

# Weber School District Child Nutrition

## 2018-2019 Elementary Breakfast

| Monday  | Tuesday  | Wednesday  | Thursday  | Friday  |
|---|--|--|---|---|
| Sep - 3   | Sep - 4<br>French Toast Sticks<br>Frosted Mini Spooners<br>Marshmallow Mateys<br>Sausage Link<br>Strawberry Yogurt<br>Mandarin Oranges                               | Sep - 5<br>Blueberry Muffin<br>Choc Choc Chip Muffin<br>Frosted Mini Spooners<br>Marshmallow Mateys<br>Scrambled Eggs<br>Strawberry Yogurt<br>Peaches  | Sep - 6<br>Cinnamon Waffle<br>Maple Waffle<br>Frosted Mini Spooners<br>Marshmallow Mateys<br>Sausage Link<br>Strawberry Yogurt<br>Pineapple                   | Sep - 7<br>Pancake 'n Sausage<br>Frosted Mini Spooners<br>Marshmallow Mateys<br>Scrambled Eggs<br>Strawberry Yogurt<br>Pears  |
| Sep - 10<br>French Toast Sticks<br>Frosted Mini Spooners<br>Marshmallow Mateys<br>Sausage Link<br>Strawberry Yogurt<br>Rosy Applesauce        | Sep - 11<br>Brown Sugar Cinn Poptart<br>Strawberry Poptart<br>Frosted Mini Spooners<br>Marshmallow Mateys<br>Strawberry Yogurt<br>Scrambled Eggs<br>Mandarin Oranges | Sep - 12<br>Blueberry Muffin<br>Choc Choc Chip Muffin<br>Frosted Mini Spooners<br>Marshmallow Mateys<br>Sausage Link<br>Strawberry Yogurt<br>Peaches   | Sep - 13<br>Brown Sugar Cinn Poptart<br>Strawberry Poptart<br>Frosted Mini Spooners<br>Marshmallow Mateys<br>Strawberry Yogurt<br>Scrambled Eggs<br>Pineapple | Sep - 14<br>Pancake 'n Sausage<br>Frosted Mini Spooners<br>Marshmallow Mateys<br>Sausage Link<br>Strawberry Yogurt<br>Pears   |
| Sep - 17<br>Cinnamon Glazed Pancakes<br>Frosted Mini Spooners<br>Marshmallow Mateys<br>Scrambled Eggs<br>Strawberry Yogurt<br>Rosy Applesauce | Sep - 18<br>French Toast Sticks<br>Frosted Mini Spooners<br>Marshmallow Mateys<br>Sausage Link<br>Strawberry Yogurt<br>Mandarin Oranges                              | Sep - 19<br>Blueberry Muffin<br>Choc Choc Chip Muffin<br>Frosted Mini Spooners<br>Marshmallow Mateys<br>Scrambled Eggs<br>Strawberry Yogurt<br>Peaches | Sep - 20<br>Cinnamon Waffle<br>Maple Waffle<br>Frosted Mini Spooners<br>Marshmallow Mateys<br>Sausage Link<br>Strawberry Yogurt<br>Pineapple                  | Sep - 21<br>Pancake 'n Sausage<br>Frosted Mini Spooners<br>Marshmallow Mateys<br>Scrambled Eggs<br>Strawberry Yogurt<br>Pears |
| Sep - 24<br>French Toast Sticks<br>Frosted Mini Spooners<br>Marshmallow Mateys<br>Sausage Link<br>Strawberry Yogurt<br>Rosy Applesauce        | Sep - 25<br>Brown Sugar Cinn Poptart<br>Strawberry Poptart<br>Frosted Mini Spooners<br>Marshmallow Mateys<br>Strawberry Yogurt<br>Scrambled Eggs<br>Mandarin Oranges | Sep - 26<br>Blueberry Muffin<br>Choc Choc Chip Muffin<br>Frosted Mini Spooners<br>Marshmallow Mateys<br>Sausage Link<br>Strawberry Yogurt<br>Peaches   | Sep - 27<br>Brown Sugar Cinn Poptart<br>Strawberry Poptart<br>Frosted Mini Spooners<br>Marshmallow Mateys<br>Strawberry Yogurt<br>Scrambled Eggs<br>Pineapple | Sep - 28<br>Pancake 'n Sausage<br>Frosted Mini Spooners<br>Marshmallow Mateys<br>Sausage Link<br>Strawberry Yogurt<br>Pears   |

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.