

Weber School District Child Nutrition

2018-2019 Junior High Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
			Nov - 1 French Toast Sticks Choc Choc Chip Muffin Blueberry Muffin Brown Sugar Cinn Poptart Strawberry Poptart Frosted Mini Spooners Marshmallow Mateys Scrambled Eggs Sausage Link Mandarin Oranges	Nov - 2 Pancake 'n Sausage Blueberry Muffin Choc Choc Chip Muffin Brown Sugar Cinn Poptart Strawberry Poptart Frosted Mini Spooners Marshmallow Mateys Strawberry Yogurt Sausage Link Pineapple
Nov - 5 Cinnamon Glazed Pancakes Blueberry Muffin Choc Choc Chip Muffin Brown Sugar Cinn Poptart Strawberry Poptart Frosted Mini Spooners Marshmallow Mateys Sausage Link Strawberry Yogurt Peaches	Nov - 6 French Toast Sticks Choc Choc Chip Muffin Blueberry Muffin Brown Sugar Cinn Poptart Strawberry Poptart Frosted Mini Spooners Marshmallow Mateys Sausage Link Scrambled Eggs Pears	Nov - 7 Eggo Waffle Blueberry Muffin Choc Choc Chip Muffin Brown Sugar Cinn Poptart Strawberry Poptart Frosted Mini Spooners Marshmallow Mateys Sausage Link Strawberry Yogurt Applesauce Cup, Cinnamon	Nov - 8 French Toast Sticks Choc Choc Chip Muffin Blueberry Muffin Brown Sugar Cinn Poptart Strawberry Poptart Frosted Mini Spooners Marshmallow Mateys Scrambled Eggs Sausage Link Mandarin Oranges	Nov - 9 Pancake 'n Sausage Blueberry Muffin Choc Choc Chip Muffin Brown Sugar Cinn Poptart Strawberry Poptart Frosted Mini Spooners Marshmallow Mateys Strawberry Yogurt Sausage Link Pineapple
Nov - 12 Cinnamon Glazed Pancakes Blueberry Muffin Choc Choc Chip Muffin Brown Sugar Cinn Poptart Strawberry Poptart Frosted Mini Spooners Marshmallow Mateys Sausage Link Strawberry Yogurt Peaches	Nov - 13 French Toast Sticks Choc Choc Chip Muffin Blueberry Muffin Brown Sugar Cinn Poptart Strawberry Poptart Frosted Mini Spooners Marshmallow Mateys Sausage Link Scrambled Eggs Pears	Nov - 14 Eggo Waffle Blueberry Muffin Choc Choc Chip Muffin Brown Sugar Cinn Poptart Strawberry Poptart Frosted Mini Spooners Marshmallow Mateys Sausage Link Strawberry Yogurt Applesauce Cup, Cinnamon	Nov - 15 French Toast Sticks Choc Choc Chip Muffin Blueberry Muffin Brown Sugar Cinn Poptart Strawberry Poptart Frosted Mini Spooners Marshmallow Mateys Scrambled Eggs Sausage Link Mandarin Oranges	Nov - 16 Pancake 'n Sausage Blueberry Muffin Choc Choc Chip Muffin Brown Sugar Cinn Poptart Strawberry Poptart Frosted Mini Spooners Marshmallow Mateys Strawberry Yogurt Sausage Link Pineapple
Nov - 19 Cinnamon Glazed Pancakes Blueberry Muffin Choc Choc Chip Muffin Brown Sugar Cinn Poptart Strawberry Poptart Frosted Mini Spooners Marshmallow Mateys Sausage Link Strawberry Yogurt Peaches	Nov - 20 French Toast Sticks Choc Choc Chip Muffin Blueberry Muffin Brown Sugar Cinn Poptart Strawberry Poptart Frosted Mini Spooners Marshmallow Mateys Sausage Link Scrambled Eggs Pears	Nov - 21 Eggo Waffle Blueberry Muffin Choc Choc Chip Muffin Brown Sugar Cinn Poptart Strawberry Poptart Frosted Mini Spooners Marshmallow Mateys Sausage Link Strawberry Yogurt Applesauce Cup, Cinnamon	Nov - 22 French Toast Sticks Choc Choc Chip Muffin Blueberry Muffin Brown Sugar Cinn Poptart Strawberry Poptart Frosted Mini Spooners Marshmallow Mateys Scrambled Eggs Sausage Link Mandarin Oranges	Nov - 23 Pancake 'n Sausage Blueberry Muffin Choc Choc Chip Muffin Brown Sugar Cinn Poptart Strawberry Poptart Frosted Mini Spooners Marshmallow Mateys Strawberry Yogurt Sausage Link Pineapple
Nov - 26 Cinnamon Glazed Pancakes Blueberry Muffin Choc Choc Chip Muffin Brown Sugar Cinn Poptart Strawberry Poptart Frosted Mini Spooners Marshmallow Mateys Sausage Link Strawberry Yogurt Peaches	Nov - 27 French Toast Sticks Choc Choc Chip Muffin Blueberry Muffin Brown Sugar Cinn Poptart Strawberry Poptart Frosted Mini Spooners Marshmallow Mateys Sausage Link Scrambled Eggs Pears	Nov - 28 Eggo Waffle Blueberry Muffin Choc Choc Chip Muffin Brown Sugar Cinn Poptart Strawberry Poptart Frosted Mini Spooners Marshmallow Mateys Sausage Link Strawberry Yogurt Applesauce Cup, Cinnamon	Nov - 29 French Toast Sticks Choc Choc Chip Muffin Blueberry Muffin Brown Sugar Cinn Poptart Strawberry Poptart Frosted Mini Spooners Marshmallow Mateys Scrambled Eggs Sausage Link Mandarin Oranges	Nov - 30 Pancake 'n Sausage Blueberry Muffin Choc Choc Chip Muffin Brown Sugar Cinn Poptart Strawberry Poptart Frosted Mini Spooners Marshmallow Mateys Strawberry Yogurt Sausage Link Pineapple

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

*** - denotes combined nutrient totals with either missing or incomplete nutrient data.**

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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