

# Weber School District Child Nutrition

2018-2019 High School Breakfast

Jul 30, 2018

Page 1

Monday	Tuesday	Wednesday	Thursday	Friday
Sep - 3	Sep - 4 French Toast Sticks Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmallow Mateys Frosted Mini Spooners Sausage Strawberry Yogurt Pears	Sep - 5 Eggo Waffle-2 Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmallow Mateys Frosted Mini Spooners Scrambled Eggs Strawberry Yogurt Rosy Applesauce	Sep - 6 French Toast Sticks Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmallow Mateys Frosted Mini Spooners Sausage Strawberry Yogurt Mandarin Oranges	Sep - 7 Cinnamon Glazed Pancakes Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmallow Mateys Frosted Mini Spooners Scrambled Eggs Strawberry Yogurt Pineapple
Sep - 10 Pancake 'n Sausage Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmallow Mateys Frosted Mini Spooners Scrambled Eggs Strawberry Yogurt Peaches	Sep - 11 French Toast Sticks Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmallow Mateys Frosted Mini Spooners Sausage Strawberry Yogurt Pears	Sep - 12 Eggo Waffle-2 Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmallow Mateys Frosted Mini Spooners Scrambled Eggs Strawberry Yogurt Rosy Applesauce	Sep - 13 French Toast Sticks Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmallow Mateys Frosted Mini Spooners Sausage Strawberry Yogurt Mandarin Oranges	Sep - 14 Cinnamon Glazed Pancakes Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmallow Mateys Frosted Mini Spooners Scrambled Eggs Strawberry Yogurt Pineapple
Sep - 17 Pancake 'n Sausage Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmallow Mateys Frosted Mini Spooners Scrambled Eggs Strawberry Yogurt Peaches	Sep - 18 French Toast Sticks Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmallow Mateys Frosted Mini Spooners Sausage Strawberry Yogurt Pears	Sep - 19 Eggo Waffle-2 Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmallow Mateys Frosted Mini Spooners Scrambled Eggs Strawberry Yogurt Rosy Applesauce	Sep - 20 French Toast Sticks Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmallow Mateys Frosted Mini Spooners Sausage Strawberry Yogurt Mandarin Oranges	Sep - 21 Cinnamon Glazed Pancakes Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmallow Mateys Frosted Mini Spooners Scrambled Eggs Strawberry Yogurt Pineapple
Sep - 24 Pancake 'n Sausage Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmallow Mateys Frosted Mini Spooners Scrambled Eggs Strawberry Yogurt Peaches	Sep - 25 French Toast Sticks Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmallow Mateys Frosted Mini Spooners Sausage Strawberry Yogurt Pears	Sep - 26 Eggo Waffle-2 Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmallow Mateys Frosted Mini Spooners Scrambled Eggs Strawberry Yogurt Rosy Applesauce	Sep - 27 French Toast Sticks Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmallow Mateys Frosted Mini Spooners Sausage Strawberry Yogurt Mandarin Oranges	Sep - 28 Cinnamon Glazed Pancakes Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmallow Mateys Frosted Mini Spooners Scrambled Eggs Strawberry Yogurt Pineapple

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.