

Keep your kids safe.

Discuss the harms of social media with those you care about.



A national mental health crisis is affecting our youth, and social media is a driver of that crisis. One of the best approaches to understanding the harms of social media is to have open and honest conversations. We encourage you to talk with your children, students, youth, or community group using our PowerPoint presentation.

The presentation is available in both English and Spanish and includes up-to-date information and discussion questions. We hope you'll use it and share it with the people you know and care about.



Download the PowerPoint presentation at:
socialharms.utah.gov/educational-resources/



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