

Weber School District Child Nutrition

Aug 20, 2019 thru Aug 30, 2019

Base Menu Spreadsheet

Elementary Lunch-1

Portion Values - Detailed

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Generated on: 7/26/2019 2:25:35 PM

| | Portion Size | Reimb Qty | Carb (g) |
|--------------------------------|--------------|-----------|----------|
| Tue - 08/20/2019 | | | |
| Elementary Lunch-1 | Total | 10630 | |
| Menu #1 | 1 | 0 | 0.0 |
| Grill Cheese Sandwich | 1 EACH | 10630 | 30.96 |
| Potato Wedges, 1/2 c | 1/2 CUP | 10000 | 27.35 |
| Salad, Side-Elem | 1/2 CUP | 3000 | 0.8 |
| Tomato Grape | 1/4 CUP | 8000 | 0.99 |
| Broccoli: fresh, steamed, 1/4c | 1/4 CUP | 2000 | 1.63 |
| Applesauce, canned: Sweet | 1/2 CUP | 2500 | 17.78 |
| Orange Fresh, 1/2 | 1/2 EACH | 2000 | 5.64 |
| Milk, Chocolate Fat Free | HALF PINT | 4500 | 20.0 |
| Milk,1% Lowfat | HALF PINT | 1000 | 12.0 |
| JUICE FRUITABLE | 1 EACH | 4500 | 21.0 |
| Ranch Dressing: yogurt | 1 FL OZ | 5000 | 3.31 |
| Ketchup | 1 OZ | 10000 | 8.34 |
| Pudding Chocolate | 1 EACH | 4500 | 20.05 |
| Pudding Vanilla | 1 EACH | 4500 | 18.04 |
| Weighted Daily Average | | | 107.22 |
| % of Calories | | | 67.0% |
| Nutrient Guideline | | | |

| | Portion Size | Reimb Qty | Carb (g) |
|--------------------------------|--------------|-----------|----------|
| Wed - 08/21/2019 | | | |
| Elementary Lunch-1 | Total | 10630 | |
| Menu #3 | 1 | 0 | 0.0 |
| Chicken Sandwich 51% | 1 EACH | 10630 | 46.79 |
| French Fries: ovn bkd, 1/2c | 1/2 CUP | 10000 | 17.0 |
| Salad, Side-Elem | 1/2 CUP | 5000 | 0.8 |
| Cucumber, Raw | 1/4 CUP | 2000 | 1.18 |
| Tomato Grape | 1/4 CUP | 5000 | 0.99 |
| Beans Baked, 1/2 c | 1/2 CUP | 2000 | 29.2 |
| Peaches: canned,ex light syrup | 1/2 CUP | 5000 | 13.31 |
| Banana, 1/2 | 1/2 each | 2000 | 15.0 |
| Milk, Chocolate Fat Free | HALF PINT | 4500 | 20.0 |
| Milk,1% Lowfat | HALF PINT | 1000 | 12.0 |
| JUICE FRUITABLE | 1 EACH | 4500 | 21.0 |
| Ranch Dressing: yogurt | 1 FL OZ | 1000 | 3.31 |
| Ketchup | 1 OZ | 1000 | 8.34 |
| Mustard: individual PC | 1 EACH | 1000 | 0.35 |
| Mayonnaise, PC Packet | 1 EACH | 1000 | 0.97 |
| Tomatoes,Fresh,Sliced | 1 EACH | 1000 | 0.37 |
| Lettuce,Shred, 1/8 c | 1/8 CUP | 1000 | 0.32 |
| Weighted Daily Average | | | 98.20 |
| % of Calories | | | 54.6% |
| Nutrient Guideline | | | |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Portion Values - Detailed

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| | Portion Size | Reimb Qty | Carb (g) |
|----------------------------|--------------|-----------|----------|
| Thu - 08/22/2019 | | | |
| Elementary Lunch-1 | Total | 10630 | |
| Menu #4 | 1 | 1 | 0.0 |
| Pancakes, Cinnamon Glazed | PKG | 10630 | 35.0 |
| Egg, Hard Boiled | 1 EACH | 8000 | 0.56 |
| Bacon, 2 ea | 2 Each | 8000 | 0.0 |
| Hash Brown Potatoes | 1/2 CUP | 8000 | 20.41 |
| Salad, Side-Elem | 1/2 CUP | 2500 | 0.8 |
| Pears: canned, light syrup | 1/2 CUP | 2000 | 13.57 |
| Craisins, Strawberry | packet | 1500 | 28.0 |
| Milk, Chocolate Fat Free | HALF PINT | 4500 | 20.0 |
| Milk, 1% Lowfat | HALF PINT | 1000 | 12.0 |
| JUICE FRUITABLE | 1 EACH | 4500 | 21.0 |
| Ranch Dressing: yogurt | 1 FL OZ | 1000 | 3.31 |
| SYRUP, MAPLE CHEF'S MARK | 1 EACH | 10000 | 30.66 |
| Weighted Daily Average | | | 105.11 |
| % of Calories | | | 67.5% |
| Nutrient Guideline | | | |

| | | | |
|--------------------------------|-----------|-------|-------|
| Fri - 08/23/2019 | | | |
| Elementary Lunch-1 | Total | 10630 | |
| Menu #5 | 1 | 1 | 0.0 |
| Pizza, Cheese, Primo (10 cut) | slice | 8000 | 28.0 |
| Pizza, Pepp, Primo (10 cut) | slice | 2630 | 28.0 |
| Bread Sticks 51% 2 oz | 1 EACH | 7500 | 30.79 |
| Salad, Side--Elem Green | 1/2 CUP | 3500 | 0.76 |
| Green Beans: canned, ckd 1/4 c | 1/4 cup | 2000 | 0.08 |
| Mandarin Oranges | 1/2 CUP | 4000 | 21.26 |
| Kiwifruit, Fresh | 1 EACH | 2000 | 11.14 |
| Milk, Chocolate Fat Free | HALF PINT | 4500 | 20.0 |
| Milk, 1% Lowfat | HALF PINT | 1000 | 12.0 |
| JUICE FRUITABLE | 1 EACH | 4500 | 21.0 |
| Ranch Dressing: yogurt | 1 FL OZ | 2500 | 3.31 |
| Chocolate Chip Cookie | 1 EACH | 10000 | 18.26 |
| Weighted Daily Average | | | 96.54 |
| % of Calories | | | 56.2% |
| Nutrient Guideline | | | |

| | | | |
|--------------------------|-----------|-------|-------|
| Mon - 08/26/2019 | | | |
| Elementary Lunch-1 | Total | 10630 | |
| Menu #6 | 1 | 0 | 0.0 |
| Corn Dog Chicken | 1 EACH | 10630 | 30.0 |
| Tater Tots, 1/2 CUP | 1/2 CUP | 10000 | 17.04 |
| Salad, Side-Elem | 1/2 CUP | 6000 | 0.8 |
| Carrots Baby Fresh | 1/4 CUP | 4000 | 4.0 |
| Applesauce Cup, Cinnamon | 1/2 CUP | 6000 | 14.0 |
| Orange Fresh, 1/2 | 1/2 EACH | 6000 | 5.64 |
| Milk, Chocolate Fat Free | HALF PINT | 3000 | 20.0 |
| Milk, 1% Lowfat | HALF PINT | 1000 | 12.0 |
| JUICE FRUITABLE | 1 EACH | 3000 | 21.0 |
| Ranch Dressing: yogurt | 1 FL OZ | 6000 | 3.31 |
| Ketchup | 1 OZ | 10000 | 8.34 |
| Mustard: individual PC | 1 EACH | 8000 | 0.35 |

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| | Portion Size | Reimb Qty | Carb (g) |
|--------------------------------------|--------------|-----------|----------------|
| Weighted Daily Average % of Calories | | | 81.75 59.8% |
| Nutrient Guideline | | | |

| Tue - 08/27/2019 | | | |
|--------------------------------------|-----------|-------|-----------------|
| Elementary Lunch-1 | Total | 10630 | |
| Menu #7 | 1 | 0 | 0.0 |
| Quesadilla, Chicken & Cheese | 1 Each | 10630 | 29.22 |
| Tater Tots, 1/2 CUP | 1/2 CUP | 10000 | 17.04 |
| Salad, Side-Elem | 1/2 CUP | 3500 | 0.8 |
| Corn: frzn, yellow ckd, 1/4 c | 1/4 CUP | 3000 | 9.07 |
| Tomato Grape | 1/4 CUP | 2000 | 0.99 |
| Pineapple Chunks:canned,lt syr | 1/2 CUP | 4000 | 13.22 |
| Apples,Fresh 1/2 each | 1/2 each | 3000 | 9.53 |
| Milk, Chocolate Fat Free | HALF PINT | 4500 | 20.0 |
| Milk,1% Lowfat | HALF PINT | 1000 | 12.0 |
| JUICE FRUITABLE | 1 EACH | 4500 | 21.0 |
| Ranch Dressing: yogurt | 1 FL OZ | 2000 | 3.31 |
| Ketchup | 1 OZ | 2000 | 8.34 |
| Sour Cream | 1 OZ | 2000 | 1.89 |
| Salsa | 1 OZ | 2000 | 1.96 |
| CINNAMON TWIST | 1 EACH | 8000 | 61.26 |
| Weighted Daily Average % of Calories | | | 123.43 58.1% |
| Nutrient Guideline | | | |

| Wed - 08/28/2019 | | | |
|--------------------------------------|-----------|-------|----------------|
| Elementary Lunch-1 | Total | 10630 | |
| Menu #8 | 1 | 0 | 0.0 |
| Hamburger Wheat 51% | 1 EACH | 10630 | 32.08 |
| French Fries: ovn bkd, 1/2c | 1/2 CUP | 10000 | 17.0 |
| Salad, Side-Elem | 1/2 CUP | 3500 | 0.8 |
| Carrots Baby Fresh | 1/4 CUP | 2000 | 4.0 |
| Celery Sticks | 1/4 CUP | 2000 | 1.18 |
| Green Beans: canned,ckd 1/4 c | 1/4 cup | 3000 | 0.08 |
| Peaches: canned,ex light syrup | 1/2 CUP | 4000 | 13.31 |
| Banana, 1/2 | 1/2 each | 2000 | 15.0 |
| Milk, Chocolate Fat Free | HALF PINT | 4500 | 20.0 |
| Milk,1% Lowfat | HALF PINT | 1000 | 12.0 |
| JUICE FRUITABLE | 1 EACH | 4500 | 21.0 |
| Ranch Dressing: yogurt | 1 FL OZ | 3500 | 3.31 |
| Ketchup | 1 OZ | 1000 | 8.34 |
| Mustard: individual PC | EACH | 1000 | 0.35 |
| Mayonnaise, PC Packet | 1 EACH | 1000 | 0.97 |
| Tomatoes,Fresh,Sliced | 1 EACH | 1000 | 0.37 |
| Lettuce,Shred, 1/8 c | 1/8 CUP | 1000 | 0.32 |
| Pumpkin Chocolate Chip Cookies | 1 Each | 10000 | 16.59 |
| Weighted Daily Average % of Calories | | | 93.33 53.5% |
| Nutrient Guideline | | | |

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| | Portion Size | Reimb Qty | Carb (g) |
|--------------------------------|--------------|-----------|----------|
| Thu - 08/29/2019 | | | |
| Elementary Lunch-1 | Total | 10630 | |
| Menu #9 | 1 | 1 | 0.0 |
| Mandarin Orange Chicken | 3.92 serving | 10630 | 21.11 |
| Rice, Br & Wh 50/50 Ckd, 1/2 c | 1/2 CUP | 10000 | 24.51 |
| Rolls 51%/ 2oz | 1 EACH | 9000 | 30.79 |
| Salad, Side--Elem Green | 1/2 CUP | 5000 | 0.76 |
| Broccoli: fresh, boiled, 1/2 c | 1/2 CUP | 5000 | 2.25 |
| Pears: canned, light syrup | 1/2 CUP | 4000 | 13.57 |
| Craisins, Strawberry | packet | 2000 | 28.0 |
| Milk, Chocolate Fat Free | HALF PINT | 4500 | 20.0 |
| Milk, 1% Lowfat | HALF PINT | 1000 | 12.0 |
| JUICE FRUITABLE | 1 EACH | 4500 | 21.0 |
| Ranch Dressing: yogurt | 1 FL OZ | 1000 | 3.31 |
| Weighted Daily Average | | | 100.83 |
| % of Calories | | | 70.1% |
| Nutrient Guideline | | | |

| | Portion Size | Reimb Qty | Carb (g) |
|-------------------------------|--------------|-----------|----------|
| Fri - 08/30/2019 | | | |
| Elementary Lunch-1 | Total | 10630 | |
| Menu #10 | 1 | 1 | 0.0 |
| Pizza, Cheese, Primo (10 cut) | slice | 8000 | 28.0 |
| Pizza, Pepp, Primo (10 cut) | slice | 2630 | 28.0 |
| Bread Sticks 51% 2 oz | 1 EACH | 8000 | 30.79 |
| Salad, Side--Elem Green | 1/2 CUP | 7000 | 0.76 |
| Peas: frozen, warmed, 1/4 c | 1/4 CUP | 5000 | 6.79 |
| Mandarin Oranges | 1/2 CUP | 8000 | 21.26 |
| Kiwifruit, Fresh | 1 EACH | 2000 | 11.14 |
| Milk, Chocolate Fat Free | HALF PINT | 4500 | 20.0 |
| Milk, 1% Lowfat | HALF PINT | 1000 | 12.0 |
| JUICE FRUITABLE | 1 EACH | 4500 | 21.0 |
| Ranch Dressing: yogurt | 1 FL OZ | 7000 | 3.31 |
| Creamie Variety: ban, choc | 1 EACH | 8000 | 14.0 |
| Weighted Daily Average | | | 104.17 |
| % of Calories | | | 58.4% |
| Nutrient Guideline | | | |

| | | | |
|------------------|--|--|--------|
| Weighted Average | | | 101.17 |
| | | | 60.2% |

| Nutrient | Menu AVG | % of Cals | Weekly Target | % of Target | Miss Data | Shortfall | Overage | Error Messages (if any) |
|------------------|----------|-----------|---------------|-------------|-----------|-----------|---------|-------------------------|
| Carbohydrate (g) | 101.17 | 60.17% | | | | | | |

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