

# Weber School District Child Nutrition

Monday	Tuesday	Wednesday	Thursday	Friday
		Jan - 3  Eggo Waffle-2 Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmellow Mateys Frosted Mini Spooners Scrambled Eggs Strawberry Yogurt Rosy Applesauce	Jan - 4  French Toast Sticks NutriGrain Bar Blueberry NutriGrain Bar Strawberr Blueberry Muffin Choc Choc Chip Muffin Marshmellow Mateys Frosted Mini Spooners Sausage Strawberry Yogurt Mandarin Oranges	Jan - 5  Cinnamon Glazed Pancakes Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmellow Mateys Frosted Mini Spooners Scrambled Eggs Strawberry Yogurt Pineapple
Jan - 8  Pancake 'n Sausage Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmellow Mateys Frosted Mini Spooners Scrambled Eggs Strawberry Yogurt Peaches	Jan - 9  French Toast Sticks NutriGrain Bar Blueberry NutriGrain Bar Strawberr Blueberry Muffin Choc Choc Chip Muffin Marshmellow Mateys Frosted Mini Spooners Sausage Strawberry Yogurt Pears	Jan - 10  Eggo Waffle-2 Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmellow Mateys Frosted Mini Spooners Scrambled Eggs Strawberry Yogurt Rosy Applesauce	Jan - 11  French Toast Sticks NutriGrain Bar Blueberry NutriGrain Bar Strawberr Blueberry Muffin Choc Choc Chip Muffin Marshmellow Mateys Frosted Mini Spooners Sausage Strawberry Yogurt Mandarin Oranges	Jan - 12
Jan - 15	Jan - 16  French Toast Sticks NutriGrain Bar Blueberry NutriGrain Bar Strawberr Blueberry Muffin Choc Choc Chip Muffin Marshmellow Mateys Frosted Mini Spooners Sausage Strawberry Yogurt Pears	Jan - 17  Eggo Waffle-2 Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmellow Mateys Frosted Mini Spooners Scrambled Eggs Strawberry Yogurt Rosy Applesauce	Jan - 18  French Toast Sticks NutriGrain Bar Blueberry NutriGrain Bar Strawberr Blueberry Muffin Choc Choc Chip Muffin Marshmellow Mateys Frosted Mini Spooners Sausage Strawberry Yogurt Mandarin Oranges	Jan - 19  Cinnamon Glazed Pancakes Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmellow Mateys Frosted Mini Spooners Scrambled Eggs Strawberry Yogurt Pineapple

**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient.

**\*** - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Monday	Tuesday	Wednesday	Thursday	Friday
Jan - 22  Pancake 'n Sausage Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmallow Mateys Frosted Mini Spooners Scrambled Eggs Strawberry Yogurt Peaches	Jan - 23  French Toast Sticks NutriGrain Bar Blueberry NutriGrain Bar Strawberr Blueberry Muffin Choc Choc Chip Muffin Marshmallow Mateys Frosted Mini Spooners Sausage Strawberry Yogurt Pears	Jan - 24  Eggo Waffle-2 Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmallow Mateys Frosted Mini Spooners Scrambled Eggs Strawberry Yogurt Rosy Applesauce	Jan - 25  French Toast Sticks NutriGrain Bar Blueberry NutriGrain Bar Strawberr Blueberry Muffin Choc Choc Chip Muffin Marshmallow Mateys Frosted Mini Spooners Sausage Strawberry Yogurt Mandarin Oranges	Jan - 26  Cinnamon Glazed Pancakes Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmallow Mateys Frosted Mini Spooners Scrambled Eggs Strawberry Yogurt Pineapple
Jan - 29  Pancake 'n Sausage Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmallow Mateys Frosted Mini Spooners Scrambled Eggs Strawberry Yogurt Peaches	Jan - 30  French Toast Sticks NutriGrain Bar Blueberry NutriGrain Bar Strawberr Blueberry Muffin Choc Choc Chip Muffin Marshmallow Mateys Frosted Mini Spooners Sausage Strawberry Yogurt Pears	Jan - 31  Eggo Waffle-2 Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmallow Mateys Frosted Mini Spooners Scrambled Eggs Strawberry Yogurt Rosy Applesauce		

This institution is an equal opportunity provider.  
 Menus are subject to change.  
 Milk Variety; 100% Juice, Garden Salad offered daily

**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient.

**\*** - denotes combined nutrient totals with either missing or incomplete nutrient data.

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