

Weber School District Child Nutrition

Elementary 2018-2019

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Dec - 3</p> <p>Menu #26 Meaty Nachos Salad, Side-Elem Carrots Black Beans Applesauce Cup, Strawberry Orange Fresh, 1/2 Milk, Chocolate Fat Free Milk,1% Lowfat JUICE FRUITABLE Ranch Dressing Sour Cream Salsa</p>	<p>Dec - 4</p> <p>Menu #27 Breakfast Bake Cinnamon Waffle Pineapple Banana, 1/2 Milk, Chocolate Fat Free Milk,1% Lowfat JUICE FRUITABLE SYRUP, MAPLE CHEF'S MARK Ketchup</p>	<p>Dec - 5</p> <p>Menu #28 Cheese Burger Tater Tots Salad, Side-Elem Cucumber Slices Baby Carrots Corn Peaches Banana, 1/2 Milk, Chocolate Fat Free Milk,1% Lowfat JUICE FRUITABLE Ranch Dressing Ketchup Mustard Mayonnaise, PC Packet Tomatoes,Fresh,Sliced Lettuce,Shred, 1/8 c</p>	<p>Dec - 6</p> <p>Menu #29 Hot Dog Wrap Potato Wedges Salad, Side--Elem Green Green Beans Baked Beans Pears Craisins, Strawberry Milk, Chocolate Fat Free Milk,1% Lowfat JUICE FRUITABLE Ranch Dressing Ketchup Mustard Snickerdoodle</p>	<p>Dec - 7</p> <p>Menu #30 Sweet & Sour Chicken Steamed Rice Roll, Baked Fresh Daily Salad, Side--Elem Green Tomato Grape Broccoli Pineapple Kiwifruit, Fresh Milk, Chocolate Fat Free Milk,1% Lowfat JUICE FRUITABLE Ranch Dressing Creamie Variety</p>
<p>Dec - 10</p> <p>Menu #31 Chicken Nuggets Potato Wedges Roll, Baked Fresh Daily Salad, Side-Elem Tomato Grape Applesauce Cup, Cinnamon Orange Fresh, 1/2 Milk, Chocolate Fat Free Milk,1% Lowfat JUICE FRUITABLE Ranch Dressing Ketchup Barbecue Sauce BULL'S EYE</p>	<p>Dec - 11</p> <p>Menu #32 Crisp Taco Tater Tots Salad, Side-Elem Refried Beans Mandarin Oranges Apples,Fresh 1/2 each Milk, Chocolate Fat Free Milk,1% Lowfat JUICE FRUITABLE Ranch Dressing Ketchup Tomatoes,Fresh,diced, 1/8 c Lettuce,Shred, 1/8 c Cheese Combo (Chdr & Mozz) Sour Cream Salsa Cinnamon Rolls</p>	<p>Dec - 12</p> <p>Menu #33 Chicken Sandwich French Fries Salad, Side-Elem Baby Carrots Celery Sticks Broccoli Peaches Banana, 1/2 Milk, Chocolate Fat Free Milk,1% Lowfat JUICE FRUITABLE Ranch Dressing Ketchup Mustard Mayonnaise, PC Packet Tomatoes,Fresh,Sliced Lettuce,Shred, 1/8 c</p>	<p>Dec - 13</p> <p>Menu #34 WSD Bowl Roll, Baked Fresh Daily Salad, Side-Elem Corn Pears Craisins, Strawberry Milk, Chocolate Fat Free Milk,1% Lowfat JUICE FRUITABLE Ranch Dressing Rice Krispy Treat Small</p>	<p>Dec - 14</p> <p>Menu #35 Cheese pizza Pepperoni Pizza Breadsticks Salad, Side--Elem Green Tomato Grape Green Beans Mandarin Oranges Kiwifruit, Fresh Milk, Chocolate Fat Free Milk,1% Lowfat JUICE FRUITABLE Ranch Dressing Jell-0</p>
<p>Dec - 17</p> <p>Menu #36 Turkey Cheese Sub Sun Chips Original Salad, Side-Elem Baby Carrots Applesauce Cup, Strawberry Orange Fresh, 1/2 Milk, Chocolate Fat Free Milk,1% Lowfat JUICE FRUITABLE Ranch Dressing Mayonnaise, PC Packet Mustard Tomatoes,Fresh,Sliced Lettuce,Shred, 1/8 c Creamie Variety</p>	<p>Dec - 18</p> <p>Menu #37 Spaghetti Spaghetti Noodles Ckd, 1/2 c Roll, Baked Fresh Daily Salad, Side-Elem Green Beans Mandarin Oranges Apples,Fresh 1/2 each Milk, Chocolate Fat Free Milk,1% Lowfat JUICE FRUITABLE Ranch Dressing Cheese Combo (Chdr & Mozz) Sugar Cookies</p>	<p>Dec - 19</p> <p>Menu #38 Cheese Burger Tater Tots Salad, Side--Elem Green Baby Carrots Cucumber Slices Baked Beans Peaches Banana, 1/2 Milk, Chocolate Fat Free Milk,1% Lowfat JUICE FRUITABLE Ranch Dressing Ketchup Mustard Mayonnaise, PC Packet Tomatoes,Fresh,Sliced Lettuce,Shred, 1/8 c</p>	<p>Dec - 20</p> <p>Menu #39 Grilled Cheese Sandwich Potato Wedges Salad, Side--Elem Green Peas Pears Craisins, Strawberry Milk, Chocolate Fat Free Milk,1% Lowfat JUICE FRUITABLE Ranch Dressing Chocolate Chip Cookie</p>	<p>Dec - 21</p> <p>Menu #19 French Toast Sticks Scrambled Eggs Hash Brown Potatoes Sausage Link, 2 Pears Craisins, Strawberry Milk, Chocolate Fat Free Milk,1% Lowfat JUICE FRUITABLE SYRUP, MAPLE CHEF'S MARK Ketchup</p>

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

*** - denotes combined nutrient totals with either missing or incomplete nutrient data.**

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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