RESOURCES

Help Is Available!

CALL 911. If you or someone you

know is in a life threatening emergency or in immediate danger of harming themselves, please call 911.

http://utahsuicideprevention.org/

GET THE SAFE UT APP! Anonymous Tipline.



http://hope4utah.com



http://nuhopeutah.org/



Utah Behavioral Health Crisis Line:

Weber Human Services 801-625-3700

TALK TO SOMEONE NOW.

If you're thinking about suicide, are worried about a friend or loved one, or would like emotional support, the Lifeline network is available 24/7 across the United States.



http://suicidepreventionlifeline.org





STUDENT SERVICES 801-476-7811