

Weber School District Child Nutrition

2018-2019 Junior High Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 1 Cinnamon Glazed Pancakes Blueberry Muffin Choc Choc Chip Muffin Brown Sugar Cinn Poptart Strawberry Poptart Frosted Mini Spooners Marshmallow Mateys Sausage Link Strawberry Yogurt Peaches	Oct - 2 French Toast Sticks Choc Choc Chip Muffin Blueberry Muffin Brown Sugar Cinn Poptart Strawberry Poptart Frosted Mini Spooners Marshmallow Mateys Sausage Link Scrambled Eggs Pears	Oct - 3 Eggo Waffle Blueberry Muffin Choc Choc Chip Muffin Brown Sugar Cinn Poptart Strawberry Poptart Frosted Mini Spooners Marshmallow Mateys Sausage Link Strawberry Yogurt Applesauce Cup, Cinnamon	Oct - 4 French Toast Sticks Choc Choc Chip Muffin Blueberry Muffin Brown Sugar Cinn Poptart Strawberry Poptart Frosted Mini Spooners Marshmallow Mateys Scrambled Eggs Sausage Link Mandarin Oranges	Oct - 5 Pancake 'n Sausage Blueberry Muffin Choc Choc Chip Muffin Brown Sugar Cinn Poptart Strawberry Poptart Frosted Mini Spooners Marshmallow Mateys Strawberry Yogurt Sausage Link Pineapple
Oct - 8 Cinnamon Glazed Pancakes Blueberry Muffin Choc Choc Chip Muffin Brown Sugar Cinn Poptart Strawberry Poptart Frosted Mini Spooners Marshmallow Mateys Sausage Link Strawberry Yogurt Peaches	Oct - 9 French Toast Sticks Choc Choc Chip Muffin Blueberry Muffin Brown Sugar Cinn Poptart Strawberry Poptart Frosted Mini Spooners Marshmallow Mateys Sausage Link Scrambled Eggs Pears	Oct - 10 Eggo Waffle Blueberry Muffin Choc Choc Chip Muffin Brown Sugar Cinn Poptart Strawberry Poptart Frosted Mini Spooners Marshmallow Mateys Sausage Link Strawberry Yogurt Applesauce Cup, Cinnamon	Oct - 11 French Toast Sticks Choc Choc Chip Muffin Blueberry Muffin Brown Sugar Cinn Poptart Strawberry Poptart Frosted Mini Spooners Marshmallow Mateys Scrambled Eggs Sausage Link Mandarin Oranges	Oct - 12 Pancake 'n Sausage Blueberry Muffin Choc Choc Chip Muffin Brown Sugar Cinn Poptart Strawberry Poptart Frosted Mini Spooners Marshmallow Mateys Strawberry Yogurt Sausage Link Pineapple
Oct - 15 Cinnamon Glazed Pancakes Blueberry Muffin Choc Choc Chip Muffin Brown Sugar Cinn Poptart Strawberry Poptart Frosted Mini Spooners Marshmallow Mateys Sausage Link Strawberry Yogurt Peaches	Oct - 16 French Toast Sticks Choc Choc Chip Muffin Blueberry Muffin Brown Sugar Cinn Poptart Strawberry Poptart Frosted Mini Spooners Marshmallow Mateys Sausage Link Scrambled Eggs Pears	Oct - 17 Eggo Waffle Blueberry Muffin Choc Choc Chip Muffin Brown Sugar Cinn Poptart Strawberry Poptart Frosted Mini Spooners Marshmallow Mateys Sausage Link Strawberry Yogurt Applesauce Cup, Cinnamon	Oct - 18 French Toast Sticks Choc Choc Chip Muffin Blueberry Muffin Brown Sugar Cinn Poptart Strawberry Poptart Frosted Mini Spooners Marshmallow Mateys Scrambled Eggs Sausage Link Mandarin Oranges	Oct - 19 Pancake 'n Sausage Blueberry Muffin Choc Choc Chip Muffin Brown Sugar Cinn Poptart Strawberry Poptart Frosted Mini Spooners Marshmallow Mateys Strawberry Yogurt Sausage Link Pineapple
Oct - 22 Cinnamon Glazed Pancakes Blueberry Muffin Choc Choc Chip Muffin Brown Sugar Cinn Poptart Strawberry Poptart Frosted Mini Spooners Marshmallow Mateys Sausage Link Strawberry Yogurt Peaches	Oct - 23 French Toast Sticks Choc Choc Chip Muffin Blueberry Muffin Brown Sugar Cinn Poptart Strawberry Poptart Frosted Mini Spooners Marshmallow Mateys Sausage Link Scrambled Eggs Pears	Oct - 24 Eggo Waffle Blueberry Muffin Choc Choc Chip Muffin Brown Sugar Cinn Poptart Strawberry Poptart Frosted Mini Spooners Marshmallow Mateys Sausage Link Strawberry Yogurt Applesauce Cup, Cinnamon	Oct - 25 French Toast Sticks Choc Choc Chip Muffin Blueberry Muffin Brown Sugar Cinn Poptart Strawberry Poptart Frosted Mini Spooners Marshmallow Mateys Scrambled Eggs Sausage Link Mandarin Oranges	Oct - 26 Pancake 'n Sausage Blueberry Muffin Choc Choc Chip Muffin Brown Sugar Cinn Poptart Strawberry Poptart Frosted Mini Spooners Marshmallow Mateys Strawberry Yogurt Sausage Link Pineapple
Oct - 29 Cinnamon Glazed Pancakes Blueberry Muffin Choc Choc Chip Muffin Brown Sugar Cinn Poptart Strawberry Poptart Frosted Mini Spooners Marshmallow Mateys Sausage Link Strawberry Yogurt Peaches	Oct - 30 French Toast Sticks Choc Choc Chip Muffin Blueberry Muffin Brown Sugar Cinn Poptart Strawberry Poptart Frosted Mini Spooners Marshmallow Mateys Sausage Link Scrambled Eggs Pears	Oct - 31 Eggo Waffle Blueberry Muffin Choc Choc Chip Muffin Brown Sugar Cinn Poptart Strawberry Poptart Frosted Mini Spooners Marshmallow Mateys Sausage Link Strawberry Yogurt Applesauce Cup, Cinnamon		

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

*** - denotes combined nutrient totals with either missing or incomplete nutrient data.**

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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