

Weber School District Child Nutrition

May 1, 2018 thru May 25, 2018

Base Menu Spreadsheet

Elementary Breakfast

Portion Values - Detailed

Page 1

Generated on: 4/30/2018 8:38:03 AM

	Portion Size	Reimb Qty	Carb (g)
Tue - 05/01/2018			
Elementary Breakfast	Total	2000	
Menu #2	1	0	0.0
French Toast Sticks BC/WG	serving	400	42.8
POPART, BROWN SUGAR CINN	PACKAGE	400	34.93
POPART, STRAWBERRY	PACKAGE	400	37.91
Cereal,Frosted Mini-Wheats,Bow	BOWL	400	45.76
Cereal, Marshmallow Mateys	1 Each	400	48.0
Sausage Link, 2	2 EACH	1000	1.14
Yogurt, strawberry	1 EACH	1000	20.0
Mandarin Oranges	1/2 CUP	800	21.26
Apples,Fresh 1/2 each	1/2 each	500	9.53
Milk, Chocolate Fat Free	HALF PINT	1000	20.0
Milk,1% Lowfat	HALF PINT	500	12.0
JUICE FRUITABLE	1 EACH	500	22.0
SYRUP, MAPLE CHEF'S MARK	1 EACH	400	30.66
Weighted Daily Average			87.97
% of Calories			73.0%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Wed - 05/02/2018			
Elementary Breakfast	Total	2000	
Menu #3	1	0	0.0
Eggo Waffle	1.00	400	14.0
NUTRI-GRAIN BARS Blueberry	2 Each	400	59.76
NUTRI-GRAIN BARS Strawberry	2 EACH	400	59.76
Cereal,Frosted Mini-Wheats,Bow	BOWL	400	45.76
Cereal, Marshmallow Mateys	1 Each	400	48.0
SCRAMBLED EGGS	1/4 cup	1000	0.63
Yogurt, strawberry	1 EACH	1000	20.0
Peaches: canned,ex light syrup	1/2 cup	800	13.31
Banana, 1/2	1/2 each	500	15.0
Milk, Chocolate Fat Free	HALF PINT	1000	20.0
Milk,1% Lowfat	HALF PINT	500	12.0
JUICE FRUITABLE	1 EACH	500	22.0
SYRUP, MAPLE CHEF'S MARK	1 EACH	400	30.66
Weighted Daily Average			89.48
% of Calories			73.8%
Nutrient Guideline			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Elementary Breakfast

Portion Values - Detailed

Page 2

Generated on: 4/30/2018 8:38:03 AM

	Portion Size	Reimb Qty	Carb (g)
Thu - 05/03/2018			
Elementary Breakfast	Total	2000	
Menu #4	1	0	0.0
French Toast Sticks BC/WG	serving	400	42.8
POPART, BROWN SUGAR CINN	PACKAGE	400	34.93
POPART, STRAWBERRY	PACKAGE	400	37.91
Cereal, Frosted Mini-Wheats, Bow	BOWL	400	45.76
Cereal, Marshmallow Mateys	1 Each	400	48.0
Sausage Link, 2	2 EACH	1000	1.14
Yogurt, strawberry	1 EACH	1000	20.0
Pineapple Chunks:canned,lt syr	1/2 CUP	800	13.22
Orange Fresh, 1/2	1/2 EACH	500	5.64
Milk, Chocolate Fat Free	HALF PINT	1000	20.0
Milk, 1% Lowfat	HALF PINT	500	12.0
JUICE FRUITABLE	1 EACH	500	22.0
SYRUP, MAPLE CHEF'S MARK	1 EACH	400	30.66
Weighted Daily Average			83.78
% of Calories			72.2%
Nutrient Guideline			

Fri - 05/04/2018			
Elementary Breakfast	Total	2000	
Menu #5	1	0	0.0
Pancake 'n Sausage	1 EACH	400	17.0
Muffin Blueberry	1 EACH	400	30.0
Muffin Chocolate Choc Chip	1 EACH	400	27.0
Cereal, Frosted Mini-Wheats, Bow	BOWL	400	45.76
Cereal, Marshmallow Mateys	1 Each	400	48.0
SCRAMBLED EGGS	1/4 cup	1000	0.63
Yogurt, strawberry	1 EACH	1000	20.0
Pears: canned, light syrup	1/2 CUP	800	13.57
Apples, Fresh 1/2 each	1/2 each	500	9.53
Milk, Chocolate Fat Free	HALF PINT	1000	20.0
Milk, 1% Lowfat	HALF PINT	500	12.0
JUICE FRUITABLE	1 EACH	500	22.0
SYRUP, MAPLE CHEF'S MARK	1 EACH	400	30.66
Weighted Daily Average			76.31
% of Calories			68.1%
Nutrient Guideline			

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Page 3

Generated on: 4/30/2018 8:38:03 AM

	Portion Size	Reimb Qty	Carb (g)
Mon - 05/07/2018			
Elementary Breakfast	Total	2000	
Menu #1	1	0	0.0
Pancakes, Cinnamon Glazed	1 EACH	400	35.0
Muffin Blueberry	1 EACH	400	30.0
Muffin Chocolate Choc Chip	1 EACH	400	27.0
Cereal, Frosted Mini-Wheats, Bow	BOWL	400	45.76
Cereal, Marshmallow Mateys	1 Each	400	48.0
SCRAMBLED EGGS	1/4 cup	1000	0.63
Yogurt, strawberry	1 EACH	1000	20.0
Applesauce, canned: Sweet	1/2 CUP	800	17.78
Orange Fresh, 1/2	1/2 EACH	500	5.64
Milk, Chocolate Fat Free	HALF PINT	1000	20.0
Milk, 1% Lowfat	HALF PINT	500	12.0
JUICE FRUITABLE	1 EACH	500	22.0
SYRUP, MAPLE CHEF'S MARK	1 EACH	400	30.66
Weighted Daily Average			80.62
% of Calories			71.0%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Tue - 05/08/2018			
Elementary Breakfast	Total	2000	
Menu #2	1	0	0.0
French Toast Sticks BC/WG	serving	400	42.8
POPART, BROWN SUGAR CINN	PACKAGE	400	34.93
POPART, STRAWBERRY	PACKAGE	400	37.91
Cereal, Frosted Mini-Wheats, Bow	BOWL	400	45.76
Cereal, Marshmallow Mateys	1 Each	400	48.0
Sausage Link, 2	2 EACH	1000	1.14
Yogurt, strawberry	1 EACH	1000	20.0
Mandarin Oranges	1/2 CUP	800	21.26
Apples, Fresh 1/2 each	1/2 each	500	9.53
Milk, Chocolate Fat Free	HALF PINT	1000	20.0
Milk, 1% Lowfat	HALF PINT	500	12.0
JUICE FRUITABLE	1 EACH	500	22.0
SYRUP, MAPLE CHEF'S MARK	1 EACH	400	30.66
Weighted Daily Average			87.97
% of Calories			73.0%
Nutrient Guideline			

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May 1, 2018 thru May 25, 2018

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Portion Values - Detailed

Page 4

Generated on: 4/30/2018 8:38:03 AM

	Portion Size	Reimb Qty	Carb (g)
Wed - 05/09/2018			
Elementary Breakfast	Total	2000	
Menu #3	1	0	0.0
Eggo Waffle	1.00	400	14.0
NUTRI-GRAIN BARS Blueberry	2 Each	400	59.76
NUTRI-GRAIN BARS Strawberry	2 EACH	400	59.76
Cereal, Frosted Mini-Wheats, Bow	BOWL	400	45.76
Cereal, Marshmallow Mateys	1 Each	400	48.0
SCRAMBLED EGGS	1/4 cup	1000	0.63
Yogurt, strawberry	1 EACH	1000	20.0
Peaches: canned, ex light syrup	1/2 cup	800	13.31
Banana, 1/2	1/2 each	500	15.0
Milk, Chocolate Fat Free	HALF PINT	1000	20.0
Milk, 1% Lowfat	HALF PINT	500	12.0
JUICE FRUITABLE	1 EACH	500	22.0
SYRUP, MAPLE CHEF'S MARK	1 EACH	400	30.66
Weighted Daily Average			89.48
% of Calories			73.8%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Thu - 05/10/2018			
Elementary Breakfast	Total	2000	
Menu #4	1	0	0.0
French Toast Sticks BC/WG	serving	400	42.8
POPART, BROWN SUGAR CINN	PACKAGE	400	34.93
POPART, STRAWBERRY	PACKAGE	400	37.91
Cereal, Frosted Mini-Wheats, Bow	BOWL	400	45.76
Cereal, Marshmallow Mateys	1 Each	400	48.0
Sausage Link, 2	2 EACH	1000	1.14
Yogurt, strawberry	1 EACH	1000	20.0
Pineapple Chunks: canned, lt syr	1/2 CUP	800	13.22
Orange Fresh, 1/2	1/2 EACH	500	5.64
Milk, Chocolate Fat Free	HALF PINT	1000	20.0
Milk, 1% Lowfat	HALF PINT	500	12.0
JUICE FRUITABLE	1 EACH	500	22.0
SYRUP, MAPLE CHEF'S MARK	1 EACH	400	30.66
Weighted Daily Average			83.78
% of Calories			72.2%
Nutrient Guideline			

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May 1, 2018 thru May 25, 2018

Base Menu Spreadsheet

Elementary Breakfast

Portion Values - Detailed

Page 5

Generated on: 4/30/2018 8:38:03 AM

	Portion Size	Reimb Qty	Carb (g)
Fri - 05/11/2018			
Elementary Breakfast	Total	2000	
Menu #5	1	0	0.0
Pancake 'n Sausage	1 EACH	400	17.0
Muffin Blueberry	1 EACH	400	30.0
Muffin Chocolate Choc Chip	1 EACH	400	27.0
Cereal, Frosted Mini-Wheats, Bow	BOWL	400	45.76
Cereal, Marshmallow Mateys	1 Each	400	48.0
SCRAMBLED EGGS	1/4 cup	1000	0.63
Yogurt, strawberry	1 EACH	1000	20.0
Pears: canned, light syrup	1/2 CUP	800	13.57
Apples, Fresh 1/2 each	1/2 each	500	9.53
Milk, Chocolate Fat Free	HALF PINT	1000	20.0
Milk, 1% Lowfat	HALF PINT	500	12.0
JUICE FRUITABLE	1 EACH	500	22.0
SYRUP, MAPLE CHEF'S MARK	1 EACH	400	30.66
Weighted Daily Average			76.31
% of Calories			68.1%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Mon - 05/14/2018			
Elementary Breakfast	Total	2000	
Menu #1	1	0	0.0
Pancakes, Cinnamon Glazed	1 EACH	400	35.0
Muffin Blueberry	1 EACH	400	30.0
Muffin Chocolate Choc Chip	1 EACH	400	27.0
Cereal, Frosted Mini-Wheats, Bow	BOWL	400	45.76
Cereal, Marshmallow Mateys	1 Each	400	48.0
SCRAMBLED EGGS	1/4 cup	1000	0.63
Yogurt, strawberry	1 EACH	1000	20.0
Applesauce, canned: Sweet	1/2 CUP	800	17.78
Orange Fresh, 1/2	1/2 EACH	500	5.64
Milk, Chocolate Fat Free	HALF PINT	1000	20.0
Milk, 1% Lowfat	HALF PINT	500	12.0
JUICE FRUITABLE	1 EACH	500	22.0
SYRUP, MAPLE CHEF'S MARK	1 EACH	400	30.66
Weighted Daily Average			80.62
% of Calories			71.0%
Nutrient Guideline			

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Elementary Breakfast

Portion Values - Detailed

Page 6

Generated on: 4/30/2018 8:38:03 AM

	Portion Size	Reimb Qty	Carb (g)
Tue - 05/15/2018			
Elementary Breakfast	Total	2000	
Menu #2	1	0	0.0
French Toast Sticks BC/WG	serving	400	42.8
POPART, BROWN SUGAR CINN	PACKAGE	400	34.93
POPART, STRAWBERRY	PACKAGE	400	37.91
Cereal, Frosted Mini-Wheats, Bow	BOWL	400	45.76
Cereal, Marshmallow Mateys	1 Each	400	48.0
Sausage Link, 2	2 EACH	1000	1.14
Yogurt, strawberry	1 EACH	1000	20.0
Mandarin Oranges	1/2 CUP	800	21.26
Apples, Fresh 1/2 each	1/2 each	500	9.53
Milk, Chocolate Fat Free	HALF PINT	1000	20.0
Milk, 1% Lowfat	HALF PINT	500	12.0
JUICE FRUITABLE	1 EACH	500	22.0
SYRUP, MAPLE CHEF'S MARK	1 EACH	400	30.66
Weighted Daily Average			87.97
% of Calories			73.0%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Wed - 05/16/2018			
Elementary Breakfast	Total	2000	
Menu #3	1	0	0.0
Eggo Waffle	1.00	400	14.0
NUTRI-GRAIN BARS Blueberry	2 Each	400	59.76
NUTRI-GRAIN BARS Strawberry	2 EACH	400	59.76
Cereal, Frosted Mini-Wheats, Bow	BOWL	400	45.76
Cereal, Marshmallow Mateys	1 Each	400	48.0
SCRAMBLED EGGS	1/4 cup	1000	0.63
Yogurt, strawberry	1 EACH	1000	20.0
Peaches: canned, ex light syrup	1/2 cup	800	13.31
Banana, 1/2	1/2 each	500	15.0
Milk, Chocolate Fat Free	HALF PINT	1000	20.0
Milk, 1% Lowfat	HALF PINT	500	12.0
JUICE FRUITABLE	1 EACH	500	22.0
SYRUP, MAPLE CHEF'S MARK	1 EACH	400	30.66
Weighted Daily Average			89.48
% of Calories			73.8%
Nutrient Guideline			

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Elementary Breakfast

Portion Values - Detailed

Page 7

Generated on: 4/30/2018 8:38:03 AM

	Portion Size	Reimb Qty	Carb (g)
Thu - 05/17/2018			
Elementary Breakfast	Total	2000	
Menu #4	1	0	0.0
French Toast Sticks BC/WG	serving	400	42.8
POPART, BROWN SUGAR CINN	PACKAGE	400	34.93
POPART, STRAWBERRY	PACKAGE	400	37.91
Cereal, Frosted Mini-Wheats, Bow	BOWL	400	45.76
Cereal, Marshmallow Mateys	1 Each	400	48.0
Sausage Link, 2	2 EACH	1000	1.14
Yogurt, strawberry	1 EACH	1000	20.0
Pineapple Chunks:canned,lt syr	1/2 CUP	800	13.22
Orange Fresh, 1/2	1/2 EACH	500	5.64
Milk, Chocolate Fat Free	HALF PINT	1000	20.0
Milk, 1% Lowfat	HALF PINT	500	12.0
JUICE FRUITABLE	1 EACH	500	22.0
SYRUP, MAPLE CHEF'S MARK	1 EACH	400	30.66
Weighted Daily Average			83.78
% of Calories			72.2%
Nutrient Guideline			

Fri - 05/18/2018			
Elementary Breakfast	Total	2000	
Menu #5	1	0	0.0
Pancake 'n Sausage	1 EACH	400	17.0
Muffin Blueberry	1 EACH	400	30.0
Muffin Chocolate Choc Chip	1 EACH	400	27.0
Cereal, Frosted Mini-Wheats, Bow	BOWL	400	45.76
Cereal, Marshmallow Mateys	1 Each	400	48.0
SCRAMBLED EGGS	1/4 cup	1000	0.63
Yogurt, strawberry	1 EACH	1000	20.0
Pears: canned, light syrup	1/2 CUP	800	13.57
Apples, Fresh 1/2 each	1/2 each	500	9.53
Milk, Chocolate Fat Free	HALF PINT	1000	20.0
Milk, 1% Lowfat	HALF PINT	500	12.0
JUICE FRUITABLE	1 EACH	500	22.0
SYRUP, MAPLE CHEF'S MARK	1 EACH	400	30.66
Weighted Daily Average			76.31
% of Calories			68.1%
Nutrient Guideline			

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Portion Values - Detailed

Page 8

Generated on: 4/30/2018 8:38:03 AM

	Portion Size	Reimb Qty	Carb (g)
Mon - 05/21/2018			
Elementary Breakfast	Total	2000	
Menu #1	1	0	0.0
Pancakes, Cinnamon Glazed	1 EACH	400	35.0
Muffin Blueberry	1 EACH	400	30.0
Muffin Chocolate Choc Chip	1 EACH	400	27.0
Cereal, Frosted Mini-Wheats, Bow	BOWL	400	45.76
Cereal, Marshmallow Mateys	1 Each	400	48.0
SCRAMBLED EGGS	1/4 cup	1000	0.63
Yogurt, strawberry	1 EACH	1000	20.0
Applesauce, canned: Sweet	1/2 CUP	800	17.78
Orange Fresh, 1/2	1/2 EACH	500	5.64
Milk, Chocolate Fat Free	HALF PINT	1000	20.0
Milk, 1% Lowfat	HALF PINT	500	12.0
JUICE FRUITABLE	1 EACH	500	22.0
SYRUP, MAPLE CHEF'S MARK	1 EACH	400	30.66
Weighted Daily Average			80.62
% of Calories			71.0%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Tue - 05/22/2018			
Elementary Breakfast	Total	2000	
Menu #2	1	0	0.0
French Toast Sticks BC/WG	serving	400	42.8
POPART, BROWN SUGAR CINN	PACKAGE	400	34.93
POPART, STRAWBERRY	PACKAGE	400	37.91
Cereal, Frosted Mini-Wheats, Bow	BOWL	400	45.76
Cereal, Marshmallow Mateys	1 Each	400	48.0
Sausage Link, 2	2 EACH	1000	1.14
Yogurt, strawberry	1 EACH	1000	20.0
Mandarin Oranges	1/2 CUP	800	21.26
Apples, Fresh 1/2 each	1/2 each	500	9.53
Milk, Chocolate Fat Free	HALF PINT	1000	20.0
Milk, 1% Lowfat	HALF PINT	500	12.0
JUICE FRUITABLE	1 EACH	500	22.0
SYRUP, MAPLE CHEF'S MARK	1 EACH	400	30.66
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Portion Values - Detailed

Page 9

Generated on: 4/30/2018 8:38:03 AM

	Portion Size	Reimb Qty	Carb (g)
Wed - 05/23/2018			
Elementary Breakfast	Total	2000	
Menu #3	1	0	0.0
Eggo Waffle	1.00	400	14.0
NUTRI-GRAIN BARS Blueberry	2 Each	400	59.76
NUTRI-GRAIN BARS Strawberry	2 EACH	400	59.76
Cereal, Frosted Mini-Wheats, Bow	BOWL	400	45.76
Cereal, Marshmallow Mateys	1 Each	400	48.0
SCRAMBLED EGGS	1/4 cup	1000	0.63
Yogurt, strawberry	1 EACH	1000	20.0
Peaches: canned, ex light syrup	1/2 cup	800	13.31
Banana, 1/2	1/2 each	500	15.0
Milk, Chocolate Fat Free	HALF PINT	1000	20.0
Milk, 1% Lowfat	HALF PINT	500	12.0
JUICE FRUITABLE	1 EACH	500	22.0
SYRUP, MAPLE CHEF'S MARK	1 EACH	400	30.66
Weighted Daily Average			89.48
% of Calories			73.8%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Thu - 05/24/2018			
Elementary Breakfast	Total	2000	
Menu #4	1	0	0.0
French Toast Sticks BC/WG	serving	400	42.8
POPART, BROWN SUGAR CINN	PACKAGE	400	34.93
POPART, STRAWBERRY	PACKAGE	400	37.91
Cereal, Frosted Mini-Wheats, Bow	BOWL	400	45.76
Cereal, Marshmallow Mateys	1 Each	400	48.0
Sausage Link, 2	2 EACH	1000	1.14
Yogurt, strawberry	1 EACH	1000	20.0
Pineapple Chunks: canned, lt syr	1/2 CUP	800	13.22
Orange Fresh, 1/2	1/2 EACH	500	5.64
Milk, Chocolate Fat Free	HALF PINT	1000	20.0
Milk, 1% Lowfat	HALF PINT	500	12.0
JUICE FRUITABLE	1 EACH	500	22.0
SYRUP, MAPLE CHEF'S MARK	1 EACH	400	30.66
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May 1, 2018 thru May 25, 2018

Base Menu Spreadsheet

Elementary Breakfast

Portion Values - Detailed

Page 10

Generated on: 4/30/2018 8:38:03 AM

	Portion Size	Reimb Qty	Carb (g)
Fri - 05/25/2018			
Elementary Breakfast	Total	2000	
Menu #5	1	0	0.0
Pancake 'n Sausage	1 EACH	400	17.0
Muffin Blueberry	1 EACH	400	30.0
Muffin Chocolate Choc Chip	1 EACH	400	27.0
Cereal, Frosted Mini-Wheats, Bow	BOWL	400	45.76
Cereal, Marshmallow Mateys	1 Each	400	48.0
SCRAMBLED EGGS	1/4 cup	1000	0.63
Yogurt, strawberry	1 EACH	1000	20.0
Pears: canned, light syrup	1/2 CUP	800	13.57
Apples, Fresh 1/2 each	1/2 each	500	9.53
Milk, Chocolate Fat Free	HALF PINT	1000	20.0
Milk, 1% Lowfat	HALF PINT	500	12.0
JUICE FRUITABLE	1 EACH	500	22.0
SYRUP, MAPLE CHEF'S MARK	1 EACH	400	30.66
Weighted Daily Average			76.31
% of Calories			68.1%
Nutrient Guideline			

Weighted Average			83.79 71.7%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	83.79	71.72%						

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.