HAPPY AND SAD HOLIDAYS



We are all more alike than different. We see with our eyes. We smell with our noses. We touch with our hands. We hear with our ears. We all have hearts and people that we love. We all have families. We all have special traditions and holidays. We have happy times like birthdays. We have sad times like when we lose something.



- 1. What are some times when you feel happy?
- 2. What are some times when you feel sad?

In the Jewish tradition, there are happy and sad holidays. Happy holidays are Purim and Hanukkah. Some holidays are sad. Two sad holidays are Yom HaShoah and the 10th of the Hebrew month of Tevet (Asara B'Tevet). These are holidays that help us remember sad times.

3. On the back of the paper draw two pictures. One showing happy holiday feelings. The other showing sad holiday feelings.