

Weber School District Child Nutrition

Monday	Tuesday	Wednesday	Thursday	Friday
	Sep - 1 French Toast Sticks Mike's Breakfast Pizza Blueberry Muffin Choc Choc Chip Muffin BeneFIT Bar Banana Choc Chunk BeneFIT Bar Cocoa Chip BeneFIT Bar Oatmeal Choc Chip Cocoa Puffs Lucky Charms Sausage Link, 2 Strawberry Yogurt Pears	Sep - 2 Waffle, WG Bake Crafter Ham&Cheese Eng Muffin Blueberry Muffin Choc Choc Chip Muffin BeneFIT Bar Banana Choc Chunk BeneFIT Bar Cocoa Chip BeneFIT Bar Oatmeal Choc Chip Cocoa Puffs Lucky Charms Scrambled Eggs Strawberry Yogurt Applesauce Cup, Cinnamon	Sep - 3 French Toast Sticks Breakfast Calzone Blueberry Muffin Choc Choc Chip Muffin BeneFIT Bar Banana Choc Chunk BeneFIT Bar Cocoa Chip BeneFIT Bar Oatmeal Choc Chip Cocoa Puffs Lucky Charms Sausage Link, 2 Strawberry Yogurt Mandarin Oranges	Sep - 4 Pancake 'n Sausage Ham, Egg and Cheese Croissant Blueberry Muffin Choc Choc Chip Muffin BeneFIT Bar Banana Choc Chunk BeneFIT Bar Cocoa Chip BeneFIT Bar Oatmeal Choc Chip Cocoa Puffs Lucky Charms Strawberry Yogurt Scrambled Eggs Pineapple
Sep - 7	Sep - 8 French Toast Sticks Mike's Breakfast Pizza Blueberry Muffin Choc Choc Chip Muffin BeneFIT Bar Banana Choc Chunk BeneFIT Bar Cocoa Chip BeneFIT Bar Oatmeal Choc Chip Cocoa Puffs Lucky Charms Sausage Link, 2 Strawberry Yogurt Pears	Sep - 9 Waffle, WG Bake Crafter Ham&Cheese Eng Muffin Blueberry Muffin Choc Choc Chip Muffin BeneFIT Bar Banana Choc Chunk BeneFIT Bar Cocoa Chip BeneFIT Bar Oatmeal Choc Chip Cocoa Puffs Lucky Charms Scrambled Eggs Strawberry Yogurt Applesauce Cup, Cinnamon	Sep - 10 French Toast Sticks Breakfast Calzone Blueberry Muffin Choc Choc Chip Muffin BeneFIT Bar Banana Choc Chunk BeneFIT Bar Cocoa Chip BeneFIT Bar Oatmeal Choc Chip Cocoa Puffs Lucky Charms Sausage Link, 2 Strawberry Yogurt Mandarin Oranges	Sep - 11 Pancake 'n Sausage Ham, Egg and Cheese Croissant Blueberry Muffin Choc Choc Chip Muffin BeneFIT Bar Banana Choc Chunk BeneFIT Bar Cocoa Chip BeneFIT Bar Oatmeal Choc Chip Cocoa Puffs Lucky Charms Strawberry Yogurt Scrambled Eggs Pineapple
Sep - 14 Cinnamon Glazed Pancakes Bacon Egg Crois BC/WG Blueberry Muffin Choc Choc Chip Muffin BeneFIT Bar Banana Choc Chunk BeneFIT Bar Cocoa Chip BeneFIT Bar Oatmeal Choc Chip Cocoa Puffs Lucky Charms Scrambled Eggs Strawberry Yogurt Peaches	Sep - 15 French Toast Sticks Mike's Breakfast Pizza Blueberry Muffin Choc Choc Chip Muffin BeneFIT Bar Banana Choc Chunk BeneFIT Bar Cocoa Chip BeneFIT Bar Oatmeal Choc Chip Cocoa Puffs Lucky Charms Sausage Link, 2 Strawberry Yogurt Pears	Sep - 16 Waffle, WG Bake Crafter Ham&Cheese Eng Muffin Blueberry Muffin Choc Choc Chip Muffin BeneFIT Bar Banana Choc Chunk BeneFIT Bar Cocoa Chip BeneFIT Bar Oatmeal Choc Chip Cocoa Puffs Lucky Charms Scrambled Eggs Strawberry Yogurt Applesauce Cup, Cinnamon	Sep - 17 French Toast Sticks Breakfast Calzone Blueberry Muffin Choc Choc Chip Muffin BeneFIT Bar Banana Choc Chunk BeneFIT Bar Cocoa Chip BeneFIT Bar Oatmeal Choc Chip Cocoa Puffs Lucky Charms Sausage Link, 2 Strawberry Yogurt Mandarin Oranges	Sep - 18 Pancake 'n Sausage Ham, Egg and Cheese Croissant Blueberry Muffin Choc Choc Chip Muffin BeneFIT Bar Banana Choc Chunk BeneFIT Bar Cocoa Chip BeneFIT Bar Oatmeal Choc Chip Cocoa Puffs Lucky Charms Strawberry Yogurt Scrambled Eggs Pineapple

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Weber School District Child Nutrition

2020/2021 Junior High Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
Sep - 21 Cinnamon Glazed Pancakes Bacon Egg Crois BC/WG Blueberry Muffin Choc Choc Chip Muffin BeneFIT Bar Banana Choc Chunk BeneFIT Bar Cocoa Chip BeneFIT Bar Oatmeal Choc Chip Cocoa Puffs Lucky Charms Scrambled Eggs Strawberry Yogurt Peaches	Sep - 22 French Toast Sticks Mike's Breakfast Pizza Blueberry Muffin Choc Choc Chip Muffin BeneFIT Bar Banana Choc Chunk BeneFIT Bar Cocoa Chip BeneFIT Bar Oatmeal Choc Chip Cocoa Puffs Lucky Charms Sausage Link, 2 Strawberry Yogurt Pears	Sep - 23 Waffle, WG Bake Crafter Ham&Cheese Eng Muffin Blueberry Muffin Choc Choc Chip Muffin BeneFIT Bar Banana Choc Chunk BeneFIT Bar Cocoa Chip BeneFIT Bar Oatmeal Choc Chip Cocoa Puffs Lucky Charms Scrambled Eggs Strawberry Yogurt Applesauce Cup, Cinnamon	Sep - 24 French Toast Sticks Breakfast Calzone Blueberry Muffin Choc Choc Chip Muffin BeneFIT Bar Banana Choc Chunk BeneFIT Bar Cocoa Chip BeneFIT Bar Oatmeal Choc Chip Cocoa Puffs Lucky Charms Sausage Link, 2 Strawberry Yogurt Mandarin Oranges	Sep - 25 Pancake 'n Sausage Ham, Egg and Cheese Croissant Blueberry Muffin Choc Choc Chip Muffin BeneFIT Bar Banana Choc Chunk BeneFIT Bar Cocoa Chip BeneFIT Bar Oatmeal Choc Chip Cocoa Puffs Lucky Charms Strawberry Yogurt Scrambled Eggs Pineapple
Sep - 28 Cinnamon Glazed Pancakes Bacon Egg Crois BC/WG Blueberry Muffin Choc Choc Chip Muffin BeneFIT Bar Banana Choc Chunk BeneFIT Bar Cocoa Chip BeneFIT Bar Oatmeal Choc Chip Cocoa Puffs Lucky Charms Scrambled Eggs Strawberry Yogurt Peaches	Sep - 29 French Toast Sticks Mike's Breakfast Pizza Blueberry Muffin Choc Choc Chip Muffin BeneFIT Bar Banana Choc Chunk BeneFIT Bar Cocoa Chip BeneFIT Bar Oatmeal Choc Chip Cocoa Puffs Lucky Charms Sausage Link, 2 Strawberry Yogurt Pears	Sep - 30 Waffle, WG Bake Crafter Ham&Cheese Eng Muffin Blueberry Muffin Choc Choc Chip Muffin BeneFIT Bar Banana Choc Chunk BeneFIT Bar Cocoa Chip BeneFIT Bar Oatmeal Choc Chip Cocoa Puffs Lucky Charms Scrambled Eggs Strawberry Yogurt Applesauce Cup, Cinnamon		

This Institution is an equal opportunity provider
 Menus are subject to change
 Milk variety and 100% juice are offered daily

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