

Weber School District Child Nutrition

Aug 21, 2018 thru Aug 31, 2018

Base Menu Spreadsheet

Elementary Lunch-1

Portion Values - Detailed

Page 1

Generated on: 8/3/2018 8:03:44 AM

| | Portion Size | Reimb Qty | Sodm (mg) |
|--------------------------------|--------------|-----------|-----------|
| Tue - 08/21/2018 | | | |
| Elementary Lunch-1 | Total | 10630 | |
| Menu #2 | 1 | 0 | 0 |
| Hawaiian Haystacks | 1/2 CUP | 10630 | 337 |
| Rice, Br & Wh 50/50 Ckd, 1/2 c | 1/2 CUP | 10000 | 2 |
| Rolls 51%/ 2oz | 1 EACH | 5000 | 205 |
| Salad, Side-Elem | 1/2 CUP | 4000 | 6 |
| Tomato Grape | 1/4 CUP | 2000 | 2 |
| Peas: frozen,warmed,1/4 c | 1/4 CUP | 4000 | 34 |
| Pineapple Chunks:canned,lt syr | 1/2 CUP | 4000 | 12 |
| Banana, 1/2 | 1/2 each | 4000 | 0 |
| Milk, Chocolate Fat Free | HALF PINT | 3000 | 180 |
| Milk,1% Lowfat | HALF PINT | 3000 | 125 |
| JUICE FRUITABLE | 1 EACH | 1000 | 20 |
| Ranch Dressing: yogurt | 1 FL OZ | 1000 | 178 |
| Cheese Combo (Chdr & Mozz) | 1 OZ | 8500 | 115 |
| Chow Mein Noodles | 1/8 cup | 6000 | 82 |
| Chocolate Chip Cookie | 1 EACH | 8000 | 82 |
| Weighted Daily Average | | | 759 |
| % of Calories | | | |
| Nutrient Guideline | | | 1230 |

| | Portion Size | Reimb Qty | Sodm (mg) |
|--------------------------------|--------------|-----------|-----------|
| Wed - 08/22/2018 | | | |
| Elementary Lunch-1 | Total | 10630 | |
| Menu #3 | 1 | 0 | 0 |
| Chicken Sandwich 51% | 1 EACH | 10630 | 605 |
| Potato Wedges, 1/2 c | 1/2 CUP | 6000 | 39 |
| Salad, Side-Elem | 1/2 CUP | 5000 | 6 |
| Cucumber, Raw | 1/4 CUP | 2000 | 1 |
| Carrots Baby Fresh | 1/4 CUP | 2000 | 20 |
| Beans Baked, 1/2 c | 1/2 CUP | 2000 | 452 |
| Peaches: canned,ex light syrup | 1/2 CUP | 5000 | 10 |
| Banana, 1/2 | 1/2 each | 2000 | 0 |
| Milk, Chocolate Fat Free | HALF PINT | 3000 | 180 |
| Milk,1% Lowfat | HALF PINT | 3000 | 125 |
| JUICE FRUITABLE | 1 EACH | 1000 | 20 |
| Ranch Dressing: yogurt | 1 FL OZ | 1000 | 178 |
| Ketchup | 1 OZ | 1000 | 267 |
| Mayonnaise, PC Packet | 1 EACH | 1000 | 82 |
| Tomatoes,Fresh,Sliced | 1 EACH | 1000 | 0 |
| Lettuce,Shred, 1/8 c | 1/8 CUP | 1000 | 1 |
| Weighted Daily Average | | | 861 |
| % of Calories | | | |
| Nutrient Guideline | | | 1230 |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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| | Portion Size | Reimb Qty | Sodm (mg) |
|-------------------------------|--------------|-----------|-----------|
| Thu - 08/23/2018 | | | |
| Elementary Lunch-1 | Total | 10630 | |
| Menu #4 | 1 | 1 | 0 |
| Popcorn Chicken | 10 Each | 10630 | 380 |
| Rolls 51%/ 2oz | 1 EACH | 9000 | 205 |
| Salad, Side--Elem Green | 1/2 CUP | 5000 | 8 |
| Tomato Grape | 1/4 CUP | 2000 | 2 |
| Green Beans: canned,ckd 1/4 c | 1/4 cup | 5000 | 8 |
| Pears: canned,light syrup | 1/2 CUP | 4000 | 10 |
| Craisins, Strawberry | packet | 2000 | 0 |
| Milk, Chocolate Fat Free | HALF PINT | 3000 | 180 |
| Milk,1% Lowfat | HALF PINT | 3000 | 125 |
| JUICE FRUITABLE | 1 EACH | 1000 | 20 |
| Ranch Dressing: yogurt | 1 FL OZ | 1000 | 178 |
| Ketchup | 1 OZ | 5000 | 267 |
| Barbecue Sauce BULL'S EYE | 1 OZ | 5000 | 205 |
| Snickerdoodles | 1 EACH | 8000 | 72 |
| Weighted Daily Average | | | 946 |
| % of Calories | | | |
| Nutrient Guideline | | | 1230 |

| | Portion Size | Reimb Qty | Sodm (mg) |
|-------------------------------|--------------|-----------|-----------|
| Fri - 08/24/2018 | | | |
| Elementary Lunch-1 | Total | 10630 | |
| Menu #5 | 1 | 1 | 0 |
| Pizza, Cheese, Primo (10 cut) | slice | 8000 | 480 |
| Pizza, Pepp, Primo (10 cut) | slice | 2630 | 530 |
| Bread Sticks 51% 2 oz | 1 EACH | 7500 | 205 |
| Salad, Side--Elem Green | 1/2 CUP | 3500 | 8 |
| Corn: frzn, yellow ckd, 1/4 c | 1/4 CUP | 2000 | 2 |
| Mandarin Oranges | 1/2 CUP | 4000 | 21 |
| Kiwifruit, Fresh | 1 EACH | 2000 | 2 |
| Milk, Chocolate Fat Free | HALF PINT | 4000 | 180 |
| Milk,1% Lowfat | HALF PINT | 4000 | 125 |
| JUICE FRUITABLE | 1 EACH | 1000 | 20 |
| Ranch Dressing: yogurt | 1 FL OZ | 2500 | 178 |
| Creamie Variety: ban, choc | 1 EACH | 9000 | 39 |
| Weighted Daily Average | | | 840 |
| % of Calories | | | |
| Nutrient Guideline | | | 1230 |

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| | Portion Size | Reimb Qty | Sodm (mg) |
|--------------------------------------|--------------|-----------|-----------|
| Mon - 08/27/2018 | | | |
| Elementary Lunch-1 | Total | 10630 | |
| Menu #6 | 1 | 0 | 0 |
| Corn Dog Chicken | 1 EACH | 10630 | 390 |
| Tater Tots, 1/2 CUP | 1/2 CUP | 10000 | 330 |
| Salad, Side-Elem | 1/2 CUP | 6000 | 6 |
| Carrots Baby Fresh | 1/4 CUP | 4000 | 20 |
| Applesauce Cup, Cinnamon | 1/2 CUP | 6000 | 15 |
| Orange Fresh, 1/2 | 1/2 EACH | 6000 | 0 |
| Milk, Chocolate Fat Free | HALF PINT | 3000 | 180 |
| Milk, 1% Lowfat | HALF PINT | 1000 | 125 |
| JUICE FRUITABLE | 1 EACH | 3000 | 20 |
| Ranch Dressing: yogurt | 1 FL OZ | 6000 | 178 |
| Ketchup | 1 OZ | 10000 | 267 |
| Mustard: individual PC | 1 EACH | 8000 | 69 |
| Weighted Daily Average % of Calories | | | 1192 |
| Nutrient Guideline | | | 1230 |

| | | | |
|--------------------------------------|-----------|-------|------|
| Tue - 08/28/2018 | | | |
| Elementary Lunch-1 | Total | 10630 | |
| Menu #7 | 1 | 0 | 0 |
| Taco Crisp Elementary | 1 each | 10630 | 464 |
| Tater Tots, 1/2 CUP | 1/2 CUP | 10000 | 330 |
| Salad, Side-Elem | 1/2 CUP | 3500 | 6 |
| Tomato Grape | 1/4 CUP | 2000 | 2 |
| Mandarin Oranges | 1/2 CUP | 4000 | 21 |
| Apples, Fresh 1/2 each | 1/2 each | 3000 | 0 |
| Milk, Chocolate Fat Free | HALF PINT | 3000 | 180 |
| Milk, 1% Lowfat | HALF PINT | 1000 | 125 |
| JUICE FRUITABLE | 1 EACH | 3000 | 20 |
| Ranch Dressing: yogurt | 1 FL OZ | 2000 | 178 |
| Ketchup | 1 OZ | 2000 | 267 |
| Tomatoes, Fresh, diced, 1/8 c | 1/8 CUP | 2000 | 1 |
| Cheese Combo (Chdr & Mozz) | 1 OZ | 2000 | 115 |
| Lettuce, Shred, 1/8 c | 1/8 CUP | 2000 | 1 |
| Sour Cream | 1 OZ | 2000 | 47 |
| Salsa | 1 OZ | 2000 | 68 |
| CINNAMON ROLLS | 1 EACH | 8000 | 305 |
| Weighted Daily Average % of Calories | | | 1210 |
| Nutrient Guideline | | | 1230 |

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| | Portion Size | Reimb Qty | Sodm (mg) |
|--------------------------------------|--------------|-----------|-----------|
| Wed - 08/29/2018 | | | |
| Elementary Lunch-1 | Total | 10630 | |
| Menu #8 | 1 | 0 | 0 |
| Cheese Burger Wheat 51% | 1 EACH | 10630 | 664 |
| French Fries: ovn bkd, 1/2c | 1/2 CUP | 10000 | 20 |
| Salad, Side-Elem | 1/2 CUP | 3500 | 6 |
| Carrots Baby Fresh | 1/4 CUP | 2000 | 20 |
| Celery Sticks | 1/4 CUP | 2000 | 26 |
| Green Beans: canned,ckd 1/4 c | 1/4 cup | 3000 | 8 |
| Peaches: canned,ex light syrup | 1/2 CUP | 4000 | 10 |
| Banana, 1/2 | 1/2 each | 2000 | 0 |
| Milk, Chocolate Fat Free | HALF PINT | 3000 | 180 |
| Milk,1% Lowfat | HALF PINT | 1000 | 125 |
| JUICE FRUITABLE | 1 EACH | 3000 | 20 |
| Ranch Dressing: yogurt | 1 FL OZ | 3500 | 178 |
| Ketchup | 1 OZ | 1000 | 267 |
| Mustard: individual PC | EACH | 1000 | 69 |
| Mayonnaise, PC Packet | 1 EACH | 1000 | 82 |
| Tomatoes,Fresh,Sliced | 1 EACH | 1000 | 0 |
| Lettuce,Shred, 1/8 c | 1/8 CUP | 1000 | 1 |
| Weighted Daily Average % of Calories | | | 866 |
| Nutrient Guideline | | | 1230 |

| | | | |
|--------------------------------------|-----------|-------|------|
| Thu - 08/30/2018 | | | |
| Elementary Lunch-1 | Total | 10630 | |
| Menu #9 | 1 | 1 | 0 |
| Meaty Nachos- Beef | Serving | 10630 | 778 |
| Salad, Side-Elem | 1/2 CUP | 2500 | 6 |
| Corn: frzn, yellow ckd, 1/4 c | 1/4 CUP | 2000 | 2 |
| Beans, Black, 1/2 c | 1/2 CUP | 2000 | 383 |
| Pears: canned,light syrup | 1/2 CUP | 2000 | 10 |
| Craisins, Strawberry | packet | 1500 | 0 |
| Milk, Chocolate Fat Free | HALF PINT | 3000 | 180 |
| Milk,1% Lowfat | HALF PINT | 1000 | 125 |
| JUICE FRUITABLE | 1 EACH | 3000 | 20 |
| Ranch Dressing: yogurt | 1 FL OZ | 1000 | 178 |
| Tomatoes,Fresh,Sliced | 1 EACH | 1000 | 0 |
| Lettuce,Shred, 1/8 c | 1/8 CUP | 1000 | 1 |
| Sour Cream | 1 OZ | 2000 | 47 |
| Salsa | 1 OZ | 2000 | 68 |
| Rice Krispy Treat | 1 each | 5000 | 45 |
| Weighted Daily Average % of Calories | | | 981 |
| Nutrient Guideline | | | 1230 |

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| | Portion Size | Reimb Qty | Sodm (mg) |
|--------------------------------|--------------|-----------|-----------|
| Fri - 08/31/2018 | | | |
| Elementary Lunch-1 | Total | 10630 | |
| Menu #10 | 1 | 1 | 0 |
| Mandarin Orange Chicken | serving | 10630 | 311 |
| Rice, Br & Wh 50/50 Ckd, 1/2 c | 1/2 CUP | 10000 | 2 |
| Rolls 51%/ 2oz | 1 EACH | 8000 | 205 |
| Salad, Side--Elem Green | 1/2 CUP | 7000 | 8 |
| Peas: frozen,warmed,1/4 c | 1/4 CUP | 5000 | 34 |
| Pineapple Chunks:canned,lt syr | 1/2 CUP | 5000 | 12 |
| Kiwifruit, Fresh | 1 EACH | 2000 | 2 |
| Milk, Chocolate Fat Free | HALF PINT | 3000 | 180 |
| Milk,1% Lowfat | HALF PINT | 1000 | 125 |
| JUICE FRUITABLE | 1 EACH | 3000 | 20 |
| Ranch Dressing: yogurt | 1 FL OZ | 7000 | 178 |
| Jello | 1/2 cup | 10000 | 90 |
| Weighted Daily Average | | | 765 |
| % of Calories | | | |
| Nutrient Guideline | | | 1230 |

| | | | |
|------------------|--|--|-----|
| Weighted Average | | | 936 |
|------------------|--|--|-----|

| Nutrient | Menu AVG | % of Cals | Weekly Target | % of Target | Miss Data | Shortfall | Overage | Error Messages (if any) |
|-------------|----------|-----------|---------------|-------------|-----------|-----------|---------|-------------------------|
| Sodium (mg) | 936 | | 1230 | | | | | |

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