

Weber School District Child Nutrition

2018-2019 High School Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
Dec - 3 Chicken Sandwich Popcorn Chicken French Fries Hawaiian Haystacks Steamed Rice Roll, Baked Fresh Daily Celery Sticks Peas Peaches Chocolate Chip Cookie	Dec - 4 Chicken Sandwich Tater Tots Cheese Pizza Pepperoni Pizza Navajo Taco Corn Applesauce, Cinnamon unsweet Chocolate Pudding Vanilla Pudding	Dec - 5 Chicken Sandwich Meatball Sub Sandwich French Fries Cajun Pasta Roll, Baked Fresh Daily Cucumber Slices Carrots Pears Sugar Cookies	Dec - 6 Chicken Sandwich Potato Wedges Country Fried Steak Chicken Strips Whipped Potatoes Roll, Baked Fresh Daily Green Beans Mandarin Oranges BlueRasp-Lemon SideKicks Kiwi-Straw SideKick's	Dec - 7 Chicken Sandwich French Fries Cheese Pizza Combo Pizza Mandarin Orange Chicken Steamed Rice Roll, Baked Fresh Daily Baby Carrots Baked Beans Broccoli Pineapple Creamie Variety
Dec - 10 Chicken Sandwich Hot Dog Wrap Cheese Burger French Fries Celery Sticks Peas Peaches Chocolate Chip Cookie	Dec - 11 Chicken Sandwich Crisp Taco Soft Shell Taco Tater Tots Roll, Baked Fresh Daily Pepperoni Pizza Cheese Pizza Corn Applesauce Cup, Cinnamon	Dec - 12 Chicken Sandwich Rib-B-Q Sandwich French Fries Spaghetti Roll, Baked Fresh Daily Cucumber Slices Baked Beans Carrots Pears Chocolate Pudding Vanilla Pudding	Dec - 13 Chicken Sandwich Potato Wedges Roast Turkey Whipped Potatoes Gravy, Chicken 1/2 cup Mac & Cheese Roll, Baked Fresh Daily Green Beans Mandarin Oranges Jell-0	Dec - 14 Chicken Sandwich French Fries Cheese Pizza Pepperoni Pizza Teriyaki Rice Bowl Steamed Rice Roll, Baked Fresh Daily Baby Carrots Broccoli Normandy Pineapple Rice Krispies Treat -Large
Dec - 17 Chicken Sandwich Chicken Nuggets French Fries Chicken Parmesan Roll, Baked Fresh Daily Celery Sticks Peas Peaches Creamie Variety	Dec - 18 Chicken Sandwich Tater Tots Cheese Pizza Pepperoni Pizza Enchilada Roll, Baked Fresh Daily Black Beans Spanish Rice Corn Rosy Applesauce Pumpkin Choc Chip Cookie	Dec - 19 Chicken Sandwich French Fries Chicken Alfredo Roll, Baked Fresh Daily Breakfast Bake Eggo Waffle-2 Cucumber Slices Broccoli Pears	Dec - 20 Chicken Sandwich Corn Dog Potato Wedges Hamburger Gravy Whipped Potatoes Roll, Baked Fresh Daily Green Beans Mandarin Oranges Sugar Cookies	Dec - 21 Chicken Sandwich French Fries Cheese Pizza Pepperoni Pizza Sweet & Sour Chicken Steamed Rice Roll, Baked Fresh Daily Baby Carrots Broccoli Normandy Pineapple Chocolate Pudding Vanilla Pudding

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.