Weber School District Child Nutrition

Feb 1, 2017 thru Feb 28, 2017

Base Menu Spreadsheet

BREAKFAST Elementary

Portion Values - Detailed

Generated on: 1/18/2017 7:57:16 AM

	Portion Size	Sodm (mg)
Wed - 02/01/2017		
BREAKFAST Elementary	Total	
Breakfast Menu #3	1	0
French Toast Sticks, 4 each	4 EACH	370
Cereal,Frosted Mini-Wheats,Bow	BOWL	10
Cereal, Marshmellow Mateys	1 Each	370
POPTART, BROWN SUGAR CINN	PACKAGE	170
POPTART, STRAWBERRY	PACKAGE	170
Yogurt, strawberry	1 EACH	50
SCRAMBLED EGGS	1/4 cup	120
Peaches: canned,ex light syrup	1/2 cup	10
Banana, 1/2	1/2 each	0
JUICE FRUITABLE	1 EACH	20
Milk,1% Lowfat	HALF PINT	125
Milk, Chocolate Fat Free	HALF PINT	180
SYRUP, MAPLE CHEF'S MARK	1 EACH	45
Weighted Daily Average		535
% of Calories		
Nutrient Guideline		540

Thu - 02/02/2017		
BREAKFAST Elementary	Total	
Breakfast Menu #4	1	0
Waffle Snack'n Blueberry	1 EACH	252
Waffle Snack'n Cinnamon	1 EACH	279
Waffle Snack'n Maple	1 EACH	279
Cereal,Frosted Mini-Wheats,Bow	BOWL	10
Cereal, Marshmellow Mateys	1 Each	370
Sausage Link, 2	2 EACH	222
Yogurt, strawberry	1 EACH	50
Strawberry Cup	.5 Cup	0
Kiwifruit, Fresh	1 EACH	2
JUICE FRUITABLE	1 EACH	20
Milk,1% Lowfat	HALF PINT	125
Milk, Chocolate Fat Free	HALF PINT	180
SYRUP, MAPLE CHEF'S MARK	1 EACH	45
Weighted Daily Average		627
% of Calories		
Nutrient Guideline		540

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	Portion Size	Sodm (mg)
Fri - 02/03/2017		
BREAKFAST Elementary	Total	
Breakfast Menu #5	1	0
Pancake 'n Sausage	1 EACH	310
Cereal,Frosted Mini-Wheats,Bow	BOWL	10
Cereal, Marshmellow Mateys	1 Each	370
POPTART, BROWN SUGAR CINN	PACKAGE	170
POPTART, STRAWBERRY	PACKAGE	170
Yogurt, strawberry	1 EACH	50
SCRAMBLED EGGS	1/4 cup	120
Pears: canned,light syrup	1/2 CUP	10
Apples,Fresh 1/2 each	1/2 each	0
JUICE FRUITABLE	1 EACH	20
Milk,1% Lowfat	HALF PINT	125
Milk, Chocolate Fat Free	HALF PINT	180
SYRUP, MAPLE CHEF'S MARK	1 EACH	45
Weighted Daily Average		497
% of Calories		
Nutrient Guideline		540

Mon - 02/06/2017		
BREAKFAST Elementary	Total	
Breakfast Menu #1	1	0
Pancakes, Cinnamon Glazed	1 EACH	260
Cereal,Frosted Mini-Wheats,Bow	BOWL	10
Cereal, Marshmellow Mateys	1 Each	370
POPTART, BROWN SUGAR CINN	PACKAGE	170
POPTART, STRAWBERRY	PACKAGE	170
Yogurt, strawberry	1 EACH	50
SCRAMBLED EGGS	1/4 CUP	225
Applesauce, canned: Sweet	1/2 CUP	26
Orange Fresh, 1/2	1/2 EACH	0
JUICE FRUITABLE	1 EACH	20
Milk,1% Lowfat	HALF PINT	125
Milk, Chocolate Fat Free	HALF PINT	180
SYRUP, MAPLE CHEF'S MARK	1 EACH	45
Weighted Daily Average		531
% of Calories		
Nutrient Guideline		540

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	Portion Size	Sodm (mg)
Tue - 02/07/2017		
BREAKFAST Elementary	Total	
Breakfast Menu #2	1	0
Muffin Blueberry	1 EACH	140
Muffin Chocolate Choc Chip	1 EACH	135
Cereal,Frosted Mini-Wheats,Bow	BOWL	10
Cereal, Marshmellow Mateys	1 Each	370
Yogurt, strawberry	1 EACH	50
Sausage Link, 2	2 EACH	222
Mandarin Oranges	1/2 CUP	21
Apples,Fresh 1/2 each	1/2 each	0
JUICE FRUITABLE	1 EACH	20
Milk,1% Lowfat	HALF PINT	125
Milk, Chocolate Fat Free	HALF PINT	180
Weighted Daily Average		471
% of Calories		
Nutrient Guideline		540

Wed - 02/08/2017		
BREAKFAST Elementary	Total	
Breakfast Menu #3	1	0
French Toast Sticks, 4 each	4 EACH	370
Cereal,Frosted Mini-Wheats,Bow	BOWL	10
Cereal, Marshmellow Mateys	1 Each	370
POPTART, BROWN SUGAR CINN	PACKAGE	170
POPTART, STRAWBERRY	PACKAGE	170
Yogurt, strawberry	1 EACH	50
SCRAMBLED EGGS	1/4 cup	120
Peaches: canned,ex light syrup	1/2 cup	10
Banana, 1/2	1/2 each	0
JUICE FRUITABLE	1 EACH	20
Milk,1% Lowfat	HALF PINT	125
Milk, Chocolate Fat Free	HALF PINT	180
SYRUP, MAPLE CHEF'S MARK	1 EACH	45
Weighted Daily Average		529
% of Calories		
Nutrient Guideline		540

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	Portion Size	Sodm (mg)
Thu - 02/09/2017		
BREAKFAST Elementary	Total	
Breakfast Menu #4	1	0
Waffle Snack'n Blueberry	1 EACH	252
Waffle Snack'n Cinnamon	1 EACH	279
Waffle Snack'n Maple	1 EACH	279
Cereal,Frosted Mini-Wheats,Bow	BOWL	10
Cereal, Marshmellow Mateys	1 Each	370
Sausage Link, 2	2 EACH	222
Yogurt, strawberry	1 EACH	50
Strawberry Cup	.5 Cup	0
Kiwifruit, Fresh	1 EACH	2
JUICE FRUITABLE	1 EACH	20
Milk,1% Lowfat	HALF PINT	125
Milk, Chocolate Fat Free	HALF PINT	180
SYRUP, MAPLE CHEF'S MARK	1 EACH	45
Weighted Daily Average		616
% of Calories		
Nutrient Guideline		540

Fri - 02/10/2017		
BREAKFAST Elementary	Total	
Breakfast Menu #5	1	0
Pancake 'n Sausage	1 EACH	310
Cereal,Frosted Mini-Wheats,Bow	BOWL	10
Cereal, Marshmellow Mateys	1 Each	370
POPTART, BROWN SUGAR CINN	PACKAGE	170
POPTART, STRAWBERRY	PACKAGE	170
Yogurt, strawberry	1 EACH	50
SCRAMBLED EGGS	1/4 cup	120
Pears: canned,light syrup	1/2 CUP	10
Apples,Fresh 1/2 each	1/2 each	0
JUICE FRUITABLE	1 EACH	20
Milk,1% Lowfat	HALF PINT	125
Milk, Chocolate Fat Free	HALF PINT	180
SYRUP, MAPLE CHEF'S MARK	1 EACH	45
Weighted Daily Average		498
% of Calories		
Nutrient Guideline		540

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	Portion Size	Sodm (mg)
Mon - 02/13/2017		
BREAKFAST Elementary	Total	
Breakfast Menu #1	1	0
Pancakes, Cinnamon Glazed	1 EACH	260
Cereal,Frosted Mini-Wheats,Bow	BOWL	10
Cereal, Marshmellow Mateys	1 Each	370
POPTART, BROWN SUGAR CINN	PACKAGE	170
POPTART, STRAWBERRY	PACKAGE	170
Yogurt, strawberry	1 EACH	50
SCRAMBLED EGGS	1/4 CUP	225
Applesauce, canned: Sweet	1/2 CUP	26
Orange Fresh, 1/2	1/2 EACH	0
JUICE FRUITABLE	1 EACH	20
Milk,1% Lowfat	HALF PINT	125
Milk, Chocolate Fat Free	HALF PINT	180
SYRUP, MAPLE CHEF'S MARK	1 EACH	45
Weighted Daily Average		534
% of Calories		
Nutrient Guideline		540

Tue - 02/14/2017		
BREAKFAST Elementary	Total	
Breakfast Menu #2	1	0
Muffin Blueberry	1 EACH	140
Muffin Chocolate Choc Chip	1 EACH	135
Cereal,Frosted Mini-Wheats,Bow	BOWL	10
Cereal, Marshmellow Mateys	1 Each	370
Yogurt, strawberry	1 EACH	50
Sausage Link, 2	2 EACH	222
Mandarin Oranges	1/2 CUP	21
Apples,Fresh 1/2 each	1/2 each	0
JUICE FRUITABLE	1 EACH	20
Milk,1% Lowfat	HALF PINT	125
Milk, Chocolate Fat Free	HALF PINT	180
Weighted Daily Average		442
% of Calories		
Nutrient Guideline		540

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	Portion Size	Sodm (mg)
Wed - 02/15/2017		
BREAKFAST Elementary	Total	
Breakfast Menu #3	1	0
French Toast Sticks, 4 each	4 EACH	370
Cereal,Frosted Mini-Wheats,Bow	BOWL	10
Cereal, Marshmellow Mateys	1 Each	370
POPTART, BROWN SUGAR CINN	PACKAGE	170
POPTART, STRAWBERRY	PACKAGE	170
Yogurt, strawberry	1 EACH	50
SCRAMBLED EGGS	1/4 cup	120
Peaches: canned,ex light syrup	1/2 cup	10
Banana, 1/2	1/2 each	0
JUICE FRUITABLE	1 EACH	20
Milk,1% Lowfat	HALF PINT	125
Milk, Chocolate Fat Free	HALF PINT	180
SYRUP, MAPLE CHEF'S MARK	1 EACH	45
Weighted Daily Average		529
% of Calories		
Nutrient Guideline		540

Thu - 02/16/2017		
BREAKFAST Elementary	Total	
Breakfast Menu #4	1	0
Waffle Snack'n Blueberry	1 EACH	252
Waffle Snack'n Cinnamon	1 EACH	279
Waffle Snack'n Maple	1 EACH	279
Cereal,Frosted Mini-Wheats,Bow	BOWL	10
Cereal, Marshmellow Mateys	1 Each	370
Sausage Link, 2	2 EACH	222
Yogurt, strawberry	1 EACH	50
Strawberry Cup	.5 Cup	0
Kiwifruit, Fresh	1 EACH	2
JUICE FRUITABLE	1 EACH	20
Milk,1% Lowfat	HALF PINT	125
Milk, Chocolate Fat Free	HALF PINT	180
SYRUP, MAPLE CHEF'S MARK	1 EACH	45
Weighted Daily Average		587
% of Calories		
Nutrient Guideline		540

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	Portion Size	Sodm (mg)
Tue - 02/21/2017		
BREAKFAST Elementary	Total	
Breakfast Menu #2	1	0
Muffin Blueberry	1 EACH	140
Muffin Chocolate Choc Chip	1 EACH	135
Cereal,Frosted Mini-Wheats,Bow	BOWL	10
Cereal, Marshmellow Mateys	1 Each	370
Yogurt, strawberry	1 EACH	50
Sausage Link, 2	2 EACH	222
Mandarin Oranges	1/2 CUP	21
Apples,Fresh 1/2 each	1/2 each	0
JUICE FRUITABLE	1 EACH	20
Milk,1% Lowfat	HALF PINT	125
Milk, Chocolate Fat Free	HALF PINT	180
Weighted Daily Average		389
% of Calories		
Nutrient Guideline		540

Wed - 02/22/2017		
BREAKFAST Elementary	Total	
Breakfast Menu #3	1	0
French Toast Sticks, 4 each	4 EACH	370
Cereal,Frosted Mini-Wheats,Bow	BOWL	10
Cereal, Marshmellow Mateys	1 Each	370
POPTART, BROWN SUGAR CINN	PACKAGE	170
POPTART, STRAWBERRY	PACKAGE	170
Yogurt, strawberry	1 EACH	50
SCRAMBLED EGGS	1/4 cup	120
Peaches: canned,ex light syrup	1/2 cup	10
Banana, 1/2	1/2 each	0
JUICE FRUITABLE	1 EACH	20
Milk,1% Lowfat	HALF PINT	125
Milk, Chocolate Fat Free	HALF PINT	180
SYRUP, MAPLE CHEF'S MARK	1 EACH	45
Weighted Daily Average		531
% of Calories		
Nutrient Guideline		540

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	Portion Size	Sodm (mg)
Thu - 02/23/2017		
BREAKFAST Elementary	Total	
Breakfast Menu #4	1	0
Waffle Snack'n Blueberry	1 EACH	252
Waffle Snack'n Cinnamon	1 EACH	279
Waffle Snack'n Maple	1 EACH	279
Cereal,Frosted Mini-Wheats,Bow	BOWL	10
Cereal, Marshmellow Mateys	1 Each	370
Sausage Link, 2	2 EACH	222
Yogurt, strawberry	1 EACH	50
Strawberry Cup	.5 Cup	0
Kiwifruit, Fresh	1 EACH	2
JUICE FRUITABLE	1 EACH	20
Milk,1% Lowfat	HALF PINT	125
Milk, Chocolate Fat Free	HALF PINT	180
SYRUP, MAPLE CHEF'S MARK	1 EACH	45
Weighted Daily Average		589
% of Calories		
Nutrient Guideline		540

Fri - 02/24/2017		
BREAKFAST Elementary	Total	
Breakfast Menu #5	1	0
Pancake 'n Sausage	1 EACH	310
Cereal,Frosted Mini-Wheats,Bow	BOWL	10
Cereal, Marshmellow Mateys	1 Each	370
POPTART, BROWN SUGAR CINN	PACKAGE	170
POPTART, STRAWBERRY	PACKAGE	170
Yogurt, strawberry	1 EACH	50
SCRAMBLED EGGS	1/4 cup	120
Pears: canned,light syrup	1/2 CUP	10
Apples,Fresh 1/2 each	1/2 each	0
JUICE FRUITABLE	1 EACH	20
Milk,1% Lowfat	HALF PINT	125
Milk, Chocolate Fat Free	HALF PINT	180
SYRUP, MAPLE CHEF'S MARK	1 EACH	45
Weighted Daily Average		498
% of Calories		
Nutrient Guideline		540

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	Portion Size	Sodm (mg)
Mon - 02/27/2017		
BREAKFAST Elementary	Total	
Breakfast Menu #1	1	0
Pancakes, Cinnamon Glazed	1 EACH	260
Cereal,Frosted Mini-Wheats,Bow	BOWL	10
Cereal, Marshmellow Mateys	1 Each	370
POPTART, BROWN SUGAR CINN	PACKAGE	170
POPTART, STRAWBERRY	PACKAGE	170
Yogurt, strawberry	1 EACH	50
SCRAMBLED EGGS	1/4 CUP	225
Applesauce, canned: Sweet	1/2 CUP	26
Orange Fresh, 1/2	1/2 EACH	0
JUICE FRUITABLE	1 EACH	20
Milk,1% Lowfat	HALF PINT	125
Milk, Chocolate Fat Free	HALF PINT	180
SYRUP, MAPLE CHEF'S MARK	1 EACH	45
Weighted Daily Average		536
% of Calories		
Nutrient Guideline		540

Tue - 02/28/2017		
BREAKFAST Elementary	Total	
Breakfast Menu #2	1	0
Muffin Blueberry	1 EACH	140
Muffin Chocolate Choc Chip	1 EACH	135
Cereal,Frosted Mini-Wheats,Bow	BOWL	10
Cereal, Marshmellow Mateys	1 Each	370
Yogurt, strawberry	1 EACH	50
Sausage Link, 2	2 EACH	222
Mandarin Oranges	1/2 CUP	21
Apples,Fresh 1/2 each	1/2 each	0
JUICE FRUITABLE	1 EACH	20
Milk,1% Lowfat	HALF PINT	125
Milk, Chocolate Fat Free	HALF PINT	180
Weighted Daily Average		426
% of Calories		
Nutrient Guideline		540

Weighted Average		520

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Sodium (mg)	520		540					

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Weber School District Child Nutrition

Feb 1, 2017 thru Feb 28, 2017

Base Menu Spreadsheet

LUNCH Elementary

Portion Values - Detailed

Generated on: 1/18/2017 7:56:29 AM

	Portion Size	Sodm (mg)
Wed - 02/01/2017		
LUNCH Elementary	Total	
Menu #23	1	*N/A*
Burrito, Bean & Cheese, 5 oz	1 EACH	444
Sweet & Sour Chicken	Serving	218
Rice, Br & Wh 50/50 Ckd, 1/2 c	1/2 CUP	2
Rolls 51%/ 2oz	1 EACH	205
Salad, Side--Elem S/R/C	1/2 CUP	6
Carrots Baby Fresh	1/4 CUP	20
Celery Sticks	1/4 CUP	26
Pineapple Chunks:canned,lt syr	1/2 CUP	12
Kiwifruit, Fresh	1 EACH	2
Milk, Chocolate Fat Free	HALF PINT	180
Milk,1% Lowfat	HALF PINT	125
JUICE FRUITABLE	1 EACH	20
Salsa	1 OZ	69
Ranch Dressing: yogurt	1 FL OZ	178
Weighted Daily Average		649
% of Calories		
Nutrient Guideline		1230

Thu - 02/02/2017		
LUNCH Elementary	Total	
Menu #24	1	*N/A*
Chili 3/4 cup	3/4 CUP	612
Cheese Combo 1/2 oz	1/2 OZ	57
Breakfast Casserole	1 cup	694
Salad, Side--Elem S/R/C	1/2 CUP	6
Rolls 51%/ 2oz	1 EACH	205
Pears: canned,light syrup	1/2 CUP	10
Kiwifruit, Fresh	1 EACH	2
Corn: frzn, yellow ckd, 1/4 c	1/4 CUP	2
Milk, Chocolate Fat Free	HALF PINT	180
Milk,1% Lowfat	HALF PINT	125
JUICE FRUITABLE	1 EACH	20
Ranch Dressing: yogurt	1 FL OZ	178
Ketchup	1 OZ	267
Weighted Daily Average		1100
% of Calories		
Nutrient Guideline		1230

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Base Menu Spreadsheet

LUNCH Elementary

Portion Values - Detailed

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	Portion Size	Sodm (mg)
Fri - 02/03/2017		
LUNCH Elementary	Total	
Menu #25	1	*N/A*
Pizza, Cheese, Primo (10 cut)	slice	480
Pizza, Pepp, Primo (10 cut)	slice	530
Pulled Pork Sandwich	1 EACH	771
French Fries: ovn bkd, 1/2c	1/2 CUP	20
Salad, Side--Elem S/R/C	1/2 CUP	6
Peaches: canned,ex light syrup	1/2 CUP	10
Craisins, Strawberry	packet	0
Beans Baked, 1/2 c	1/2 CUP	471
Carrots Baby Fresh	1/4 CUP	20
Milk, Chocolate Fat Free	HALF PINT	180
Milk,1% Lowfat	HALF PINT	125
JUICE FRUITABLE	1 EACH	20
Ketchup	1 OZ	267
Ranch Dressing: yogurt	1 FL OZ	178
Pumpkin Chocolate Chip Cookies	1 Each	80
Weighted Daily Average		984
% of Calories		
Nutrient Guideline		1230

Mon - 02/06/2017		
LUNCH Elementary	Total	
Menu #26	1	*N/A*
Chicken Nuggets, Proview	5 Each	380
Turkey Club Sandwich ELEM	1 EACH	833
Salad, Side--Elem S/R/C	1/2 CUP	6
Potato Wedges, 1/2 c	1/2 CUP	39
Pears: canned,light syrup	1/2 CUP	10
Orange Fresh, 1/2	1/2 EACH	0
Green Beans: canned,ckd 1/4 c	1/4 cup	8
Milk, Chocolate Fat Free	HALF PINT	180
Milk,1% Lowfat	HALF PINT	125
JUICE FRUITABLE	1 EACH	20
BBQ Ken's	1 oz	307
Ketchup	1 OZ	267
Lettuce,Shred, 1/8 c	1/8 CUP	1
Mayonnaise, PC Packet	1 EACH	82
Mustard: individual PC	1 EACH	69
Ranch Dressing: yogurt	1 FL OZ	178
Creamie Variety: ban, choc	1 EACH	39
Weighted Daily Average		1080
% of Calories		
Nutrient Guideline		1230

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	Portion Size	Sodm (mg)
Tue - 02/07/2017		
LUNCH Elementary	Total	
Menu #27	1	*N/A*
Cheese Burger Wheat 51%	1 EACH	664
Hot Dog Wrap: Wheat 51%	1 EACH	837
Salad, Side--Elem S/R/C	1/2 CUP	6
French Fries: ovn bkd, 1/2c	1/2 CUP	20
Beans Baked, 1/2 c	1/2 CUP	471
Mandarin Oranges	1/2 CUP	21
Banana, 1/2	1/2 each	0
Celery Sticks	1/4 CUP	26
Carrots Baby Fresh	1/4 CUP	20
Milk, Chocolate Fat Free	HALF PINT	180
Milk,1% Lowfat	HALF PINT	125
JUICE FRUITABLE	1 EACH	20
Lettuce,Shred, 1/8 c	1/8 CUP	1
Ketchup	1 OZ	267
Mayonnaise, PC Packet	1 EACH	82
Mustard: individual PC	1 EACH	69
Ranch Dressing: yogurt	1 FL OZ	178
Weighted Daily Average		1450
% of Calories		
Nutrient Guideline		1230

Wed - 02/08/2017		
LUNCH Elementary	Total	
Menu #28	1	*N/A*
Taco Crisp Elementary	1 each	464
Cheese Combo 1/2 oz	1/2 OZ	57
Cinnamon Bites	1 Each	114
Chicken Sandwich 51%	1 EACH	605
Tater Tots, 1/2 CUP	1/2 CUP	330
Salad, Side--Elem S/R/C	1/2 CUP	6
Corn: frzn, yellow ckd, 1/4 c	1/4 CUP	2
Pineapple Chunks:canned,lt syr	1/2 CUP	12
Kiwifruit, Fresh	1 EACH	2
Milk, Chocolate Fat Free	HALF PINT	180
Milk,1% Lowfat	HALF PINT	125
JUICE FRUITABLE	1 EACH	20
Lettuce,Shred, 1/8 c	1/8 CUP	1
Ketchup	1 OZ	267
Mustard: individual PC	1 EACH	69
Mayonnaise, PC Packet	1 EACH	82
Ranch Dressing: yogurt	1 FL OZ	178
Weighted Daily Average		1097
% of Calories		
Nutrient Guideline		1230

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	Portion Size	Sodm (mg)
Thu - 02/09/2017		
LUNCH Elementary	Total	
Menu #29	1	*N/A*
Chicken Strips: Goldkist 3 ea	3 each	370
Country Fried Steak JTM	1 EACH	340
Salad, Side--Elem S/R/C	1/2 CUP	6
Potatoes Whipped	1/2 CUP	119
Gravy, Country, 1/4 c	1/4 CUP	157
Rolls 51%/ 2oz	1 EACH	205
Apples,Fresh 1/2 each	1/2 each	0
Peaches: canned,ex light syrup	1/2 CUP	10
Broccoli,raw: fresh 1/4 c	1/4 CUP	5
Carrots Baby Fresh	1/4 CUP	20
Milk, Chocolate Fat Free	HALF PINT	180
Milk,1% Lowfat	HALF PINT	125
JUICE FRUITABLE	1 EACH	20
Ranch Dressing: yogurt	1 FL OZ	178
Ketchup	1 OZ	267
BBQ Ken's	1 oz	307
Weighted Daily Average		1136
% of Calories		
Nutrient Guideline		1230

Fri - 02/10/2017		
LUNCH Elementary	Total	
Menu #7	1	0
French Toast Sticks, 4 each	4 EACH	370
Hash Brown Potatoes	1/2 CUP	0
Egg, Hard Boiled	1 EACH	62
Sausage,Pork,Patty frz	1 EACH	172
Applesauce, canned: Sweet	1/2 CUP	26
Orange Fresh, 1/2	1/2 EACH	0
Milk, Chocolate Fat Free	HALF PINT	180
Milk,1% Lowfat	HALF PINT	125
JUICE FRUITABLE	1 EACH	20
Ketchup	1 OZ	267
SYRUP, MAPLE CHEF'S MARK	1 EACH	45
Weighted Daily Average		858
% of Calories		
Nutrient Guideline		1230

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	Portion Size	Sodm (mg)
Mon - 02/13/2017		
LUNCH Elementary	Total	
Menu #31	1	*N/A*
Italian Dunkers	1/2 CUP	532
Bread Sticks 51% 2 oz	1 EACH	205
Chicken Sandwich 51%	1 EACH	605
Potato Wedges, 1/2 c	1/2 CUP	39
Salad, Side--Elem S/R/C	1/2 CUP	6
Pears: canned,light syrup	1/2 CUP	10
Carrots Baby Fresh	1/4 CUP	20
Cucumber, Raw	1/4 CUP	1
Beans Baked, 1/2 c	1/2 CUP	471
Milk,1% Lowfat	HALF PINT	125
Milk, Chocolate Fat Free	HALF PINT	180
JUICE FRUITABLE	1 EACH	20
Ranch Dressing: yogurt	1 FL OZ	178
Mustard: individual PC	1 EACH	69
Mayonnaise, PC Packet	1 EACH	82
Ketchup	1 OZ	267
Weighted Daily Average		1170
% of Calories		
Nutrient Guideline		1230

Tue - 02/14/2017		
LUNCH Elementary	Total	
Menu #32	1	*N/A*
Popcorn Chicken	14 EACH	400
French Fries: ovn bkd, 1/2c	1/2 CUP	20
Chicken Tacos Elementary	1 each	203
Cheese Combo 1/2 oz	1/2 OZ	57
Salad, Side--Elem S/R/C	1/2 CUP	6
Celery Sticks	1/4 CUP	26
Mandarin Oranges	1/2 CUP	21
APPLE SLICES, PACKAGE	PKG	0
Milk, Chocolate Fat Free	HALF PINT	180
Milk,1% Lowfat	HALF PINT	125
JUICE FRUITABLE	1 EACH	20
Lettuce,Shred, 1/8 c	1/8 CUP	1
Barbecue Sauce BULL'S EYE	1 OZ	205
Ketchup	1 OZ	267
Ranch Dressing: yogurt	1 FL OZ	178
Kellogg's Rice Krispies Treat	1 Each	140
Weighted Daily Average		913
% of Calories		
Nutrient Guideline		1230

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	Portion Size	Sodm (mg)
Wed - 02/15/2017		
LUNCH Elementary	Total	
Menu #33	1	*N/A*
Spaghetti Meat Sauce, 1/2 c	1/2 Cup	694
Spaghetti Noodles Ckd, 1/2 c	1/2 CUP	0
Cheese Combo (Chdr & Mozz)	1 OZ	115
Rolls 51%/ 2oz	1 EACH	205
Pulled Pork Sandwich	1 EACH	771
Tater Tots, 1/2 CUP	1/2 CUP	330
Salad, Side--Elem S/R/C	1/2 CUP	6
Carrot Sticks	1/4 cup	21
Green Beans: canned,ckd 1/4 c	1/4 cup	8
Banana, 1/2	1/2 each	0
Peaches: canned,ex light syrup	1/2 CUP	10
Milk,1% Lowfat	HALF PINT	125
Milk, Chocolate Fat Free	HALF PINT	180
JUICE FRUITABLE	1 EACH	20
Ketchup	1 OZ	267
Ranch Dressing: yogurt	1 FL OZ	178
Weighted Daily Average		1324
% of Calories		
Nutrient Guideline		1230

Thu - 02/16/2017		
LUNCH Elementary	Total	
Menu #30	1	*N/A*
Pizza, Cheese, Primo (10 cut)	slice	480
Pizza, Buffalo Chicken, BD-10	Slice	599
Mac & Cheese	6 oz	750
Salad, Side--Elem S/R/C	1/2 CUP	6
Carrots Baby Fresh	1/4 CUP	20
Applesauce, canned: Sweet	1/2 CUP	26
Craisins, Strawberry	packet	0
Green Beans: canned,ckd 1/4 c	1/4 cup	8
Milk, Chocolate Fat Free	HALF PINT	180
Milk,1% Lowfat	HALF PINT	125
JUICE FRUITABLE	1 EACH	20
Ranch Dressing: yogurt	1 FL OZ	178
Weighted Daily Average		833
% of Calories		
Nutrient Guideline		1230

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	Portion Size	Sodm (mg)
Tue - 02/21/2017		
LUNCH Elementary	Total	
Menu #37	1	*N/A*
Meatball Sub	1 EACH	597
Chicken Strips: Goldkist 3 ea	3 each	370
Salad, Side--Elem S/R/C	1/2 CUP	6
Potato Wedges, 1/2 c	1/2 CUP	39
Pears: canned,light syrup	1/2 CUP	10
Orange Fresh, 1/2	1/2 EACH	0
Broccoli: frzn, boiled, 1/4 c	1/4 CUP	5
Beans Baked, 1/2 c	1/2 CUP	471
Milk, Chocolate Fat Free	HALF PINT	180
Milk,1% Lowfat	HALF PINT	125
JUICE FRUITABLE	1 EACH	20
BBQ Ken's	1 oz	307
Ketchup	1 OZ	267
Ranch Dressing: yogurt	1 FL OZ	178
Weighted Daily Average		1070
% of Calories		
Nutrient Guideline		1230

Wed - 02/22/2017		
LUNCH Elementary	Total	
Menu #38	1	*N/A*
Hot Dog on Wheat Bun 51 %	1 EACH	835
Tater Tots, 1/2 CUP	1/2 CUP	330
Soup Chicken Noodle : scratch	1 CUP	372
Rolls 51%/ 2oz	1 EACH	205
Salad, Side--Elem S/R/C	1/2 CUP	6
Carrots Baby Fresh	1/4 CUP	20
Corn: frzn, yellow ckd, 1/4 c	1/4 CUP	2
Kiwifruit, Fresh	1 EACH	2
Peaches: canned,ex light syrup	1/2 CUP	10
Milk,1% Lowfat	HALF PINT	125
Milk, Chocolate Fat Free	HALF PINT	180
JUICE FRUITABLE	1 EACH	20
Ketchup	1 OZ	267
Mustard: individual PC	1 EACH	69
Ranch Dressing: yogurt	1 FL OZ	178
Weighted Daily Average		1291
% of Calories		
Nutrient Guideline		1230

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	Portion Size	Sodm (mg)
Thu - 02/23/2017		
LUNCH Elementary	Total	
Menu #39	1	*N/A*
Hamburger Gravy	1/2 CUP	284
Potatoes Whipped	1/2 CUP	119
Mandarin Orange Chicken	serving	311
Rice, Br & Wh 50/50 Ckd, 1/2 c	1/2 CUP	2
Salad, Side--Elem S/R/C	1/2 CUP	6
Rolls 51%/ 2oz	1 EACH	205
Pineapple Chunks:canned,lt syr	1/2 CUP	12
Apples,Fresh 1/2 each	1/2 each	0
Green Beans: canned,ckd 1/4 c	1/4 cup	8
Milk, Chocolate Fat Free	HALF PINT	180
Milk,1% Lowfat	HALF PINT	125
JUICE FRUITABLE	1 EACH	20
Ranch Dressing: yogurt	1 FL OZ	178
Weighted Daily Average		681
% of Calories		
Nutrient Guideline		1230

Fri - 02/24/2017		
LUNCH Elementary	Total	
Menu #40	1	*N/A*
Pizza, Cheese, Primo (10 cut)	slice	480
Pizza, Four Meat, BD-8	Slice	651
Navajo Taco	1 EACH	727
Cheese Combo (Chdr & Mozz)	1 OZ	115
Lettuce,Shred, 1/4 c	1/4 CUP	2
Salad, Side--Elem S/R/C	1/2 CUP	6
Tomato Grape	1/4 CUP	2
Pears: canned,light syrup	1/2 CUP	10
Banana, 1/2	1/2 each	0
Carrots:frzn, boiled, 1/4 c	1/4 CUP	25
Milk, Chocolate Fat Free	HALF PINT	180
Milk,1% Lowfat	HALF PINT	125
JUICE FRUITABLE	1 EACH	20
Ranch Dressing: yogurt	1 FL OZ	178
Pudding Chocolate	1 EACH	140
Pudding Vanilla	1 EACH	140
Weighted Daily Average		970
% of Calories		
Nutrient Guideline		1230

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	Portion Size	Sodm (mg)
Mon - 02/27/2017		
LUNCH Elementary	Total	
Menu #41	1	*N/A*
Rib-B-Q Sandwich wheat 51%	1 EACH	678
French Fries: ovn bkd, 1/2c	1/2 CUP	20
Baked Ziti	1.25 cup	572
Salad, Side--Elem S/R/C	1/2 CUP	6
Tomato Grape	1/4 CUP	2
Broccoli,raw: fresh 1/4 c	1/4 CUP	5
Mandarin Oranges	1/2 CUP	21
Apples,Fresh 1/2 each	1/2 each	0
Milk, Chocolate Fat Free	HALF PINT	180
Milk,1% Lowfat	HALF PINT	125
JUICE FRUITABLE	1 EACH	20
Ketchup	1 OZ	267
Lettuce,Shred, 1/8 c	1/8 CUP	1
Ranch Dressing: yogurt	1 FL OZ	178
Weighted Daily Average		977
% of Calories		
Nutrient Guideline		1230

Tue - 02/28/2017		
LUNCH Elementary	Total	
Menu #42	1	*N/A*
Chicken, Roasted 8 piece	2 oz serving	200
Rolls 51%/ 2oz	1 EACH	205
Ham & Cheese Sub Wheat 51%	1 EACH	1044
Salad, Side--Elem S/R/C	1/2 CUP	6
Potato Wedges, 1/2 c	1/2 CUP	39
Beans Baked, 1/2 c	1/2 CUP	471
Pineapple Chunks:canned,lt syr	1/2 CUP	12
Peas: frozen,warmed,1/4 c	1/4 CUP	34
Milk, Chocolate Fat Free	HALF PINT	180
Milk,1% Lowfat	HALF PINT	125
JUICE FRUITABLE	1 EACH	20
Ranch Dressing: yogurt	1 FL OZ	178
Lettuce,Shred, 1/8 c	1/8 CUP	1
Mayonnaise, PC Packet	1 EACH	82
Mustard: individual PC	1 EACH	69
Ketchup	1 OZ	267
Weighted Daily Average		1305
% of Calories		
Nutrient Guideline		1230

Weighted Average		1049

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Sodium (mg)	1049		1230					

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