

# Weber School District Child Nutrition

## 2019-2020 High School Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
Sep - 2	Sep - 3 Chicken Sandwich Tater Tots Cheese Pizza Pepperoni Pizza Enchilada Roll, Baked Fresh Daily Black Beans Spanish Rice Corn Rosy Applesauce Pumpkin Choc Chip Cookie	Sep - 4 Chicken Sandwich French Fries Chicken Alfredo Roll, Baked Fresh Daily Breakfast Bake Waffle, WG Bake Crafter Cucumber Slices Broccoli Pears	Sep - 5 Chicken Sandwich Corn Dog Potato Wedges Hamburger Gravy Whipped Potatoes Roll, Baked Fresh Daily Green Beans Mandarin Oranges Sugar Cookies	Sep - 6 Chicken Sandwich French Fries Cheese Pizza Pepperoni Pizza Sweet & Sour Chicken Steamed Rice Roll, Baked Fresh Daily Baby Carrots Broccoli Normandy Pineapple Chocolate Pudding Vanilla Pudding
Sep - 9 Chicken Sandwich Chicken Wrap Cheese Burger French Fries Celery Sticks Peas Peaches	Sep - 10 Chicken Sandwich Tater Tots Cheese Pizza Pepperoni Pizza Meaty Nachos Roll, Baked Fresh Daily Refried Beans Corn Applesauce Cup, Strawberry Creamie Variety	Sep - 11 Chicken Sandwich Malibu Chicken Sandwich French Fries Lasagna Roll, Baked Fresh Daily Cucumber Slices Carrots Pears	Sep - 12 Chicken Sandwich Pulled Turkey BBQ Sandwich Potato Wedges WSD Bowl Roll, Baked Fresh Daily Baked Beans Green Beans Mandarin Oranges	Sep - 13 Chicken Sandwich French Fries Cheese Pizza Pepperoni Pizza Teriyaki Rice Bowl Steamed Rice Roll, Baked Fresh Daily Baby Carrots Broccoli Normandy Pineapple Chocolate Chip Cookie
Sep - 16 Chicken Sandwich Chicken Strips French Fries w/sauce Italian Meatballs Roll, Baked Fresh Daily Celery Sticks Peas Peaches Chocolate Pudding Vanilla Pudding	Sep - 17 Chicken Sandwich Tater Tots Cheese Pizza Pepperoni Pizza Fiesta Taco Bowl Tortilla Chips Black Beans Corn Applesauce	Sep - 18 Chicken Sandwich Chicken Bacon Ranch Wrap French Fries Baked Ziti Roll, Baked Fresh Daily Cucumber Slices Carrots Pears Jell-0	Sep - 19 Chicken Sandwich Fish Filet Potato Wedges Pork Roast Whipped Potatoes Roll, Baked Fresh Daily Green Beans Mandarin Oranges Chocolate Chip Cookie	Sep - 20 Chicken Sandwich French Fries Cheese Pizza Pepperoni Pizza Sweet & Sour Chicken Steamed Rice Roll, Baked Fresh Daily Baby Carrots Broccoli Normandy Pineapple Kiwi-Straw SideKick's BlueRasp-Lemon SideKicks
Sep - 23 Chicken Sandwich Popcorn Chicken French Fries Hawaiian Haystacks Steamed Rice Roll, Baked Fresh Daily Celery Sticks Peas Pineapple Creamie Variety	Sep - 24 Chicken Sandwich Tater Tots Cheese Pizza Pepperoni Pizza Navajo Taco Corn Applesauce, Cinnamon unsweet Chocolate Pudding Vanilla Pudding	Sep - 25 Chicken Sandwich Meatball Sub Sandwich French Fries Cajun Pasta Roll, Baked Fresh Daily Cucumber Slices Carrots Pears Sugar Cookies	Sep - 26 Chicken Sandwich Chicken Nuggets Potato Wedges Country Fried Steak Whipped Potatoes Roll, Baked Fresh Daily Green Beans Mandarin Oranges BlueRasp-Lemon SideKicks Kiwi-Straw SideKick's	Sep - 27 Chicken Sandwich French Fries Cheese Pizza Pepperoni Pizza Mandarin Orange Chicken Steamed Rice Roll, Baked Fresh Daily Baby Carrots Broccoli Baked Beans Peaches Chocolate Chip Cookie

**\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

**\* - denotes combined nutrient totals with either missing or incomplete nutrient data.**

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**

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Sep - 30  Chicken Sandwich Hot Dog Wrap Cheese Burger French Fries Celery Sticks Peas Peaches				

This institute is an equal opportunity provider.  
 Menus are subject to change  
 Milk variety, 100% juice, and side salad offered daily

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*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

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