

# Weber School District Child Nutrition

## 2019-2020 Elementary Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
				Nov - 1  Pancake 'n Sausage Frosted Mini Spooners Marshmallow Mateys Scrambled Eggs Strawberry Yogurt Pears
Nov - 4  French Toast Sticks Frosted Mini Spooners Marshmallow Mateys Scrambled Eggs Strawberry Yogurt Rosy Applesauce	Nov - 5  Choc Choc Chip Muffin Blueberry Muffin Frosted Mini Spooners Marshmallow Mateys Strawberry Yogurt Sausage Link, 2 Mandarin Oranges	Nov - 6  Brown Sugar Cinn Poptart Strawberry Poptart Frosted Mini Spooners Marshmallow Mateys Scrambled Eggs Strawberry Yogurt Peaches	Nov - 7  Choc Choc Chip Muffin Blueberry Muffin Frosted Mini Spooners Marshmallow Mateys Strawberry Yogurt Sausage Link, 2 Pineapple	Nov - 8  Pancake 'n Sausage Frosted Mini Spooners Marshmallow Mateys Scrambled Eggs Strawberry Yogurt Pears
Nov - 11  Cinnamon Glazed Pancakes Frosted Mini Spooners Marshmallow Mateys Scrambled Eggs Strawberry Yogurt Rosy Applesauce	Nov - 12  French Toast Sticks Frosted Mini Spooners Marshmallow Mateys Sausage Link, 2 Strawberry Yogurt Mandarin Oranges	Nov - 13  Blueberry Muffin Choc Choc Chip Muffin Frosted Mini Spooners Marshmallow Mateys Scrambled Eggs Strawberry Yogurt Peaches	Nov - 14  Waffle, WG Bake Crafter Frosted Mini Spooners Marshmallow Mateys Sausage Link, 2 Strawberry Yogurt Pineapple	Nov - 15  Pancake 'n Sausage Frosted Mini Spooners Marshmallow Mateys Scrambled Eggs Strawberry Yogurt Pears
Nov - 18  French Toast Sticks Frosted Mini Spooners Marshmallow Mateys Scrambled Eggs Strawberry Yogurt Rosy Applesauce	Nov - 19  Choc Choc Chip Muffin Blueberry Muffin Frosted Mini Spooners Marshmallow Mateys Strawberry Yogurt Sausage Link, 2 Mandarin Oranges	Nov - 20  Brown Sugar Cinn Poptart Strawberry Poptart Frosted Mini Spooners Marshmallow Mateys Scrambled Eggs Strawberry Yogurt Peaches	Nov - 21  Choc Choc Chip Muffin Blueberry Muffin Frosted Mini Spooners Marshmallow Mateys Strawberry Yogurt Sausage Link, 2 Pineapple	Nov - 22  Pancake 'n Sausage Frosted Mini Spooners Marshmallow Mateys Scrambled Eggs Strawberry Yogurt Pears
Nov - 25  Cinnamon Glazed Pancakes Frosted Mini Spooners Marshmallow Mateys Scrambled Eggs Strawberry Yogurt Rosy Applesauce	Nov - 26  French Toast Sticks Frosted Mini Spooners Marshmallow Mateys Sausage Link, 2 Strawberry Yogurt Mandarin Oranges	Nov - 27	Nov - 28	Nov - 29

This institute is an equal opportunity provider.  
Menus are subject to change  
Milk variety, 100% juice, and side salad offered daily

**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient.

**\*** - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.