

# Weber School District Child Nutrition

2018-2019 High School Breakfast

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Jan 29, 2019

Monday	Tuesday	Wednesday	Thursday	Friday
				Mar - 1  Cinnamon Glazed Pancakes Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmellow Mateys Frosted Mini Spooners Scrambled Eggs Strawberry Yogurt Pineapple
Mar - 4  Pancake 'n Sausage Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmellow Mateys Frosted Mini Spooners Scrambled Eggs Strawberry Yogurt Peaches	Mar - 5  French Toast Sticks Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmellow Mateys Frosted Mini Spooners Sausage Strawberry Yogurt Pears	Mar - 6  Eggo Waffle-2 Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmellow Mateys Frosted Mini Spooners Scrambled Eggs Strawberry Yogurt Rosy Applesauce	Mar - 7  French Toast Sticks Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmellow Mateys Frosted Mini Spooners Sausage Strawberry Yogurt Mandarin Oranges	Mar - 8  Cinnamon Glazed Pancakes Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmellow Mateys Frosted Mini Spooners Scrambled Eggs Strawberry Yogurt Pineapple
Mar - 11  Pancake 'n Sausage Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmellow Mateys Frosted Mini Spooners Scrambled Eggs Strawberry Yogurt Peaches	Mar - 12  French Toast Sticks Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmellow Mateys Frosted Mini Spooners Sausage Strawberry Yogurt Pears	Mar - 13  Eggo Waffle-2 Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmellow Mateys Frosted Mini Spooners Scrambled Eggs Strawberry Yogurt Rosy Applesauce	Mar - 14  French Toast Sticks Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmellow Mateys Frosted Mini Spooners Sausage Strawberry Yogurt Mandarin Oranges	Mar - 15  Cinnamon Glazed Pancakes Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmellow Mateys Frosted Mini Spooners Scrambled Eggs Strawberry Yogurt Pineapple
Mar - 18  Pancake 'n Sausage Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmellow Mateys Frosted Mini Spooners Scrambled Eggs Strawberry Yogurt Peaches	Mar - 19  French Toast Sticks Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmellow Mateys Frosted Mini Spooners Sausage Strawberry Yogurt Pears	Mar - 20  Eggo Waffle-2 Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmellow Mateys Frosted Mini Spooners Scrambled Eggs Strawberry Yogurt Rosy Applesauce	Mar - 21  French Toast Sticks Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmellow Mateys Frosted Mini Spooners Sausage Strawberry Yogurt Mandarin Oranges	Mar - 22  Cinnamon Glazed Pancakes Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmellow Mateys Frosted Mini Spooners Scrambled Eggs Strawberry Yogurt Pineapple
Mar - 25  Pancake 'n Sausage Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmellow Mateys Frosted Mini Spooners Scrambled Eggs Strawberry Yogurt Peaches	Mar - 26  French Toast Sticks Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmellow Mateys Frosted Mini Spooners Sausage Strawberry Yogurt Pears	Mar - 27  Eggo Waffle-2 Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmellow Mateys Frosted Mini Spooners Scrambled Eggs Strawberry Yogurt Rosy Applesauce	Mar - 28  French Toast Sticks Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmellow Mateys Frosted Mini Spooners Sausage Strawberry Yogurt Mandarin Oranges	Mar - 29  Cinnamon Glazed Pancakes Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmellow Mateys Frosted Mini Spooners Scrambled Eggs Strawberry Yogurt Pineapple

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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