

Weber School District Child Nutrition

Monday	Tuesday	Wednesday	Thursday	Friday
		Nov - 1 Menu #3 Eggo Waffle Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Frosted Mini Spooners Marshmellow Mateys Scrambled Eggs Strawberry Yogurt Rosy Applesauce Apples,Fresh Orange Fresh Milk, Chocolate Fat Free Milk,1% Lowfat JUICE FRUITABLE SYRUP,PANCAKE Ketchup	Nov - 2 Menu #4 French Toast Sticks NutriGrain Bar Blueberry NutriGrain Bar Strawberr Blueberry Muffin Choc Choc Chip Muffin Frosted Mini Spooners Marshmellow Mateys Sausage Link Strawberry Yogurt Mandarin Oranges Apples,Fresh Bananas Milk, Chocolate Fat Free Milk,1% Lowfat JUICE FRUITABLE SYRUP,PANCAKE	Nov - 3 Menu #5 Pancake 'n Sausage Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Frosted Mini Spooners Marshmellow Mateys Scrambled Eggs Strawberry Yogurt Pineapple Apples,Fresh Orange Fresh Milk, Chocolate Fat Free Milk,1% Lowfat JUICE FRUITABLE SYRUP,PANCAKE Ketchup
Nov - 6 Menu #1 Cinnamon Glazed Pancakes Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Frosted Mini Spooners Marshmellow Mateys Scrambled Eggs Strawberry Yogurt Peaches Apples,Fresh Orange Fresh JUICE FRUITABLE Milk,1% Lowfat Milk, Chocolate Fat Free SYRUP,PANCAKE Ketchup	Nov - 7 Menu #2 French Toast Sticks NutriGrain Bar Blueberry NutriGrain Bar Strawberr Blueberry Muffin Choc Choc Chip Muffin Frosted Mini Spooners Marshmellow Mateys Sausage Link Strawberry Yogurt Pears Apples,Fresh Bananas JUICE FRUITABLE Milk,1% Lowfat Milk, Chocolate Fat Free SYRUP,PANCAKE	Nov - 8 Menu #3 Eggo Waffle Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Frosted Mini Spooners Marshmellow Mateys Scrambled Eggs Strawberry Yogurt Rosy Applesauce Apples,Fresh Orange Fresh Milk, Chocolate Fat Free Milk,1% Lowfat JUICE FRUITABLE SYRUP,PANCAKE Ketchup	Nov - 9 Menu #4 French Toast Sticks NutriGrain Bar Blueberry NutriGrain Bar Strawberr Blueberry Muffin Choc Choc Chip Muffin Frosted Mini Spooners Marshmellow Mateys Sausage Link Strawberry Yogurt Mandarin Oranges Apples,Fresh Bananas Milk, Chocolate Fat Free Milk,1% Lowfat JUICE FRUITABLE SYRUP,PANCAKE	Nov - 10 Menu #5 Pancake 'n Sausage Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Frosted Mini Spooners Marshmellow Mateys Scrambled Eggs Strawberry Yogurt Pineapple Apples,Fresh Orange Fresh Milk, Chocolate Fat Free Milk,1% Lowfat JUICE FRUITABLE SYRUP,PANCAKE Ketchup

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

*** - denotes combined nutrient totals with either missing or incomplete nutrient data.**

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Weber School District Child Nutrition

Monday	Tuesday	Wednesday	Thursday	Friday
Nov - 13 Menu #1 Cinnamon Glazed Pancakes Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Frosted Mini Spooners Marshmallow Mateys Scrambled Eggs Strawberry Yogurt Peaches Apples,Fresh Orange Fresh JUICE FRUITABLE Milk,1% Lowfat Milk, Chocolate Fat Free SYRUP,PANCAKE Ketchup	Nov - 14 Menu #2 French Toast Sticks NutriGrain Bar Blueberry NutriGrain Bar Strawberr Blueberry Muffin Choc Choc Chip Muffin Frosted Mini Spooners Marshmallow Mateys Sausage Link Strawberry Yogurt Pears Apples,Fresh Bananas JUICE FRUITABLE Milk,1% Lowfat Milk, Chocolate Fat Free SYRUP,PANCAKE	Nov - 15 Menu #3 Eggo Waffle Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Frosted Mini Spooners Marshmallow Mateys Scrambled Eggs Strawberry Yogurt Rosy Applesauce Apples,Fresh Orange Fresh Milk, Chocolate Fat Free Milk,1% Lowfat JUICE FRUITABLE SYRUP,PANCAKE Ketchup	Nov - 16 Menu #4 French Toast Sticks NutriGrain Bar Blueberry NutriGrain Bar Strawberr Blueberry Muffin Choc Choc Chip Muffin Frosted Mini Spooners Marshmallow Mateys Sausage Link Strawberry Yogurt Mandarin Oranges Apples,Fresh Bananas Milk, Chocolate Fat Free Milk,1% Lowfat JUICE FRUITABLE SYRUP,PANCAKE	Nov - 17 Menu #5 Pancake 'n Sausage Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Frosted Mini Spooners Marshmallow Mateys Scrambled Eggs Strawberry Yogurt Pineapple Apples,Fresh Orange Fresh Milk, Chocolate Fat Free Milk,1% Lowfat JUICE FRUITABLE SYRUP,PANCAKE Ketchup
Nov - 20 Menu #1 Cinnamon Glazed Pancakes Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Frosted Mini Spooners Marshmallow Mateys Scrambled Eggs Strawberry Yogurt Peaches Apples,Fresh Orange Fresh JUICE FRUITABLE Milk,1% Lowfat Milk, Chocolate Fat Free SYRUP,PANCAKE Ketchup	Nov - 21 Menu #2 French Toast Sticks NutriGrain Bar Blueberry NutriGrain Bar Strawberr Blueberry Muffin Choc Choc Chip Muffin Frosted Mini Spooners Marshmallow Mateys Sausage Link Strawberry Yogurt Pears Apples,Fresh Bananas JUICE FRUITABLE Milk,1% Lowfat Milk, Chocolate Fat Free SYRUP,PANCAKE	Nov - 22	Nov - 23	Nov - 24

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Nov - 27 Menu #1 Cinnamon Glazed Pancakes Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Frosted Mini Spooners Marshmallow Mateys Scrambled Eggs Strawberry Yogurt Peaches Apples,Fresh Orange Fresh JUICE FRUITABLE Milk,1% Lowfat Milk, Chocolate Fat Free SYRUP,PANCAKE Ketchup	Nov - 28 Menu #2 French Toast Sticks NutriGrain Bar Blueberry NutriGrain Bar Strawberr Blueberry Muffin Choc Choc Chip Muffin Frosted Mini Spooners Marshmallow Mateys Sausage Link Strawberry Yogurt Pears Apples,Fresh Bananas JUICE FRUITABLE Milk,1% Lowfat Milk, Chocolate Fat Free SYRUP,PANCAKE	Nov - 29 Menu #3 Eggo Waffle Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Frosted Mini Spooners Marshmallow Mateys Scrambled Eggs Strawberry Yogurt Rosy Applesauce Apples,Fresh Orange Fresh Milk, Chocolate Fat Free Milk,1% Lowfat JUICE FRUITABLE SYRUP,PANCAKE Ketchup	Nov - 30 Menu #4 French Toast Sticks NutriGrain Bar Blueberry NutriGrain Bar Strawberr Blueberry Muffin Choc Choc Chip Muffin Frosted Mini Spooners Marshmallow Mateys Sausage Link Strawberry Yogurt Mandarin Oranges Apples,Fresh Bananas Milk, Chocolate Fat Free Milk,1% Lowfat JUICE FRUITABLE SYRUP,PANCAKE	

This institution is an equal opportunity provider.
 Menus are subject to change.
 Milk Variety; 100% Juice, Garden Salad offered daily

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