

# Weber School District Child Nutrition

2019-2020 High School Breakfast

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Nov 11, 2019

Monday	Tuesday	Wednesday	Thursday	Friday
Dec - 2 French Toast Sticks Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmallow Mateys Frosted Mini Spooners Sausage Link, 2 Strawberry Yogurt Peaches	Dec - 3 Pancake 'n Sausage Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmallow Mateys Frosted Mini Spooners Scrambled Eggs Strawberry Yogurt Pears	Dec - 4 French Toast Sticks Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmallow Mateys Frosted Mini Spooners Sausage Link, 2 Strawberry Yogurt Rosy Applesauce	Dec - 5 Cinnamon Glazed Pancakes Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmallow Mateys Frosted Mini Spooners Scrambled Eggs Strawberry Yogurt Mandarin Oranges	Dec - 6 French Toast Sticks Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmallow Mateys Frosted Mini Spooners Sausage Link, 2 Strawberry Yogurt Pineapple
Dec - 9 French Toast Sticks Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmallow Mateys Frosted Mini Spooners Sausage Link, 2 Strawberry Yogurt Peaches	Dec - 10 Pancake 'n Sausage Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmallow Mateys Frosted Mini Spooners Scrambled Eggs Strawberry Yogurt Pears	Dec - 11 French Toast Sticks Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmallow Mateys Frosted Mini Spooners Sausage Link, 2 Strawberry Yogurt Rosy Applesauce	Dec - 12 Cinnamon Glazed Pancakes Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmallow Mateys Frosted Mini Spooners Scrambled Eggs Strawberry Yogurt Mandarin Oranges	Dec - 13 French Toast Sticks Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmallow Mateys Frosted Mini Spooners Sausage Link, 2 Strawberry Yogurt Pineapple
Dec - 16 French Toast Sticks Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmallow Mateys Frosted Mini Spooners Sausage Link, 2 Strawberry Yogurt Peaches	Dec - 17 Pancake 'n Sausage Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmallow Mateys Frosted Mini Spooners Scrambled Eggs Strawberry Yogurt Pears	Dec - 18 French Toast Sticks Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmallow Mateys Frosted Mini Spooners Sausage Link, 2 Strawberry Yogurt Rosy Applesauce	Dec - 19 Cinnamon Glazed Pancakes Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmallow Mateys Frosted Mini Spooners Scrambled Eggs Strawberry Yogurt Mandarin Oranges	Dec - 20 French Toast Sticks Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmallow Mateys Frosted Mini Spooners Sausage Link, 2 Strawberry Yogurt Pineapple
Dec - 23	Dec - 24	Dec - 25	Dec - 26	Dec - 27

This institute is an equal opportunity provider.  
Menus are subject to change  
Milk variety, 100% juice, and side salad offered daily

**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient.

**\*** - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.