

Weber School District Child Nutrition

2018-2019 Junior High Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
	Jan - 1	Jan - 2	Jan - 3 French Toast Sticks Brown Sugar Cinn Poptart Strawberry Poptart Frosted Mini Spooners Marshmallow Mateys Sausage Link, 2 Strawberry Yogurt Mandarin Oranges	Jan - 4 Pancake 'n Sausage Blueberry Muffin Choc Choc Chip Muffin Frosted Mini Spooners Marshmallow Mateys Strawberry Yogurt Scrambled Eggs Pineapple
Jan - 7 Cinnamon Glazed Pancakes Blueberry Muffin Choc Choc Chip Muffin Frosted Mini Spooners Marshmallow Mateys Scrambled Eggs Strawberry Yogurt Peaches	Jan - 8 French Toast Sticks Brown Sugar Cinn Poptart Strawberry Poptart Frosted Mini Spooners Marshmallow Mateys Sausage Link, 2 Strawberry Yogurt Pears	Jan - 9 Eggo Waffle Blueberry Muffin Choc Choc Chip Muffin Frosted Mini Spooners Marshmallow Mateys Scrambled Eggs Strawberry Yogurt Applesauce Cup, Cinnamon	Jan - 10 French Toast Sticks Brown Sugar Cinn Poptart Strawberry Poptart Frosted Mini Spooners Marshmallow Mateys Sausage Link, 2 Strawberry Yogurt Mandarin Oranges	Jan - 11
Jan - 14 Cinnamon Glazed Pancakes Blueberry Muffin Choc Choc Chip Muffin Frosted Mini Spooners Marshmallow Mateys Scrambled Eggs Strawberry Yogurt Peaches	Jan - 15 French Toast Sticks Brown Sugar Cinn Poptart Strawberry Poptart Frosted Mini Spooners Marshmallow Mateys Sausage Link, 2 Strawberry Yogurt Pears	Jan - 16 Eggo Waffle Blueberry Muffin Choc Choc Chip Muffin Frosted Mini Spooners Marshmallow Mateys Scrambled Eggs Strawberry Yogurt Applesauce Cup, Cinnamon	Jan - 17 French Toast Sticks Brown Sugar Cinn Poptart Strawberry Poptart Frosted Mini Spooners Marshmallow Mateys Sausage Link, 2 Strawberry Yogurt Mandarin Oranges	Jan - 18 Pancake 'n Sausage Blueberry Muffin Choc Choc Chip Muffin Frosted Mini Spooners Marshmallow Mateys Strawberry Yogurt Scrambled Eggs Pineapple
Jan - 21	Jan - 22 French Toast Sticks Brown Sugar Cinn Poptart Strawberry Poptart Frosted Mini Spooners Marshmallow Mateys Sausage Link, 2 Strawberry Yogurt Pears	Jan - 23 Eggo Waffle Blueberry Muffin Choc Choc Chip Muffin Frosted Mini Spooners Marshmallow Mateys Scrambled Eggs Strawberry Yogurt Applesauce Cup, Cinnamon	Jan - 24 French Toast Sticks Brown Sugar Cinn Poptart Strawberry Poptart Frosted Mini Spooners Marshmallow Mateys Sausage Link, 2 Strawberry Yogurt Mandarin Oranges	Jan - 25 Pancake 'n Sausage Blueberry Muffin Choc Choc Chip Muffin Frosted Mini Spooners Marshmallow Mateys Strawberry Yogurt Scrambled Eggs Pineapple
Jan - 28 Cinnamon Glazed Pancakes Blueberry Muffin Choc Choc Chip Muffin Frosted Mini Spooners Marshmallow Mateys Scrambled Eggs Strawberry Yogurt Peaches	Jan - 29 French Toast Sticks Brown Sugar Cinn Poptart Strawberry Poptart Frosted Mini Spooners Marshmallow Mateys Sausage Link, 2 Strawberry Yogurt Pears	Jan - 30 Eggo Waffle Blueberry Muffin Choc Choc Chip Muffin Frosted Mini Spooners Marshmallow Mateys Scrambled Eggs Strawberry Yogurt Applesauce Cup, Cinnamon	Jan - 31 French Toast Sticks Brown Sugar Cinn Poptart Strawberry Poptart Frosted Mini Spooners Marshmallow Mateys Sausage Link, 2 Strawberry Yogurt Mandarin Oranges	

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.