

Weber School District Child Nutrition

2018-2019 High School Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
			Nov - 1 French Toast Sticks Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmallow Mateys Frosted Mini Spooners Sausage Strawberry Yogurt Mandarin Oranges	Nov - 2 Cinnamon Glazed Pancakes Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmallow Mateys Frosted Mini Spooners Scrambled Eggs Strawberry Yogurt Pineapple
Nov - 5 Pancake 'n Sausage Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmallow Mateys Frosted Mini Spooners Scrambled Eggs Strawberry Yogurt Peaches	Nov - 6 French Toast Sticks Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmallow Mateys Frosted Mini Spooners Sausage Strawberry Yogurt Pears	Nov - 7 Eggo Waffle-2 Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmallow Mateys Frosted Mini Spooners Scrambled Eggs Strawberry Yogurt Rosy Applesauce	Nov - 8 French Toast Sticks Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmallow Mateys Frosted Mini Spooners Sausage Strawberry Yogurt Mandarin Oranges	Nov - 9 Cinnamon Glazed Pancakes Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmallow Mateys Frosted Mini Spooners Scrambled Eggs Strawberry Yogurt Pineapple
Nov - 12 Pancake 'n Sausage Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmallow Mateys Frosted Mini Spooners Scrambled Eggs Strawberry Yogurt Peaches	Nov - 13 French Toast Sticks Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmallow Mateys Frosted Mini Spooners Sausage Strawberry Yogurt Pears	Nov - 14 Eggo Waffle-2 Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmallow Mateys Frosted Mini Spooners Scrambled Eggs Strawberry Yogurt Rosy Applesauce	Nov - 15 French Toast Sticks Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmallow Mateys Frosted Mini Spooners Sausage Strawberry Yogurt Mandarin Oranges	Nov - 16 Cinnamon Glazed Pancakes Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmallow Mateys Frosted Mini Spooners Scrambled Eggs Strawberry Yogurt Pineapple
Nov - 19 Pancake 'n Sausage Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmallow Mateys Frosted Mini Spooners Scrambled Eggs Strawberry Yogurt Peaches	Nov - 20 French Toast Sticks Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmallow Mateys Frosted Mini Spooners Sausage Strawberry Yogurt Pears	Nov - 21	Nov - 22	Nov - 23
Nov - 26 Pancake 'n Sausage Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmallow Mateys Frosted Mini Spooners Scrambled Eggs Strawberry Yogurt Peaches	Nov - 27 French Toast Sticks Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmallow Mateys Frosted Mini Spooners Sausage Strawberry Yogurt Pears	Nov - 28 Eggo Waffle-2 Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmallow Mateys Frosted Mini Spooners Scrambled Eggs Strawberry Yogurt Rosy Applesauce	Nov - 29 French Toast Sticks Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmallow Mateys Frosted Mini Spooners Sausage Strawberry Yogurt Mandarin Oranges	Nov - 30 Cinnamon Glazed Pancakes Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Marshmallow Mateys Frosted Mini Spooners Scrambled Eggs Strawberry Yogurt Pineapple

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

*** - denotes combined nutrient totals with either missing or incomplete nutrient data.**

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.