

High School Breakfast November 2016

Monday	Tuesday	Wednesday	Thursday	Friday
	1 French Toast Sticks Cinnamon Glazed Pancakes Pancake 'n Sausage Blueberry Muffin Choc Choc Chip Muffin Strawberry Yogurt Sausage Pears	2 French Toast Sticks Cinnamon Glazed Pancakes Pancake 'n Sausage Blueberry Muffin Choc Choc Chip Muffin Brown Sugar Cinn Poptart Strawberry Poptart Strawberry Yogurt Scrambled Eggs Rosy Applesauce	3 French Toast Sticks Cinnamon Glazed Pancakes Pancake 'n Sausage Blueberry Muffin Choc Choc Chip Muffin Strawberry Yogurt Sausage Mandarin Oranges	4 French Toast Sticks Cinnamon Glazed Pancakes Pancake 'n Sausage Blueberry Muffin Choc Choc Chip Muffin Brown Sugar Cinn Poptart Strawberry Poptart Strawberry Yogurt Hard Boiled Egg Grapes
7 French Toast Sticks Cinnamon Glazed Pancakes Pancake 'n Sausage Blueberry Muffin Choc Choc Chip Muffin Brown Sugar Cinn Poptart Strawberry Poptart Strawberry Yogurt Hard Boiled Egg Peaches	8 French Toast Sticks Cinnamon Glazed Pancakes Pancake 'n Sausage Blueberry Muffin Choc Choc Chip Muffin Strawberry Yogurt Sausage Pears	9 French Toast Sticks Cinnamon Glazed Pancakes Pancake 'n Sausage Blueberry Muffin Choc Choc Chip Muffin Brown Sugar Cinn Poptart Strawberry Poptart Strawberry Yogurt Scrambled Eggs Rosy Applesauce	10 French Toast Sticks Cinnamon Glazed Pancakes Pancake 'n Sausage Blueberry Muffin Choc Choc Chip Muffin Strawberry Yogurt Sausage Mandarin Oranges	11 French Toast Sticks Cinnamon Glazed Pancakes Pancake 'n Sausage Blueberry Muffin Choc Choc Chip Muffin Brown Sugar Cinn Poptart Strawberry Poptart Strawberry Yogurt Hard Boiled Egg Grapes
14 French Toast Sticks Cinnamon Glazed Pancakes Pancake 'n Sausage Blueberry Muffin Choc Choc Chip Muffin Brown Sugar Cinn Poptart Strawberry Poptart Strawberry Yogurt Hard Boiled Egg Peaches	15 French Toast Sticks Cinnamon Glazed Pancakes Pancake 'n Sausage Blueberry Muffin Choc Choc Chip Muffin Strawberry Yogurt Sausage Pears	16 French Toast Sticks Cinnamon Glazed Pancakes Pancake 'n Sausage Blueberry Muffin Choc Choc Chip Muffin Brown Sugar Cinn Poptart Strawberry Poptart Strawberry Yogurt Scrambled Eggs Rosy Applesauce	17 French Toast Sticks Cinnamon Glazed Pancakes Pancake 'n Sausage Blueberry Muffin Choc Choc Chip Muffin Strawberry Yogurt Sausage Mandarin Oranges	18 French Toast Sticks Cinnamon Glazed Pancakes Pancake 'n Sausage Blueberry Muffin Choc Choc Chip Muffin Brown Sugar Cinn Poptart Strawberry Poptart Strawberry Yogurt Hard Boiled Egg Grapes
21 French Toast Sticks Cinnamon Glazed Pancakes Pancake 'n Sausage Blueberry Muffin Choc Choc Chip Muffin Brown Sugar Cinn Poptart Strawberry Poptart Strawberry Yogurt Hard Boiled Egg Peaches	22 French Toast Sticks Cinnamon Glazed Pancakes Pancake 'n Sausage Blueberry Muffin Choc Choc Chip Muffin Strawberry Yogurt Sausage Pears	23	24	25
28 French Toast Sticks Cinnamon Glazed Pancakes Pancake 'n Sausage Blueberry Muffin Choc Choc Chip Muffin Brown Sugar Cinn Poptart Strawberry Poptart	29 French Toast Sticks Cinnamon Glazed Pancakes Pancake 'n Sausage Blueberry Muffin Choc Choc Chip Muffin Strawberry Yogurt	30 French Toast Sticks Cinnamon Glazed Pancakes Pancake 'n Sausage Blueberry Muffin Choc Choc Chip Muffin Brown Sugar Cinn Poptart Strawberry Poptart Strawberry Yogurt		

Strawberry Yogurt Hard Boiled Egg Peaches	Sausage Pears	Scrambled Eggs Rosy Applesauce		
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Menus are subject to change.
Fresh Fruit, 100% juice and milk variety offered daily.
This institution is an equal opportunity provider.

Lunch High School November 2016

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Cheese Pizza Hawaiian Pizza Chicken Nuggets French Fries Roll, Baked Fresh Daily Peaches Baby Carrots Cucumber Slices	2 Scrambled Eggs Sausage Link, 2 ea serving Cheesy Egg Wrap w/Bacon Mandarin Oranges Maple Waffle Hash Brown Potatoes Syrup	3 Country Fried Steak Whipped Potatoes Roll, Baked Fresh Daily Hot Dog Wrap Potato Wedges Baby Carrots Fresh Fruit Salad Green Beans	4 Cheese Pizza Pepperoni Pizza Crisp Taco Soft Shell Taco Cinnamon Bites Refried Beans Pears Corn BlueRasp-Lemon SideKicks Kiwi-Straw SideKick's
7 Chicken Tenders Potato Wedges Roll, Baked Fresh Daily Navajo Taco Peaches Corn Salsa	8 Cheese Pizza Pepperoni Pizza Teriyaki Rice Bowl Steamed Rice Roll, Baked Fresh Daily Black Beans Pineapple Broccoli Normandy, Fresh Jell-0	9 Lasagna Roll, Baked Fresh Daily Steak N Things French Fries Cucumber Slices Baby Carrots Pears Green Beans	10 Roast Turkey Whipped Potatoes BBQ Pork Sandwich Roll, Baked Fresh Daily Baby Carrots Mandarin Oranges Corn Pumpkin Choc Chip Cookie	11 Cheese Pizza Cheese Burger Bacon Pizz Malibu Chicken Sandwich Potato Wedges Rosy Applesauce Carrots
14 Chicken Sandwich French Fries Meaty Nachos Pears Peas Refried Beans	15 Cheese Pizza Combo Pizza Chicken Nuggets Roll, Baked Fresh Daily Potato Wedges Baked Beans Baby Carrots Mandarin Oranges Green Beans	16 Cheese Burger Potato Wedges Mandarin Orange Chicken Steamed Rice Roll, Baked Fresh Daily Baby Carrots Pineapple Broccoli Normandy, Fresh Banana Creamie Chocolate Creamie Orange Creamie	17 WSD Bowl Whole Wheat Pull Apart Hot Dog Wrap Tater Tots Peaches Corn	18 Cheese Pizza BBQ Chicken Pizza Breakfast Bake Maple Waffle Rosy Applesauce Baby Carrots Cucumber Slices Syrup
21 Mac & Cheese SEC Chicken Sandwich Potato Wedges Rosy Applesauce Baked Beans Baby Carrots Broccoli, fresh	22 Cheese Pizza Pepperoni Pizza Chicken Tenders French Fries Roll, Baked Fresh Daily Mandarin Oranges Corn	23	24	25
28 Spaghetti Breadsticks BBQ Pork Sandwich Potato Wedges Carrot Sticks Green Beans Peaches	29 Sweet & Sour Chicken Steamed Rice Roll, Baked Fresh Daily Cheese Burger French Fries Pineapple Broccoli Normandy, Fresh Chocolate Creamie Banana Creamie Orange Creamie	30 Cheese Pizza Buffalo Chicken Pizza Cajun Pasta Roll, Baked Fresh Daily Mandarin Oranges Black Beans Carrot Sticks Celery Sticks		

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Fresh Fruit, 100% juice, Garden Salad, and milk variety offered daily.

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