


# RESOURCES

## Help Is Available!

**CALL 911.** If you or someone you know is in a life threatening emergency or in immediate danger of harming themselves, please call 911.

<http://utahsuicideprevention.org/>

## GET THE SAFE UT APP! Anonymous Tipline.



**Call - CrisisLine**  
Tap this to speak to a SafeUT CrisisLine counselor. The CrisisLine number will appear and you can call immediately.

**Chat - CrisisLine**  
Opens 2-way messaging with a SafeUT CrisisLine counselor

**Submit a Tip**  
Submit anonymous tips to school administrators on bullying, threats or violence

<http://hope4utah.com>

# HOPE4UTAH

<http://nuhopeutah.org/>

# NUHOPE

**Utah Behavioral Health Crisis Line:**  
**Weber Human Services**  
**801-625-3700**

## TALK TO SOMEONE NOW.

If you're thinking about suicide, are worried about a friend or loved one, or would like emotional support, the Lifeline network is available 24/7 across the United States.

**NATIONAL**  
**SUICIDE**  
**PREVENTION**  
**LIFELINE**  
1-800-273-TALK (8255)  
[suicidepreventionlifeline.org](http://suicidepreventionlifeline.org)

<http://suicidepreventionlifeline.org>

**RED NACIONAL**  
de  
**PREVENCIÓN**  
del  
**SUICIDIO**  
1-888-628-9454  
[prevenciondelsuicidio.org](http://prevenciondelsuicidio.org)

 **WEBER**  
SCHOOL DISTRICT

**STUDENT SERVICES 801-476-7811**