

# Weber School District Child Nutrition

## 2018-2019 High School Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
Sep - 3	Sep - 4 Chicken Sandwich Tater Tots Cheese Pizza Pepperoni Pizza Enchilada Roll, Baked Fresh Daily Black Beans Spanish Rice Corn Rosy Applesauce Pumpkin Choc Chip Cookie	Sep - 5 Chicken Sandwich French Fries Chicken Alfredo Roll, Baked Fresh Daily Breakfast Bake Eggo Waffle-2 Cucumber Slices Broccoli Pears	Sep - 6 Chicken Sandwich Corn Dog Potato Wedges Hamburger Gravy Whipped Potatoes Roll, Baked Fresh Daily Green Beans Mandarin Oranges Sugar Cookies	Sep - 7 Chicken Sandwich French Fries Cheese Pizza Pepperoni Pizza Sweet & Sour Chicken Steamed Rice Roll, Baked Fresh Daily Baby Carrots Broccoli Normandy Pineapple Chocolate Pudding Vanilla Pudding
Sep - 10 Chicken Sandwich Chicken Wrap Steak N Things French Fries Celery Sticks Peas Peaches	Sep - 11 Chicken Sandwich Tater Tots Cheese Pizza Pepperoni Pizza Meaty Nachos Roll, Baked Fresh Daily Refried Beans Corn Applesauce Cup, Strawberry	Sep - 12 Chicken Sandwich Malibu Chicken Sandwich French Fries Lasagna Roll, Baked Fresh Daily Cucumber Slices Carrots Pears	Sep - 13 Chicken Sandwich BBQ Pork Sandwich Potato Wedges WSD Bowl Roll, Baked Fresh Daily Baked Beans Green Beans Mandarin Oranges	Sep - 14 Chicken Sandwich French Fries Cheese Pizza Pepperoni Pizza Teriyaki Rice Bowl Steamed Rice Roll, Baked Fresh Daily Baby Carrots Broccoli Normandy Pineapple Chocolate Chip Cookie
Sep - 17 Chicken Sandwich Chicken Strips French Fries w/sauce Italian Meatballs Roll, Baked Fresh Daily Celery Sticks Peas Peaches Chocolate Pudding Vanilla Pudding	Sep - 18 Chicken Sandwich Tater Tots Cheese Pizza Pepperoni Pizza Fiesta Taco Bowl Roll, Baked Fresh Daily Black Beans Corn Applesauce	Sep - 19 Chicken Sandwich Chicken Bacon Ranch Wrap French Fries Baked Ziti Roll, Baked Fresh Daily Cucumber Slices Carrots Pears Jell-0	Sep - 20 Chicken Sandwich Fish Filet Potato Wedges Pork Roast Whipped Potatoes Roll, Baked Fresh Daily Green Beans Mandarin Oranges Chocolate Chip Cookie	Sep - 21 Chicken Sandwich French Fries Cheese Pizza Pepperoni Pizza Sweet & Sour Chicken Steamed Rice Roll, Baked Fresh Daily Baby Carrots Broccoli Normandy Pineapple Kiwi-Straw SideKick's BlueRasp-Lemon SideKicks
Sep - 24 Chicken Sandwich Popcorn Chicken French Fries Hawaiian Haystacks Steamed Rice Roll, Baked Fresh Daily Celery Sticks Peas Peaches Chocolate Chip Cookie	Sep - 25 Chicken Sandwich Tater Tots Cheese Pizza Pepperoni Pizza Navajo Taco Corn Applesauce, Cinnamon unsweet Chocolate Pudding Vanilla Pudding	Sep - 26 Chicken Sandwich Meatball Sub Sandwich French Fries Cajun Pasta Roll, Baked Fresh Daily Cucumber Slices Carrots Pears Sugar Cookies	Sep - 27 Chicken Sandwich Potato Wedges Country Fried Steak Chicken Strips Whipped Potatoes Roll, Baked Fresh Daily Green Beans Mandarin Oranges BlueRasp-Lemon SideKicks Kiwi-Straw SideKick's	Sep - 28 Chicken Sandwich French Fries Cheese Pizza Combo Pizza Mandarin Orange Chicken Steamed Rice Roll, Baked Fresh Daily Baby Carrots Baked Beans Broccoli Pineapple Creamie Variety

**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient.

**\*** - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.