

Weber School District Child Nutrition

Apr 1, 2020 thru Apr 30, 2020

Base Menu Spreadsheet

Junior High Breakfast

Portion Values - Detailed

Page 1

Generated on: 2/26/2020 3:42:24 PM

	Portion Size	Reimb Qty	Carb (g)
Mon - 04/06/2020			
Junior High Breakfast	Total	1000	
Menu #1	1	0	0.0
Pancakes, Cinnamon Glazed	PKG	200	35.0
Bacon Egg & Cheese Croissant	3.5 oz	200	32.94
Muffin Blueberry	1 EACH	100	30.0
Muffin Chocolate Choc Chip	1 EACH	300	27.0
POPTART, BROWN SUGAR CINN	PACKAGE	50	17.46
POPTART, STRAWBERRY	PACKAGE	50	18.96
Pop Tart, Chocolate Fudge	1	50	344.73
Cereal, Frosted Mini-Wheats, Bow	BOWL	25	45.76
Cereal, Marshmallow Mateys	1 Each	25	48.0
SCRAMBLED EGGS	1/4 cup	1000	0.63
Yogurt, strawberry	1 EACH	300	20.0
Peaches: canned, ex light syrup	1/2 CUP	300	13.31
Apples, Fresh	1 EACH	250	19.06
Milk, Chocolate Fat Free	HALF PINT	500	20.0
Milk, 1% Lowfat	HALF PINT	250	12.0
JUICE FRUITABLE	1 EACH	250	21.0
SYRUP, PANCAKE	1 EACH	200	19.01
Ketchup	1 OZ	200	8.34
Weighted Daily Average			85.20
% of Calories			61.6%
Nutrient Guideline			

Tue - 04/07/2020			
Junior High Breakfast	Total	1000	
Menu #2	1	0	0.0
French Toast Sticks BC/WG	3 ea. serving	200	42.8
Breakfast Pizza	2.79 oz	200	17.0
Muffin Blueberry	1 EACH	100	30.0
Muffin Chocolate Choc Chip	1 EACH	200	27.0
POPTART, BROWN SUGAR CINN	PACKAGE	50	17.46
POPTART, STRAWBERRY	PACKAGE	50	18.96
Pop Tart, Chocolate Fudge	1	50	344.73
Cereal, Frosted Mini-Wheats, Bow	BOWL	25	45.76
Cereal, Marshmallow Mateys	1 Each	25	48.0
Sausage Link, 2	2 EACH	950	1.14
Yogurt, strawberry	1 EACH	1000	20.0
Pears: canned, light syrup	1/2 CUP	300	13.57
Kiwifruit, Fresh	1 EACH	250	11.14
Milk, Chocolate Fat Free	HALF PINT	500	20.0
Milk, 1% Lowfat	HALF PINT	250	12.0
JUICE FRUITABLE	1 EACH	250	21.0
SYRUP, PANCAKE	1 EACH	500	19.01
Weighted Daily Average			97.45
% of Calories			65.2%
Nutrient Guideline			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Weber School District Child Nutrition

Apr 1, 2020 thru Apr 30, 2020

Base Menu Spreadsheet

Junior High Breakfast

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Wed - 04/08/2020			
Junior High Breakfast	Total	1000	
Menu #3	1	1	0.0
Waffle, Maple	1	100	10.71
Ham and Cheese English Muffin	3.5 oz	300	26.0
Muffin Blueberry	1 EACH	100	30.0
Muffin Chocolate Choc Chip	1 EACH	300	27.0
POPTART, BROWN SUGAR CINN	PACKAGE	50	17.46
POPTART, STRAWBERRY	PACKAGE	50	18.96
Pop Tart, Chocolate Fudge	1	50	344.73
Cereal, Frosted Mini-Wheats, Bow	BOWL	25	45.76
Cereal, Marshmallow Mateys	1 Each	25	48.0
SCRAMBLED EGGS	1/4 cup	600	0.63
Yogurt, strawberry	1 EACH	600	20.0
Applesauce Cup, Cinnamon	1/2 CUP	600	17.0
Orange Fresh	1 EACH	600	11.28
Milk, Chocolate Fat Free	HALF PINT	500	20.0
Milk, 1% Lowfat	HALF PINT	250	12.0
JUICE FRUITABLE	1 EACH	250	21.0
SYRUP, MAPLE CHEF'S MARK	1 EACH	100	30.66
Ketchup	1 OZ	600	8.34
Weighted Daily Average			97.04
% of Calories			68.7%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Thu - 04/09/2020			
Junior High Breakfast	Total	1000	
Menu #4	1	0	0.0
French Toast Sticks BC/WG	3 ea. serving	300	42.8
Ham, Egg and Cheese Croissant	3.65 oz	200	33.0
Muffin Blueberry	1 EACH	100	30.0
Muffin Chocolate Choc Chip	1 EACH	200	27.0
POPTART, BROWN SUGAR CINN	PACKAGE	50	17.46
POPTART, STRAWBERRY	PACKAGE	50	18.96
Pop Tart, Chocolate Fudge	1	50	344.73
Cereal, Frosted Mini-Wheats, Bow	BOWL	25	45.76
Cereal, Marshmallow Mateys	1 Each	25	48.0
Sausage Link, 2	2 EACH	600	1.14
Yogurt, strawberry	1 EACH	600	20.0
Mandarin Oranges	1/2 CUP	300	21.26
Bananas	1 EACH	250	30.0
Milk, Chocolate Fat Free	HALF PINT	500	20.0
Milk, 1% Lowfat	HALF PINT	250	12.0
JUICE FRUITABLE	1 EACH	250	21.0
SYRUP, PANCAKE	1 EACH	500	19.01
Weighted Daily Average			103.56
% of Calories			68.3%
Nutrient Guideline			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Apr 1, 2020 thru Apr 30, 2020

Base Menu Spreadsheet

Junior High Breakfast

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Mon - 04/13/2020			
Junior High Breakfast	Total	1000	
Menu #1	1	0	0.0
Pancakes, Cinnamon Glazed	PKG	200	35.0
Bacon Egg & Cheese Croissant	3.5 oz	200	32.94
Muffin Blueberry	1 EACH	100	30.0
Muffin Chocolate Choc Chip	1 EACH	300	27.0
POPTART, BROWN SUGAR CINN	PACKAGE	50	17.46
POPTART, STRAWBERRY	PACKAGE	50	18.96
Pop Tart, Chocolate Fudge	1	50	344.73
Cereal, Frosted Mini-Wheats, Bow	BOWL	25	45.76
Cereal, Marshmallow Mateys	1 Each	25	48.0
SCRAMBLED EGGS	1/4 cup	1000	0.63
Yogurt, strawberry	1 EACH	300	20.0
Peaches: canned, ex light syrup	1/2 CUP	300	13.31
Apples, Fresh	1 EACH	250	19.06
Milk, Chocolate Fat Free	HALF PINT	500	20.0
Milk, 1% Lowfat	HALF PINT	250	12.0
JUICE FRUITABLE	1 EACH	250	21.0
SYRUP, PANCAKE	1 EACH	200	19.01
Ketchup	1 OZ	200	8.34
Weighted Daily Average			85.20
% of Calories			61.6%
Nutrient Guideline			

Tue - 04/14/2020			
Junior High Breakfast	Total	1000	
Menu #2	1	0	0.0
French Toast Sticks BC/WG	3 ea. serving	300	42.8
Breakfast Pizza	2.79 oz	200	17.0
Muffin Blueberry	1 EACH	100	30.0
Muffin Chocolate Choc Chip	1 EACH	200	27.0
POPTART, BROWN SUGAR CINN	PACKAGE	50	17.46
POPTART, STRAWBERRY	PACKAGE	50	18.96
Pop Tart, Chocolate Fudge	1	50	344.73
Cereal, Frosted Mini-Wheats, Bow	BOWL	25	45.76
Cereal, Marshmallow Mateys	1 Each	25	48.0
Sausage Link, 2	2 EACH	1000	1.14
Yogurt, strawberry	1 EACH	1000	20.0
Pears: canned, light syrup	1/2 CUP	300	13.57
Kiwifruit, Fresh	1 EACH	250	11.14
Milk, Chocolate Fat Free	HALF PINT	500	20.0
Milk, 1% Lowfat	HALF PINT	250	12.0
JUICE FRUITABLE	1 EACH	250	21.0
SYRUP, PANCAKE	1 EACH	500	19.01
Weighted Daily Average			101.79
% of Calories			64.7%
Nutrient Guideline			

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Base Menu Spreadsheet

Junior High Breakfast

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Wed - 04/15/2020			
Junior High Breakfast	Total	1000	
Menu #3	1	1	0.0
Waffle, Maple	1	100	10.71
Ham and Cheese English Muffin	3.5 oz	300	26.0
Muffin Blueberry	1 EACH	100	30.0
Muffin Chocolate Choc Chip	1 EACH	300	27.0
POPTART, BROWN SUGAR CINN	PACKAGE	50	17.46
POPTART, STRAWBERRY	PACKAGE	50	18.96
Pop Tart, Chocolate Fudge	1	50	344.73
Cereal, Frosted Mini-Wheats, Bow	BOWL	25	45.76
Cereal, Marshmallow Mateys	1 Each	25	48.0
SCRAMBLED EGGS	1/4 cup	600	0.63
Yogurt, strawberry	1 EACH	600	20.0
Applesauce Cup, Cinnamon	1/2 CUP	600	17.0
Orange Fresh	1 EACH	600	11.28
Milk, Chocolate Fat Free	HALF PINT	500	20.0
Milk, 1% Lowfat	HALF PINT	250	12.0
JUICE FRUITABLE	1 EACH	250	21.0
SYRUP, MAPLE CHEF'S MARK	1 EACH	100	30.66
Ketchup	1 OZ	600	8.34
Weighted Daily Average			97.04
% of Calories			68.7%
Nutrient Guideline			

Thu - 04/16/2020			
Junior High Breakfast	Total	1000	
Menu #4	1	0	0.0
French Toast Sticks BC/WG	3 ea. serving	300	42.8
Ham, Egg and Cheese Croissant	3.65 oz	200	33.0
Muffin Blueberry	1 EACH	100	30.0
Muffin Chocolate Choc Chip	1 EACH	200	27.0
POPTART, BROWN SUGAR CINN	PACKAGE	50	17.46
POPTART, STRAWBERRY	PACKAGE	50	18.96
Pop Tart, Chocolate Fudge	1	50	344.73
Cereal, Frosted Mini-Wheats, Bow	BOWL	25	45.76
Cereal, Marshmallow Mateys	1 Each	25	48.0
Sausage Link, 2	2 EACH	600	1.14
Yogurt, strawberry	1 EACH	600	20.0
Mandarin Oranges	1/2 CUP	300	21.26
Bananas	1 EACH	250	30.0
Milk, Chocolate Fat Free	HALF PINT	500	20.0
Milk, 1% Lowfat	HALF PINT	250	12.0
JUICE FRUITABLE	1 EACH	250	21.0
SYRUP, PANCAKE	1 EACH	500	19.01
Weighted Daily Average			103.56
% of Calories			68.3%
Nutrient Guideline			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Weber School District Child Nutrition

Base Menu Spreadsheet

Portion Values - Detailed

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Apr 1, 2020 thru Apr 30, 2020

Junior High Breakfast

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	Portion Size	Reimb Qty	Carb (g)
Fri - 04/17/2020			
Junior High Breakfast	Total	1000	
Menu #5	1	0	0.0
Pancake 'n Sausage	1 EACH	200	17.0
Muffin Blueberry	1 EACH	100	30.0
Muffin Chocolate Choc Chip	1 EACH	500	27.0
POPTART, BROWN SUGAR CINN	PACKAGE	50	17.46
POPTART, STRAWBERRY	PACKAGE	50	18.96
Pop Tart, Chocolate Fudge	1	50	344.73
Cereal, Frosted Mini-Wheats, Bow	BOWL	25	45.76
Cereal, Marshmallow Mateys	1 Each	25	48.0
Yogurt, strawberry	1 EACH	600	20.0
SCRAMBLED EGGS	1/4 cup	600	0.63
Pineapple Chunks:canned,lt syr	1/2 CUP	300	13.22
Craisins, Strawberry	packet	300	28.0
Milk, Chocolate Fat Free	HALF PINT	500	20.0
Milk, 1% Lowfat	HALF PINT	250	12.0
JUICE FRUITABLE	1 EACH	250	21.0
SYRUP,PANCAKE	1 EACH	200	19.01
Ketchup	1 OZ	600	8.34
Weighted Daily Average			93.10
% of Calories			67.7%
Nutrient Guideline			

Mon - 04/20/2020			
Junior High Breakfast	Total	1000	
Menu #1	1	0	0.0
Pancakes, Cinnamon Glazed	PKG	200	35.0
Bacon Egg & Cheese Croissant	3.5 oz	200	32.94
Muffin Blueberry	1 EACH	100	30.0
Muffin Chocolate Choc Chip	1 EACH	300	27.0
POPTART, BROWN SUGAR CINN	PACKAGE	50	17.46
POPTART, STRAWBERRY	PACKAGE	50	18.96
Pop Tart, Chocolate Fudge	1	50	344.73
Cereal, Frosted Mini-Wheats, Bow	BOWL	25	45.76
Cereal, Marshmallow Mateys	1 Each	25	48.0
SCRAMBLED EGGS	1/4 cup	1000	0.63
Yogurt, strawberry	1 EACH	300	20.0
Peaches: canned,ex light syrup	1/2 CUP	300	13.31
Apples,Fresh	1 EACH	250	19.06
Milk, Chocolate Fat Free	HALF PINT	500	20.0
Milk, 1% Lowfat	HALF PINT	250	12.0
JUICE FRUITABLE	1 EACH	250	21.0
SYRUP,PANCAKE	1 EACH	200	19.01
Ketchup	1 OZ	200	8.34
Weighted Daily Average			85.20
% of Calories			61.6%
Nutrient Guideline			

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Weber School District Child Nutrition

Base Menu Spreadsheet

Portion Values - Detailed

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Apr 1, 2020 thru Apr 30, 2020

Junior High Breakfast

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	Portion Size	Reimb Qty	Carb (g)
Tue - 04/21/2020			
Junior High Breakfast	Total	1000	
Menu #2	1	0	0.0
French Toast Sticks BC/WG	3 ea. serving	300	42.8
Breakfast Pizza	2.79 oz	200	17.0
Muffin Blueberry	1 EACH	100	30.0
Muffin Chocolate Choc Chip	1 EACH	200	27.0
POPTART, BROWN SUGAR CINN	PACKAGE	50	17.46
POPTART, STRAWBERRY	PACKAGE	50	18.96
Pop Tart, Chocolate Fudge	1	50	344.73
Cereal,Frosted Mini-Wheats,Bow	BOWL	25	45.76
Cereal, Marshmellow Mateys	1 Each	25	48.0
Sausage Link, 2	2 EACH	1000	1.14
Yogurt, strawberry	1 EACH	1000	20.0
Pears: canned,light syrup	1/2 CUP	300	13.57
Kiwifruit, Fresh	1 EACH	250	11.14
Milk, Chocolate Fat Free	HALF PINT	500	20.0
Milk,1% Lowfat	HALF PINT	250	12.0
JUICE FRUITABLE	1 EACH	250	21.0
SYRUP,PANCAKE	1 EACH	500	19.01
Weighted Daily Average			101.79
% of Calories			64.7%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Wed - 04/22/2020			
Junior High Breakfast	Total	1000	
Menu #3	1	1	0.0
Waffle, Maple	1	100	10.71
Ham and Cheese English Muffin	3.5 oz	300	26.0
Muffin Blueberry	1 EACH	100	30.0
Muffin Chocolate Choc Chip	1 EACH	300	27.0
POPTART, BROWN SUGAR CINN	PACKAGE	50	17.46
POPTART, STRAWBERRY	PACKAGE	50	18.96
Pop Tart, Chocolate Fudge	1	50	344.73
Cereal,Frosted Mini-Wheats,Bow	BOWL	25	45.76
Cereal, Marshmellow Mateys	1 Each	25	48.0
SCRAMBLED EGGS	1/4 cup	600	0.63
Yogurt, strawberry	1 EACH	600	20.0
Applesauce Cup, Cinnamon	1/2 CUP	600	17.0
Orange Fresh	1 EACH	600	11.28
Milk, Chocolate Fat Free	HALF PINT	500	20.0
Milk,1% Lowfat	HALF PINT	250	12.0
JUICE FRUITABLE	1 EACH	250	21.0
SYRUP, MAPLE CHEF'S MARK	1 EACH	100	30.66
Ketchup	1 OZ	600	8.34
Weighted Daily Average			97.04
% of Calories			68.7%
Nutrient Guideline			

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Base Menu Spreadsheet

Junior High Breakfast

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Thu - 04/23/2020			
Junior High Breakfast	Total	1000	
Menu #4	1	0	0.0
French Toast Sticks BC/WG	3 ea. serving	300	42.8
Ham, Egg and Cheese Croissant	3.65 oz	200	33.0
Muffin Blueberry	1 EACH	100	30.0
Muffin Chocolate Choc Chip	1 EACH	200	27.0
POPTART, BROWN SUGAR CINN	PACKAGE	50	17.46
POPTART, STRAWBERRY	PACKAGE	50	18.96
Pop Tart, Chocolate Fudge	1	50	344.73
Cereal, Frosted Mini-Wheats, Bow	BOWL	25	45.76
Cereal, Marshmallow Mateys	1 Each	25	48.0
Sausage Link, 2	2 EACH	600	1.14
Yogurt, strawberry	1 EACH	600	20.0
Mandarin Oranges	1/2 CUP	300	21.26
Bananas	1 EACH	250	30.0
Milk, Chocolate Fat Free	HALF PINT	500	20.0
Milk, 1% Lowfat	HALF PINT	250	12.0
JUICE FRUITABLE	1 EACH	250	21.0
SYRUP, PANCAKE	1 EACH	500	19.01
Weighted Daily Average			103.56
% of Calories			68.3%
Nutrient Guideline			

Fri - 04/24/2020			
Junior High Breakfast	Total	1000	
Menu #5	1	0	0.0
Pancake 'n Sausage	1 EACH	200	17.0
Muffin Blueberry	1 EACH	100	30.0
Muffin Chocolate Choc Chip	1 EACH	500	27.0
POPTART, BROWN SUGAR CINN	PACKAGE	50	17.46
POPTART, STRAWBERRY	PACKAGE	50	18.96
Pop Tart, Chocolate Fudge	1	50	344.73
Cereal, Frosted Mini-Wheats, Bow	BOWL	25	45.76
Cereal, Marshmallow Mateys	1 Each	25	48.0
Yogurt, strawberry	1 EACH	600	20.0
SCRAMBLED EGGS	1/4 cup	600	0.63
Pineapple Chunks:canned,lt syr	1/2 CUP	300	13.22
Craisins, Strawberry	packet	300	28.0
Milk, Chocolate Fat Free	HALF PINT	500	20.0
Milk, 1% Lowfat	HALF PINT	250	12.0
JUICE FRUITABLE	1 EACH	250	21.0
SYRUP, PANCAKE	1 EACH	200	19.01
Ketchup	1 OZ	600	8.34
Weighted Daily Average			93.10
% of Calories			67.7%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Mon - 04/27/2020			
Junior High Breakfast	Total	1000	
Menu #1	1	0	0.0
Pancakes, Cinnamon Glazed	PKG	200	35.0
Bacon Egg & Cheese Croissant	3.5 oz	200	32.94
Muffin Blueberry	1 EACH	100	30.0
Muffin Chocolate Choc Chip	1 EACH	300	27.0
POPTART, BROWN SUGAR CINN	PACKAGE	50	17.46
POPTART, STRAWBERRY	PACKAGE	50	18.96
Pop Tart, Chocolate Fudge	1	50	344.73
Cereal, Frosted Mini-Wheats, Bow	BOWL	25	45.76
Cereal, Marshmallow Mateys	1 Each	25	48.0
SCRAMBLED EGGS	1/4 cup	1000	0.63
Yogurt, strawberry	1 EACH	300	20.0
Peaches: canned, ex light syrup	1/2 CUP	300	13.31
Apples, Fresh	1 EACH	250	19.06
Milk, Chocolate Fat Free	HALF PINT	500	20.0
Milk, 1% Lowfat	HALF PINT	250	12.0
JUICE FRUITABLE	1 EACH	250	21.0
SYRUP, PANCAKE	1 EACH	200	19.01
Ketchup	1 OZ	200	8.34
Weighted Daily Average			85.20
% of Calories			61.6%
Nutrient Guideline			

Tue - 04/28/2020			
Junior High Breakfast	Total	1000	
Menu #2	1	0	0.0
French Toast Sticks BC/WG	3 ea. serving	300	42.8
Breakfast Pizza	2.79 oz	200	17.0
Muffin Blueberry	1 EACH	100	30.0
Muffin Chocolate Choc Chip	1 EACH	200	27.0
POPTART, BROWN SUGAR CINN	PACKAGE	50	17.46
POPTART, STRAWBERRY	PACKAGE	50	18.96
Pop Tart, Chocolate Fudge	1	50	344.73
Cereal, Frosted Mini-Wheats, Bow	BOWL	25	45.76
Cereal, Marshmallow Mateys	1 Each	25	48.0
Sausage Link, 2	2 EACH	1000	1.14
Yogurt, strawberry	1 EACH	1000	20.0
Pears: canned, light syrup	1/2 CUP	300	13.57
Kiwifruit, Fresh	1 EACH	250	11.14
Milk, Chocolate Fat Free	HALF PINT	500	20.0
Milk, 1% Lowfat	HALF PINT	250	12.0
JUICE FRUITABLE	1 EACH	250	21.0
SYRUP, PANCAKE	1 EACH	500	19.01
Weighted Daily Average			101.79
% of Calories			64.7%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Wed - 04/29/2020			
Junior High Breakfast	Total	1000	
Menu #3	1	1	0.0
Waffle, Maple	1	100	10.71
Ham and Cheese English Muffin	3.5 oz	300	26.0
Muffin Blueberry	1 EACH	100	30.0
Muffin Chocolate Choc Chip	1 EACH	300	27.0
POPTART, BROWN SUGAR CINN	PACKAGE	50	17.46
POPTART, STRAWBERRY	PACKAGE	50	18.96
Pop Tart, Chocolate Fudge	1	50	344.73
Cereal, Frosted Mini-Wheats, Bow	BOWL	25	45.76
Cereal, Marshmallow Mateys	1 Each	25	48.0
SCRAMBLED EGGS	1/4 cup	600	0.63
Yogurt, strawberry	1 EACH	600	20.0
Applesauce Cup, Cinnamon	1/2 CUP	600	17.0
Orange Fresh	1 EACH	600	11.28
Milk, Chocolate Fat Free	HALF PINT	500	20.0
Milk, 1% Lowfat	HALF PINT	250	12.0
JUICE FRUITABLE	1 EACH	250	21.0
SYRUP, MAPLE CHEF'S MARK	1 EACH	100	30.66
Ketchup	1 OZ	600	8.34
Weighted Daily Average			97.04
% of Calories			68.7%
Nutrient Guideline			

Thu - 04/30/2020			
Junior High Breakfast	Total	1000	
Menu #4	1	0	0.0
French Toast Sticks BC/WG	3 ea. serving	300	42.8
Ham, Egg and Cheese Croissant	3.65 oz	200	33.0
Muffin Blueberry	1 EACH	100	30.0
Muffin Chocolate Choc Chip	1 EACH	200	27.0
POPTART, BROWN SUGAR CINN	PACKAGE	50	17.46
POPTART, STRAWBERRY	PACKAGE	50	18.96
Pop Tart, Chocolate Fudge	1	50	344.73
Cereal, Frosted Mini-Wheats, Bow	BOWL	25	45.76
Cereal, Marshmallow Mateys	1 Each	25	48.0
Sausage Link, 2	2 EACH	600	1.14
Yogurt, strawberry	1 EACH	600	20.0
Mandarin Oranges	1/2 CUP	300	21.26
Bananas	1 EACH	250	30.0
Milk, Chocolate Fat Free	HALF PINT	500	20.0
Milk, 1% Lowfat	HALF PINT	250	12.0
JUICE FRUITABLE	1 EACH	250	21.0
SYRUP, PANCAKE	1 EACH	500	19.01
Weighted Daily Average			103.56
% of Calories			68.3%
Nutrient Guideline			

Weighted Average			96.23
			66.1%

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Weber School District Child Nutrition

Apr 1, 2020 thru Apr 30, 2020

Base Menu Spreadsheet

Junior High Breakfast

Portion Values - Detailed

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Generated on: 2/26/2020 3:42:24 PM

Nutrient	Menu AVG	% of Cals	Weekly Target	Portion Size % of Target	Reimb Qty Miss Data	Carb (g) Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	96.23	66.09%						

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

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