

# Weber School District Child Nutrition

Sep 1, 2020 thru Sep 30, 2020

Base Menu Spreadsheet

Elementary Lunch-1

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Tue - 09/01/2020			
Elementary Lunch-1	Total	10630	
Menu #7	1	0	0.0
Taco Snacks	4.75 oz	10630	30.97
Tater Tots, 1/2 CUP	1/2 CUP	8000	17.04
Salad, Side-Elem	1/2 CUP	3500	0.8
Corn: frzn, yellow ckd, 1/4 c	1/4 CUP	3000	9.07
Tomato Grape	1/4 CUP	2000	0.99
Celery Sticks	1/4 CUP	2000	1.18
Pears: canned,light syrup	1/2 CUP	4000	13.57
Apples,Fresh 1/2 each	1/2 each	3000	9.53
Milk, Chocolate Fat Free	HALF PINT	4500	20.0
Milk,1% Lowfat	HALF PINT	1000	12.0
JUICE FRUITABLE	1 EACH	4500	21.0
Ranch Dressing: yogurt	1 FL OZ	2000	3.31
Ketchup	1 OZ	2000	8.34
Sour Cream	1 OZ	2000	1.89
Salsa	1 OZ	2000	1.96
CINNAMON TWIST	1 EACH	7500	61.26
Weighted Daily Average			119.44
% of Calories			54.8%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Wed - 09/02/2020			
Elementary Lunch-1	Total	10630	
Menu #8	1	0	0.0
Cheese Burger Wheat 51%	1 EACH	10630	33.1
French Fries: ovn bkd, 1/2c	1/2 CUP	8000	16.71
Carrots:frzn, boiled, 1/4 c	1/4 CUP	2000	3.25
Beans Baked, 1/2 c	1/2 CUP	3000	29.2
Peaches: canned,ex light syrup	1/2 CUP	4000	13.31
Banana, 1/2	1/2 each	2000	15.0
Milk, Chocolate Fat Free	HALF PINT	4500	20.0
Milk,1% Lowfat	HALF PINT	1000	12.0
JUICE FRUITABLE	1 EACH	4500	21.0
Ranch Dressing: yogurt	1 FL OZ	3500	3.31
Ketchup	1 OZ	1000	8.34
Mustard: individual PC	EACH	1000	0.35
Mayonnaise, PC Packet	1 EACH	1000	0.97
Tomatoes,Fresh,Sliced	1 EACH	1000	0.37
Lettuce,Shred, 1/8 c	1/8 CUP	1000	0.32
Creamie Variety: ban, choc	1 EACH	7500	14.0
Weighted Daily Average			92.79
% of Calories			50.3%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Thu - 09/03/2020			
Elementary Lunch-1	Total	10630	
Menu #9	1	1	0.0
Mandarin Orange Chicken	3.92 serving	10630	21.11
Rice, Br & Wh 50/50 Ckd, 1/2 c	1/2 CUP	10000	24.51
Rolls 51%/ 2oz	1 EACH	9000	30.79
Carrots Baby Fresh	1/4 CUP	3000	4.0
Broccoli: frzn, boiled, 1/4 c	1/4 CUP	3000	2.55
Pineapple Chunks:canned,lt syr	1/2 CUP	4000	13.22
Craisins, Strawberry	packet	2000	28.0
Milk, Chocolate Fat Free	HALF PINT	4500	20.0
Milk,1% Lowfat	HALF PINT	1000	12.0
JUICE FRUITABLE	1 EACH	4500	21.0
Ranch Dressing: yogurt	1 FL OZ	1000	3.31
SideKicks BlueRasp-Lemon Fruit	Container	4000	19.64
SideKicks Fruit Cup Kiwi-Straw	Container	4000	19.64
Weighted Daily Average			115.92
% of Calories			73.3%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Fri - 09/04/2020			
Elementary Lunch-1	Total	10630	
Menu #10	1	1	0.0
Pizza, Cheese, Primo (10 cut)	slice	8000	28.0
Pizza, Pepp, Primo (10 cut)	slice	2630	28.0
Bread Sticks 51% 2 oz	1 EACH	7000	30.79
Salad, Side--Elem Green	1/2 CUP	7000	0.76
Tomato Grape	1/4 CUP	3000	0.99
Cucumber, Raw	1/4 CUP	3000	1.18
Green Beans: canned,ckd 1/4 c	1/4 cup	5000	0.08
Mandarin Oranges	1/2 CUP	8000	21.26
Apples,Fresh 1/2 each	1/2 each	5000	9.53
Milk, Chocolate Fat Free	HALF PINT	4500	20.0
Milk,1% Lowfat	HALF PINT	1000	12.0
JUICE FRUITABLE	1 EACH	4500	21.0
Ranch Dressing: yogurt	1 FL OZ	7000	3.31
Pumpkin Chocolate Chip Cookies	1 Each	7000	16.59
Weighted Daily Average			101.51
% of Calories			58.7%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Tue - 09/08/2020			
Elementary Lunch-1	Total	10630	
Menu #12	1	1	0.0
Meaty Nachos- Beef	Serving	10630	40.47
Salad, Side-Elem	1/2 CUP	3500	0.8
Tomato Grape	1/4 CUP	3000	0.99
Celery Sticks	1/4 CUP	3000	1.18
Pears: canned,light syrup	1/2 CUP	4000	13.57
Beans, Black, 1/2 c	1/2 CUP	2000	17.01
Corn: frzn, yellow ckd, 1/4 c	1/4 CUP	5000	9.07
Apples,Fresh 1/2 each	1/2 each	2000	9.53
Milk, Chocolate Fat Free	HALF PINT	3000	20.0
Milk,1% Lowfat	HALF PINT	1000	12.0
JUICE FRUITABLE	1 EACH	3000	21.0
Ranch Dressing: yogurt	1 FL OZ	1000	3.31
Sour Cream	1 OZ	2500	1.89
Salsa	1 OZ	2500	1.96
Rice Krispy Treat-Small	1 each	10000	9.0
Weighted Daily Average			78.09
% of Calories			43.3%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Wed - 09/09/2020			
Elementary Lunch-1	Total	10630	
Menu #13	1	1	0.0
Chicken Sandwich 51%	1 EACH	10630	46.79
French Fries: ovn bkd, 1/2c	1/2 CUP	10000	16.71
Cheese Stick, Mozzarella Strin	Stick	6000	1.01
Broccoli,raw: fresh 1/4 c	1/4 CUP	2000	1.05
Carrots:frzn, boiled, 1/4 c	1/4 CUP	3000	3.25
Peaches: canned,ex light syrup	1/2 CUP	4000	13.31
Banana, 1/2	1/2 each	2000	15.0
Milk, Chocolate Fat Free	HALF PINT	4500	20.0
Milk,1% Lowfat	HALF PINT	1000	12.0
JUICE FRUITABLE	1 EACH	4500	21.0
Ranch Dressing: yogurt	1 FL OZ	3000	3.31
Ketchup	1 OZ	1000	8.34
Mustard: individual PC	1 EACH	1000	0.35
Mayonnaise, PC Packet	1 EACH	1000	0.97
Tomatoes,Fresh,Sliced	1 EACH	1000	0.37
Lettuce,Shred, 1/8 c	1/8 CUP	1000	0.32
Creamie Variety: ban, choc	1 EACH	10000	14.0
Weighted Daily Average			105.60
% of Calories			50.7%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Thu - 09/10/2020			
Elementary Lunch-1	Total	10630	
Menu #14	1	1	0.0
Chicken, Roasted 8 piece	2 oz serving	10630	0.0
Potatoes Whipped	1/2 CUP	10630	18.33
Gravy, Brown, 1/4 c	1/4 CUP	10000	7.18
Rolls 51%/ 2oz	1 EACH	8000	30.79
Broccoli Normandy 1/4 Cup	1/4 Cup	4000	2.22
Carrots Baby Fresh	1/4 CUP	2000	4.0
Pineapple Chunks:canned,lt syr	1/2 CUP	3500	13.22
Craisins, Strawberry	packet	2000	28.0
Milk, Chocolate Fat Free	HALF PINT	4500	20.0
Milk,1% Lowfat	HALF PINT	1000	12.0
JUICE FRUITABLE	1 EACH	4500	21.0
Ranch Dressing: yogurt	1 FL OZ	3500	3.31
SideKicks BlueRasp-Lemon Fruit	Container	4000	19.64
SideKicks Fruit Cup Kiwi-Straw	Container	4000	19.64
Weighted Daily Average			93.83
% of Calories			64.8%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Fri - 09/11/2020			
Elementary Lunch-1	Total	10630	
Menu #15	1	1	0.0
Pizza, Pepp, Primo (10 cut)	slice	2630	28.0
Pizza, Cheese, Primo (10 cut)	slice	8000	28.0
Bread Sticks 51% 2 oz	1 EACH	8000	30.79
Salad, Side--Elem Green	1/2 CUP	3500	0.76
Tomato Grape	1/4 CUP	2000	0.99
Cucumber, Raw	1/4 CUP	2000	1.18
Green Beans: canned,ckd 1/4 c	1/4 cup	2000	0.08
Mandarin Oranges	1/2 CUP	8000	21.26
Apples,Fresh 1/2 each	1/2 each	5000	9.53
Milk, Chocolate Fat Free	HALF PINT	4500	20.0
Milk,1% Lowfat	HALF PINT	1000	12.0
JUICE FRUITABLE	1 EACH	4500	21.0
Ranch Dressing: yogurt	1 FL OZ	5000	3.31
Chocolate Chip Cookie	EACH	10000	18.26
Weighted Daily Average			109.56
% of Calories			58.6%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
<b>Mon - 09/14/2020</b>			
Elementary Lunch-1	Total	10630	
Menu #16	1	1	0.0
French Toast Sticks BC/WG	3 ea. serving	10630	42.8
SCRAMBLED EGGS	1/4 cup	8000	0.63
Sausage Link, 2	2 EACH	8000	1.14
Hash Brown Potatoes	1/2 CUP	5000	20.41
Carrots Baby Fresh	1/4 CUP	2000	4.0
Orange Fresh, 1/2	1/2 EACH	2000	5.64
Applesauce cup, plain	1/2	4000	35.98
Milk, Chocolate Fat Free	HALF PINT	4500	20.0
Milk, 1% Lowfat	HALF PINT	1000	12.0
JUICE FRUITABLE	1 EACH	4500	21.0
Ranch Dressing: yogurt	1 FL OZ	1000	3.31
SYRUP, MAPLE CHEF'S MARK	1 EACH	10000	30.66
Ketchup	1 OZ	5000	8.34
Pudding Chocolate	1 EACH	4000	20.05
Pudding Vanilla	1 EACH	4000	18.04
Weighted Daily Average			134.97
% of Calories			70.0%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
<b>Tue - 09/15/2020</b>			
Elementary Lunch-1	Total	10630	
Menu #17	1	0	0.0
Sweet N' Sour Chicken	3.92 Serving	10630	20.0
Rice, Br & Wh 50/50 Ckd, 1/2 c	1/2 CUP	10000	24.51
Rolls 51%/ 2oz	1 EACH	10000	30.79
Salad, Side--Elem Green	1/2 CUP	3500	0.76
Tomato Grape	1/4 CUP	3000	0.99
Celery Sticks, 1/2 c	1/2 CUP	3000	2.36
Corn: frzn, yellow ckd, 1/4 c	1/4 CUP	2000	9.07
Pears: canned, light syrup	1/2 CUP	4000	13.57
Apples, Fresh 1/2 each	1/2 each	2000	9.53
Milk, Chocolate Fat Free	HALF PINT	4500	20.0
Milk, 1% Lowfat	HALF PINT	1000	12.0
JUICE FRUITABLE	1 EACH	4500	21.0
Ranch Dressing: yogurt	1 FL OZ	1000	3.31
Rice Krispy Treat-Small	1 each	10000	9.0
Weighted Daily Average			109.09
% of Calories			70.3%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
<b>Wed - 09/16/2020</b>			
Elementary Lunch-1	Total	10630	
Menu #18	1	1	0.0
Popcorn Chicken-Tyson	10 Each	10630	13.94
Tater Tots, 1/2 CUP	1/2 CUP	10000	17.04
Rolls 51%/ 2oz	1 EACH	10000	30.79
Carrots:frzn, boiled, 1/4 c	1/4 CUP	2000	3.25
Cucumber, Raw	1/4 CUP	2000	1.18
Beans Baked, 1/2 c	1/2 CUP	5000	29.2
Peaches: canned,ex light syrup	1/2 CUP	4000	13.31
Banana, 1/2	1/2 each	2000	15.0
Milk, Chocolate Fat Free	HALF PINT	4500	20.0
Milk,1% Lowfat	HALF PINT	1000	12.0
JUICE FRUITABLE	1 EACH	4500	21.0
Ranch Dressing: yogurt	1 FL OZ	5500	3.31
Barbecue Sauce BULL'S EYE	1 OZ	4500	10.24
Ketchup	1 OZ	2000	8.34
Creamie Variety: ban, choc	1 EACH	10000	14.0
Weighted Daily Average			120.61
% of Calories			54.0%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
<b>Thu - 09/17/2020</b>			
Elementary Lunch-1	Total	10630	
Menu #19	1	0	0.0
Hawaiian Haystacks	1/2 CUP	10630	8.27
Rice, Br & Wh 50/50 Ckd, 1/2 c	1/2 CUP	10000	24.51
Rolls 51%/ 2oz	1 EACH	10000	30.79
Cheese Cheddar Shred	1 OZ	8000	0.0
Chow Mein Noodles	1/8 cup	5000	6.48
Broccoli: fresh, steamed, 1/4c	1/4 CUP	2500	1.63
Carrots Baby Fresh	1/4 CUP	2500	4.0
Peas: frozen,warmed,1/4 c	1/4 CUP	5000	6.79
Pineapple Chunks:canned,lt syr	1/2 CUP	5000	13.22
Craisins, Strawberry	packet	4000	28.0
Milk, Chocolate Fat Free	HALF PINT	4500	20.0
Milk,1% Lowfat	HALF PINT	1000	12.0
JUICE FRUITABLE	1 EACH	4500	21.0
Ranch Dressing: yogurt	1 FL OZ	3500	3.31
SideKicks BlueRasp-Lemon Fruit	Container	4500	19.64
SideKicks Fruit Cup Kiwi-Straw	Container	4500	19.64
Weighted Daily Average			120.83
% of Calories			63.4%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
<b>Fri - 09/18/2020</b>			
Elementary Lunch-1	Total	10630	
Menu #20	1	0	0.0
Pizza, Cheese, Primo (10 cut)	slice	8000	28.0
Pizza, Pepp, Primo (10 cut)	slice	2630	28.0
Bread Sticks 51% 2 oz	1 EACH	10000	30.79
Salad, Side--Elem Green	1/2 CUP	3500	0.76
Tomato Grape	1/4 CUP	2000	0.99
Cucumber, Raw	1/4 CUP	2000	1.18
Green Beans: canned,ckd 1/4 c	1/4 cup	2000	0.08
Mandarin Oranges	1/2 CUP	5000	21.26
Apples,Fresh 1/2 each	1/2 each	5000	9.53
Milk, Chocolate Fat Free	HALF PINT	4500	20.0
Milk,1% Lowfat	HALF PINT	1000	12.0
JUICE FRUITABLE	1 EACH	4500	21.0
Ranch Dressing: yogurt	1 FL OZ	2500	3.31
Snickerdoodles	1 EACH	10000	19.73
Weighted Daily Average			109.95
% of Calories			58.4%
Nutrient Guideline			

<b>Mon - 09/21/2020</b>			
Elementary Lunch-1	Total	10630	
Menu #21	1	0	*N/A*
Chicken Nuggets-Tyson	5 nuggets	10630	11.28
French Fries: ovn bkd, 1/2c	1/2 CUP	8000	16.71
Rolls 51%/ 2oz	1 EACH	8000	30.79
Peas: frozen,warmed,1/4 c	1/4 CUP	2000	6.79
Carrots Baby Fresh	1/4 CUP	2000	4.0
Applesauce Cup, Cinnamon	1/2 CUP	4000	17.0
Orange Fresh, 1/2	1/2 EACH	2000	5.64
Milk, Chocolate Fat Free	HALF PINT	4500	20.0
Milk,1% Lowfat	HALF PINT	1000	12.0
JUICE FRUITABLE	1 EACH	4500	21.0
Ranch Dressing: yogurt	1 FL OZ	3500	3.31
Ketchup	1 OZ	2500	8.34
Barbecue Sauce BULL'S EYE	1 OZ	3500	10.24
Pudding Chocolate	1 EACH	4500	20.05
Pudding Vanilla	1 EACH	4500	18.04
Weighted Daily Average			97.55
% of Calories			60.8%
Nutrient Guideline			

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Tue - 09/22/2020			
Elementary Lunch-1	Total	10630	
Menu #22	1	0	*N/A*
Taco Crisp Elementary	1 each	10630	10.09
Tater Tots, 1/2 CUP	1/2 CUP	10000	17.04
Rolls 51%/ 2oz	1 EACH	10000	30.79
Salad, Side--Elem Green	1/2 CUP	3500	0.76
Tomato Grape	1/4 CUP	2000	0.99
Celery Sticks	1/4 CUP	2000	1.18
Corn: frzn, yellow ckd, 1/4 c	1/4 CUP	3000	9.07
Refried Beans Seasoned	1/2 CUP	2000	18.02
Pineapple Chunks:canned,lt syr	1/2 CUP	3000	13.22
Apples,Fresh 1/2 each	1/2 each	2000	9.53
Milk, Chocolate Fat Free	HALF PINT	4500	20.0
Milk,1% Lowfat	HALF PINT	1000	12.0
JUICE FRUITABLE	1 EACH	4500	21.0
Ranch Dressing: yogurt	1 FL OZ	1000	3.31
Cheese Cheddar Shred	1 OZ	5000	0.0
Sour Cream	1 OZ	5000	1.89
Lettuce,Shred, 1/8 c	1/8 CUP	1000	0.32
Rice Krispy Treat-Small	1 each	10000	9.0
Weighted Daily Average			95.40
% of Calories			46.7%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Wed - 09/23/2020			
Elementary Lunch-1	Total	10630	
Menu #23	1	0	*N/A*
Turkey Club Sandwich ELEM	1 EACH	10630	30.79
Sun Chips Original	Package	10000	18.0
Cheese Stick, Mozzarella Strin	Stick	6000	1.01
Carrots:frzn, boiled, 1/4 c	1/4 CUP	2000	3.25
Cucumber, Raw	1/4 CUP	2000	1.18
Peaches: canned,ex light syrup	1/2 CUP	4000	13.31
Banana, 1/2	1/2 each	2000	15.0
Milk, Chocolate Fat Free	HALF PINT	4500	20.0
Milk,1% Lowfat	HALF PINT	1000	12.0
JUICE FRUITABLE	1 EACH	4500	21.0
Ranch Dressing: yogurt	1 FL OZ	2000	3.31
Ketchup	1 OZ	1000	8.34
Mustard: individual PC	1 EACH	1000	0.35
Mayonnaise, PC Packet	1 EACH	1000	0.97
Lettuce,Shred, 1/8 c	1/8 CUP	1000	0.32
Tomatoes,Fresh,Sliced	1 EACH	1000	0.37
Creamie Variety: ban, choc	1 EACH	10000	14.0
Weighted Daily Average			90.22
% of Calories			47.4%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Thu - 09/24/2020			
Elementary Lunch-1	Total	10630	
Menu #24	1	0	*N/A*
Spaghetti Meat Sauce, 1/2 c	1/2 Cup	10630	12.84
Spaghetti Noodles Ckd, 1/2 c	1/2 CUP	10000	20.76
Cheese Combo (Chdr & Mozz)	1 OZ	5000	0.25
Rolls 51%/ 2oz	1 EACH	10000	30.79
Carrots Baby Fresh	1/4 CUP	2000	4.0
Broccoli Normandy 1/4 Cup	1/4 Cup	2000	2.22
Pears: canned,light syrup	1/2 CUP	2000	13.57
Craisins, Strawberry	packet	2000	28.0
Milk, Chocolate Fat Free	HALF PINT	4500	20.0
Milk,1% Lowfat	HALF PINT	1000	12.0
JUICE FRUITABLE	1 EACH	4500	21.0
Ranch Dressing: yogurt	1 FL OZ	1000	3.31
SideKicks BlueRasp-Lemon Fruit	Container	4500	19.64
SideKicks Fruit Cup Kiwi-Straw	Container	4500	19.64
Weighted Daily Average			105.87
% of Calories			68.9%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Fri - 09/25/2020			
Elementary Lunch-1	Total	10630	
Menu #25	1	0	*N/A*
Pizza, Cheese, Primo (10 cut)	slice	8000	28.0
Pizza, Pepp, Primo (10 cut)	slice	2630	28.0
Bread Sticks 51% 2 oz	1 EACH	8000	30.79
Salad, Side--Elem Green	1/2 CUP	3500	0.76
Tomato Grape	1/4 CUP	2000	0.99
Cucumber, Raw	1/4 CUP	2000	1.18
Green Beans: canned,ckd 1/4 c	1/4 cup	2500	0.08
Mandarin Oranges	1/2 CUP	4000	21.26
Apples,Fresh 1/2 each	1/2 each	2000	9.53
Milk, Chocolate Fat Free	HALF PINT	4500	20.0
Milk,1% Lowfat	HALF PINT	1000	12.0
JUICE FRUITABLE	1 EACH	4500	21.0
Ranch Dressing: yogurt	1 FL OZ	4000	3.31
Chocolate Chip Cookie	1 EACH	10000	18.26
Weighted Daily Average			98.56
% of Calories			56.2%
Nutrient Guideline			

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# Weber School District Child Nutrition

Sep 1, 2020 thru Sep 30, 2020

Base Menu Spreadsheet

Elementary Lunch-1

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
<b>Mon - 09/28/2020</b>			
Elementary Lunch-1	Total	10630	
Menu #1	1	0	0.0
Grill Cheese Sandwich	1 EACH	10630	30.96
Potato Wedges, 1/2 c	1/2 CUP	10000	27.35
Peas: frozen, warmed, 1/4 c	1/4 CUP	2500	6.79
Carrots Baby Fresh	1/4 CUP	2000	4.0
Applesauce Cup, Strawberry	1/2 CUP	2500	14.0
Orange Fresh, 1/2	1/2 EACH	2000	5.64
Milk, 1% Lowfat	HALF PINT	1000	12.0
Milk, Chocolate Fat Free	HALF PINT	4500	20.0
JUICE FRUITABLE	1 EACH	4500	21.0
Ranch Dressing: yogurt	1 FL OZ	5000	3.31
Ketchup	1 OZ	10000	8.34
Pudding Chocolate	1 EACH	4500	20.05
Pudding Vanilla	1 EACH	4500	18.04
Weighted Daily Average			107.40
% of Calories			67.1%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
<b>Tue - 09/29/2020</b>			
Elementary Lunch-1	Total	10630	
Menu #2	1	0	0.0
Chili 3/4 cup	3/4 CUP	10630	26.79
Rolls 51%/ 2oz	1 EACH	5000	30.79
Cheese Stick, Mozzarella Strin	Stick	5000	1.01
Salad, Side-Elem	1/2 CUP	4000	0.8
Corn: frzn, yellow ckd, 1/4 c	1/4 CUP	4000	9.07
Tomato Grape	1/4 CUP	2000	0.99
Celery Sticks	1/4 CUP	2000	1.18
Pineapple Chunks:canned,lt syr	1/2 CUP	4000	13.22
Apples,Fresh 1/2 each	1/2 each	4000	9.53
Milk, Chocolate Fat Free	HALF PINT	4500	20.0
Milk, 1% Lowfat	HALF PINT	1000	12.0
JUICE FRUITABLE	1 EACH	4500	21.0
Ranch Dressing: yogurt	1 FL OZ	1000	3.31
Cheese Combo (Chdr & Mozz)	1 OZ	8500	0.25
Sour Cream	1 OZ	5000	1.89
Rice Krispy Treat-Small	1 each	10000	9.0
Weighted Daily Average			82.79
% of Calories			52.6%
Nutrient Guideline			

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# Weber School District Child Nutrition

Sep 1, 2020 thru Sep 30, 2020

Base Menu Spreadsheet

Elementary Lunch-1

Portion Values - Detailed

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	Portion Size	Reimb Qty	Carb (g)
Wed - 09/30/2020			
Elementary Lunch-1	Total	10630	
Menu #3	1	0	0.0
Chicken Sandwich 51%	1 EACH	10630	46.79
French Fries: ovn bkd, 1/2c	1/2 CUP	8000	16.71
Carrots:frzn, boiled, 1/4 c	1/4 CUP	2000	3.25
Broccoli,raw: fresh 1/4 c	1/4 CUP	2000	1.05
Beans Baked, 1/2 c	1/2 CUP	2000	29.2
Peaches: canned,ex light syrup	1/2 CUP	4500	13.31
Banana, 1/2	1/2 each	2000	15.0
Milk, Chocolate Fat Free	HALF PINT	4500	20.0
Milk,1% Lowfat	HALF PINT	1000	12.0
JUICE FRUITABLE	1 EACH	4500	21.0
Ranch Dressing: yogurt	1 FL OZ	1000	3.31
Ketchup	1 OZ	1000	8.34
Mustard: individual PC	1 EACH	1000	0.35
Mayonnaise, PC Packet	1 EACH	1000	0.97
Tomatoes,Fresh,Sliced	1 EACH	1000	0.37
Lettuce,Shred, 1/8 c	1/8 CUP	1000	0.32
Creamie Variety: ban, choc	1 EACH	7500	14.0
Weighted Daily Average			103.78
% of Calories			54.3%
Nutrient Guideline			

Weighted Average			104.47
			57.8%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	104.47	57.78%						

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