

# Weber School District Child Nutrition

Aug 26, 2020 thru Aug 31, 2020

Base Menu Spreadsheet

Elementary Lunch-1

Portion Values - Detailed

Page 1

Generated on: 7/28/2020 1:14:06 PM

	Portion Size	Reimb Qty	Carb (g)
<b>Wed - 08/26/2020</b>			
Elementary Lunch-1	Total	10630	
Menu #3	1	0	0.0
Chicken Sandwich 51%	1 EACH	10630	46.79
French Fries: ovn bkd, 1/2c	1/2 CUP	8000	16.71
Carrots:frzn, boiled, 1/4 c	1/4 CUP	2000	3.25
Broccoli,raw: fresh 1/4 c	1/4 CUP	2000	1.05
Beans Baked, 1/2 c	1/2 CUP	2000	29.2
Peaches: canned,ex light syrup	1/2 CUP	4500	13.31
Banana, 1/2	1/2 each	2000	15.0
Milk, Chocolate Fat Free	HALF PINT	4500	20.0
Milk,1% Lowfat	HALF PINT	1000	12.0
JUICE FRUITABLE	1 EACH	4500	21.0
Ranch Dressing: yogurt	1 FL OZ	1000	3.31
Ketchup	1 OZ	1000	8.34
Mustard: individual PC	1 EACH	1000	0.35
Mayonnaise, PC Packet	1 EACH	1000	0.97
Tomatoes,Fresh,Sliced	1 EACH	1000	0.37
Lettuce,Shred, 1/8 c	1/8 CUP	1000	0.32
Creamie Variety: ban, choc	1 EACH	7500	14.0
Weighted Daily Average			103.78
% of Calories			54.3%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
<b>Thu - 08/27/2020</b>			
Elementary Lunch-1	Total	10630	
Menu #4	1	1	0.0
Pancakes, Cinnamon Glazed	PKG	10630	35.0
Egg, Hard Boiled	1 EACH	8000	0.56
Bacon, 2 ea	2 Each	8000	0.0
Hash Brown Potatoes	1/2 CUP	8000	20.41
Carrots Baby Fresh	1/4 CUP	1500	4.0
Celery Sticks	1/4 CUP	1500	1.18
Pears: canned,light syrup	1/2 CUP	2000	13.57
Craisins, Strawberry	packet	1500	28.0
Milk, Chocolate Fat Free	HALF PINT	4500	20.0
Milk,1% Lowfat	HALF PINT	1000	12.0
JUICE FRUITABLE	1 EACH	4500	21.0
Ranch Dressing: yogurt	1 FL OZ	1000	3.31
SYRUP, MAPLE CHEF'S MARK	1 EACH	10000	30.66
Ketchup 2oz	2 OZ	1000	16.68
SideKicks BlueRasp-Lemon Fruit	Container	4000	19.64
SideKicks Fruit Cup Kiwi-Straw	Container	4000	19.64
Weighted Daily Average			122.01
% of Calories			70.7%
Nutrient Guideline			

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Page 2

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	Portion Size	Reimb Qty	Carb (g)
<b>Fri - 08/28/2020</b>			
Elementary Lunch-1	Total	10630	
Menu #5	1	1	0.0
Pizza, Cheese, Primo (10 cut)	slice	8000	28.0
Pizza, Pepp, Primo (10 cut)	slice	2630	28.0
Bread Sticks 51% 2 oz	1 EACH	7000	30.79
Salad, Side--Elem Green	1/2 CUP	3500	0.76
Tomato Grape	1/4 CUP	1500	0.99
Cucumber, Raw	1/4 CUP	1500	1.18
Green Beans: canned,ckd 1/4 c	1/4 cup	2000	0.08
Mandarin Oranges	1/2 CUP	5000	21.26
Apples,Fresh 1/2 each	1/2 each	5000	9.53
Milk, Chocolate Fat Free	HALF PINT	4500	20.0
Milk,1% Lowfat	HALF PINT	1000	12.0
JUICE FRUITABLE	1 EACH	4500	21.0
Ranch Dressing: yogurt	1 FL OZ	2500	3.31
Chocolate Chip Cookie	1 EACH	10000	18.26
Weighted Daily Average			99.78
% of Calories			57.3%
Nutrient Guideline			

<b>Mon - 08/31/2020</b>			
Elementary Lunch-1	Total	10630	
Menu #6	1	0	0.0
Corn Dog Chicken	1 EACH	10630	30.0
Tater Tots, 1/2 CUP	1/2 CUP	10000	17.04
Peas: frozen,warmed,1/4 c	1/4 CUP	4000	6.79
Carrots Baby Fresh	1/4 CUP	4000	4.0
Applesauce Cup, Cinnamon	1/2 CUP	6000	17.0
Orange Fresh, 1/2	1/2 EACH	6000	5.64
Milk, Chocolate Fat Free	HALF PINT	3000	20.0
Milk,1% Lowfat	HALF PINT	1000	12.0
JUICE FRUITABLE	1 EACH	3000	21.0
Ranch Dressing: yogurt	1 FL OZ	6000	3.31
Ketchup	1 OZ	10000	8.34
Mustard: individual PC	1 EACH	8000	0.35
Pudding Chocolate	1 EACH	4500	20.05
Pudding Vanilla	1 EACH	4500	18.04
Weighted Daily Average			101.67
% of Calories			64.3%
Nutrient Guideline			

Weighted Average			106.81
			61.4%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	106.81	61.40%						

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