

# Weber School District Child Nutrition

2019-2020 High School Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
	Oct - 1 Chicken Sandwich Crisp Taco Soft Shell Taco Tater Tot Pepperoni Pizza Cheese Pizza Corn Refried Beans Applesauce Cup, Cinnamon Cinnamon Rolls	Oct - 2 Chicken Sandwich Rib-B-Q Sandwich French Fries Spaghetti Roll, Baked Fresh Daily Cucumber Slices Baked Beans Carrots Pears Chocolate Pudding Vanilla Pudding	Oct - 3 Chicken Sandwich Potato Wedges Pork Roast Whipped Potatoes Mac & Cheese Roll, Baked Fresh Daily Green Beans Mandarin Oranges	Oct - 4 Chicken Sandwich French Fries Cheese Pizza Pepperoni Pizza Teriyaki Rice Bowl Steamed Rice Roll, Baked Fresh Daily Baby Carrots Broccoli Normandy Pineapple Rice Krispies Treat -Large
Oct - 7 Chicken Sandwich Chicken Nuggets French Fries Chicken Parmesan Roll, Baked Fresh Daily Celery Sticks Peas Peaches Pumpkin Choc Chip Cookie	Oct - 8 Chicken Sandwich Tater Tot Cheese Pizza Pepperoni Pizza Enchilada Roll, Baked Fresh Daily Black Beans Spanish Rice Corn Rosy Applesauce Pumpkin Choc Chip Cookie	Oct - 9 Chicken Sandwich French Fries Chicken Alfredo Roll, Baked Fresh Daily Breakfast Bake Waffle, WG Bake Crafter Cucumber Slices Broccoli Pears	Oct - 10 Chicken Sandwich Corn Dog Potato Wedges Hamburger Gravy Whipped Potatoes Roll, Baked Fresh Daily Green Beans Mandarin Oranges Sugar Cookies	Oct - 11 Chicken Sandwich French Fries Cheese Pizza Pepperoni Pizza Sweet & Sour Chicken Steamed Rice Roll, Baked Fresh Daily Baby Carrots Broccoli Normandy Pineapple Chocolate Pudding Vanilla Pudding
Oct - 14 Chicken Sandwich Chicken Wrap Cheese Burger French Fries Celery Sticks Peas Peaches	Oct - 15 Chicken Sandwich Tater Tot Cheese Pizza Pepperoni Pizza Meaty Nachos Roll, Baked Fresh Daily Refried Beans Green Beans Applesauce Cup, Strawberry Creamie Variety	Oct - 16 Chicken Sandwich Malibu Chicken Sandwich French Fries Lasagna Roll, Baked Fresh Daily Cucumber Slices Carrots Pears	Oct - 17	Oct - 18
Oct - 21 Chicken Sandwich Chicken Strips French Fries w/sauce Italian Meatballs Roll, Baked Fresh Daily Celery Sticks Peas Peaches Chocolate Pudding Vanilla Pudding	Oct - 22 Chicken Sandwich Tater Tot Cheese Pizza Pepperoni Pizza Fiesta Taco Bowl Tortilla Chips Black Beans Corn Applesauce	Oct - 23 Chicken Sandwich Chicken Bacon Ranch Wrap French Fries Baked Ziti Roll, Baked Fresh Daily Cucumber Slices Carrots Pears Jell-0	Oct - 24 Chicken Sandwich Fish Filet Potato Wedges Pork Roast Whipped Potatoes Roll, Baked Fresh Daily Green Beans Mandarin Oranges Chocolate Chip Cookie	Oct - 25

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# Weber School District Child Nutrition

## 2019-2020 High School Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 28	Oct - 29	Oct - 30	Oct - 31	
Chicken Sandwich Popcorn Chicken French Fries Hawaiian Haystacks Steamed Rice Roll, Baked Fresh Daily Celery Sticks Peas Pineapple Creamie Variety	Chicken Sandwich Tater Tots Cheese Pizza Pepperoni Pizza Navajo Taco Corn Applesauce, Cinnamon unsweet Chocolate Pudding Vanilla Pudding	Chicken Sandwich Meatball Sub Sandwich French Fries Cajun Pasta Roll, Baked Fresh Daily Cucumber Slices Carrots Pears Sugar Cookies	Chicken Sandwich Chicken Nuggets Potato Wedges Country Fried Steak Whipped Potatoes Roll, Baked Fresh Daily Green Beans Mandarin Oranges Frosted Holiday Cookie	

This institute is an equal opportunity provider.  
 Menus are subject to change  
 Milk variety, 100% juice, and side salad offered daily

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE:** *The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.*