

# Weber School District Child Nutrition

## 2018-2019 Junior High Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
	Aug - 21  French Toast Sticks Brown Sugar Cinn Poptart Strawberry Poptart Frosted Mini Spooners Marshmellow Mateys Sausage Link Scrambled Eggs Pears	Aug - 22  Eggo Waffle Blueberry Muffin Choc Choc Chip Muffin Frosted Mini Spooners Marshmellow Mateys Sausage Link Strawberry Yogurt Applesauce Cup, Cinnamon	Aug - 23  French Toast Sticks Brown Sugar Cinn Poptart Strawberry Poptart Frosted Mini Spooners Marshmellow Mateys Scrambled Eggs Sausage Link Mandarin Oranges	Aug - 24  Pancake 'n Sausage Blueberry Muffin Choc Choc Chip Muffin Frosted Mini Spooners Marshmellow Mateys Strawberry Yogurt Sausage Link Pineapple
Aug - 27  Cinnamon Glazed Pancakes Blueberry Muffin Choc Choc Chip Muffin Frosted Mini Spooners Marshmellow Mateys Sausage Link Strawberry Yogurt Peaches	Aug - 28  French Toast Sticks Brown Sugar Cinn Poptart Strawberry Poptart Frosted Mini Spooners Marshmellow Mateys Sausage Link Scrambled Eggs Pears	Aug - 29  Eggo Waffle Blueberry Muffin Choc Choc Chip Muffin Frosted Mini Spooners Marshmellow Mateys Sausage Link Strawberry Yogurt Applesauce Cup, Cinnamon	Aug - 30  French Toast Sticks Brown Sugar Cinn Poptart Strawberry Poptart Frosted Mini Spooners Marshmellow Mateys Scrambled Eggs Sausage Link Mandarin Oranges	Aug - 31  Pancake 'n Sausage Blueberry Muffin Choc Choc Chip Muffin Frosted Mini Spooners Marshmellow Mateys Strawberry Yogurt Sausage Link Pineapple

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE:** *The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.*