  | 1/4 CUP      | 9.07     |
| Peaches: canned,ex light syrup | 1/2 CUP      | 13.31    |
| Banana, 1/2                    | 1/2 each     | 15.0     |
| Milk, Chocolate Fat Free       | HALF PINT    | 20.0     |
| Milk,1% Lowfat                 | HALF PINT    | 12.0     |
| JUICE FRUITABLE                | 1 EACH       | 22.0     |
| Ranch Dressing: yogurt         | 1 FL OZ      | 3.31     |
| Ketchup                        | 1 OZ         | 8.34     |
| Mustard: individual PC         | 1 EACH       | 0.35     |
| Mayonnaise, PC Packet          | 1 EACH       | 0.97     |
| Snickerdoodles                 | 1 EACH       | 20.01    |
| Weighted Daily Average         |              | 86.90    |
| % of Calories                  |              | 56.0%    |
| Nutrient Guideline             |              |          |

|                             |           |       |
|-----------------------------|-----------|-------|
| <b>Wed - 02/28/2018</b>     |           |       |
| Elementary Lunch            | Total     |       |
| Menu #13                    | 1         | 0.0   |
| Chicken Sandwich 51%        | 1 EACH    | 46.79 |
| French Fries: ovn bkd, 1/2c | 1/2 CUP   | 17.0  |
| Chicken Alfredo Sauce-1/2 C | 1/2 Cup   | 9.39  |
| Penne Pasta 1/2 Cup         | 1/2 CUP   | 20.25 |
| Rolls 51%/ 2oz              | 1 EACH    | 30.79 |
| Salad, Side--Elem Green     | 1/2 CUP   | 0.76  |
| Tomato Grape                | 1/4 CUP   | 0.99  |
| Peas: frozen,warmed,1/4 c   | 1/4 CUP   | 6.79  |
| Applesauce Cup, Strawberry  | 1/2 CUP   | 14.0  |
| Orange Fresh, 1/2           | 1/2 EACH  | 5.64  |
| Milk, Chocolate Fat Free    | HALF PINT | 20.0  |
| Milk,1% Lowfat              | HALF PINT | 12.0  |
| JUICE FRUITABLE             | 1 EACH    | 22.0  |
| Ranch Dressing: yogurt      | 1 FL OZ   | 3.31  |
| Ketchup                     | 1 OZ      | 8.34  |
| Mustard: individual PC      | 1 EACH    | 0.35  |
| Mayonnaise, PC Packet       | 1 EACH    | 0.97  |
| Tomatoes,Fresh,Sliced       | 1 EACH    | 0.37  |
| Lettuce,Shred, 1/8 c        | 1/8 CUP   | 0.32  |
| Weighted Daily Average      |           | 82.18 |
| % of Calories               |           | 53.1% |
| Nutrient Guideline          |           |       |

|                  |  |       |
|------------------|--|-------|
| Weighted Average |  | 86.20 |
|                  |  | 55.6% |

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| Nutrient         | Menu AVG | % of Cals | Weekly Target | % of Target | Portion | Carb | Shortfall | Overage | Error Messages (if any) |
|------------------|----------|-----------|---------------|-------------|---------|------|-----------|---------|-------------------------|
|                  |          |           |               |             | Size    | (g)  |           |         |                         |
| Carbohydrate (g) | 86.20    | 55.59%    |               |             |         |      |           |         |                         |

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