

Weber School District Child Nutrition

Monday	Tuesday	Wednesday	Thursday	Friday
				Nov - 1 Chicken Sandwich Tater Tots Cheese Pizza Pepperoni Pizza Mandarin Orange Chicken Steamed Rice Roll, Baked Fresh Daily Broccoli Pineapple Chocolate Chip Cookie
Nov - 4 Chicken Sandwich Chicken Bacon Ranch Wrap Potato Wedges Meaty Nachos Cucumber Slices Corn Peaches	Nov - 5 Chicken Sandwich Tater Tots Cheese Pizza Pepperoni Pizza Chicken Parmesan Roll, Baked Fresh Daily Peas Mandarin Oranges	Nov - 6 Chicken Sandwich Cheese Burger French Fries Enchilada Roll, Baked Fresh Daily Spanish Rice Black Beans Carrots Applesauce Cup, Cinnamon	Nov - 7 Chicken Sandwich BBQ Chicken Sandwich Tater Tots Baked Ziti Breadsticks Cucumber Slices Green Beans Pears	Nov - 8 Chicken Sandwich Tater Tots Cheese Pizza Pepperoni Pizza Teriyaki Rice Bowl Steamed Rice Breadsticks Broccoli Normandy Pineapple Pumpkin Choc Chip Cookie
Nov - 11 Chicken Sandwich French Fries Navajo Taco Mac & Cheese Roll, Baked Fresh Daily Corn Peaches	Nov - 12 Chicken Sandwich Chicken Nuggets Potato Wedges Roll, Baked Fresh Daily Cheese Pizza Pepperoni Pizza Baked Beans Green Beans Mandarin Oranges	Nov - 13 Chicken Sandwich Chicken Bacon Ranch Wrap Tater Tots Chicken Quesadilla Refried Beans Carrots Applesauce cup, plain	Nov - 14 Chicken Sandwich Cheese Burger French Fries Roast Turkey Whipped Potatoes Gravy, Chicken 1/2 cup Roll, Baked Fresh Daily Celery Sticks Peas Pears BlueRasp-Lemon SideKicks Kiwi-Straw SideKick's	Nov - 15 Chicken Sandwich Potato Wedges Cheese Pizza Pepperoni Pizza Sweet & Sour Chicken Steamed Rice Roll, Baked Fresh Daily Broccoli Pineapple Chocolate Chip Cookie
Nov - 18 Chicken Sandwich Bean & Cheese Burrito Burrito, Beef & Bean French Fries Spaghetti Pretzel Bites Green Beans Peaches	Nov - 19 Chicken Sandwich Potato Wedges Cheese Pizza Pepperoni Pizza Hawaiian Haystacks Steamed Rice Roll, Baked Fresh Daily Peas Pineapple Rice Krispies Treat -Large	Nov - 20 Chicken Sandwich Turkey Club Sandwich Tater Tots Chicken Alfredo Pasta Roll, Baked Fresh Daily Baked Beans Carrots Applesauce Cup, Strawberry	Nov - 21 Chicken Sandwich Rib-B-Q Sandwich French Fries WSD Bowl Roll, Baked Fresh Daily Corn Pears	Nov - 22 Chicken Sandwich Tater Tots Cheese Pizza Pepperoni Pizza Teriyaki Chicken Steamed Rice Roll, Baked Fresh Daily Broccoli Mandarin Oranges Pumpkin Choc Chip Cookie

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Weber School District Child Nutrition

2019-20 Jr. High Lunch

Oct 14, 2019

Page 2

Monday	Tuesday	Wednesday	Thursday	Friday
Nov - 25	Nov - 26	Nov - 27	Nov - 28	Nov - 29
Chicken Sandwich Corn Dog Potato Wedges Chicken Fajita Roll, Baked Fresh Daily Corn Black Beans Peaches Sugar Cookies	Chicken Sandwich French Fries Cheese Pizza Pepperoni Pizza Chicken Tetrazzini Roll, Baked Fresh Daily Celery Sticks Green Beans Mandarin Oranges Creamie Variety			

This institute is an equal opportunity provider.
 Menus are subject to change
 Milk variety, 100% juice, and side salad offered daily

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: *The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.*