

# Weber School District Child Nutrition

Mar 2, 2020 thru Mar 31, 2020

Base Menu Spreadsheet

Junior High Breakfast

Portion Values - Detailed

Page 1

Generated on: 2/26/2020 3:09:24 PM

	Portion Size	Reimb Qty	Carb (g)
<b>Mon - 03/02/2020</b>			
Junior High Breakfast	Total	1000	
Menu #1	1	0	0.0
Pancakes, Cinnamon Glazed	PKG	200	35.0
Bacon Egg & Cheese Croissant	3.5 oz	200	32.94
Muffin Blueberry	1 EACH	100	30.0
Muffin Chocolate Choc Chip	1 EACH	300	27.0
POPTART, BROWN SUGAR CINN	PACKAGE	50	17.46
POPTART, STRAWBERRY	PACKAGE	50	18.96
Pop Tart, Chocolate Fudge	1	50	344.73
Cereal, Frosted Mini-Wheats, Bow	BOWL	25	45.76
Cereal, Marshmallow Mateys	1 Each	25	48.0
SCRAMBLED EGGS	1/4 cup	1000	0.63
Yogurt, strawberry	1 EACH	300	20.0
Peaches: canned, ex light syrup	1/2 CUP	300	13.31
Apples, Fresh	1 EACH	250	19.06
Milk, Chocolate Fat Free	HALF PINT	500	20.0
Milk, 1% Lowfat	HALF PINT	250	12.0
JUICE FRUITABLE	1 EACH	250	21.0
SYRUP, PANCAKE	1 EACH	200	19.01
Ketchup	1 OZ	200	8.34
Weighted Daily Average			85.20
% of Calories			61.6%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
<b>Tue - 03/03/2020</b>			
Junior High Breakfast	Total	1000	
Menu #2	1	0	0.0
French Toast Sticks BC/WG	3 ea. serving	300	42.8
Breakfast Pizza	2.79 oz	200	17.0
Muffin Blueberry	1 EACH	100	30.0
Muffin Chocolate Choc Chip	1 EACH	200	27.0
POPTART, BROWN SUGAR CINN	PACKAGE	50	17.46
POPTART, STRAWBERRY	PACKAGE	50	18.96
Pop Tart, Chocolate Fudge	1	50	344.73
Cereal, Frosted Mini-Wheats, Bow	BOWL	25	45.76
Cereal, Marshmallow Mateys	1 Each	25	48.0
Sausage Link, 2	2 EACH	1000	1.14
Yogurt, strawberry	1 EACH	1000	20.0
Pears: canned, light syrup	1/2 CUP	300	13.57
Kiwifruit, Fresh	1 EACH	250	11.14
Milk, Chocolate Fat Free	HALF PINT	500	20.0
Milk, 1% Lowfat	HALF PINT	250	12.0
JUICE FRUITABLE	1 EACH	250	21.0
SYRUP, PANCAKE	1 EACH	500	19.01
Weighted Daily Average			101.79
% of Calories			64.7%
Nutrient Guideline			

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Portion Values - Detailed

Page 2

Generated on: 2/26/2020 3:09:24 PM

	Portion Size	Reimb Qty	Carb (g)
Wed - 03/04/2020			
Junior High Breakfast	Total	1000	
Menu #3	1	1	0.0
Waffle, Maple	1	100	10.71
Ham and Cheese English Muffin	3.5 oz	300	26.0
Muffin Blueberry	1 EACH	100	30.0
Muffin Chocolate Choc Chip	1 EACH	300	27.0
POPTART, BROWN SUGAR CINN	PACKAGE	50	17.46
POPTART, STRAWBERRY	PACKAGE	50	18.96
Pop Tart, Chocolate Fudge	1	50	344.73
Cereal, Frosted Mini-Wheats, Bow	BOWL	25	45.76
Cereal, Marshmallow Mateys	1 Each	25	48.0
SCRAMBLED EGGS	1/4 cup	600	0.63
Yogurt, strawberry	1 EACH	600	20.0
Applesauce Cup, Cinnamon	1/2 CUP	600	17.0
Orange Fresh	1 EACH	600	11.28
Milk, Chocolate Fat Free	HALF PINT	500	20.0
Milk, 1% Lowfat	HALF PINT	250	12.0
JUICE FRUITABLE	1 EACH	250	21.0
SYRUP, MAPLE CHEF'S MARK	1 EACH	100	30.66
Ketchup	1 OZ	600	8.34
Weighted Daily Average			97.04
% of Calories			68.7%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Thu - 03/05/2020			
Junior High Breakfast	Total	1000	
Menu #4	1	0	0.0
French Toast Sticks BC/WG	3 ea. serving	300	42.8
Ham, Egg and Cheese Croissant	3.65 oz	200	33.0
Muffin Blueberry	1 EACH	100	30.0
Muffin Chocolate Choc Chip	1 EACH	200	27.0
POPTART, BROWN SUGAR CINN	PACKAGE	50	17.46
POPTART, STRAWBERRY	PACKAGE	50	18.96
Pop Tart, Chocolate Fudge	1	50	344.73
Cereal, Frosted Mini-Wheats, Bow	BOWL	25	45.76
Cereal, Marshmallow Mateys	1 Each	25	48.0
Sausage Link, 2	2 EACH	600	1.14
Yogurt, strawberry	1 EACH	600	20.0
Mandarin Oranges	1/2 CUP	300	21.26
Bananas	1 EACH	250	30.0
Milk, Chocolate Fat Free	HALF PINT	500	20.0
Milk, 1% Lowfat	HALF PINT	250	12.0
JUICE FRUITABLE	1 EACH	250	21.0
SYRUP, PANCAKE	1 EACH	500	19.01
Weighted Daily Average			103.56
% of Calories			68.3%
Nutrient Guideline			

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Portion Values - Detailed

Page 3

Generated on: 2/26/2020 3:09:24 PM

	Portion Size	Reimb Qty	Carb (g)
<b>Fri - 03/06/2020</b>			
Junior High Breakfast	Total	1000	
Menu #5	1	0	0.0
Pancake 'n Sausage	1 EACH	200	17.0
Muffin Blueberry	1 EACH	100	30.0
Muffin Chocolate Choc Chip	1 EACH	500	27.0
POPTART, BROWN SUGAR CINN	PACKAGE	50	17.46
POPTART, STRAWBERRY	PACKAGE	50	18.96
Pop Tart, Chocolate Fudge	1	50	344.73
Cereal,Frosted Mini-Wheats,Bow	BOWL	25	45.76
Cereal, Marshmallow Mateys	1 Each	25	48.0
Yogurt, strawberry	1 EACH	600	20.0
SCRAMBLED EGGS	1/4 cup	600	0.63
Pineapple Chunks:canned,lt syr	1/2 CUP	300	13.22
Craisins, Strawberry	packet	300	28.0
Milk, Chocolate Fat Free	HALF PINT	500	20.0
Milk,1% Lowfat	HALF PINT	250	12.0
JUICE FRUITABLE	1 EACH	250	21.0
SYRUP,PANCAKE	1 EACH	200	19.01
Ketchup	1 OZ	600	8.34
Weighted Daily Average			93.10
% of Calories			67.7%
Nutrient Guideline			

<b>Mon - 03/09/2020</b>			
Junior High Breakfast	Total	1000	
Menu #1	1	0	0.0
Pancakes, Cinnamon Glazed	PKG	200	35.0
Bacon Egg & Cheese Croissant	3.5 oz	200	32.94
Muffin Blueberry	1 EACH	100	30.0
Muffin Chocolate Choc Chip	1 EACH	300	27.0
POPTART, BROWN SUGAR CINN	PACKAGE	50	17.46
POPTART, STRAWBERRY	PACKAGE	50	18.96
Pop Tart, Chocolate Fudge	1	50	344.73
Cereal,Frosted Mini-Wheats,Bow	BOWL	25	45.76
Cereal, Marshmallow Mateys	1 Each	25	48.0
SCRAMBLED EGGS	1/4 cup	1000	0.63
Yogurt, strawberry	1 EACH	300	20.0
Peaches: canned,ex light syrup	1/2 CUP	300	13.31
Apples,Fresh	1 EACH	250	19.06
Milk, Chocolate Fat Free	HALF PINT	500	20.0
Milk,1% Lowfat	HALF PINT	250	12.0
JUICE FRUITABLE	1 EACH	250	21.0
SYRUP,PANCAKE	1 EACH	200	19.01
Ketchup	1 OZ	200	8.34
Weighted Daily Average			85.20
% of Calories			61.6%
Nutrient Guideline			

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Portion Values - Detailed

Page 4

Generated on: 2/26/2020 3:09:24 PM

	Portion Size	Reimb Qty	Carb (g)
Tue - 03/10/2020			
Junior High Breakfast	Total	1000	
Menu #2	1	0	0.0
French Toast Sticks BC/WG	3 ea. serving	200	42.8
Breakfast Pizza	2.79 oz	200	17.0
Muffin Blueberry	1 EACH	100	30.0
Muffin Chocolate Choc Chip	1 EACH	200	27.0
POPTART, BROWN SUGAR CINN	PACKAGE	50	17.46
POPTART, STRAWBERRY	PACKAGE	50	18.96
Pop Tart, Chocolate Fudge	1	50	344.73
Cereal,Frosted Mini-Wheats,Bow	BOWL	25	45.76
Cereal, Marshmallow Mateys	1 Each	25	48.0
Sausage Link, 2	2 EACH	950	1.14
Yogurt, strawberry	1 EACH	1000	20.0
Pears: canned,light syrup	1/2 CUP	300	13.57
Kiwifruit, Fresh	1 EACH	250	11.14
Milk, Chocolate Fat Free	HALF PINT	500	20.0
Milk,1% Lowfat	HALF PINT	250	12.0
JUICE FRUITABLE	1 EACH	250	21.0
SYRUP,PANCAKE	1 EACH	500	19.01
Weighted Daily Average			97.45
% of Calories			65.2%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Wed - 03/11/2020			
Junior High Breakfast	Total	1000	
Menu #3	1	1	0.0
Waffle, Maple	1	100	10.71
Ham and Cheese English Muffin	3.5 oz	300	26.0
Muffin Blueberry	1 EACH	100	30.0
Muffin Chocolate Choc Chip	1 EACH	300	27.0
POPTART, BROWN SUGAR CINN	PACKAGE	50	17.46
POPTART, STRAWBERRY	PACKAGE	50	18.96
Pop Tart, Chocolate Fudge	1	50	344.73
Cereal,Frosted Mini-Wheats,Bow	BOWL	25	45.76
Cereal, Marshmallow Mateys	1 Each	25	48.0
SCRAMBLED EGGS	1/4 cup	600	0.63
Yogurt, strawberry	1 EACH	600	20.0
Applesauce Cup, Cinnamon	1/2 CUP	600	17.0
Orange Fresh	1 EACH	600	11.28
Milk, Chocolate Fat Free	HALF PINT	500	20.0
Milk,1% Lowfat	HALF PINT	250	12.0
JUICE FRUITABLE	1 EACH	250	21.0
SYRUP, MAPLE CHEF'S MARK	1 EACH	100	30.66
Ketchup	1 OZ	600	8.34
Weighted Daily Average			97.04
% of Calories			68.7%
Nutrient Guideline			

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Mar 2, 2020 thru Mar 31, 2020

Base Menu Spreadsheet

Junior High Breakfast

Portion Values - Detailed

Page 5

Generated on: 2/26/2020 3:09:24 PM

	Portion Size	Reimb Qty	Carb (g)
Thu - 03/12/2020			
Junior High Breakfast	Total	1000	
Menu #4	1	0	0.0
French Toast Sticks BC/WG	3 ea. serving	300	42.8
Ham, Egg and Cheese Croissant	3.65 oz	200	33.0
Muffin Blueberry	1 EACH	100	30.0
Muffin Chocolate Choc Chip	1 EACH	200	27.0
POPTART, BROWN SUGAR CINN	PACKAGE	50	17.46
POPTART, STRAWBERRY	PACKAGE	50	18.96
Pop Tart, Chocolate Fudge	1	50	344.73
Cereal,Frosted Mini-Wheats,Bow	BOWL	25	45.76
Cereal, Marshmallow Mateys	1 Each	25	48.0
Sausage Link, 2	2 EACH	600	1.14
Yogurt, strawberry	1 EACH	600	20.0
Mandarin Oranges	1/2 CUP	300	21.26
Bananas	1 EACH	250	30.0
Milk, Chocolate Fat Free	HALF PINT	500	20.0
Milk,1% Lowfat	HALF PINT	250	12.0
JUICE FRUITABLE	1 EACH	250	21.0
SYRUP,PANCAKE	1 EACH	500	19.01
Weighted Daily Average			103.56
% of Calories			68.3%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Fri - 03/13/2020			
Junior High Breakfast	Total	1000	
Menu #5	1	0	0.0
Pancake 'n Sausage	1 EACH	200	17.0
Muffin Blueberry	1 EACH	100	30.0
Muffin Chocolate Choc Chip	1 EACH	500	27.0
POPTART, BROWN SUGAR CINN	PACKAGE	50	17.46
POPTART, STRAWBERRY	PACKAGE	50	18.96
Pop Tart, Chocolate Fudge	1	50	344.73
Cereal,Frosted Mini-Wheats,Bow	BOWL	25	45.76
Cereal, Marshmallow Mateys	1 Each	25	48.0
Yogurt, strawberry	1 EACH	600	20.0
SCRAMBLED EGGS	1/4 cup	600	0.63
Pineapple Chunks:canned,lt syr	1/2 CUP	300	13.22
Craisins, Strawberry	packet	300	28.0
Milk, Chocolate Fat Free	HALF PINT	500	20.0
Milk,1% Lowfat	HALF PINT	250	12.0
JUICE FRUITABLE	1 EACH	250	21.0
SYRUP,PANCAKE	1 EACH	200	19.01
Ketchup	1 OZ	600	8.34
Weighted Daily Average			93.10
% of Calories			67.7%
Nutrient Guideline			

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Base Menu Spreadsheet

Junior High Breakfast

Portion Values - Detailed

Page 6

Generated on: 2/26/2020 3:09:24 PM

	Portion Size	Reimb Qty	Carb (g)
Mon - 03/16/2020			
Junior High Breakfast	Total	1000	
Menu #1	1	0	0.0
Pancakes, Cinnamon Glazed	PKG	200	35.0
Bacon Egg & Cheese Croissant	3.5 oz	200	32.94
Muffin Blueberry	1 EACH	100	30.0
Muffin Chocolate Choc Chip	1 EACH	300	27.0
POPTART, BROWN SUGAR CINN	PACKAGE	50	17.46
POPTART, STRAWBERRY	PACKAGE	50	18.96
Pop Tart, Chocolate Fudge	1	50	344.73
Cereal, Frosted Mini-Wheats, Bow	BOWL	25	45.76
Cereal, Marshmallow Mateys	1 Each	25	48.0
SCRAMBLED EGGS	1/4 cup	1000	0.63
Yogurt, strawberry	1 EACH	300	20.0
Peaches: canned, ex light syrup	1/2 CUP	300	13.31
Apples, Fresh	1 EACH	250	19.06
Milk, Chocolate Fat Free	HALF PINT	500	20.0
Milk, 1% Lowfat	HALF PINT	250	12.0
JUICE FRUITABLE	1 EACH	250	21.0
SYRUP, PANCAKE	1 EACH	200	19.01
Ketchup	1 OZ	200	8.34
Weighted Daily Average			85.20
% of Calories			61.6%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Tue - 03/17/2020			
Junior High Breakfast	Total	1000	
Menu #2	1	0	0.0
French Toast Sticks BC/WG	3 ea. serving	300	42.8
Breakfast Pizza	2.79 oz	200	17.0
Muffin Blueberry	1 EACH	100	30.0
Muffin Chocolate Choc Chip	1 EACH	200	27.0
POPTART, BROWN SUGAR CINN	PACKAGE	50	17.46
POPTART, STRAWBERRY	PACKAGE	50	18.96
Pop Tart, Chocolate Fudge	1	50	344.73
Cereal, Frosted Mini-Wheats, Bow	BOWL	25	45.76
Cereal, Marshmallow Mateys	1 Each	25	48.0
Sausage Link, 2	2 EACH	1000	1.14
Yogurt, strawberry	1 EACH	1000	20.0
Pears: canned, light syrup	1/2 CUP	300	13.57
Kiwifruit, Fresh	1 EACH	250	11.14
Milk, Chocolate Fat Free	HALF PINT	500	20.0
Milk, 1% Lowfat	HALF PINT	250	12.0
JUICE FRUITABLE	1 EACH	250	21.0
SYRUP, PANCAKE	1 EACH	500	19.01
Weighted Daily Average			101.79
% of Calories			64.7%
Nutrient Guideline			

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Page 7

Generated on: 2/26/2020 3:09:24 PM

	Portion Size	Reimb Qty	Carb (g)
Wed - 03/18/2020			
Junior High Breakfast	Total	1000	
Menu #3	1	1	0.0
Waffle, Maple	1	100	10.71
Ham and Cheese English Muffin	3.5 oz	300	26.0
Muffin Blueberry	1 EACH	100	30.0
Muffin Chocolate Choc Chip	1 EACH	300	27.0
POPTART, BROWN SUGAR CINN	PACKAGE	50	17.46
POPTART, STRAWBERRY	PACKAGE	50	18.96
Pop Tart, Chocolate Fudge	1	50	344.73
Cereal, Frosted Mini-Wheats, Bow	BOWL	25	45.76
Cereal, Marshmallow Mateys	1 Each	25	48.0
SCRAMBLED EGGS	1/4 cup	600	0.63
Yogurt, strawberry	1 EACH	600	20.0
Applesauce Cup, Cinnamon	1/2 CUP	600	17.0
Orange Fresh	1 EACH	600	11.28
Milk, Chocolate Fat Free	HALF PINT	500	20.0
Milk, 1% Lowfat	HALF PINT	250	12.0
JUICE FRUITABLE	1 EACH	250	21.0
SYRUP, MAPLE CHEF'S MARK	1 EACH	100	30.66
Ketchup	1 OZ	600	8.34
Weighted Daily Average			97.04
% of Calories			68.7%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Thu - 03/19/2020			
Junior High Breakfast	Total	1000	
Menu #4	1	0	0.0
French Toast Sticks BC/WG	3 ea. serving	300	42.8
Ham, Egg and Cheese Croissant	3.65 oz	200	33.0
Muffin Blueberry	1 EACH	100	30.0
Muffin Chocolate Choc Chip	1 EACH	200	27.0
POPTART, BROWN SUGAR CINN	PACKAGE	50	17.46
POPTART, STRAWBERRY	PACKAGE	50	18.96
Pop Tart, Chocolate Fudge	1	50	344.73
Cereal, Frosted Mini-Wheats, Bow	BOWL	25	45.76
Cereal, Marshmallow Mateys	1 Each	25	48.0
Sausage Link, 2	2 EACH	600	1.14
Yogurt, strawberry	1 EACH	600	20.0
Mandarin Oranges	1/2 CUP	300	21.26
Bananas	1 EACH	250	30.0
Milk, Chocolate Fat Free	HALF PINT	500	20.0
Milk, 1% Lowfat	HALF PINT	250	12.0
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SYRUP, PANCAKE	1 EACH	500	19.01
Weighted Daily Average			103.56
% of Calories			68.3%
Nutrient Guideline			

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Page 8

Generated on: 2/26/2020 3:09:24 PM

	Portion Size	Reimb Qty	Carb (g)
<b>Fri - 03/20/2020</b>			
Junior High Breakfast	Total	1000	
Menu #5	1	0	0.0
Pancake 'n Sausage	1 EACH	200	17.0
Muffin Blueberry	1 EACH	100	30.0
Muffin Chocolate Choc Chip	1 EACH	500	27.0
POPTART, BROWN SUGAR CINN	PACKAGE	50	17.46
POPTART, STRAWBERRY	PACKAGE	50	18.96
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Cereal, Marshmallow Mateys	1 Each	25	48.0
Yogurt, strawberry	1 EACH	600	20.0
SCRAMBLED EGGS	1/4 cup	600	0.63
Pineapple Chunks:canned,lt syr	1/2 CUP	300	13.22
Craisins, Strawberry	packet	300	28.0
Milk, Chocolate Fat Free	HALF PINT	500	20.0
Milk,1% Lowfat	HALF PINT	250	12.0
JUICE FRUITABLE	1 EACH	250	21.0
SYRUP,PANCAKE	1 EACH	200	19.01
Ketchup	1 OZ	600	8.34
Weighted Daily Average			93.10
% of Calories			67.7%
Nutrient Guideline			

<b>Mon - 03/23/2020</b>			
Junior High Breakfast	Total	1000	
Menu #1	1	0	0.0
Pancakes, Cinnamon Glazed	PKG	200	35.0
Bacon Egg & Cheese Croissant	3.5 oz	200	32.94
Muffin Blueberry	1 EACH	100	30.0
Muffin Chocolate Choc Chip	1 EACH	300	27.0
POPTART, BROWN SUGAR CINN	PACKAGE	50	17.46
POPTART, STRAWBERRY	PACKAGE	50	18.96
Pop Tart, Chocolate Fudge	1	50	344.73
Cereal,Frosted Mini-Wheats,Bow	BOWL	25	45.76
Cereal, Marshmallow Mateys	1 Each	25	48.0
SCRAMBLED EGGS	1/4 cup	1000	0.63
Yogurt, strawberry	1 EACH	300	20.0
Peaches: canned,ex light syrup	1/2 CUP	300	13.31
Apples,Fresh	1 EACH	250	19.06
Milk, Chocolate Fat Free	HALF PINT	500	20.0
Milk,1% Lowfat	HALF PINT	250	12.0
JUICE FRUITABLE	1 EACH	250	21.0
SYRUP,PANCAKE	1 EACH	200	19.01
Ketchup	1 OZ	200	8.34
Weighted Daily Average			85.20
% of Calories			61.6%
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# Weber School District Child Nutrition

Mar 2, 2020 thru Mar 31, 2020

Base Menu Spreadsheet

Junior High Breakfast

Portion Values - Detailed

Page 9

Generated on: 2/26/2020 3:09:24 PM

	Portion Size	Reimb Qty	Carb (g)
Tue - 03/24/2020			
Junior High Breakfast	Total	1000	
Menu #2	1	0	0.0
French Toast Sticks BC/WG	3 ea. serving	300	42.8
Breakfast Pizza	2.79 oz	200	17.0
Muffin Blueberry	1 EACH	100	30.0
Muffin Chocolate Choc Chip	1 EACH	200	27.0
POPTART, BROWN SUGAR CINN	PACKAGE	50	17.46
POPTART, STRAWBERRY	PACKAGE	50	18.96
Pop Tart, Chocolate Fudge	1	50	344.73
Cereal,Frosted Mini-Wheats,Bow	BOWL	25	45.76
Cereal, Marshmallow Mateys	1 Each	25	48.0
Sausage Link, 2	2 EACH	1000	1.14
Yogurt, strawberry	1 EACH	1000	20.0
Pears: canned,light syrup	1/2 CUP	300	13.57
Kiwifruit, Fresh	1 EACH	250	11.14
Milk, Chocolate Fat Free	HALF PINT	500	20.0
Milk,1% Lowfat	HALF PINT	250	12.0
JUICE FRUITABLE	1 EACH	250	21.0
SYRUP,PANCAKE	1 EACH	500	19.01
Weighted Daily Average			101.79
% of Calories			64.7%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Wed - 03/25/2020			
Junior High Breakfast	Total	1000	
Menu #3	1	1	0.0
Waffle, Maple	1	100	10.71
Ham and Cheese English Muffin	3.5 oz	300	26.0
Muffin Blueberry	1 EACH	100	30.0
Muffin Chocolate Choc Chip	1 EACH	300	27.0
POPTART, BROWN SUGAR CINN	PACKAGE	50	17.46
POPTART, STRAWBERRY	PACKAGE	50	18.96
Pop Tart, Chocolate Fudge	1	50	344.73
Cereal,Frosted Mini-Wheats,Bow	BOWL	25	45.76
Cereal, Marshmallow Mateys	1 Each	25	48.0
SCRAMBLED EGGS	1/4 cup	600	0.63
Yogurt, strawberry	1 EACH	600	20.0
Applesauce Cup, Cinnamon	1/2 CUP	600	17.0
Orange Fresh	1 EACH	600	11.28
Milk, Chocolate Fat Free	HALF PINT	500	20.0
Milk,1% Lowfat	HALF PINT	250	12.0
JUICE FRUITABLE	1 EACH	250	21.0
SYRUP, MAPLE CHEF'S MARK	1 EACH	100	30.66
Ketchup	1 OZ	600	8.34
Weighted Daily Average			97.04
% of Calories			68.7%
Nutrient Guideline			

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Base Menu Spreadsheet

Junior High Breakfast

Portion Values - Detailed

Page 10

Generated on: 2/26/2020 3:09:24 PM

	Portion Size	Reimb Qty	Carb (g)
Thu - 03/26/2020			
Junior High Breakfast	Total	1000	
Menu #4	1	0	0.0
French Toast Sticks BC/WG	3 ea. serving	300	42.8
Ham, Egg and Cheese Croissant	3.65 oz	200	33.0
Muffin Blueberry	1 EACH	100	30.0
Muffin Chocolate Choc Chip	1 EACH	200	27.0
POPART, BROWN SUGAR CINN	PACKAGE	50	17.46
POPART, STRAWBERRY	PACKAGE	50	18.96
Pop Tart, Chocolate Fudge	1	50	344.73
Cereal,Frosted Mini-Wheats,Bow	BOWL	25	45.76
Cereal, Marshmallow Mateys	1 Each	25	48.0
Sausage Link, 2	2 EACH	600	1.14
Yogurt, strawberry	1 EACH	600	20.0
Mandarin Oranges	1/2 CUP	300	21.26
Bananas	1 EACH	250	30.0
Milk, Chocolate Fat Free	HALF PINT	500	20.0
Milk,1% Lowfat	HALF PINT	250	12.0
JUICE FRUITABLE	1 EACH	250	21.0
SYRUP,PANCAKE	1 EACH	500	19.01
Weighted Daily Average			103.56
% of Calories			68.3%
Nutrient Guideline			

Fri - 03/27/2020			
Junior High Breakfast	Total	1000	
Menu #5	1	0	0.0
Pancake 'n Sausage	1 EACH	200	17.0
Muffin Blueberry	1 EACH	100	30.0
Muffin Chocolate Choc Chip	1 EACH	500	27.0
POPART, BROWN SUGAR CINN	PACKAGE	50	17.46
POPART, STRAWBERRY	PACKAGE	50	18.96
Pop Tart, Chocolate Fudge	1	50	344.73
Cereal,Frosted Mini-Wheats,Bow	BOWL	25	45.76
Cereal, Marshmallow Mateys	1 Each	25	48.0
Yogurt, strawberry	1 EACH	600	20.0
SCRAMBLED EGGS	1/4 cup	600	0.63
Pineapple Chunks:canned,lt syr	1/2 CUP	300	13.22
Craisins, Strawberry	packet	300	28.0
Milk, Chocolate Fat Free	HALF PINT	500	20.0
Milk,1% Lowfat	HALF PINT	250	12.0
JUICE FRUITABLE	1 EACH	250	21.0
SYRUP,PANCAKE	1 EACH	200	19.01
Ketchup	1 OZ	600	8.34
Weighted Daily Average			93.10
% of Calories			67.7%
Nutrient Guideline			

Weighted Average			95.92
			66.2%

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Page 11

Generated on: 2/26/2020 3:09:24 PM

Nutrient	Menu AVG	% of Cals	Weekly Target	Portion Size % of Target	Reimb Qty Miss Data	Carb (g) Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	95.92	66.25%						

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