

# Weber School District Child Nutrition

2017-2018 Junior High Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
			Feb - 1  French Toast Sticks NutriGrain Bar Blueberry NutriGrain Bar Strawberr Blueberry Muffin Choc Choc Chip Muffin Frosted Mini Spooners Marshmellow Mateys Sausage Link Strawberry Yogurt Mandarin Oranges	Feb - 2  Pancake 'n Sausage Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Frosted Mini Spooners Marshmellow Mateys Scrambled Eggs Strawberry Yogurt Pineapple
Feb - 5  Cinnamon Glazed Pancakes Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Frosted Mini Spooners Marshmellow Mateys Scrambled Eggs Strawberry Yogurt Peaches	Feb - 6  French Toast Sticks NutriGrain Bar Blueberry NutriGrain Bar Strawberr Blueberry Muffin Choc Choc Chip Muffin Frosted Mini Spooners Marshmellow Mateys Sausage Link Strawberry Yogurt Pears	Feb - 7  Eggo Waffle Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Frosted Mini Spooners Marshmellow Mateys Scrambled Eggs Strawberry Yogurt Rosy Applesauce	Feb - 8  French Toast Sticks NutriGrain Bar Blueberry NutriGrain Bar Strawberr Blueberry Muffin Choc Choc Chip Muffin Frosted Mini Spooners Marshmellow Mateys Sausage Link Strawberry Yogurt Mandarin Oranges	Feb - 9  Pancake 'n Sausage Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Frosted Mini Spooners Marshmellow Mateys Scrambled Eggs Strawberry Yogurt Pineapple
Feb - 12  Cinnamon Glazed Pancakes Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Frosted Mini Spooners Marshmellow Mateys Scrambled Eggs Strawberry Yogurt Peaches	Feb - 13  French Toast Sticks NutriGrain Bar Blueberry NutriGrain Bar Strawberr Blueberry Muffin Choc Choc Chip Muffin Frosted Mini Spooners Marshmellow Mateys Sausage Link Strawberry Yogurt Pears	Feb - 14  Eggo Waffle Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Frosted Mini Spooners Marshmellow Mateys Scrambled Eggs Strawberry Yogurt Rosy Applesauce	Feb - 15  French Toast Sticks NutriGrain Bar Blueberry NutriGrain Bar Strawberr Blueberry Muffin Choc Choc Chip Muffin Frosted Mini Spooners Marshmellow Mateys Sausage Link Strawberry Yogurt Mandarin Oranges	Feb - 16
Feb - 19	Feb - 20  French Toast Sticks NutriGrain Bar Blueberry NutriGrain Bar Strawberr Blueberry Muffin Choc Choc Chip Muffin Frosted Mini Spooners Marshmellow Mateys Sausage Link Strawberry Yogurt Pears	Feb - 21  Eggo Waffle Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Frosted Mini Spooners Marshmellow Mateys Scrambled Eggs Strawberry Yogurt Rosy Applesauce	Feb - 22  French Toast Sticks NutriGrain Bar Blueberry NutriGrain Bar Strawberr Blueberry Muffin Choc Choc Chip Muffin Frosted Mini Spooners Marshmellow Mateys Sausage Link Strawberry Yogurt Mandarin Oranges	Feb - 23  Pancake 'n Sausage Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Frosted Mini Spooners Marshmellow Mateys Scrambled Eggs Strawberry Yogurt Pineapple
Feb - 26  Cinnamon Glazed Pancakes Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Frosted Mini Spooners Marshmellow Mateys Scrambled Eggs Strawberry Yogurt Peaches	Feb - 27  French Toast Sticks NutriGrain Bar Blueberry NutriGrain Bar Strawberr Blueberry Muffin Choc Choc Chip Muffin Frosted Mini Spooners Marshmellow Mateys Sausage Link Strawberry Yogurt Pears	Feb - 28  Eggo Waffle Brown Sugar Cinn Poptart Strawberry Poptart Blueberry Muffin Choc Choc Chip Muffin Frosted Mini Spooners Marshmellow Mateys Scrambled Eggs Strawberry Yogurt Rosy Applesauce		

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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2017-2018 Junior High Breakfast

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This institution is an equal opportunity provider.  
Menus are subject to change.  
Milk Variety; 100% Juice, Garden Salad offered daily

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

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