Weber School District Child Nutrition

HIGH SCHOOL BREAKFAST

Jan 16, 2017

Monday	Tuesday	Wednesday	Thursday	Friday
		Feb - 1 Blueberry Waffle Cinnamon Waffle Maple Waffle Cinnamon Glazed Pancakes Pancake 'n Sausage Blueberry Muffin Choc Choc Chip Muffin Brown Sugar Cinn Poptart Strawberry Poptart Strawberry Yogurt Scrambled Eggs Rosy Applesauce	Feb - 2 French Toast Sticks Pancake 'n Sausage Blueberry Muffin Choc Choc Chip Muffin Marshmellow Mateys Frosted Mini Spooners Strawberry Yogurt Sausage Mandarin Oranges	Feb - 3 Cinnamon Glazed Pancakes Pancake 'n Sausage Blueberry Muffin Choc Choc Chip Muffin Brown Sugar Cinn Poptart Strawberry Poptart Strawberry Yogurt Scrambled Eggs Strawberry Cup
Feb - 6 French Toast Sticks Pancake 'n Sausage Blueberry Muffin Choc Choc Chip Muffin Brown Sugar Cinn Poptart Strawberry Poptart Strawberry Yogurt Scrambled Eggs Peaches	Feb - 7 Cinnamon Glazed Pancakes Pancake 'n Sausage Blueberry Muffin Choc Choc Chip Muffin Marshmellow Mateys Frosted Mini Spooners Strawberry Yogurt Sausage Pears	Feb - 8 Blueberry Waffle Cinnamon Waffle Maple Waffle Cinnamon Glazed Pancakes Pancake 'n Sausage Blueberry Muffin Choc Choc Chip Muffin Brown Sugar Cinn Poptart Strawberry Poptart Strawberry Yogurt Scrambled Eggs Rosy Applesauce	Feb - 9 French Toast Sticks Pancake 'n Sausage Blueberry Muffin Choc Choc Chip Muffin Marshmellow Mateys Frosted Mini Spooners Strawberry Yogurt Sausage Mandarin Oranges	Feb - 10 Cinnamon Glazed Pancakes Pancake 'n Sausage Blueberry Muffin Choc Choc Chip Muffin Brown Sugar Cinn Poptart Strawberry Poptart Strawberry Yogurt Scrambled Eggs Strawberry Cup
Feb - 13 French Toast Sticks Pancake 'n Sausage Blueberry Muffin Choc Choc Chip Muffin Brown Sugar Cinn Poptart Strawberry Poptart Strawberry Yogurt Scrambled Eggs Peaches	Feb - 14 Cinnamon Glazed Pancakes Pancake 'n Sausage Blueberry Muffin Choc Choc Chip Muffin Marshmellow Mateys Frosted Mini Spooners Strawberry Yogurt Sausage Pears	Feb - 15 Blueberry Waffle Cinnamon Waffle Maple Waffle Cinnamon Glazed Pancakes Pancake 'n Sausage Blueberry Muffin Choc Choc Chip Muffin Brown Sugar Cinn Poptart Strawberry Poptart Strawberry Yogurt Scrambled Eggs Rosy Applesauce	Feb - 16 French Toast Sticks Pancake 'n Sausage Blueberry Muffin Choc Choc Chip Muffin Marshmellow Mateys Frosted Mini Spooners Strawberry Yogurt Sausage Mandarin Oranges	Feb - 17
Feb - 20	Feb - 21 Cinnamon Glazed Pancakes Pancake 'n Sausage Blueberry Muffin Choc Choc Chip Muffin Marshmellow Mateys Frosted Mini Spooners Strawberry Yogurt Sausage Pears	Feb - 22 Blueberry Waffle Cinnamon Waffle Maple Waffle Cinnamon Glazed Pancakes Pancake 'n Sausage Blueberry Muffin Choc Choc Chip Muffin Brown Sugar Cinn Poptart Strawberry Poptart Strawberry Yogurt Scrambled Eggs Rosy Applesauce	Feb - 23 French Toast Sticks Pancake 'n Sausage Blueberry Muffin Choc Choc Chip Muffin Marshmellow Mateys Frosted Mini Spooners Strawberry Yogurt Sausage Mandarin Oranges	Feb - 24 Cinnamon Glazed Pancakes Pancake 'n Sausage Blueberry Muffin Choc Choc Chip Muffin Brown Sugar Cinn Poptart Strawberry Poptart Strawberry Yogurt Scrambled Eggs Strawberry Cup

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**
*** - denotes combined nutrient totals with either missing or incomplete nutrient data.**

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Feb - 27 French Toast Sticks Pancake 'n Sausage Blueberry Muffin Choc Choc Chip Muffin Brown Sugar Cinn Poptart Strawberry Poptart Strawberry Yogurt Scrambled Eggs Peaches	Feb - 28 Cinnamon Glazed Pancakes Pancake 'n Sausage Blueberry Muffin Choc Choc Chip Muffin Marshmellow Mateys Frosted Mini Spooners Strawberry Yogurt Sausage Pears			

This institution is an equal opportunity provider.

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HIGH SCHOOL LUNCH

Jan 16, 2017

Monday	Tuesday	Wednesday	Thursday	Friday
		Feb - 1 Scrambled Eggs Sausage Link, 2 Cheesy Egg Wrap w/Bacon Mandarin Oranges Maple Waffle Hash Brown Potatoes Syrup	Feb - 2 Country Fried Steak Whipped Potatoes Roll, Baked Fresh Daily Hot Dog Wrap Potato Wedges Baby Carrots Fresh Fruit Salad Green Beans	Feb - 3 Cheese Pizza Pepperoni Pizza Crisp Taco Soft Shell Taco Cinnamon Bites Refried Beans Pears Corn BlueRasp-Lemon SideKicks Kiwi-Straw SideKick's
Feb - 6 Chicken Tenders Potato Wedges Roll, Baked Fresh Daily Navajo Taco Peaches Corn Salsa	Feb - 7 Cheese Pizza Buffalo Chicken Pizza Teriyaki Rice Bowl Steamed Rice Roll, Baked Fresh Daily Pineapple Broccoli Normandy, Fresh Jell-0	Feb - 8 Lasagna Roll, Baked Fresh Daily Steak N Things French Fries Cucumber Slices Baby Carrots Pears Green Beans	Feb - 9 Roasted Chicken Whipped Potatoes Roll, Baked Fresh Daily Bean & Cheese Burrito Burrito, Beef & Bean Refried Beans Baby Carrots Peas Chocolate Chip Cookie	Feb - 10 Cheese Pizza Cheese Burger Bacon Pizz Malibu Chicken Sandwich Potato Wedges Rosy Applesauce Carrots
Feb - 13 Chicken Sandwich French Fries Meaty Nachos Pears Peas Refried Beans	Feb - 14 Cheese Pizza Combo Pizza Chicken Nuggets Potato Wedges Roll, Baked Fresh Daily Baked Beans Baby Carrots Mandarin Oranges Green Beans	Feb - 15 Cheese Burger French Fries Mandarin Orange Chicken Steamed Rice Roll, Baked Fresh Daily Baby Carrots Pineapple Broccoli Normandy, Fresh Banana Creamie Chocolate Creamie Orange Creamie	Feb - 16 WSD Bowl Whole Wheat Pull Apart Hot Dog Wrap Tater Tots Peaches Corn	Feb - 17
Feb - 20	Feb - 21 Cheese Pizza Four Meat Pizza Chicken Tenders French Fries Roll, Baked Fresh Daily Mandarin Oranges Corn	Feb - 22 Spaghetti Breadsticks BBQ Pork Sandwich Potato Wedges Carrot Sticks Green Beans Peaches	Feb - 23 Sweet & Sour Chicken Steamed Rice Roll, Baked Fresh Daily Cheese Burger French Fries Pineapple Broccoli Normandy, Fresh Chocolate Pudding Vanilla Pudding	Feb - 24 Cheese Pizza Pepperoni Pizza Cajun Pasta Roll, Baked Fresh Daily Mandarin Oranges Black Beans Carrot Sticks Celery Sticks

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Monday	Tuesday	Wednesday	Thursday	Friday
Feb - 27 Chicken Parmesan Roll, Baked Fresh Daily Hot Dog Wrap Potato Wedges Pears Broccoli	Feb - 28 Cheese Pizza Buffalo Chicken Pizza Maple Waffle Sausage Link, 2 Hash Brown Potatoes Scrambled Eggs Fresh Fruit Salad Baby Carrots Peas			

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