

# Weber School District Child Nutrition

2018-2019 High School Breakfast

Jul 30, 2018

Page 1

| Monday   | Tuesday  | Wednesday   | Thursday  | Friday   |
|--|--|---|---|--|
| Sep - 3  | Sep - 4<br>French Toast Sticks<br>Brown Sugar Cinn Poptart<br>Strawberry Poptart<br>Blueberry Muffin<br>Choc Choc Chip Muffin<br>Marshmallow Mateys<br>Frosted Mini Spooners<br>Sausage<br>Strawberry Yogurt<br>Pears  | Sep - 5<br>Eggo Waffle-2<br>Brown Sugar Cinn Poptart<br>Strawberry Poptart<br>Blueberry Muffin<br>Choc Choc Chip Muffin<br>Marshmallow Mateys<br>Frosted Mini Spooners<br>Scrambled Eggs<br>Strawberry Yogurt<br>Rosy Applesauce  | Sep - 6<br>French Toast Sticks<br>Brown Sugar Cinn Poptart<br>Strawberry Poptart<br>Blueberry Muffin<br>Choc Choc Chip Muffin<br>Marshmallow Mateys<br>Frosted Mini Spooners<br>Sausage<br>Strawberry Yogurt<br>Mandarin Oranges  | Sep - 7<br>Cinnamon Glazed Pancakes<br>Brown Sugar Cinn Poptart<br>Strawberry Poptart<br>Blueberry Muffin<br>Choc Choc Chip Muffin<br>Marshmallow Mateys<br>Frosted Mini Spooners<br>Scrambled Eggs<br>Strawberry Yogurt<br>Pineapple  |
| Sep - 10<br>Pancake 'n Sausage<br>Brown Sugar Cinn Poptart<br>Strawberry Poptart<br>Blueberry Muffin<br>Choc Choc Chip Muffin<br>Marshmallow Mateys<br>Frosted Mini Spooners<br>Scrambled Eggs<br>Strawberry Yogurt<br>Peaches | Sep - 11<br>French Toast Sticks<br>Brown Sugar Cinn Poptart<br>Strawberry Poptart<br>Blueberry Muffin<br>Choc Choc Chip Muffin<br>Marshmallow Mateys<br>Frosted Mini Spooners<br>Sausage<br>Strawberry Yogurt<br>Pears | Sep - 12<br>Eggo Waffle-2<br>Brown Sugar Cinn Poptart<br>Strawberry Poptart<br>Blueberry Muffin<br>Choc Choc Chip Muffin<br>Marshmallow Mateys<br>Frosted Mini Spooners<br>Scrambled Eggs<br>Strawberry Yogurt<br>Rosy Applesauce | Sep - 13<br>French Toast Sticks<br>Brown Sugar Cinn Poptart<br>Strawberry Poptart<br>Blueberry Muffin<br>Choc Choc Chip Muffin<br>Marshmallow Mateys<br>Frosted Mini Spooners<br>Sausage<br>Strawberry Yogurt<br>Mandarin Oranges | Sep - 14<br>Cinnamon Glazed Pancakes<br>Brown Sugar Cinn Poptart<br>Strawberry Poptart<br>Blueberry Muffin<br>Choc Choc Chip Muffin<br>Marshmallow Mateys<br>Frosted Mini Spooners<br>Scrambled Eggs<br>Strawberry Yogurt<br>Pineapple |
| Sep - 17<br>Pancake 'n Sausage<br>Brown Sugar Cinn Poptart<br>Strawberry Poptart<br>Blueberry Muffin<br>Choc Choc Chip Muffin<br>Marshmallow Mateys<br>Frosted Mini Spooners<br>Scrambled Eggs<br>Strawberry Yogurt<br>Peaches | Sep - 18<br>French Toast Sticks<br>Brown Sugar Cinn Poptart<br>Strawberry Poptart<br>Blueberry Muffin<br>Choc Choc Chip Muffin<br>Marshmallow Mateys<br>Frosted Mini Spooners<br>Sausage<br>Strawberry Yogurt<br>Pears | Sep - 19<br>Eggo Waffle-2<br>Brown Sugar Cinn Poptart<br>Strawberry Poptart<br>Blueberry Muffin<br>Choc Choc Chip Muffin<br>Marshmallow Mateys<br>Frosted Mini Spooners<br>Scrambled Eggs<br>Strawberry Yogurt<br>Rosy Applesauce | Sep - 20<br>French Toast Sticks<br>Brown Sugar Cinn Poptart<br>Strawberry Poptart<br>Blueberry Muffin<br>Choc Choc Chip Muffin<br>Marshmallow Mateys<br>Frosted Mini Spooners<br>Sausage<br>Strawberry Yogurt<br>Mandarin Oranges | Sep - 21<br>Cinnamon Glazed Pancakes<br>Brown Sugar Cinn Poptart<br>Strawberry Poptart<br>Blueberry Muffin<br>Choc Choc Chip Muffin<br>Marshmallow Mateys<br>Frosted Mini Spooners<br>Scrambled Eggs<br>Strawberry Yogurt<br>Pineapple |
| Sep - 24<br>Pancake 'n Sausage<br>Brown Sugar Cinn Poptart<br>Strawberry Poptart<br>Blueberry Muffin<br>Choc Choc Chip Muffin<br>Marshmallow Mateys<br>Frosted Mini Spooners<br>Scrambled Eggs<br>Strawberry Yogurt<br>Peaches | Sep - 25<br>French Toast Sticks<br>Brown Sugar Cinn Poptart<br>Strawberry Poptart<br>Blueberry Muffin<br>Choc Choc Chip Muffin<br>Marshmallow Mateys<br>Frosted Mini Spooners<br>Sausage<br>Strawberry Yogurt<br>Pears | Sep - 26<br>Eggo Waffle-2<br>Brown Sugar Cinn Poptart<br>Strawberry Poptart<br>Blueberry Muffin<br>Choc Choc Chip Muffin<br>Marshmallow Mateys<br>Frosted Mini Spooners<br>Scrambled Eggs<br>Strawberry Yogurt<br>Rosy Applesauce | Sep - 27<br>French Toast Sticks<br>Brown Sugar Cinn Poptart<br>Strawberry Poptart<br>Blueberry Muffin<br>Choc Choc Chip Muffin<br>Marshmallow Mateys<br>Frosted Mini Spooners<br>Sausage<br>Strawberry Yogurt<br>Mandarin Oranges | Sep - 28<br>Cinnamon Glazed Pancakes<br>Brown Sugar Cinn Poptart<br>Strawberry Poptart<br>Blueberry Muffin<br>Choc Choc Chip Muffin<br>Marshmallow Mateys<br>Frosted Mini Spooners<br>Scrambled Eggs<br>Strawberry Yogurt<br>Pineapple |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.