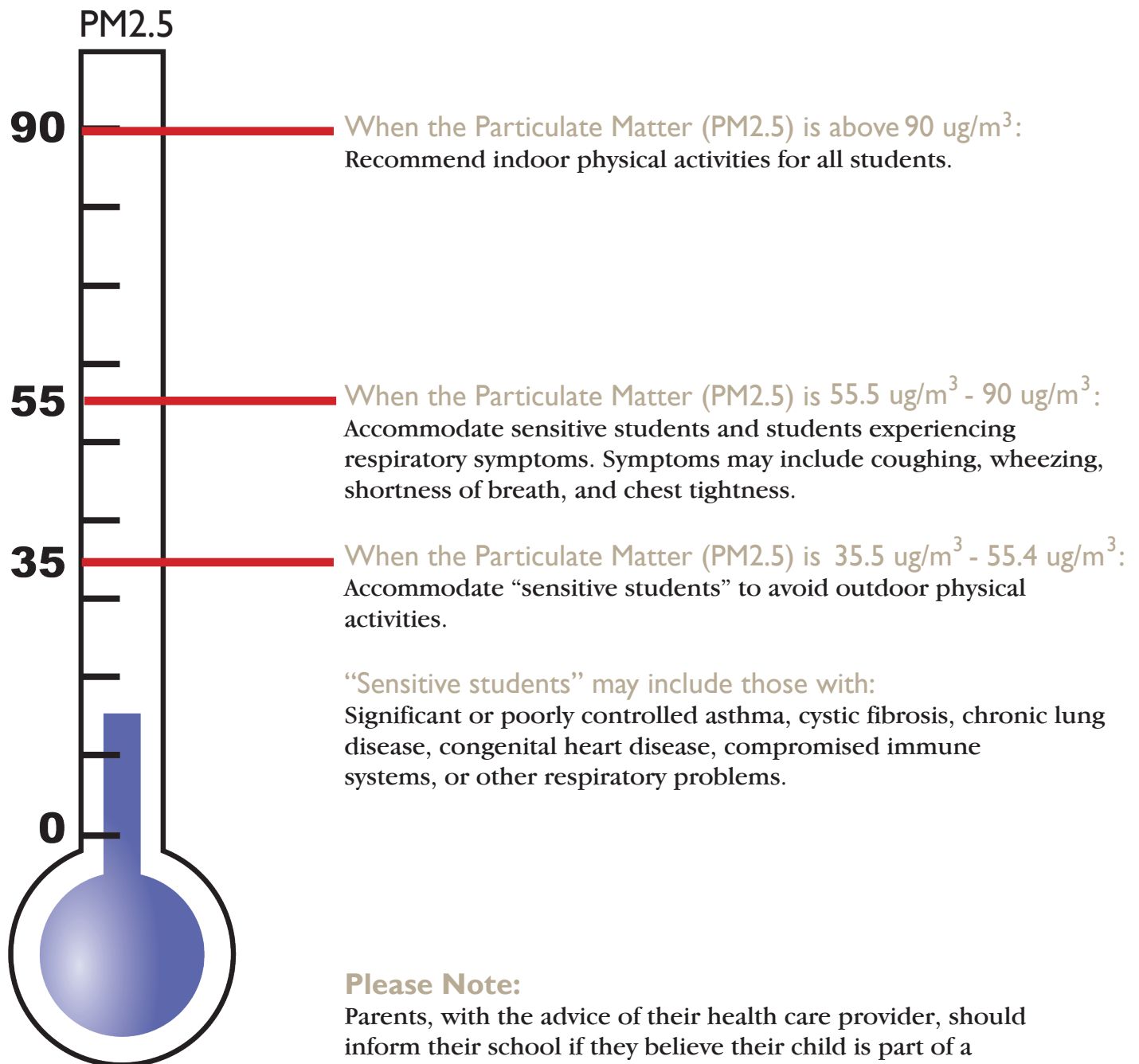


Recess Guidance for Schools:

When to schedule indoor recess rather than outdoor recess based on the air quality in your communities.



Please Note:

Parents, with the advice of their health care provider, should inform their school if they believe their child is part of a “sensitive” group who should have limited outdoor physical activity when the air quality is poor. Visit www.health.utah.gov/asthma for a sample letter for parents.

To check the current PM2.5 levels, visit www.airquality.utah.gov and click on “current conditions.”