

# Weber School District Child Nutrition

2018-2019 Junior High Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
Sep - 3	Sep - 4 French Toast Sticks Brown Sugar Cinn Poptart Strawberry Poptart Frosted Mini Spooners Marshmallow Mateys Sausage Link Scrambled Eggs Pears	Sep - 5 Eggo Waffle Blueberry Muffin Choc Choc Chip Muffin Frosted Mini Spooners Marshmallow Mateys Sausage Link Strawberry Yogurt Applesauce Cup, Cinnamon	Sep - 6 French Toast Sticks Brown Sugar Cinn Poptart Strawberry Poptart Frosted Mini Spooners Marshmallow Mateys Scrambled Eggs Sausage Link Mandarin Oranges	Sep - 7 Pancake 'n Sausage Blueberry Muffin Choc Choc Chip Muffin Frosted Mini Spooners Marshmallow Mateys Strawberry Yogurt Sausage Link Pineapple
Sep - 10 Cinnamon Glazed Pancakes Blueberry Muffin Choc Choc Chip Muffin Frosted Mini Spooners Marshmallow Mateys Sausage Link Strawberry Yogurt Peaches	Sep - 11 French Toast Sticks Brown Sugar Cinn Poptart Strawberry Poptart Frosted Mini Spooners Marshmallow Mateys Sausage Link Scrambled Eggs Pears	Sep - 12 Eggo Waffle Blueberry Muffin Choc Choc Chip Muffin Frosted Mini Spooners Marshmallow Mateys Sausage Link Strawberry Yogurt Applesauce Cup, Cinnamon	Sep - 13 French Toast Sticks Brown Sugar Cinn Poptart Strawberry Poptart Frosted Mini Spooners Marshmallow Mateys Scrambled Eggs Sausage Link Mandarin Oranges	Sep - 14 Pancake 'n Sausage Blueberry Muffin Choc Choc Chip Muffin Frosted Mini Spooners Marshmallow Mateys Strawberry Yogurt Sausage Link Pineapple
Sep - 17 Cinnamon Glazed Pancakes Blueberry Muffin Choc Choc Chip Muffin Frosted Mini Spooners Marshmallow Mateys Sausage Link Strawberry Yogurt Peaches	Sep - 18 French Toast Sticks Brown Sugar Cinn Poptart Strawberry Poptart Frosted Mini Spooners Marshmallow Mateys Sausage Link Scrambled Eggs Pears	Sep - 19 Eggo Waffle Blueberry Muffin Choc Choc Chip Muffin Frosted Mini Spooners Marshmallow Mateys Sausage Link Strawberry Yogurt Applesauce Cup, Cinnamon	Sep - 20 French Toast Sticks Brown Sugar Cinn Poptart Strawberry Poptart Frosted Mini Spooners Marshmallow Mateys Scrambled Eggs Sausage Link Mandarin Oranges	Sep - 21 Pancake 'n Sausage Blueberry Muffin Choc Choc Chip Muffin Frosted Mini Spooners Marshmallow Mateys Strawberry Yogurt Sausage Link Pineapple
Sep - 24 Cinnamon Glazed Pancakes Blueberry Muffin Choc Choc Chip Muffin Frosted Mini Spooners Marshmallow Mateys Sausage Link Strawberry Yogurt Peaches	Sep - 25 French Toast Sticks Brown Sugar Cinn Poptart Strawberry Poptart Frosted Mini Spooners Marshmallow Mateys Sausage Link Scrambled Eggs Pears	Sep - 26 Eggo Waffle Blueberry Muffin Choc Choc Chip Muffin Frosted Mini Spooners Marshmallow Mateys Sausage Link Strawberry Yogurt Applesauce Cup, Cinnamon	Sep - 27 French Toast Sticks Brown Sugar Cinn Poptart Strawberry Poptart Frosted Mini Spooners Marshmallow Mateys Scrambled Eggs Sausage Link Mandarin Oranges	Sep - 28 Pancake 'n Sausage Blueberry Muffin Choc Choc Chip Muffin Frosted Mini Spooners Marshmallow Mateys Strawberry Yogurt Sausage Link Pineapple

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.