

# Weber School District Child Nutrition

## 2018-2019 High School Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
			Nov - 1  Chicken Sandwich Potato Wedges Country Fried Steak Chicken Strips Whipped Potatoes Roll, Baked Fresh Daily Green Beans Mandarin Oranges BlueRasp-Lemon SideKicks Kiwi-Straw SideKick's	Nov - 2  Chicken Sandwich French Fries Cheese Pizza Combo Pizza Mandarin Orange Chicken Steamed Rice Roll, Baked Fresh Daily Baby Carrots Baked Beans Broccoli Pineapple Creamie Variety
Nov - 5  Chicken Sandwich Hot Dog Wrap Cheese Burger French Fries Celery Sticks Peas Peaches Chocolate Chip Cookie	Nov - 6  Chicken Sandwich Crisp Taco Soft Shell Taco Tater Tots Roll, Baked Fresh Daily Pepperoni Pizza Cheese Pizza Corn Applesauce Cup, Cinnamon	Nov - 7  Chicken Sandwich Rib-B-Q Sandwich French Fries Spaghetti Roll, Baked Fresh Daily Cucumber Slices Baked Beans Carrots Pears Chocolate Pudding Vanilla Pudding	Nov - 8  Chicken Sandwich Potato Wedges Roast Turkey Whipped Potatoes Gravy, Chicken 1/2 cup Mac & Cheese Roll, Baked Fresh Daily Green Beans Mandarin Oranges Jell-0	Nov - 9  Chicken Sandwich French Fries Cheese Pizza Pepperoni Pizza Teriyaki Rice Bowl Steamed Rice Roll, Baked Fresh Daily Baby Carrots Broccoli Normandy Pineapple Rice Krispies Treat -Large
Nov - 12  Chicken Sandwich Chicken Nuggets French Fries Chicken Parmesan Roll, Baked Fresh Daily Celery Sticks Peas Peaches Creamie Variety	Nov - 13  Chicken Sandwich Tater Tots Cheese Pizza Pepperoni Pizza Enchilada Roll, Baked Fresh Daily Black Beans Spanish Rice Corn Rosy Applesauce Pumpkin Choc Chip Cookie	Nov - 14  Chicken Sandwich French Fries Chicken Alfredo Roll, Baked Fresh Daily Breakfast Bake Eggo Waffle-2 Cucumber Slices Broccoli Pears	Nov - 15  Chicken Sandwich Corn Dog Potato Wedges Hamburger Gravy Whipped Potatoes Roll, Baked Fresh Daily Green Beans Mandarin Oranges Sugar Cookies	Nov - 16  Chicken Sandwich French Fries Cheese Pizza Pepperoni Pizza Sweet & Sour Chicken Steamed Rice Roll, Baked Fresh Daily Baby Carrots Broccoli Normandy Pineapple Chocolate Pudding Vanilla Pudding
Nov - 19  Chicken Sandwich Chicken Wrap Steak N Things French Fries Celery Sticks Peas Peaches	Nov - 20  Chicken Sandwich Tater Tots Cheese Pizza Pepperoni Pizza Meaty Nachos Roll, Baked Fresh Daily Refried Beans Corn Applesauce Cup, Strawberry	Nov - 21	Nov - 22	Nov - 23

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**

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## 2018-2019 High School Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
Nov - 26	Nov - 27	Nov - 28	Nov - 29	Nov - 30
Chicken Sandwich Chicken Strips French Fries w/sauce Italian Meatballs Roll, Baked Fresh Daily Celery Sticks Peas Peaches Chocolate Pudding Vanilla Pudding	Chicken Sandwich Tater Tots Cheese Pizza Pepperoni Pizza Fiesta Taco Bowl Roll, Baked Fresh Daily Black Beans Corn Applesauce	Chicken Sandwich Chicken Bacon Ranch Wrap French Fries Baked Ziti Roll, Baked Fresh Daily Cucumber Slices Carrots Pears Jell-O	Chicken Sandwich Fish Filet Potato Wedges Pork Roast Whipped Potatoes Roll, Baked Fresh Daily Green Beans Mandarin Oranges Chocolate Chip Cookie	Chicken Sandwich French Fries Cheese Pizza Pepperoni Pizza Sweet & Sour Chicken Steamed Rice Roll, Baked Fresh Daily Baby Carrots Broccoli Normandy Pineapple Kiwi-Straw SideKick's BlueRasp-Lemon SideKicks

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