

# Weber School District Child Nutrition

## 2018-2019 Junior High Lunch

Sep 11, 2018

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Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 1  Chicken Sandwich Chicken Wrap Potato Wedges Meaty Nachos Cucumber Slices Corn Peaches	Oct - 2  Chicken Sandwich Tater Tots Cheese Pizza Pepperoni Pizza Hawaiian Haystacks Steamed Rice Roll, Baked Fresh Daily Peas Pineapple	Oct - 3  Chicken Sandwich Ham & Cheese Sub French Fries Enchilada Roll, Baked Fresh Daily Spanish Rice Black Beans Carrots Applesauce Cup, Cinnamon	Oct - 4  Chicken Sandwich BBQ Pork Sandwich French Fries Baked Ziti Roll, Baked Fresh Daily Cucumber Slices Green Beans Pears	Oct - 5  Chicken Sandwich Tater Tots Cheese Pizza Pepperoni Pizza Teriyaki Rice Bowl Steamed Rice Roll, Baked Fresh Daily Broccoli Normandy Pineapple Snickerdoodle
Oct - 8  Chicken Sandwich French Fries Navajo Taco Mac & Cheese Roll, Baked Fresh Daily Corn Peaches	Oct - 9  Chicken Sandwich Chicken Nuggets French Fries Roll, Baked Fresh Daily Cheese Pizza Hawaiian Pizza Baked Beans Green Beans Mandarin Oranges	Oct - 10  Chicken Sandwich Chicken Bacon Ranch Wrap Potato Wedges Cajun Pasta Roll, Baked Fresh Daily Carrots Applesauce cup, plain	Oct - 11  Chicken Sandwich Cheese Burger French Fries Roast Turkey Whipped Potatoes Gravy, Chicken 1/2 cup Roll, Baked Fresh Daily Celery Sticks Peas Pears	Oct - 12  Chicken Sandwich Potato Wedges Cheese Pizza Pepperoni Pizza Sweet & Sour Chicken Steamed Rice Roll, Baked Fresh Daily Broccoli Pineapple Chocolate Chip Cookie
Oct - 15  Chicken Sandwich Bean & Cheese Burrito Burrito, Beef & Bean French Fries Spaghetti Roll, Baked Fresh Daily Black Beans Corn Peaches	Oct - 16  Chicken Sandwich Steak N Things Potato Wedges Cheese Pizza Pepperoni Pizza Green Beans Mandarin Oranges Rice Krispies Treat -Large	Oct - 17  Chicken Sandwich Turkey Cheese Sub French Fries Chicken Alfredo Pasta Roll, Baked Fresh Daily Baked Beans Carrots Applesauce Cup, Strawberry	Oct - 18	Oct - 19
Oct - 22  Chicken Sandwich Corn Dog Potato Wedges Chicken Fajita Roll, Baked Fresh Daily Corn Black Beans Peaches Sugar Cookies	Oct - 23  Chicken Sandwich French Fries Cheese Pizza Pepperoni Pizza Chicken Tetrazzini Roll, Baked Fresh Daily Celery Sticks Green Beans Mandarin Oranges Creamie Variety	Oct - 24  Chicken Sandwich Ham & Cheese Sub French Fries Breakfast Bake Eggo Waffle Carrots Applesauce, Strawberry Cup	Oct - 25  Chicken Sandwich French Fries Pork Roast Whipped Potatoes Fiesta Chicken Bowl Roll, Baked Fresh Daily Black Beans Peas Pears	Oct - 26
Oct - 29  Chicken Sandwich Popcorn Chicken French Fries Crisp Taco Roll, Baked Fresh Daily Corn Peaches	Oct - 30  Chicken Sandwich Meatball Sub Sandwich French Fries Cheese Pizza Pepperoni Pizza Baby Carrots Cucumber Slices Green Beans Mandarin Oranges Sugar Cookies	Oct - 31  Chicken Sandwich Hot Dog Wrap Turkey Cheese Sub Potato Wedges Baked Beans Carrots Applesauce Cup, Cinnamon		

**\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

**\* - denotes combined nutrient totals with either missing or incomplete nutrient data.**

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**