

# Weber School District Child Nutrition

2020/2021 High School Breakfast

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Aug 14, 2020

Monday	Tuesday	Wednesday	Thursday	Friday
	Sep - 1 Pancake 'n Sausage Mike's Breakfast Pizza BeneFIT Bar Banana Choc Chunk BeneFIT Bar Cocoa Chip BeneFIT Bar Oatmeal Choc Chip Blueberry Muffin Choc Choc Chip Muffin Cocoa Puffs Lucky Charms Scrambled Eggs Strawberry Yogurt Pears	Sep - 2 French Toast Sticks Ham&Cheese Eng Muffin BeneFIT Bar Banana Choc Chunk BeneFIT Bar Cocoa Chip BeneFIT Bar Oatmeal Choc Chip Blueberry Muffin Choc Choc Chip Muffin Cocoa Puffs Lucky Charms Sausage Link, 2 Strawberry Yogurt Applesauce Cup, Cinnamon	Sep - 3 Cinnamon Glazed Pancakes Ham, Egg and Cheese Croissant BeneFIT Bar Banana Choc Chunk BeneFIT Bar Cocoa Chip BeneFIT Bar Oatmeal Choc Chip Blueberry Muffin Choc Choc Chip Muffin Cocoa Puffs Lucky Charms Scrambled Eggs Strawberry Yogurt Mandarin Oranges	Sep - 4 French Toast Sticks Breakfast Calzone BeneFIT Bar Banana Choc Chunk BeneFIT Bar Cocoa Chip BeneFIT Bar Oatmeal Choc Chip Blueberry Muffin Choc Choc Chip Muffin Cocoa Puffs Lucky Charms Sausage Link, 2 Strawberry Yogurt Pineapple
Sep - 7	Sep - 8 Pancake 'n Sausage Mike's Breakfast Pizza BeneFIT Bar Banana Choc Chunk BeneFIT Bar Cocoa Chip BeneFIT Bar Oatmeal Choc Chip Blueberry Muffin Choc Choc Chip Muffin Cocoa Puffs Lucky Charms Scrambled Eggs Strawberry Yogurt Pears	Sep - 9 French Toast Sticks Ham&Cheese Eng Muffin BeneFIT Bar Banana Choc Chunk BeneFIT Bar Cocoa Chip BeneFIT Bar Oatmeal Choc Chip Blueberry Muffin Choc Choc Chip Muffin Cocoa Puffs Lucky Charms Sausage Link, 2 Strawberry Yogurt Applesauce Cup, Cinnamon	Sep - 10 Cinnamon Glazed Pancakes Ham, Egg and Cheese Croissant BeneFIT Bar Banana Choc Chunk BeneFIT Bar Cocoa Chip BeneFIT Bar Oatmeal Choc Chip Blueberry Muffin Choc Choc Chip Muffin Cocoa Puffs Lucky Charms Scrambled Eggs Strawberry Yogurt Mandarin Oranges	Sep - 11 French Toast Sticks Breakfast Calzone BeneFIT Bar Banana Choc Chunk BeneFIT Bar Cocoa Chip BeneFIT Bar Oatmeal Choc Chip Blueberry Muffin Choc Choc Chip Muffin Cocoa Puffs Lucky Charms Sausage Link, 2 Strawberry Yogurt Pineapple
Sep - 14	Sep - 15 Pancake 'n Sausage Mike's Breakfast Pizza BeneFIT Bar Banana Choc Chunk BeneFIT Bar Cocoa Chip BeneFIT Bar Oatmeal Choc Chip Blueberry Muffin Choc Choc Chip Muffin Cocoa Puffs Lucky Charms Scrambled Eggs Strawberry Yogurt Pears	Sep - 16 French Toast Sticks Ham&Cheese Eng Muffin BeneFIT Bar Banana Choc Chunk BeneFIT Bar Cocoa Chip BeneFIT Bar Oatmeal Choc Chip Blueberry Muffin Choc Choc Chip Muffin Cocoa Puffs Lucky Charms Sausage Link, 2 Strawberry Yogurt Applesauce Cup, Cinnamon	Sep - 17 Cinnamon Glazed Pancakes Ham, Egg and Cheese Croissant BeneFIT Bar Banana Choc Chunk BeneFIT Bar Cocoa Chip BeneFIT Bar Oatmeal Choc Chip Blueberry Muffin Choc Choc Chip Muffin Cocoa Puffs Lucky Charms Scrambled Eggs Strawberry Yogurt Mandarin Oranges	Sep - 18 French Toast Sticks Breakfast Calzone BeneFIT Bar Banana Choc Chunk BeneFIT Bar Cocoa Chip BeneFIT Bar Oatmeal Choc Chip Blueberry Muffin Choc Choc Chip Muffin Cocoa Puffs Lucky Charms Sausage Link, 2 Strawberry Yogurt Pineapple
French Toast Sticks Bacon Egg Crois BC/WG BeneFIT Bar Banana Choc Chunk BeneFIT Bar Cocoa Chip BeneFIT Bar Oatmeal Choc Chip Blueberry Muffin Choc Choc Chip Muffin Cocoa Puffs Lucky Charms Sausage Link, 2 Strawberry Yogurt Peaches				

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Sep - 21  French Toast Sticks Bacon Egg Crois BC/WG BeneFIT Bar Banana Choc Chunk BeneFIT Bar Cocoa Chip BeneFIT Bar Oatmeal Choc Chip Blueberry Muffin Choc Choc Chip Muffin Cocoa Puffs Lucky Charms Sausage Link, 2 Strawberry Yogurt Peaches	Sep - 22  Pancake 'n Sausage Mike's Breakfast Pizza BeneFIT Bar Banana Choc Chunk BeneFIT Bar Cocoa Chip BeneFIT Bar Oatmeal Choc Chip Blueberry Muffin Choc Choc Chip Muffin Cocoa Puffs Lucky Charms Scrambled Eggs Strawberry Yogurt Pears	Sep - 23  French Toast Sticks Ham&Cheese Eng Muffin BeneFIT Bar Banana Choc Chunk BeneFIT Bar Cocoa Chip BeneFIT Bar Oatmeal Choc Chip Blueberry Muffin Choc Choc Chip Muffin Cocoa Puffs Lucky Charms Sausage Link, 2 Strawberry Yogurt Applesauce Cup, Cinnamon	Sep - 24  Cinnamon Glazed Pancakes Ham, Egg and Cheese Croissant BeneFIT Bar Banana Choc Chunk BeneFIT Bar Cocoa Chip BeneFIT Bar Oatmeal Choc Chip Blueberry Muffin Choc Choc Chip Muffin Cocoa Puffs Lucky Charms Scrambled Eggs Strawberry Yogurt Mandarin Oranges	Sep - 25  French Toast Sticks Breakfast Calzone BeneFIT Bar Banana Choc Chunk BeneFIT Bar Cocoa Chip BeneFIT Bar Oatmeal Choc Chip Blueberry Muffin Choc Choc Chip Muffin Cocoa Puffs Lucky Charms Sausage Link, 2 Strawberry Yogurt Pineapple
Sep - 28  French Toast Sticks Bacon Egg Crois BC/WG BeneFIT Bar Banana Choc Chunk BeneFIT Bar Cocoa Chip BeneFIT Bar Oatmeal Choc Chip Blueberry Muffin Choc Choc Chip Muffin Cocoa Puffs Lucky Charms Sausage Link, 2 Strawberry Yogurt Peaches	Sep - 29  Pancake 'n Sausage Mike's Breakfast Pizza BeneFIT Bar Banana Choc Chunk BeneFIT Bar Cocoa Chip BeneFIT Bar Oatmeal Choc Chip Blueberry Muffin Choc Choc Chip Muffin Cocoa Puffs Lucky Charms Scrambled Eggs Strawberry Yogurt Pears	Sep - 30  French Toast Sticks Ham&Cheese Eng Muffin BeneFIT Bar Banana Choc Chunk BeneFIT Bar Cocoa Chip BeneFIT Bar Oatmeal Choc Chip Blueberry Muffin Choc Choc Chip Muffin Cocoa Puffs Lucky Charms Sausage Link, 2 Strawberry Yogurt Applesauce Cup, Cinnamon		

This Institution is an equal opportunity provider  
 Menus are subject to change  
 Milk variety and 100% juice are offered daily

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