

Weber School District Child Nutrition

2019-2020 High School Lunch

| Monday | Tuesday | Wednesday | Thursday | Friday |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Dec - 2 Chicken Sandwich Popcorn Chicken French Fries Hawaiian Haystacks Steamed Rice Roll, Baked Fresh Daily Celery Sticks Peas Pineapple Creamie Variety | Dec - 3 Chicken Sandwich Tater Tots Cheese Pizza Pepperoni Pizza Navajo Taco Corn Applesauce, Cinnamon unsweet Chocolate Pudding Vanilla Pudding | Dec - 4 Chicken Sandwich Meatball Sub Sandwich French Fries Cajun Pasta Roll, Baked Fresh Daily Cucumber Slices Carrots Pears Sugar Cookies | Dec - 5 Chicken Sandwich Chicken Nuggets Potato Wedges Country Fried Steak Whipped Potatoes Roll, Baked Fresh Daily Green Beans Mandarin Oranges BlueRasp-Lemon SideKicks Kiwi-Straw SideKick's | Dec - 6 Chicken Sandwich French Fries Cheese Pizza Pepperoni Pizza Mandarin Orange Chicken Steamed Rice Roll, Baked Fresh Daily Baby Carrots Broccoli Baked Beans Pineapple Chocolate Chip Cookie |
| Dec - 9 Chicken Sandwich Hot Dog Wrap Cheese Burger French Fries Celery Sticks Peas Peaches | Dec - 10 Chicken Sandwich Crisp Taco Soft Shell Taco Tater Tots Pepperoni Pizza Cheese Pizza Corn Refried Beans Applesauce Cup, Cinnamon Cinnamon Rolls | Dec - 11 Chicken Sandwich Rib-B-Q Sandwich French Fries Spaghetti Roll, Baked Fresh Daily Cucumber Slices Baked Beans Carrots Pears Chocolate Pudding Vanilla Pudding | Dec - 12 Chicken Sandwich Potato Wedges Pork Roast Whipped Potatoes Mac & Cheese Roll, Baked Fresh Daily Green Beans Mandarin Oranges | Dec - 13 Chicken Sandwich French Fries Cheese Pizza Pepperoni Pizza Teriyaki Rice Bowl Steamed Rice Roll, Baked Fresh Daily Baby Carrots Broccoli Normandy Pineapple Rice Krispies Treat -Large |
| Dec - 16 Chicken Sandwich Chicken Nuggets French Fries Chicken Parmesan Roll, Baked Fresh Daily Celery Sticks Peas Peaches Pumpkin Choc Chip Cookie | Dec - 17 Chicken Sandwich Tater Tots Cheese Pizza Pepperoni Pizza Enchilada Roll, Baked Fresh Daily Black Beans Spanish Rice Corn Rosy Applesauce Pumpkin Choc Chip Cookie | Dec - 18 Chicken Sandwich French Fries Chicken Alfredo Roll, Baked Fresh Daily Breakfast Bake Waffle, WG Bake Crafter Cucumber Slices Broccoli Pears | Dec - 19 Chicken Sandwich Corn Dog Potato Wedges Hamburger Gravy Whipped Potatoes Roll, Baked Fresh Daily Green Beans Mandarin Oranges Sugar Cookies | Dec - 20 Chicken Sandwich French Fries Cheese Pizza Pepperoni Pizza Sweet & Sour Chicken Steamed Rice Roll, Baked Fresh Daily Baby Carrots Broccoli Normandy Pineapple Chocolate Pudding Vanilla Pudding |

This institute is an equal opportunity provider.
 Menus are subject to change
 Milk variety, 100% juice, and side salad offered daily

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.